

THE LUMBERJACK

Multicultural Centers

Page 3

eSports: League of Legends

Page 5

NFL QB Sits for Injustice

Page 9

New Zealand Mudsnails Invade

Page 11

Strength and Conditioning Coach Who Started it All



Head of Strength and Conditioning, Drew Peterson, gives his Tuesday morning students the low down on workouts in the Student Recreation Center. | James Towney

by Lindsey Zito

There’s not an athlete on campus who hasn’t encountered Drew Peterson. In the early hours of the morning while most students and staff are still sleeping,

Peterson can be found working hands-on with several athletes. Junior Football safety Lucas Miller is one of the athletes who works alongside Peterson on a daily basis as a staff member and an athlete.
“At big universities you don’t get a lot of direct

experience with the head strength coach, but he is always the first person there with the teams and the last one to leave,” Miller said.

[continued on page 9](#)



Illustration of a Fisher | Claire Roth

HSU Wildlife Program is Under Scrutiny After Passing of an Animal

by Andrew Butler

Dexter, a 14-year-old fisher cared for by Humboldt State University’s wildlife program, passed away in May. Three different reports from separate groups lend to three different pictures of the events leading up to the fisher’s passing.
Fishers, a species with the characteristics of an otter and the appearance of a feline, have an average lifespan of seven years. Fishers are officially listed as endangered,

categorized under the title “least concern,” meaning they are barely on the endangered list. Dexter was brought to HSU in 2002, dropped off anonymously.
The passing may have gone unnoticed if not for a United States Department of Agriculture report citing a lack of communication between personnel assigned to the fisher and the veterinarian on site.

[continued on page three](#)

The County Fair was Lit



Page 7

A burning diver jumps from the dive platform. | Jared Funk

★

★

★

STARS

HAMBURGERS

2009 Harrison Avenue
Eureka, CA 95501
707/445-2061

1535 "G" Street
Arcata, CA 95521
707/826-1379

Wednesday Sept 7
Sci Fi Night: Prehistoric
Women (1950)
Doors @ 6 PM,
All ages, Free w/\$5
food & bev purchase.

Thursday Sept 8
Staton Warriors
Doors @ 9PM,
\$25 @ Door,
\$20 adv tix @
ATL/Wildberries/
People'sRecords/
The Works/Fatbol,
21+.

Friday Sept 9
The Big Lebowski
(1998)
Doors @ 7:30 PM,
Movie @ 8 PM,
Film is \$5, Rated R.

Sunday Sept 11
Song of the Sea (2014)
Doors @ 5:30 PM,
Movie @ 6 PM,
Film is \$5, Rated PG.

Monday Sept 12
Monday Night Football
Doors @ 7:10 PM,
Game @ 7:20 PM,
Rams vs. 49ers,
All ages, Free w/\$5 food
& bev purchase.

Tuesday Sept 13
Radical Reels
Doors @ 7 PM,
\$20 tix @ Adventure's
Edge, All Ages.

Wednesday Sept 14
Sci Fi Night: The Invisible
Boy (1957)
Doors @ 6 PM All ages,
Free w/\$5 food & bev
purchase.

Friday Sept 16
Cowboy Bebop: The
Movie (2001)
Doors @ 7:30 PM,
Movie @ 8 PM,
Film is \$5, Rated R.

Sunday Sept 18
Mad Professor
Doors @ 9:30 PM,
\$15 lim adv tix online
@ ATL/
\$20 adv tix
@Wildberries/People's
Records/The Works,
21+.

Monday Sept 19
Monday Night Football
Doors @ 7:20 PM,
Game @ 7:30 PM,
Eagles vs. Bears,
All ages, Free w/\$5
Food & bev purchase.

ARCATA

NOW PLAYING

This week at Arcata
Theatre Lounge

CAFE
PHOENIX

Farm to Table
Fresh Food

1360 G St.
Arcata, CA 95521
(707) 630-5021

Wednesday ~ Saturday
8 am ~ 4pm
Sunday Brunch
10am ~ 2pm

Facebook@cafe phoenix arcata
cafe phoenix arcata@gmail.com

NEWMAN
NC
CENTER

HSU
CATHOLIC
CLUB

Catholic Mass
Sundays 5:30pm

Fridays
Mass, Food, Fun
5:30pm

Both at the
Newman Center:
700 Union Street
Arcata

(707) 822-6057
WWW.HSUNEWMANCENTER.COM

Find us on
Facebook

UPD Bites

18:07 Friday Sep. 2 Any type of contraband
Occurred at campus Apartments on Laurel Dr.
Arcata, CA. Found blowtorch, axe and a knife
during the fire drill.
Doomsday preppers hit humboldt.

02:39 Friday Sep. 2 Welfare check
Occurred at campus apartments on Laurel Dr.
Arcata, CA. In the gazebo, there are two male
subjects that appear passed out. Long sleeve
shirts and boardshorts.
Any saturday night around HSU.

16:04 Saturday Sep. 3 Bicycle stop/traffic on a bike.
Officer initiated activity at B street/Harper street, Arcata
with two bicyclists. One warned for a stop sign violation and
wearing headphones the other subject was complimented for
stopping at the stop sign.
The real compliment would to be not stopped at all

World in Briefs

1

September 6. Aleppo, Syria: As the brutal civil war which has claimed almost half a million lives continues in Syria, new reports of warplanes dropping Chlorine and other poisonous gasses over rebel held territories in Aleppo continue to come in. Over 70 civilians, including 31 women and children were affected.

2

September 6. Hangzhou, China: President Obama of the United States and president Xi Jinping of China ratified the Paris climate change agreement. The agreement aims to lessen greenhouse gas emissions from the two superpowers, who account for 85% of the world's total emissions.

3

September 5. North Korea: North Korea fired 3 ballistic missiles into the Pacific ocean, landing 120 miles from Hokkaido, Japan's northernmost main island. The latest test spurred president Obama to call for tighter restrictions on North Korea.

Panache

708 9th St. Arcata,
CA 95521

(707) 825-7729

https://www.facebook.com/panache arcata/

Old Age Catches Up To Fisher

continued from page one

A log going back a week before the death chronicled the deteriorating health of the fisher. The log cited bald patches and the fisher not eating. The veterinarian, Rick Brown, was not notified until the fisher was found deceased in its box on May 2, possibly caused by “suffering, and/or poor medical outcome for the animal,” according to the USDA report.

The USDA report spurred the Center for Ethical Science based in Chicago to condemn the wildlife department at HSU, issuing a statement saying, “[HSU] violated the Animal Welfare Act by documenting a laboratory animal’s decline, allowing that animal to suffer for numerous days, but never contacting a veterinarian.” Jodie Wiederkehr, CFES’ executive director, in a letter to Dr. Robert Gibbens, director of the western region of the USDA/Animal and Plant Inspection Services, asked the USDA to launch an investigation into HSU’s wildlife program and levy the largest fine allowed per violation surrounding the death, of 10,000 dollars.

Richard Boone, dean of the College of Natural Resources and Sciences, released a statement saying, “We were disturbed by this animal’s death, take responsibility for failure to observe proper protocols and have taken corrective actions to ensure that a mistake like this doesn’t happen again.”

“We’ve reviewed the report from the USDA, and have taken steps to ensure this type of miscommunication does not happen again,” associate dean of the CNRS, Rick Zechman said. “We do our best for these animals, the fisher lived for twice its regular life span, it’s unfortunate, but old age is unavoidable. Nonetheless, communication to the vet is a critical step that was missing here and has since been reinforced.”

Zechman also shared that in a post-mortem autopsy, the fisher was found to have had a fungal infection.

Rick Brown, campus veterinarian for HSU, sees the CFES report as an unnecessary inflammation of the events surrounding the fisher’s death.

“CFES scans USDA reports, trying to get animal rights groups riled up so that programs like ours cannot house animals,” Brown said. “Staff didn’t see labored breathing and judged the fisher did not need veterinary care, we make judgement calls everyday.”

Even if contacted, Brown said he doubts he would have recommended anything, citing the fisher’s advanced age. Brown said a rotation of five grad students were in charge of day-to-day care of the fisher.

“The care was not the problem,” Brown said. “The fisher was very old, and lived a long life.”

Andrew Butler may be contacted at thejack@humboldt.edu

The Multicultural Centers Added To Campus Tours



Students studying in the Multicultural Center

by Iridian Casarez

Humboldt State University plans to add the Latin@ and African American Centers for Academic Excellence to all campus tours.

When Dr. Corliss Bennett McBride came to HSU to interview for the new position of Director for the Cross Cultural Centers and took a tour of the campus, she was surprised to hear that her tour guide had no clue as to where the Latino Center and the African American Centers of Academic Excellence were.

The Latin@ Center and the African American Center for Academic Excellence offer a wide variety of resources for students. The AACAE provides support services, advocacy and leadership skills for students who identify as Black, African American or of African descent. The LCAE offers, academic, personal and professional programming for students who identify as Latin@*. Both centers are open to all students.

“When I came for my interview, I wanted to take a tour of the campus but I didn’t need the entire tour, I wanted to compare and contrast the centers to different centers that I have seen throughout my career,” said McBride. “Then I found out that the tour guide didn’t know the school had a Latino and African American Center or where to find them, I was surprised.”

McBride then went to a town hall, where candidates for the new positions are able to ask questions about the campus. That is when she brought up the fact that her tour guide didn’t know where the centers were or that the school provided these resources.

After McBride’s town hall, the New Director of Admissions at HSU, Steve Ladwig approached McBride.

“Thank you, because of you I am changing things,” Ladwig said.

Ladwig is HSU’s new Director of Admissions and New Student Programs. Ladwig supervises outreach programs that includes the tours.

“I was hired on July 1st,” said Ladwig. “I went to Dr. McBride’s town hall and I heard her, right after her town hall I went up to John Panting and told him we needed to change things.”

John Panting is the Lead Admissions Counselor at HSU. He was also the coordinator for campus tours for the past six years.

“We are making sure our tour guides’ know about all of the student centers,” said Panting. “We take all our tour guides on a behind the scenes tour and this year all of the behind the scenes tours included all of the centers.”

Behind the scenes tours are only for the campus tour guides for training purposes. It is to ensure they know where all the student resource centers are located and what they can provide.

“We have also included the Latino Center and the African American Center into the Admissions presentation,” said Panting.

Keyomah Palacio, an incoming freshman majoring in business remembers seeing the centers tabling at last semester’s Spring Preview.

