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Photo by Sebastian Hedberg

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THE LUMBERJACK

Serving the Humboldt State University campus and community since 1929

Looking at our history to achieve justice



Keynote speaker Tim'm West speaking to a packed crowd in the library fishbowl. | Ashley Villavicencio

HSU community gathers to talk about race

CAMPUS
by Dennis Lara-Mejia

Twenty-two years ago, during fall semester 1991, the Humboldt State campus looked very different. More than 76.3 percent of the student population at HSU identified as white and only 5.2 percent of students identified as Hispanic/Latino.

“Even 15 years ago, this campus looked very different,” said Christina Accomando, critical race and gender studies professor.

Each year HSU holds Campus Dialogue on Race. The annual week-long event invites students, faculty, staff and community members to discuss the issues that relate to race and racial injustice.

This year’s theme is “(In)Justice and Resistance: Past, Present and Potential.” Marylyn Paik-Nicely, director of the Multicultural Center, said that the theme this year encourages us to look to our past in order to evaluate how far we have come and to see if we have taken any steps back. Once we do that, we can look at our present.

See *Race* on page 8

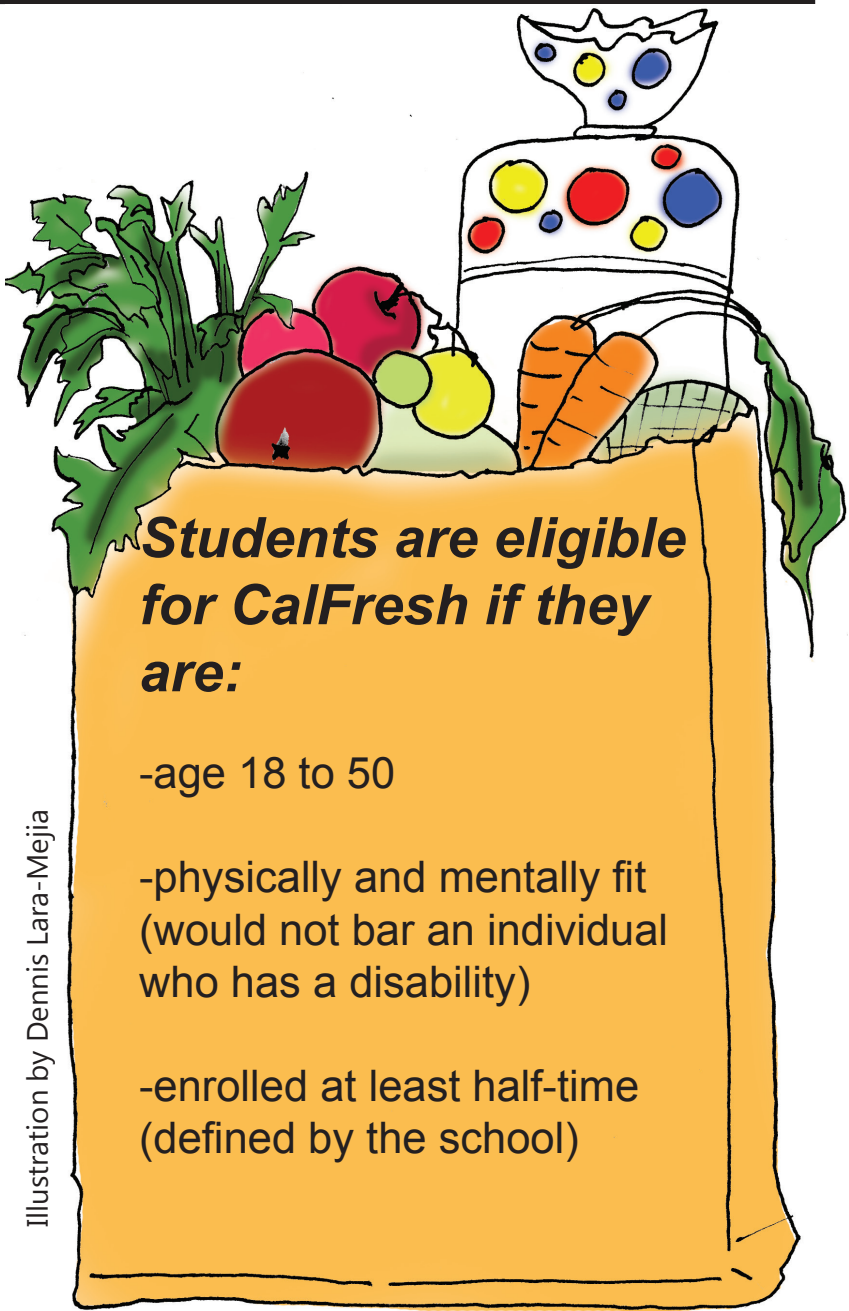


Illustration by Dennis Lara-Mejia

Students are eligible for CalFresh if they are:

- age 18 to 50
- physically and mentally fit (would not bar an individual who has a disability)
- enrolled at least half-time (defined by the school)

Buy seeds, not ramen

HSU receives money to help with CalFresh enrollment

CAMPUS & NATIONAL

by Tabitha Soden

Surviving on ramen is a situation familiar to many college students. However, going without healthy food is a problem that affects more than just the student population. Money has just been awarded to Humboldt State to help combat this problem.