“They were tabling at the quad when I came for spring preview,” said Palacio.

Palacio also took a tour inside the centers with EOP.

“I took another tour with EOP before the start of the semester and we went inside the buildings and had a look at the centers,” said Palacio. “I know that if I have a conflict I could go into one of the centers to talk to someone.”

Javier Romero, a freshman who is also majoring in business recalls the centers being on a tour at HOP.

“I haven’t had time to go into the Latino Center but I know if I ever get homesick I could go talk to someone,” said Romero.

**The “@” is used as a gender neutral shorthand for Latino and Latina.*

Iridian Casarez may be contacted at thejack@humboldt.edu

Relationships Between UPD and Students

by Rigmor Angel Soerensen

With the majority of Humboldt State students being from Southern California, many have negative associations towards law enforcement. When moving up to Humboldt County the experiences change positively after interactions with the University Police Department.

Luke Annandale has never interacted with law enforcement, but has noticed that they have authority.

“I do not think they are out to get people. They are only doing their job,” Annandale said.

Matthew Moretti believes in personal opinions, “It is pretty important that people in society work with the police and not against them,” Moretti said.

Michelle Navarrete, on the other hand, does not have good experience with law enforcements. Where she comes from in Santa Ana in Southern California, the majority of the population are hispanic.

“Back home they glare down at us and ask us to stop staring if we look at them,” Navarrete said. “We are scared they are going to attack us.”

She believes that her experiences are racially motivated.

“In a situation, they [law enforcement] automatically assume that people of color are bad,” Navarrete said.

Moving up to Humboldt County and attending Humboldt State University has changed the freshman’s perception of law enforcement.

“First week of school an officer walked up to me and asked how school was going. They actually care,” Navarrete said.

The Humboldt State student believes her experience with law enforcement has changed because of the location of the HSU police department.

“Everyone is so friendly and says hi here, compared to in Santa Ana, where they would rob you instead,” the freshman said.

Officer Justin Winkle with the university police agrees with Navarretes’ argument that the



UPD vehicle parked outside the SBS where the UPD is located. | James Towney

university police’s location is a cause of positive interaction with law enforcement.

Winkle says that the university police are here to help students succeed, not put them in jail.

“We are approachable and our mission statements are that we are here to assist in the educational process,” Winkle said.

Winkle explains every police department is different and you cannot use stereotypes, even if you believe in them or not.

“You cannot take past experiences and let them guide you, you have to take each interaction in account and make up your own opinion about the police,” Winkle said.

Winkle says that communication is the main key to good relations with the university police department and that they enjoy talking to the students.

“We want to interact and talk with students as much as we can,” Winkle said.

Winkle has worked at the HSU police department for three years, but has eight years experience from the Eureka police department.

“You cannot take two different police departments and compare them,” Winkle said. “They will have some things in common, but are not comparable. Each officer is unique with his own experience and training.”

He states everyone has their own story and we will never get everyone on the same page when it comes to people’s opinions about law enforcement.

“We can show to students that we are approachable and assist them by being available 24/7. We do not bite,” Winkle said.

Rigmor Angel Soerensen may be contacted at thejack@humboldt.edu

Word on the STREET

What do you think of the new California Tobacco Law?

Story and quotes by Megan McDaniel



Michael Bischof 20, HSU Student
“Fu**** Bullshit, the prohibition of any illicit substance historically has always led to legal and social problems.”



Naci Johnson 19, HSU Student
“I find it an inconvenience for people who actually need the products like 215 patients.”



Jacob Kennedy 21, HSU Student
“Hopefully it does its job and keeps tobacco out of high schools.”



Logan Salcuni 19, HSU Student
“I think it’s a good thing, gives people time to think about their decisions.”



Maeve Talamantes 21, HSU Student
“I don’t think there should be this law, once one turns 18 they can make their own decision.”



Sarah Galloway 20, HSU Student
“Overall it’s a good idea but those who are 20 and have been smoking it’s a pain in the ass, I can’t even buy a lighter!”

Creating a Space for Music and Art Lovers Under 21



Ariel Rose playing a set at the Batcave on Aug. 28 for an “All Ages Arcata” BBQ Fundraiser | Selena Silverman

by Selena Silverman

With an overwhelming number of people under the legal drinking age in Arcata, there is limited access to venues with live music and art shows. Humboldt State students make up a little over half of Arcata’s population. Of this, more than 61 percent are between the ages of 18 and 21.

Arcata is infused with a diverse uprising in local talent in both the music and art scene. The ability to express oneself freely is what draws individuals interest to this neck of the redwoods.

Most live music shows at places like the Arcata Theatre Lounge, Humboldt Brews, Jambalaya and Richard’s Goat are only accessible to a 21 and over crowd.

In an effort to make the live music and art scene more accessible and inclusive of the biggest population group in Arcata, the 20 and unders, local artists, musicians, queers, activists and anarchists worked together to create the Breakfast All Day (B.A.D.) Collective. The B.A.D. Collective is a non-profit groups drawing attention to the need for a safe space open for all to enjoy music and art regardless of age or any other distinction.

The collective compiled a Zine that outlined their quest to create an expressive space that caters to all. It points out,

“Age and cost restrictions that are currently set as the status quo are prohibitive to many and counterproductive to creating a long-lasting arts community.”

B.A.D. Collective co-founders, Alexandra Nordquist and Zev Smith-Danford host shows at their home, the Batcave. This derived from the

lack of spaces for the 20 and unders to simply enjoy music.

“People stopped playing shows because of the lack of available spaces to cater to a crowd. Whether it was age restrictions or people didn’t feel like they had a safe space to express themselves,” Nordquist said. “We turned our home into a venue beyond just our friends and opened it up to the community.”

“All Ages Arcata” is one the ultimate goals of B.A.D.’s quest for music and arts freedom for all. “All Ages Arcata” is looking to create an all ages venue right here in Arcata.

“It’s a lot more work and liability to create a public all ages venue,” said Smith-Danford. “We have some obstacles at the Batcave that could be resolved if we had an official space. For instance, there are some stairs that may not be able to accommodate all physically. We want to have a place that is accessible to all.”

Humboldt State student Jill Freheit enjoys live music shows just up the block from campus at Blondies Food & Drink where every Thursday is Open Mic Night.

“It’s was the only place I knew of at the time where I could enjoy live music off campus. [The shows] were usually free, [they] booked local bands and it was so close to campus,” said Freheit.

Another option for live music shows and much more can be found right here on the HSU campus. ASPresent and Center Arts have all ages shows throughout the school year with student discount prices on most tickets.

Selena Silverman may be contacted at thejack@humboldt.edu

Make Sure To Get Every Surface

by Ashley Groze

Many Humboldt State students have landlord horror stories. We’ve all heard of the landlord that never fixes anything falling apart or broken on the property but still manages not to return the renter’s full deposit.

College students resort to rental properties because they no longer live with their parents and more than likely can’t afford to actually purchase a property. In an ideal renting situation a student might cross paths with a great landlord who is attentive to their properties and renters, but in some situations this isn’t the case.

Megan Mikkelson, Humboldt State senior, lived in a townhouse that was passed-down through many tenants. A collection of glass bottles crowded the window ledges, a solid layer of dust covered almost every surface, and cleaning products sprawled all over the floor. Mikkelsen and her roommate were forced to clean this mess that the previous tenants had left behind.

Mikkelson was stressed trying to get the place clean in time for the landlord to inspect it and irritated that she had to clean up after so many other people’s mess.

“I have had several landlords up here [in Humboldt] that have tried to screw me over with the deposit even when I moved in,” said Mikkelson, “so now I document my move in and move out.”

Markus Hall, a senior at Chico State, came home one day to a flooded apartment.

“There was water all over the floor and the staircase was soaked because the toilet had flooded over,” said Hall.

The carpet had to be replaced and that money came right out of his deposit.

Feilong Eng, HSU student, was forced to move



Roommates getting down and dirty to make sure they get every surface | Ashley Groze

out of the house he was living in because the landlord decided to sell off the property.

“I was so unhappy living there because [my roommates] never did their dishes and lived like slobs,” said Eng.

Luckily for Eng, his roommates were held responsible for the deposit deduction since he was responsible tenant who did most of the communicating with the landlord.

In order to get your deposit back be sure you clean every surface. If you see something dirty, odds are your landlord will see it too.

Ashley Groze may be contacted at thejack@humboldt.edu

eSports: Keyboards and Basketball Courts

by Wilson Hartstock

More people watched the League of Legends Championship in 2015 than the 2016 NBA Finals.

Okay, okay, League of Legends only pulled in 36 million compared the 31 million that tuned in for the NBA Finals.

But listen, this is only one game amongst many that's alive and well in the eSports world. "Dota 2," "Counter Strike: Global Offensive," and "Starcraft II" are just some of the larger games that dominate the eSports world.

There's more in common between sports and esports than the average fan might realize. For instance, both make use of players, sponsors, referees, managers, and reserve players.

Think of these game titles less as games, and more like the baseball, football, or soccer of the gaming world. Each has their own set of fans and teams, and rarely do fans of one watch another.

They're also vastly different types of games. "League of Legends" and "Dota 2" are Multiplayer Online Battle Arena games or, MOBA's. "Starcraft II" Is a Real-Time Strategy or RTS game. And most are at least familiar with First Person Shooters like Call of Duty or Counter Strike.

Now, the difference between sports and eSports lie within the American culture of sports.

"You grow up knowing the rules to football so you can just jump in and watch football, anyone can," says Matthew Compelub, 21. "And that's where CS:GO has the advantage because it's just guns and shooting. You don't really need to know too much."



Game capture from League of Legends. | Provided by John Soliz

Compelub is a Computer Science Major at HSU who spends the majority of his gaming time either playing or watching CS:GO on the streaming service Twitch.

However, MOBA's aren't games just anyone can watch. Often times they require extensive background knowledge.

Dasen Bevilacqua, 18, a Physics major at HSU plays League of Legends and believes that due to its complexity, it's a lot harder to just pick up and watch.

"I feel like a lot of understanding of what's going on is because you play video games," said Bevilacqua. "It's hard to understand the lingo, so it probably sounds like a foreign language."

MOBA's are extremely complex to non-gamers and gamers alike. Each game requires five heroes for each team. Rosters contain between 110 and 130 unique characters, each with their own abilities and utilities that Pro Players memorize and strategize with for tournaments.

The goal is simple, but gameplay is not. Each five-player team has a base with tower defenses and the opposing team clash to take down each other's towers and bases.

In MOBA's, commentators sound like quick-tongued auctioneers that attempt to fit in every detail and logic behind a hero's movement or ability use. It becomes overwhelming very fast.

Just like sports, esports contain the same ingredient list from sponsors, managers, players, reserve players, and even referees.

Currently 23 eSports professional players have breached the seven-digit earnings mark for their careers, although still their paychecks don't come close to rivaling a football players.

With all this being said, it's important to note that not all gamers watch eSports. Derek Burns, 22, is a Psych and Theatre double major who doesn't like sports in general. Burns plays video games but doesn't find any entertainment out of spectating it.

"I just don't like the pomp and circumstance behind it all," said Burns.

He believes that at the heart of it, Sports and eSports are essentially the same.

"People who don't play football, watch it,"said Burns. "Eventually it'll be the same thing."



The League of Legends Season 3 Summoner's Cup at the Los Angeles Convention Center in California. Team SK Telecom T1 won and took home the trophy and \$1 million.

Wilson Hartstock may be contacted at thejack@humboldt.edu

NOW SERVING 8 BEERS ON TAP & MIMOSAS

DESSERTS

1057 H STREET
ARCATA
(707) 822-4650

HOURS-
MON. THRU THURS. 11AM-MIDNIGHT
FRI. AND SAT. 11AM-1AM
SUN. 11AM-11PM

ARCATA
pizza & deli

Rock the Redwoods
with our new Fully Custom
Redwood Forest Hoodie

Arcata
987 H St.
(corner of 10th & H St.)
707-822-3090

Eureka
3300 Broadway St.
(at the Bayshore Mall)
707-476-0400

www.humboldtclothing.com

Humboldt County STD rates at historic highs

get smart * get tested * get protected

DHHS Public Health Clinic: 268-2108
HSU Student Health Center: 826-3146

One Hundred Years of National Parks

by Tyler Boydstun

“I would encourage anyone visiting the Redwood Parks to consider visiting in the rainy season. Everything is vibrant and alive.” This is Redwood National Park Ranger Mike Poole’s suggestion for visitors and he has compelling reasons as to why.

“The soil turns dark, the redwood dust turns red,” said Poole. “The sound sheets of rain make hitting the canopy 300 feet above your head is unlike anything you’ll ever hear.”

Poole oversees just one of the 58 national parks in the United States that was signed into protection under the National Park Service Act by President Woodrow Wilson 100 years ago.

The celebration of the milestone centennial prompted the “Find Your Park” program throughout the 58 national parks.

Poole describes the program as a way of discovering, exploring and learning about any park or place that



Bald Hills Road, entering Redwood National and State Parks. | Tyler Boydstun

someone finds value in. In a collaborative effort to promote the idea of finding value in our parks, Crescent City and the Redwood Parks system will be hosting a “Find Your Park” event on September 3-4 at Beachfront Park that will include ranger guided tours.

Donna Huford is a member of the Orick Chamber of Commerce and manages the Elk Meadow Cabins, she sees the traffic flow in and out of the Redwood National and State Parks on a daily basis.

“The Redwood Parks bring thousands of visitors to our town from mid-May through late September,” said Huford, “this means money for our vacation rentals and small businesses including shops, stores, and markets.”

Ethan Gentry, College of the Redwoods student recently visited Fern Canyon in Prairie Creek Redwoods State Park, located just north of Redwood National Park.

“The diversity in the park is amazing,” said Gentry. “Walking to Fern Canyon offered the perfect combination of northern California beaches and redwood forest.”

“When talking about Jurassic Park, that’s what Fern Canyon felt like; a prehistoric, setting of thick ferns, fallen trees, and a flowing creeks,” Gentry continued.

This is the type of shared experiences that the “Find Your Park” program encourages in order to promote the importance of sustaining our national parks for another hundred years to come.

“For the next generation we are looking forward to reestablishing ourselves. Speaking from a community level, to teach the importance of parks, instead of on a podium. Most of all we look forward to embracing partnerships between the park services and the community,” said Poole.

Find a place that means something to you



Redwood Creek Trail. | Tyler Boydstun

Tyler Boydstun may be contacted at thejack@humboldt.edu



Cluster Fuggle @ the Taproom!!

September 10th

2-7pm

Live Music:
The Undercovers

Lawn Games

VIP Event

GOOD TIME TO GET LOST.

1600 Sunset Drive – Eureka



Open Daily at 11am!

ALL AGES UNTIL 10pm

- 25 BEERS ON TAP
- POOL TABLE
- BIG SCREEN TV'S
- AWARD WINNING WINGS

FREE WI-FI

FULL BAR NOW OPEN!

NFL TICKET SUNDAYS!

OPEN AT 9:45AM

NEW! Cocktails!

@ HUMBOLDT BREWS

Follow us on facebook

856 10th St. Arcata 707.826.2739 WWW.HUMBOLDTBREWS.COM

Daily Specials!

Thursday Sept 8th Absynth Quartet	Friday Sept 9th Govinda	Saturday Sept 10th Renegades of Funk	Thursday Sept 15th Del the Funky Homo Sapien
Saturday Sept 17th Music Yard Sale	Saturday Sept 17th Blacksage Runners & Peach Purple	Tuesday Sept 20th John Kadlecik Band	

Call for Nominations for the 2016/2017
Distinguished Faculty Awards

Students, staff and faculty are invited to submit
nominations for faculty for the following five
awards:

- 1) Excellence in Teaching (Lecturer)
- 2) Excellence in Teaching (Tenure Track)
- 3) Scholar of the Year
- 4) Outstanding Service
- 5) Outstanding Professor

Nominations are due electronically via email to
lura.holtkamp@humboldt.edu by December 1, 2016

More information is available at
<http://www.humboldt.edu/aavp/NominationGuidelines>

Questions?

Contact the Provost’s Office at 826-5083

simply macintosh



Apple sales, repairs, accessories & more
M-F10-6 Sat10-4 simplymacintosh.com (707) 825-7100

TIN CAN MAILMAN

a locally owned & operated bookstore since 1972

We buy, sell & trade all kinds of
used books, including TEXTBOOKS!

Located on the corner of 10th & H Street in Arcata

Mon-Sat 10-7 /Sun 11-6 tincanbooks.com
(buying hrs Mon-Fri 11-4) 707 822-1307

Free Introductory
Lesson!



Beginning Argentine
Tango (For Absolute Beginners)

Experience the most interesting and
beautiful dance of all.

Learn the basics, meet new people,
and have lots of fun!

Tuesday, September 13, 2016

8:15pm - 9:15 pm
Redwood Racks
824 L Street, Arcata, CA

Argentine Tango originated in Buenos Aires in the late 1800s
and has traveled the globe many times over.
Rich in history and tradition, it is danced all over the world!
Join our class and we'll show you why so many have been enchanted.

For more information, contact:

Barbara or Lee Sobo - Tango del Sol

858-205-9832 info@tangodelsol.net www.tangodelsol.net

Pokemon on the Plaza

by Reyna Wilcoxon

Citizens of Arcata celebrated the “grand open-
ing” of free WiFi on the plaza with a Pokémon
Go party on Saturday.

Since the launch of the ever-changing app this
past July, the streets of Arcata have been seeing
more foot-traffic than ever before.

“I definitely see more people hanging out on
the plaza and more people walking around,”
said Loren Meltzer, an employee at Fatbol
Clothing Company.

Local businesses have been getting on board
with the Pokémon Go hype train by making
their own merchandise and making Poké-stops
a selling point for some restaurants.

“All the businesses [are] getting involved
together to provide cool stuff for people,” said
Meltzer. “I think that’s where it’s at.”

Fatbol Clothing Company is one of the few
businesses here in Arcata that have hopped on
the bandwagon. There, they sell t-shirts for Team
Instinct, Mystic, and Valor, the three different
teams you can choose to be apart of when you
reach level five in the game.

“I thought, ‘Oh, we have the ability to print
team shirts,’” said Jacob Stadtfeld, a fellow em-
ployee at Fatbol. “I pitched the idea to a couple
people and it grew from there.”

With the increase in foot-traffic around Ar-
cata, free WiFi was installed in the plaza. To
celebrate, Fatbol Clothing Company deejayed
and State Farm Insurance gave out free slices of
pizza. The event started at four o’clock in the
afternoon and lasted until seven at night.

People of all ages attended and took advan-
tage of the Pokéstops and free pizza.

“I’m a 90’s baby so I literally grew up with
the trading card games in elementary school and
growing up with the franchise so this was just like
a dream come true to actually be out there,” said
Chris Johnson, a Pokémon party goer.

The game is even taking people to places they
never have gone or have thought to go before.

“The Arcata Marsh,” said Johnson. “Magikarp
and Dratini galore.”

So if you have yet to get your hands on a Gyr-
ados or a Dragonite, the Arcata Marsh is the perfect
place to be.

Pokémon Go has definitely livened up Arcata,
along with many other cities and towns, and peo-
ple are starting to take notice.

“For the first time in the 6 years I’ve lived here
there’s actually finally a spot where it looks like
parents would be comfortable taking their kids,”
said Stadtfeld.



Party goers wait in line for a slice of pizza being distributed by
State Farm Insurance. | Reyna Wilcoxon



People of Arcata are glued to their phones in an attempt to catch ‘em all. | Reyna
Wilcoxon



Even the State Farm Insurance employees get a piece of the action while handing out
pizza. | Reyna Wilcoxon

Reyna Wilcoxon may be
contacted at thejack@humboldt.edu

ARCATA LIQUORS & THE HUTCH GROCERY



Swisher
Sweets
2 for \$0.99

Arcata Liquors
786 9th Street



Hutchins Grocery
1644 G Street



Swisher
Sweets
2 for \$0.99

Kraken
1.75 L
\$20.99



Platinum Vodka
7x Distilled
1.75 L
\$14.99



Sailor Jerry
1.75 L
\$20.99



Vodka
750 ml
\$15.99



Zaya Rum
12yr
\$21.99



Alumni Owned and Operated

NFL Quarterback Brings Race Into Forefront

by Keaundrey Clark

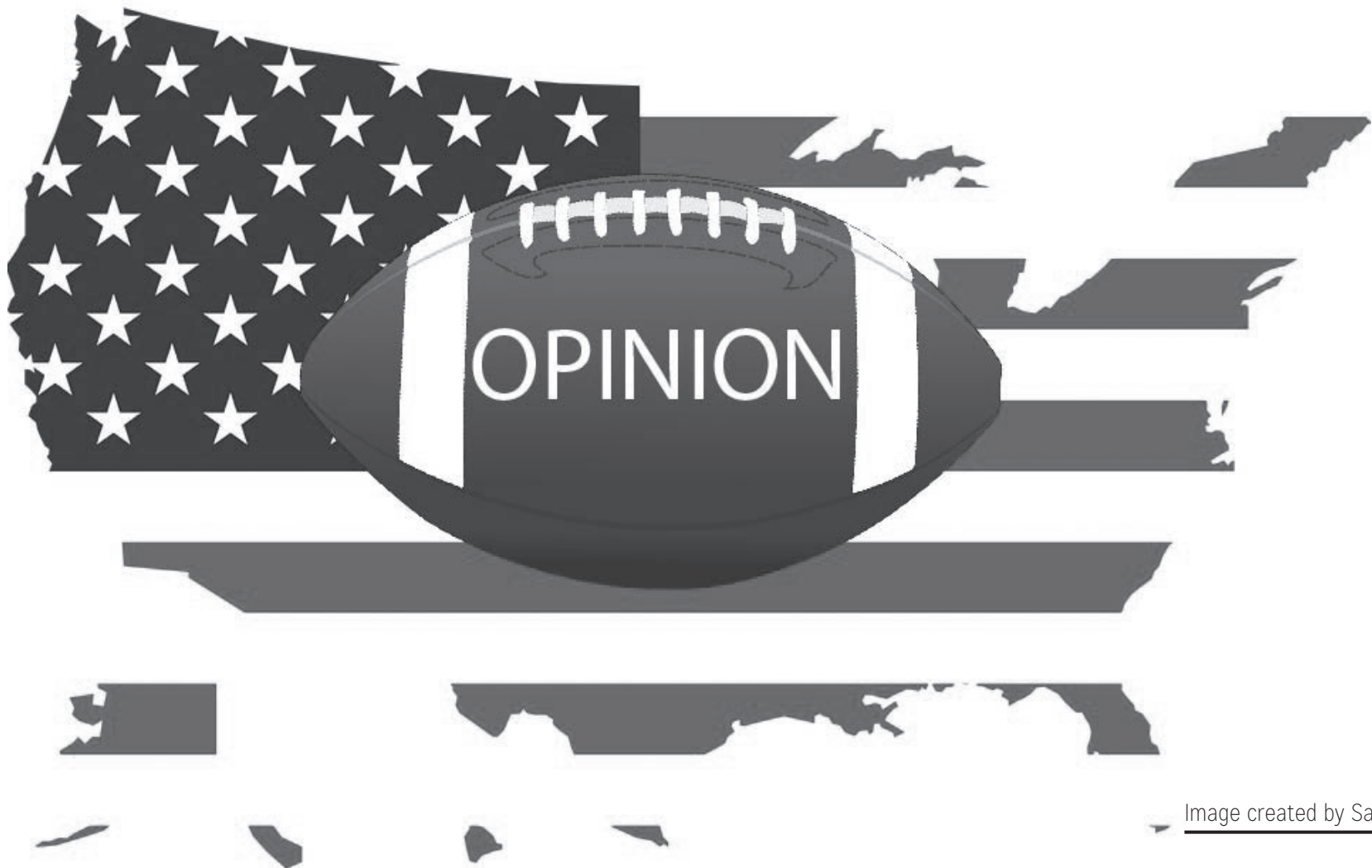


Image created by Sam Armanino

In a year when professional athletes are using their platform to show they have a voice and aren't just puppets of a machine, another athlete has thrown his hat into the ring, giving way to another discussion of race.

San Francisco 49ers embattled quarterback Colin Kaepernick did not stand up and pledge to the American flag for the first two preseason games of the NFL season. Some people have come out in support, while others have said this is a slap in the face to those who protect this country.

Kaepernick received attention that was unavoidable, he did not seek the attention, yet he found it. He did not hide from the scrutiny, he confronted the critics and doubled down on his stance. Kaepernick was blatant, unflinching and unrepentant. He gave it to everyone who is scared to have an actual discussion on race.

"To me, this is bigger than football, and it would be selfish on my part to look the other way," Kaepernick told reporters on ESPN. "There are bodies in the street and people getting paid leave and getting away with

To me, this is bigger than football, and it would be selfish on my part to look the other way.

— Colin Kaepernick
NFL Quarterback

murder."

While most are angry with Kaepernick, going as far as burning his jersey, they are missing something. Kaepernick and his ability to protest and speak for himself is as American as it gets. Even if you're offended, you should respect the fact Kaepernick had the balls to stand-up and take a stance. True change doesn't start until someone in power has been offended.

In America you are told you have a voice and you are encouraged to use it. Yet when race is brought into the forefront, that person who

wants to use their voice is often told to shut up. In some cases they are told you should be lucky to even be here (a call back to slavery). Whether you sense it or not, most white people are okay with how minorities are treated in America, that is why Kaepernick's words have caused anger, that is why things won't change.

Kaepernick and his refusal to stand for the national anthem has been met with the critique that he should stand for it because he is wealthy and America (especially the fact football has made him so) has been so well for him.

Even though he has achieved a level of success that most Americans will never reach, the argument that being successful requires that you not speak out against injustice is hysterical because it's so stupid and ignorant. Keep sitting Kaepernick, because whether you realize it or not, your actions have pissed a lot of people off. That's when real change starts.

for more on this topic visit page 14 in opinions

Keaundrey Clark and Sam Armanino may be contacted at thejack@humboldt.edu

The Man Behind The Weights



Head of Strength and Conditioning, Drew Peterson, points toward weights, as a student prepares to demonstrate an exercise for the class Tuesday morning in the Student Recreation Center. | James Towney

Continued from page 1

Peterson is the head of Strength and Conditioning at Humboldt State. Over 26 years ago in 1990 the recently married Chico State student was set to start grad school in Louisiana before he changed his mind and settled in the Humboldt community. Peterson came to Humboldt state following an ad sent out looking for a grad student willing to start a Strength and Conditioning program.

"I told my wife we'd only be here for one year while I finish grad school. Now 26 years later we're still here, she works at the university too and the rest is history," Peterson said.

As a part of the Strength and Conditioning program Peterson teaches Kinesiology courses, his favorite being PE 158 Strength and Fitness. He also runs the Student Recreation Center (SRC), and one of his most notable roles is the work he puts in with HSU athletics.

Humboldt State is well known for the major success of it's athletes and while coaches are a large part of that success, Peterson is to thank as well. Junior men's Basketball forward Justin Everett is one of many student athletes thankful of Peterson's work.

"He helped me get stronger and more confident in myself. He always has a good attitude and a smile on his face. It makes lifting weights enjoyable even on the roughest day," Everett said.

Peterson not only works with Humboldt's top ranked student athletes, but with anyone wishing to create a healthy routine in their lives.

"The key to the fountain of youth is strength, whether you're an all conference athlete or just somebody who wants to have a greater quality of life," Peterson said. "Hopefully I get to make a difference in people's lives."

Peterson's passion for strength and conditioning runs deep in his blood. The urge to train started when he was 10 years old and ever since he has made it his life's goal to teach and enforce a healthier lifestyle for every student and athlete he encounters.

Peterson urges any student interested in creating a healthy lifestyle to either enroll in his PE 158 course or stop by the SRC and talk to one of the many student trainers willing to help achieve that goal.

"I feel blessed to be here everyday. Find something you have a passion for, and figure out a way to get paid for it," Peterson said.

Lindsey Zito may be contacted at thejack@humboldt.edu

Jacks Pass

by Brian Cohen

Women’s volleyball:

The Jacks opened their season in Hayward with a win in five sets. They dropped a game to Dominican in four sets but were able to beat Notre Dame De Namur and Holy Names in three straight sets. The Jacks will hit the road on September 8-10 with a record of 3-1.

Football:

The Jacks were able to come home with a week one win. They return from Tennessee for their first home game of the season. The Jacks will host Azusa Pacific on Saturday September 10. Kickoff is at 6pm in the Redwood Bowl and the Jacks will be holding youth football night as they try to start the season 2-0.

Go Jacks!

Cross Country:

The first race of the season is set to take place at Patrick’s Point in Trinidad for the Humboldt Invite this Saturday.



Image created by Juniel Learson

Women’s Soccer:

The women’s soccer team struggled to score in their first two games of the season starting off 0-2. The Jacks were able to reach the back of the net in game three, along with a shout out performance from the goalie. The Jacks are 1-2 and are traveling to Utah for a two game series on September 8.

Men’s Soccer:

The team traveled to San Francisco for their season opener. The Jacks were able to come out with the win late in the game while putting up a shutout. They tied in their second game and will look to continue to stay undefeated September 8 in Hayward.

Brian Cohen and Juniel Learson may be contacted at thejack@humboldt.edu

Graduate & Professional SCHOOL FAIR

Thursday, September 15
10:00am to 2:00pm • on the Quad

Professional School Info Sessions:

National University of Natural Medicine
Thursday, September 15 • 2:15 - 3:00pm • FH 202
NUNM is the oldest accredited naturopathic medical university in North America and a leader in natural medicine education and training.

Life Chiropractic College West
Thursday, September 15 • 3:30 - 4:30pm • FH 202
Life Chiropractic College West, which offers a Doctor of Chiropractic degree, is internationally recognized for leadership & innovation in chiropractic education.

SEPTEMBER/OCTOBER LIBRARY CAREER SKILLSHOPS:

Career Exploration
Tuesday, September 13 • 12:00 - 12:50 pm • Library 114

What Students Need to Know About Bias in the Hiring Process
Tuesday, October 4 • 4:00 - 4:50 pm • Library 209 (Fishbowl)

Preparing for Graduate School
Wednesday, October 5 • 4:00 - 4:50 pm • Library 114

Sign Up for Library Skillsshops through humboldt.libcal.com/workshops

Sponsored by **academic & career** ADVISING CENTER
Gist Hall 114 • humboldt.edu/acac • 707.826.3341 • www.facebook.com/HumboldtACAC

- Drop-in Resume and Cover Letter Review: 10am to 1pm, Gist Hall 114
- Register on our Jobs Database *Springboard*

Humboldt State Victorious in Season Opener

by Keaundrey Clark

Humboldt State university defeated Carson-Newman 52-45 in a shootout on ESPN3. The Jacks were powered by the arm of Junior quarterback Robert Webber who threw for 380 yards and three touchdowns. All-American running back Ja’quan Gardner ran for 138 yards and three touchdowns. The All-American scored the game-winning touchdown, a 35 yard run with 44 seconds left in the game. Senior Defensive Lineman John Hinson also was a force for the Jacks, he recorded 2.5 tackles for a loss. Hinson ended the game sharing the team high in tackles with 12. Sophomore defensive back James Clark anchored the special teams blocking a punt and returning it for HSU’s first touchdown of the game. The Jacks return to the redwood bowl for a showdown with Azusa Pacific in their home and conference opener Saturday Sept. 10.

Keaundrey Clark may be contacted at thejack@humboldt.edu

REC-SPORTS

INTRAMURALS

Everybody plays. play with us.

BASKETBALL	“A” SUNDAYS, 7-11 - FORBES GYM WOMEN’S LEAGUE MONDAYS, 7-11 - WEST GYM “B” TUESDAYS, 7-11 PM - FORBES GYM COED “OPEN” WEDNESDAYS, 8-11 PM - FORBES GYM
DODGEBALL	COED TUESDAY, 7-11 PM - WEST GYM
FLAG FOOTBALL	“A” WEDNESDAYS, 7-11 PM - WEST GYM
SOFTBALL	COED SUNDAYS, 11 AM - 3PM - FIELD HOUSE COED MONDAYS, 7-11 PM - FIELD HOUSE
SOCCER	COED “A” SUNDAYS, 7-11 PM - FIELD HOUSE COED “B” SUNDAYS, 3-7 PM - FIELD HOUSE COED “C” SUNDAYS, 7-11 PM - REDWOOD BOWL COED “A” THURSDAYS, 7-11 PM - REDWOOD BOWL COED “OPEN” THURSDAYS, 7-11 PM - REDWOOD BOWL COED “C” WEDNESDAYS, 7-11 PM - WEST GYM
VOLLEYBALL	COED “A” THURSDAYS, 7-10 PM - WEST GYM COED “B” THURSDAYS, 7-10 PM -WEST GYM

WOMEN’S RUGBY 2016 LEAGUE CHAMPIONS



SIGN UP AUGUST 22ND - SEPTEMBER 11TH, 2016 LEAGUES START SEPTEMBER 18TH, 2016

Your team will play once a week at predetermined times. Student teams pay \$30 (refundable) to reserve a spot in the league. Community members: \$30 per person. Community teams (50%+) can register at anytime but will only be approved after all studnet teams (50%+) are approved.

Students play FREE

Persons who wish to request disabiltiy related accomoda- tions should contact The Recreational Sports Office at 707- 826-6011, or email at recsport@humboldt.edu as soon as possible. Some accomodations may take several weeks to arrange.

Call 707-826-6011 RWC 101
humboldt.edu/sports
recsports@humboldt.edu

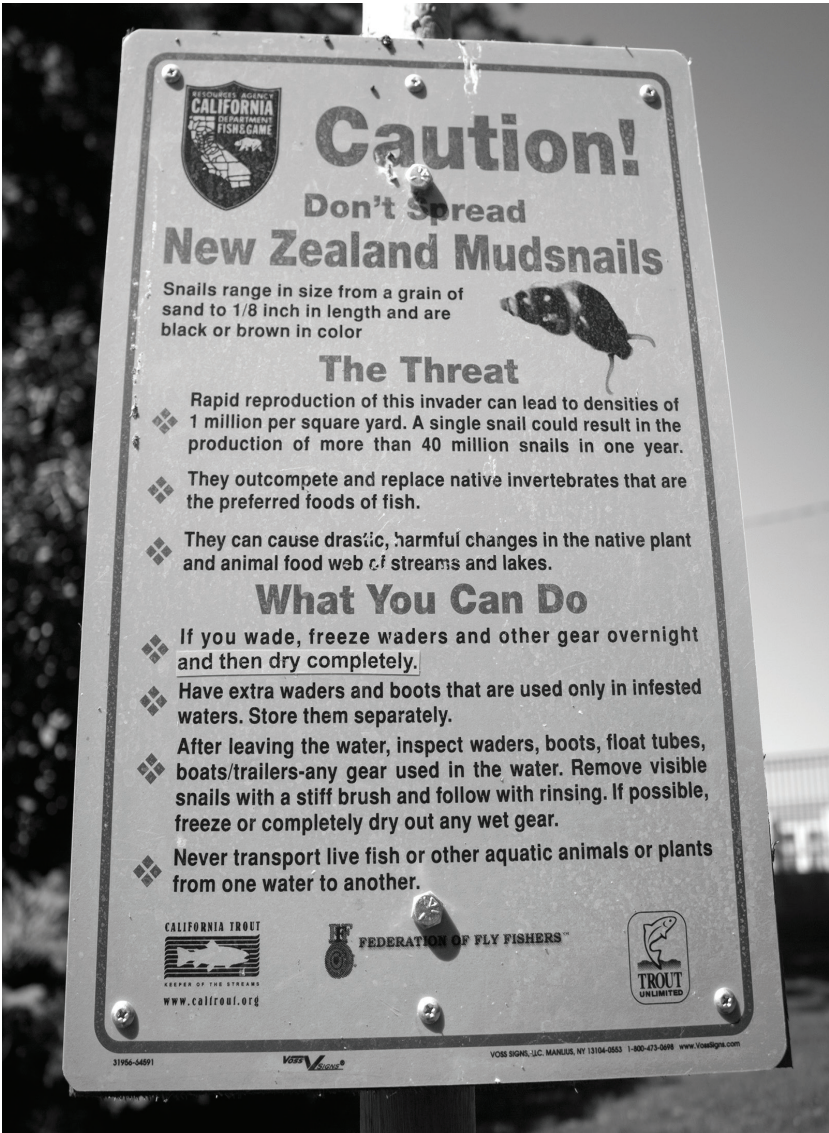


SPRING 2016 INTRAMURAL CHAMPIONS



Invasive New Zealand Mud Snails Spread to hatchery, Not Jolly Giant

by Emily Owen



A sign warns of the New Zealand Mud Snails' presence near the College Creek Apartments runoff. | Jared Funk

Anyone who has walked past Jolly Giant Creek in the last seven months has probably wondered about the imposing red and black signs forbidding entry into the creek’s waters. A closer look warns vaguely of an invasive species called the New Zealand Mud Snail, an asexual, nearly microscopic snail that poses a legitimate threat to the redwood forest’s ecosystem.

However, the snails have not been officially documented in the Jolly Giant Creek. The laminated signs boasting a scarlet ‘DO NOT ENTER’ are the result of an enthusiastic student who misunderstood the invasive snails’ actual on-campus location. So far, the snails’ existence has only been confirmed in the runoff creek bordering the College Creek Apartments and, following a new development from a previous Lumberjack article, Humboldt State’s on-campus fish hatchery.

New Zealand Mud Snails are an invasive species that are detrimental to the livelihoods of native fish. This is due to the snails’ propensity to carry disease and also the fact that they are an inviable food source for resident fish. Though these mollusks pose no immediate threat, the long-term repercussions are still somewhat of a mystery. A daunting cause for concern is the snails’ asexual nature, allowing just one individual to produce up to 2.7 billion more snails in about four years’ time.

Darren Ward, associate Humboldt State Fisheries professor, refers to the snails as “forever breeders,” stating, “They’re basically born pregnant and have babies their entire lives and then those babies have babies. The populations explode and become incredibly abundant really, really fast.”

New infestations can begin as easily as one tiny gastropod latching onto a source of transportation, bringing it from one body of water to another, such as a hiking boot innocently walking from stream to stream. Aquatic snails can survive for up to a week outside of water, so all fishing or research gear should be properly cleaned between excursions in affected areas. Cleaning should be done by either freezing all equipment overnight and using a bleach solution of more than ten percent, or, alternatively, through using a specific concoction of chemicals.

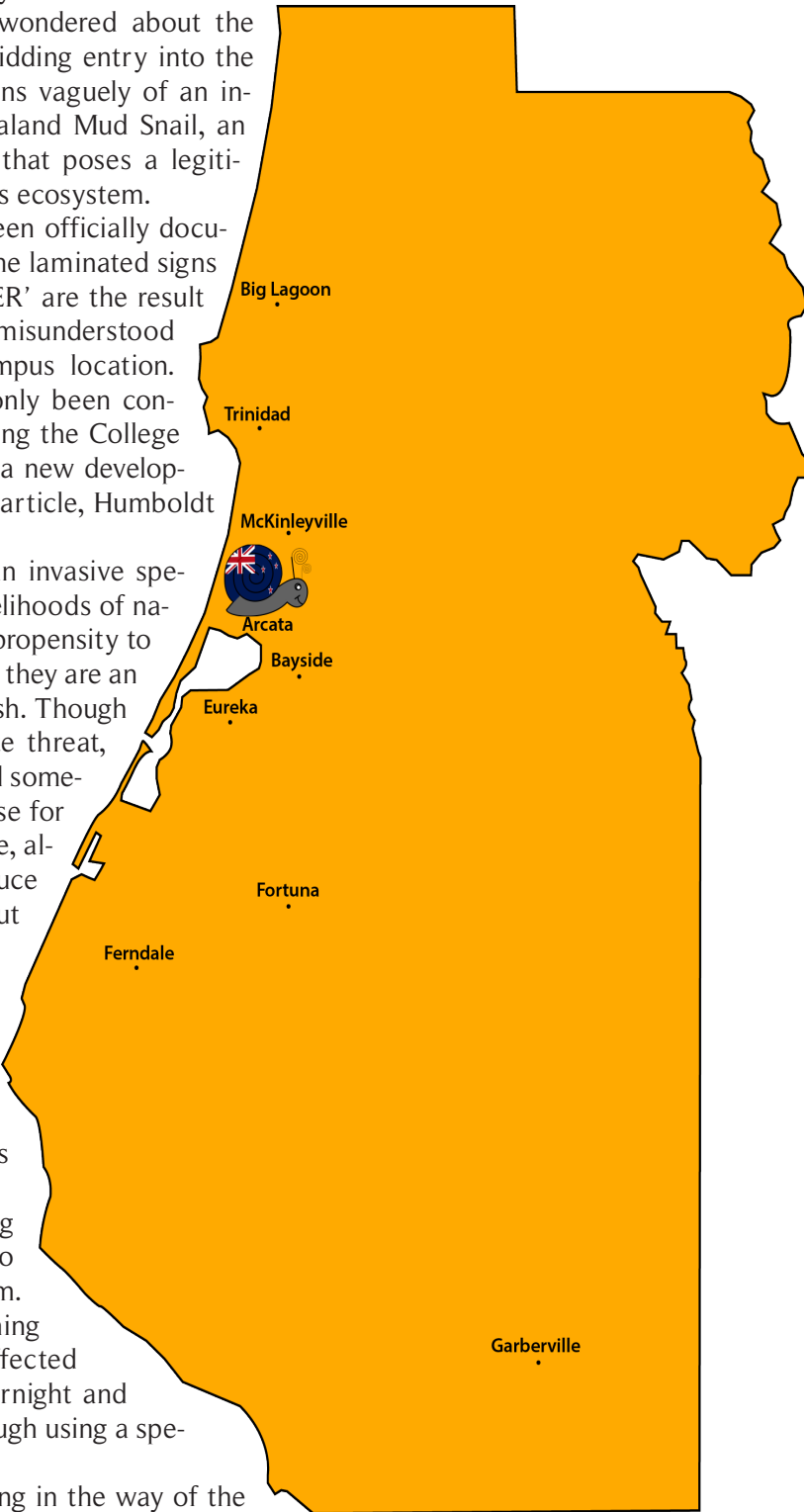
The chemicals present in this concoction are the very thing standing in the way of the snails’ extermination. Since the combination is strong and potentially hazardous, Humboldt State requires governmental permission before acting on the issue and moving forward with eradication efforts. Proposals have been written and submitted by the administration of the fish hatchery but have been consistently met with no response from the California Department of Fish and Wildlife.

Sabine Mader, manager of the fish hatchery, is not entirely optimistic about the snail situation, saying, “Unfortunately, it has to get a little worse until someone says, ““okay, this is at the top of the list now.””

Lauren Murphy, a sophomore majoring in Biology with an emphasis in ecology and biodiversity, believes that the snails will continue to be a problem.

“Just because they’ve been here for a while doesn’t mean they ever really assimilate,” Murphy says. “We need to focus on promoting native plants and animals because they could be gone before we know it.”

For now, the snails are a nuisance with the threat of an exponential increase in population. Until a plan of action is authorized and approved, they’re here to stay.



A cartoon depiction of the New Zealand Mud Snail marking Arcata’s location in Humboldt County. | Image by Devyn Session

Emily Owen may be contacted at thejack@humboldt.edu

Outdoor Nation Campus Challenge

by Claire Roth

Humboldt State is one of ninety colleges nationwide chosen to compete in the Outdoor Nation Campus Challenge, an event focused on getting people outside and enjoying the wonders of the natural world.

The event is hosted by the Outdoor Foundation, a not-for-profit organization that promotes appreciation for the great outdoors.

The Challenge began on Sept. 4 and will run through Oct. 15 with weekly challenges and prizes from companies such as REI, The North Face, Chaco, and Keen, as well as grand prizes at the end of the six-week-period for those dedicated outdoor enthusiasts.

Participants are asked to log their time spent engaging in outdoor activities on the foundation’s website or by using the Outdoor Nation phone app.

Specific guidelines of loggable activities can be found

on the site which include anything from scaling mountainsides to enjoying a leisurely walk around town. Every activity must last for a minimum of thirty minutes and can not be affiliated with a team sport.

The Challenge is not just limited to students and is open to anyone interested in logging their outdoor activity, but contributors must choose a college entity to represent through their outdoor ventures.

There are three sections of success under the challenge. The first is the Most Outdoorsy Person, or the participant on each college campus who has logged the most outdoor activity time out of all the other participants representing the campus.

The second title, Outsider of the Year, will be awarded to the participant who logs the most outdoor activity time across all ninety colleges.

The third title is that of the National Outdoor Championship, which will be awarded to the college that accumulates the most logged outdoor participant time of all.

As of the date of publication, Humboldt State is leading this nationwide race for the title of Most Outdoorsy School in America. Jordan Johnson, a junior-level environmental studies major and recreation administration minor, is the Humboldt State student with the most logged outdoor hours at the time of publication.

If you are interested in participating, please register and log in at www.oncampuschallenge.org or download the free Outdoor Nation app on the iTunes App Store for iPhone® or the Google Play Store for Android™.

Voices of student science aims to highlight individual Humboldt State students majoring within the widespread realm of the sciences.

Voices of Student Science

by Nathan Owain



Bernie Rolf, HSU Fisheries Biology major | Photo by Race Blackwell

Bernie Rolf, a senior in the Fisheries Biology major at Humboldt State, is originally from Boulder Creek, California. He explains that his interest in Humboldt State first stemmed from the university’s offering of “phenomenal” hands-on opportunities in Fisheries Biology, such as snorkel fishing. “Fishing was a hobby since I was in diapers,” Rolf says. “It’s something I am passionate about.” He adds that Humboldt State is one of the few places that offers the major of Fisheries Biology. Rolf would love to someday pursue a professional outdoor career “in the field.”

Co-op News & Sales Flyer

Find the Sept. Issues in Stores or Online

www.northcoast.coop

NORTH COAST CO-OP

811 I St. Arcata • 25 4th St. Eureka

www.northcoast.coop

Tyler Young is a Geography major from Santa Cruz, California who graduated from Humboldt State in 2016. However, he is back on campus working in a post-graduate geospatial certificate program to further his chances of finding work outside of the collegiate sphere of life. Young’s studies in the Geography program has helped him make connections between things he observes in the natural world. He came to Humboldt State because of the university’s reputation for being a beautiful place, but ended up staying to study cartography. “I have always enjoyed being outside,” Young says. “I have been interested in why, geographically speaking, things are where they are.” He says that after he finishes the program he plans to travel to Asia before settling on a line of work.



Tyler Young, HSU Geography major | Photo by Race Blackwell

Need help paying for child care?

Are you a current student and parent of a child under the age of 13?

Do you need child care while you are in class & studying?

Going to school is hard enough, why not see if we can help.

If you have received Cash-Aid (CALWorks) in the last 24 months, you may be eligible for CALWorks Stage 2. Find out today!

changing tides family services

There are three easy ways to apply:

- °Online
- °Paper Application
- °Over the Phone

www.changingtidesfs.org

(707) 444-8293 or (800) 795-3554

2379 Myrtle Ave. Eureka, CA 95501

Funded by the California Department of Education



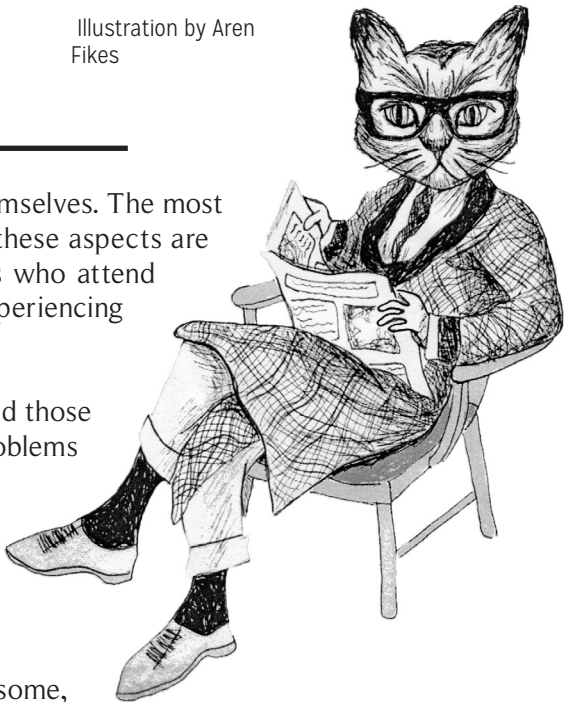
Emily Cornelius, HSU Marine Biology major | Photo by Race Blackwell

Emily Cornelius is a junior studying the major of Marine Biology at Humboldt State. She chose to study Marine Biology because she loves the ocean. “The ocean is intimidating,” Cornelius says. “There is so much energy and I love that feeling. I want to work in a field that would have me out in the ocean.” Cornelius recently went out on the Coral Sea Research Vessel, Humboldt State’s marine research vessel. This experience made her even more eager to be out in the field. “It’s really cool to have that sort of access right here at our school because that’s exactly what I want to do — work on boats,” Cornelius says.

Nathan Owain may be contacted at thejack@humboldt.edu

Editorial

Illustration by Aren Fikes



To live a balanced life, one must posses the basic necessities in order to sustain themselves. The most vital of these necessities include food, water and above all, shelter. For a student, these aspects are extremely important. It is alarming therefore, that every semester many students who attend not only HSU, but various schools in the California State University system, are experiencing issues in terms of housing.

Humboldt State is not exempt from these issues. Many students this semester and those before, face the harsh realities of what it means to not have housing. These problems are experienced not only by those living on campus who literally have to play the housing “lottery” to guarantee housing for the next year. It also affects all of those who live off campus, who must seek their own housing in the surrounding community. Securing off campus housing is a serious ball-game that students are rarely coached on before their on-campus housing experience ends.

There are many aspects that can contribute to a student’s lack of housing. For some, the problem is economics. It seems as though landlords are more apprehensive to rent to students who don’t have proof of income or co-signers. This cherry picking of tenants is a landlord’s right to protect their property. The downside, is it can hinder access to housing for students who do not have strong rental applications which include references, cosigners, good credit/rental history and current employment. These students will end up having a much harder time finding housing than those who posses these components.

There are HSU students at this moment who are sleeping in their cars and for those who are lucky, friends couches. To provide more student housing, those who live on campus may find themselves in revamped dorms like Creekview, where the kitchen has been stripped to accommodate more beds.

With HSU’s increased enrollment and more students coming into the area from freshmen to transfer students, housing issues can only increase if not addressed wholeheartedly by the university. Those who are experiencing a lack of housing should have some sort of liaison from the university that helps students find housing in the community or at least advocates on their behalf. Someone that can offer support when students lack this fundamental but simple aspect of advocacy.

Another problem experienced by students along with their lack of housing is the lack of understanding that professors have regarding student housing issues. Not having housing and the amount of stress this adds to the student, severely threatens student achievement.

Many professors might not understand the complexity of housing issues or how they are experienced by students nationwide. Professors lack of understanding allows them to group students together and assume that since students are in a classroom, then they must have the basic necessities which would enable them to excel in their studies. Students should be encouraged to relay to professors and school administrators when they are experiencing food and housing insecurity. Resources have to be allocated by universities to help students attain aspects which are vital to their survival and HSU is no exception.

HSU has been very transparent in making sure students are aware of and have access to programs such as CAL-FRESH, the government food-stamp program. Students are able to receive CAL-FRESH if they work 21 hours a week, or if they are eligible for work study and did not receive a job. There is also OH! Snap, the food pantry program located in Recreation & Wellnes room 122.

The marketing of these programs on campus directly coincides with helping students deal with food insecurity. At minimum, the university is making sure students know the resources available to them. The same needs to be done in terms of housing for homeless students.

HSU has a responsibility to make sure that none of its students go without the basic necessities needed for success. Students should feel secure in knowing they have a home away from home while they pursue their studies.

The Lumberjack

- Editor in Chief
Sam Armanino
- Managing Editor
Raymond Garcia
- News Editor
Andrew Butler
- Life & Arts Editor
Sue Vuna
- Science Editor
Claire Roth
- Sports Editor
Brian Cohen
- Opinion Editor
Tina Sampay
- Copy Editors
Nikki Hummel
Keaundrey Clark
Race Blackwell
Rigmor Angel Soerensen
- Visual Editor
Jared Funk
- Layout Editors
Rolando Mora
Juniel Learson
- Public Relations
Joseph Marmolejo
Caitlyn Kaifer
Juan Herrera

- Writers
Tyler Boydston
Iridian Casarez
Domanique Crawford
Ashley Groze
Wilson Hartsock
Andre Hascall
Nathan Owain
Christian Lara
Megan McDaniel
Chelsea Medlock
Alexia Neal
Emily Owen
Geneva Peppars
Albert Rebosura
Elizabeth Rosales
Beste Sabri
Selena Rose
Reyna Wilcoxon
Lindsey Zito

- Photographers
James Towney
Roberto Perez

- Business Manager
Garrett Purchio

- Production Managers
Charlotte deJoya

- Advertising Representatives
Jeremy Fischer
Vanessa Rodriguez

- Advertising Designers
Christine McClanahan
Ivan Soto

- Delivery Driver
Mohammad Maleki

- Faculty Adviser
Marcy Burstiner

Corrections

The caption on the front page of last week's issue was supposed to read “A Portrait of Rigmor Angel Soerensen” instead of “Joshua Meisel, as-sistant professor of sociology.”

We apologize for all grammar errors published in the first semester’s issue.

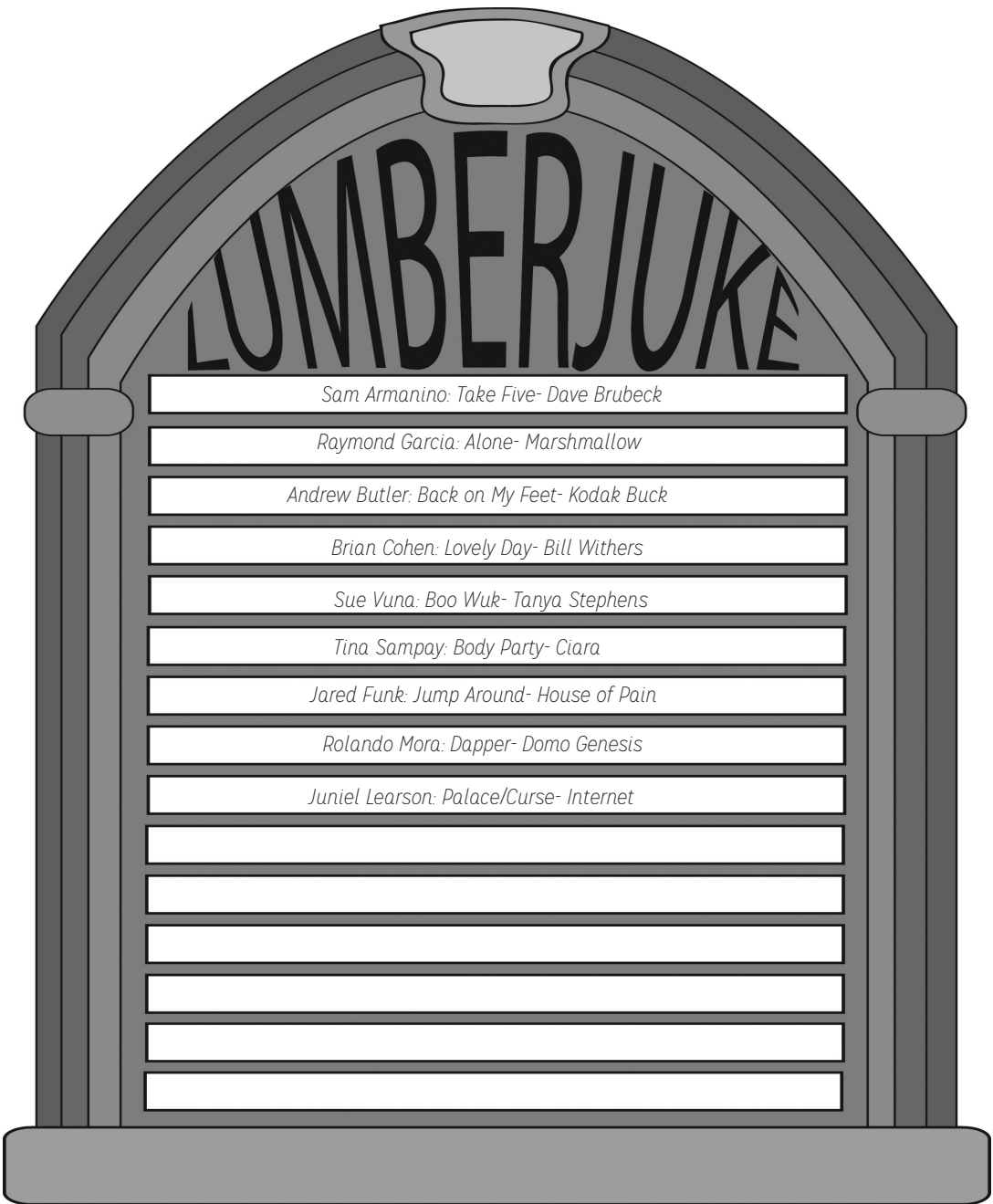
Mission Statement

The Lumberjack is a student-run newspaper that reports on the campus and community. We strive to report with accuracy, honesty and originality. We hold ourselves accountable for errors in our reporting. We invite all readers to participate.

This is your newspaper.
Be a part of it.

The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published on Wednesdays during the school year. Views and contents of The Lumberjack are those of the author and not necessarily those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-third majority opinion of the editorial staff. Opinions expressed in editorial content and columns are not necessarily those of Humboldt State University. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students or Humboldt State University.

LumberJive



A Roaringly Silent Protest

by Kayla Lindeman

When NFL quarterback Colin Kaepernick refused to stand for the National Anthem, it wasn't long until the controversy poured through our news sites, televisions, scholarly discussions on campus and even within our daily conversations.

His choice to sit down during the National Anthem was a clear response to the Black Lives Matter movement, in reconciliation with the overwhelming amount of unjust deaths among the black community, historically and of late publication. Feedback escalated immediately after his silent protest. Some have supportively responded and others have taken deep offense to Kaepernick's stance, regarding it as a sign of enormous disrespect to those who have served time in the military. People that were fans before this act have recorded themselves burning his jersey, or sharing their military experience, arguing that they've put their life in front of that flag.

But when did his resistance to cooperate become a stance against those who serve?

Our personal, figurative view of the flag should not be misconstrued with his objection against the systemic, normalization of black oppression in the United States. Kaepernick explains to NFL Media Reporter Steve Wyche, "To me, this is bigger than football and it would be selfish on my part to look the other way. There are bodies in the street and people getting paid leave and getting away with murder." The unwarranted homicides of Michael Brown, Freddie Gray, Trayvon Martin, Alton Sterling, Philando Castile and countless others by the police is entirely

unacceptable and has spawned an inferno in our streets. Additionally, the officers who unlawfully killed Alton Sterling and Philando Castile were both comfortably placed on paid administrative leave as punishment.

Two short weeks ago the governor of Maine, Paul LePage, publicly announced his division among races at a press conference. He said, "the enemy right now, the overwhelming majority of people coming in, are people of colour or people of Hispanic origin."

Correspondingly, Republican Presidential nominee Donald Trump retorted that Kaepernick "should find a country that works better for him." The continuous onslaught of minorities by government representatives and news reporters has been redundant enough to create normality, as if hatred is an occurrence to expect in American culture; Colin Kaepernick's course of action is a national refusal to accept such injustice rooted within our system.

The flag is symbolic, and what it is symbolic of depends on the individual. Whether it represents the military, civil freedoms, the police force, or opportunity among our country, it is irrelevant in Kaepernick's right to sit or stand during the National Anthem because he has specified exactly why he has chosen to sit. None of it has to do with insulting the military or war veterans. It is a direct response to the crooked nature of police brutality. The oppression of black people in the United States cannot be excused anymore, and while it may be distracted by counterarguments it is our job as intellectuals to uncover the representative, systemic issues in our society.

Read more on this topic in this sports section page 9

Kayla Lindeman may be contacted at thejack@humboldt.edu

He Can Not Take Away My Dream

Staying alive when you feel you don't belong

by Rigmor Angel Soerensen

I awoke November 8th, 2016 knowing that something was wrong. Other than my feelings of being dead inside, I was emotionless. I laid in bed for at least 30 minutes trying to feel something, so my feelings of death would make sense to me. At one point I realized that I had to get out of bed. Even if I felt dead inside, I knew that I could not lie "dead" in my college bed for the rest of my life. I decided to get up. I quickly tucked myself in a blanket and went to the restroom. The first thing I did was kneel in front of the toilet and try to throw up. I had never felt that sick in my entire life. After several attempts on throwing up, I gave up. I decided to go in the shower. I felt so dirty. I felt so dead that I was not even able to stand while showering. I sat in the shower with my arms around my knees, trying to rub off my feeling of dirtiness with each soap I could find. I swear I have never been cleaner in my life. After having the same realization as in bed, that I could not stay there forever, I once again got up. I tucked myself into a towel, which I never do, and wrapped the blanket from my bedroom over the towel again.

The feeling of nausea followed me the whole day. After telling my roommates what happened, I was once again stuck kneeling over the toilet. The toilet soon got replaced by a red bowl because I had to start moving. I was so thirsty. I drank water all the time, but it just happened to come back up again. After we made it to the hospital, I was placed in a chair at the emergency room. Two officers from the university police came and I still held on to the red bowl. I even threw up in front of all my roommates and the two officers while they were interviewing me. I felt slightly embarrassed, but to be honest... I did not give a shit at that point. I did not stop throwing up until I got a pill for nausea in the early evening of that day.

The feeling of being dead has stuck with me since I woke up November 8th. My biggest wish this past spring semester, was to take a semester off from school to focus on myself and the court case I had going on since I chose to report. I could not take a semester off however, because I am foreign and on a student visa. I had to be enrolled and successful in at least 12 units each semester to legally stay in the United States. I also had to be enrolled in and complete a minimum of 12 units to get the student loan and stipend I received from my home country. This is what I depended on to afford to live my dream life here. Everything stuck together as in an evil circle. My dream is to break the circle and still continue a life here in the U.S.

I believe the fact that I chose to get up from bed that day, decided everything for the rest of my life. The fact that I got up from bed showed that I was a believer and

had hope for the future – despite what had happened. The feeling of being dead, is the feeling I associate with being raped. He took my dignity and self-worth away from me. The fight of being a victim and becoming a survivor is for me to feel a little bit more of life, every day that goes by. I knew after I got raped that I wanted to stay as a student at Humboldt State University. He had already taken away my dignity and self-worth, but he was not to take away my dream too. I had fought so hard to come where I was at that point in life – where I still am today.

A fun fact is that my feelings of being dead, feeling hopeless but still wanting to stay, made me focus so much on school work that my GPA went up a lot compared to my first semester at Humboldt State. I was so scared. I was scared that he was going to steal something else from me that I literally worked my ass off to protect myself and keep what I had left.

This year I am a senior. I will graduate from Humboldt State University May 17th of 2017. The same day that Norway's constitution day is on actually. I am so tired. I do not even know how I am doing this. There are so many times when I wonder how I can keep going. I still ask myself everyday if I can do this one more day or not. Every day on campus there are several triggers for me. It physically hurts, because of how emotionally ruined I am. Wherever I go, I get heat flashes and constantly sweat, my heart rate goes up and I get pains in my chest. This semester I am also experiencing stomach aches and nausea too. This is mostly because of the anxiety I have gotten from what happened to me. One of the hardest affects is my posttraumatic stress disorder. It used to be my depression but I somehow have learned to live with that. I used to have a perfect visual memory. Now I cannot even remember to take my medication or what classes I have next. The saddest episode was when I Skyped with my dad a couple of weeks ago and he started telling me a story from when I was around 16-years-old. He had so much joy in telling me the story but I had to admit that I could not remember anything of what he told me. That really hurt me. My whole experience and change in memory is another thing I will have to learn to live with.

As of today I have one goal, to graduate from Humboldt State University and get the hell out of here. I really do love Humboldt, do not get me wrong. But for my best, I believe that getting away from Humboldt County will make me more relieved than I can even imagine. Moving away means moving on without being reminded of what happened by triggers every day.

Rigmor Angel Soerensen may be contacted at thejack@humboldt.edu

Read more on thelumberjack.org...

puzzles page

The Great Spaghetti Debate



Cartoon created by Cody Machado!

TRIVIA

- How many years has Drew Peterson been the strength and conditioning coach for HSU?
-26
- Which two centers will be added to HSU's campus tours?
-African American Center for Academic Excellence
-Latin@ Center for Academic Excellence
- What invasive species can be found at the College Creek Apartments water runoff?
-New Zealand Mud Snails
- How many years is the national park system celebrating?
-100 years

Sudoku

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9

JOKES

- WHAT DID THE AN-NOYING PEPPER DO?
-He was jalapeno face
- WHY DOES EVERY-ONE HATE GERMAN SAUSAGES?
-They are the wurst

RIDDLE

- WHAT LOSES ITS HEAD IN THE MORNING?
-A pillow

CLASSIFIEDS

- BOOKS
TIN CAN MAILMAN BUYS BOOKS, including TEXTBOOKS for cash or trade credit. Huge selection, open daily. Corner of 10th & H Arcata .Buyer on duty 11-4 Mon-Fri
- VOLUNTEERS NEEDED
Prairie Creek Redwoods State Park is currently looking for volunteers for the summer and fall 2016 year. Volunteer opportunities include:
 - Gold Bluffs Beach Camp Host
 - Elk Prairie Cabin Host
 - Trail Maintenance
 - Visitor Center

Please contact the Prairie Creek Redwoods State Park Volunteer Coordinator at: Leslie.Reyes@parks.ca.gov (707)465-7352

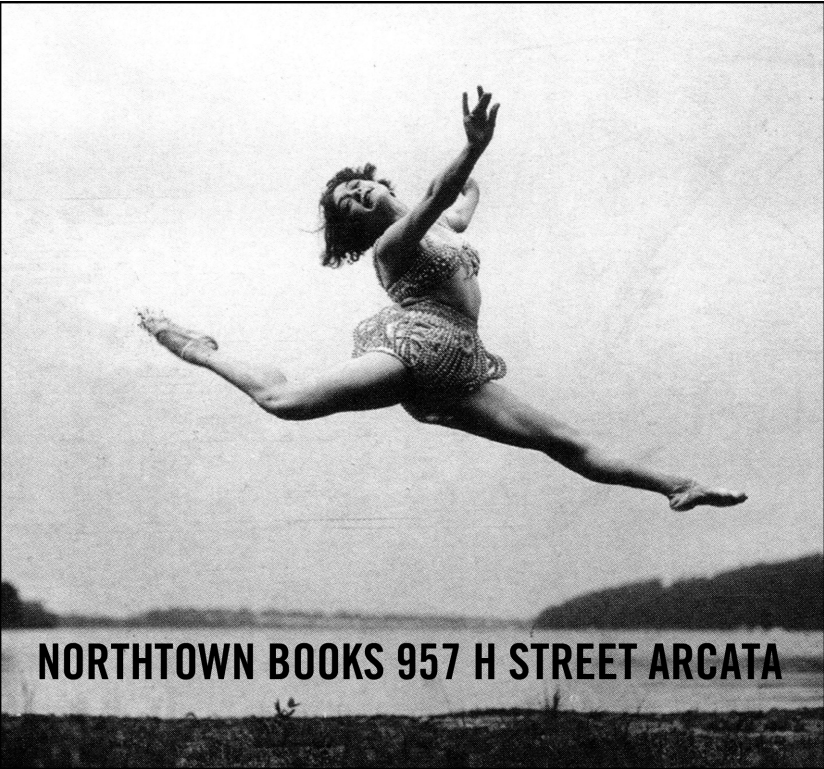
Dandelion Herbal Center Presents
2016-17 CLASSES & EVENTS with Jane Bothwell
* Beginning with Herbs: Sept. 14-Nov. 2, 2016
* Plant Lover's Journey to Costa Rica: Nov. 10-19, 2016
* Big Island Adventure: An Ethnobotanical Journey to Hawaii: Jan. 14 -21, 2017
* 10-Month Herbal Studies: Feb.-Nov. 2017
* Medicinal Cannabis Conference: April 29 & 30, 2017
707-442-8157 • www.dandelionherb.com

Make Your Bath Special
• Locally Made and Imported Soaps, Oils, Lotions & Bubble Bath
• Massage Tools & Oils
• Crabtree & Evelyn Products
1031 H Street • Arcata • 822-3450
www.bubbles-arcata.com Open 7 Days

NEELY AUTO SERVICE
980 5th St. Arcata, CA
"Hey Dad, just bringing in my car for its 90k service. I want to be ready for my Vegas trip with Jake!!"
Good job on keeping up on your maintenance schedule
.... Vegas?!
..... Jake?!?!
Scott Patrick (HSU Alumni) (707) 826-0687 Emma Patrick (HSU Freshman-Business Major)

Serving Breakfast, Lunch & Dinner
Restaurant hours: 8am- 11 pm Lounge Open 8 am-2 am
On the Plaza 744 9th Street
822-3731 Phone Orders Welcome
The Alibi

Trailer Park Mondays
Hamburgers
Hush Puppies, Corn Dogs,
Deep Fried Dill Pickles, Hot Wings,
Bud in the Can, Jello Shots,
\$1 off all tap beer
.....Upcoming Shows.....
Humboldt Free Radio Presents:
Saturday, September 10th
www.thealibi.com
Rogues Gallery (Humboldt stoner rock)
R.I.P (West Coast street doom)
@ The Alibi music at 11 p.m. 21+ \$5 cover



CALENDAR

Wednesday, September 7

-Sci Fi Night: Prehistoric Women (1950)
Doors open @ 6 p.m. (All ages)
Free w/ \$5 food & beverage purchase
Arcata Theatre Lounge

Thursday, September 8

-Las Cafeteras
Adult \$28, Student \$5
Van Duzer Theatre, 8 p.m.

Friday, September 9

-African American Community Reception
Kate Buchanan Room, 6 p.m.-8 p.m.

Saturday, September 10

-Steve Earle & Shawn Colvin
Adult \$46, Student \$15
Van Duzer Theatre, 8 p.m.

Sunday, September 11

-Out of the Darkness Suicide Prevention Walk
Check in @ 9 p.m.
Arcata City Plaza, 10:30 a.m.-1 p.m.

Monday, September 12

-Monday Night Football
Rams vs. 49ers
Doors open @ 7:10 p.m. (All ages)
Free w/ \$5 food & beverage purchase
Arcata Theatre Lounge, 7:20 p.m.

Tuesday, September 13

-Skillshops: Career Exploration
HSU Library 114, 12 p.m.-1 p.m.

Compiled by Vanessa Rodriguez

PRIVATE OUTDOOR HOT TUBS
TRADITIONAL SAUNA CABINS



Café Mokka
COFFEEHOUSE

Sun-Thurs: noon - 11pm
Fri-Sat: noon - 1am

OPEN EVERY DAY
INCLUDING SUNDAYS & HOLIDAYS
CORNER 5TH & J. ARCATA
822-2228 FOR RESERVATIONS



ORGANIC BAGELS
LOS BAGELS.COM

LOS
Bagels

ARCATA * **HSU** DEPOT * EUREKA