The Humboldt County Department of Health and Human Services has given HSU \$45,000 last month to help students enroll in CalFresh. CalFresh is the California division of the federal Supplemental Nutrition Assistance Program (SNAP). CalFresh, despite being associated with food stamps, has a larger goal to educate people on nutrition and healthy eating.

Rhonda Holmes, a social work graduate student, is a part of the CalFresh initiative on campus and works with nine other students and two faculty members.

According to Holmes, the money will be used for an advertisement campaign to help raise awareness of the program on campus. The group is also in the process of planning two events where they will help people with the application process, answer questions and provide information on the program.

“We want to get as many qualifying students as possible eating — and eating healthy food,” Holmes said.

HSU has had a historically low enrollment in the program and Holmes said part of the problem may be that some students think they do not qualify when they do. Part of the campus initiative will be to educate students on who qualifies.

Heidi McHugh is the community educator and outreach coordinator at Food for People, a local food bank. She works within the county to do outreach and assist county residents with the application process. McHugh said Food for People helped 218 households in Humboldt County apply for the CalFresh program last fiscal year.

McHugh said that students between the ages of 17 and 49 who are enrolled in six units or more are often eligible.

Students may be eligible for SNAP if they work an average of 20 or more hours per week or if they qualify for the federal work study program.

“But it’s tough,” McHugh said, “It is significantly more difficult for college students to access SNAP.”

Barbara O’Neal is the CalFresh outreach coordinator at the Humboldt County DHHS. She said the

See *CalFresh* on page 4

Six million dollar plan brings fiber-optic cables to Humboldt

COMMUNITY
by Aron Gonzales

The California Public Utilities Commission gave final approval for a \$6.6 million broadband project in Redding on Oct. 17. This project is called the Klamath River Rural Broadband Initiative Project and would bring fiber-optic cables spanning out from parts of Northern Humboldt County and up into Del Norte County to expand telecommunication in the region.

The Karuk tribe — in association with the Yurok tribe and other local partners — originally proposed the project in February 2013. Access Humboldt endorsed the Karuk tribe’s proposal to bring fiber-optic cables to remote areas of Humboldt County.

Eric Cutright, Information Technology director for the Karuk tribe, hopes this project will better connect cities which just recently received electricity this past year.

“We agreed with the CPUC that we would be providing services for 600 households,” Cutright said.

“This is a fantastic step forward

for everyone in Humboldt County,” Sean McLaughlin, executive director of Access Humboldt said. “This project will build a new fiber path connecting Humboldt County directly with Siskiyou County and points beyond.”

As part of Access Humboldt’s Digital Redwoods Initiative, the Karuk tribe’s proposal received strong local endorsements from public safety, public education, public health, public media and a wide range of community organizations.

“We are witnessing a historic moment — a potential for a new model, with tribal governments leading the way for remote development of basic communication infrastructure,” McLaughlin said.

Access Humboldt is the lead agency for cities in Humboldt County to support the deployment of broadband and media access efforts. These efforts coordinate with a larger regional effort headed by the California Center for Rural Policy at Humboldt State, a research center committed to informing policy-making in rural communities.

According to the CRUC’s draft release for the Klamath River Rural Broadband Initiative Project, the approved funding for the Karuk Tribe would come from the California Advanced Services Fund that would amount to \$6.6 million.

“We want to emphasize that broadband is a utility. There are so many ways that these communities cannot do the things expected of them without it, like education and healthcare,” Cutright said. “This project is our attempt to allow these communities to survive.”


The specific areas that benefit from this project are in rural Northern Humboldt County like Orick, Orleans, Johnsons, Wautek and Weitchpec.

“By the Karuk tribe joining efforts with the Yurok tribe to connect up-river Klamath [from Orleans/Panamik] to the North Coast ... this project reflects a larger vision for the longer term,” McLaughlin said.

— Aron Gonzales may be contacted at thejack@humboldt.edu


WEEKEND
WEATHER

THURSDAY




57°

FRIDAY




57°

SATURDAY



57°

SUNDAY



56°

Information gathered from the National Weather Service.

INDEX	
NEWS pg. 3	OPINION pg. 13
FEATURES pg. 6	PUZZLES pg. 15
SPORTS pg. 10	CALENDAR pg. 16

Anonymous activists demand government transparency
Hacker group celebrates day of action

A few dozen souls braved the chilly autumn evening Tuesday to don Guy Fawkes masks and stand in protest outside the Humboldt County Courthouse in Eureka.

The protest was part of the One Million Mask March, an international day of action called by the activist group Anonymous. Anonymous groups held protests in 450 cities around the world Tuesday, Nov 5.

Activists outside the county courthouse wore a mix of plastic and paper versions of the grinning mask made popular by the film and

graphic novel “V for Vendetta.”

A masked Humboldt State student who wished not to be named said the protest was her first involvement with an Anonymous group.

“I’m interested in seeing a more focused agenda, or a centralized goal [for Anonymous],” she said.

One masked man, the unofficial spokesperson of the group, said the protesters were fighting corporate exploitation and calling for government transparency.

“I highly support Edward Snowden,” he said. “We’re protesting to show the power of the people.”

Rand Omize, a 28-year-old business major at Evergreen State College in Seattle, said the Guy Fawkes mask had become a symbol of revolution around the world.

“At every protest around the world you find people with these masks,” Omize said.

International Education Week
HSU highlights international students and education

Humboldt State will celebrate international students and the school’s connections to foreign cultures during the 12th annual International Education Week from Nov. 18 through Nov. 21, according to the HSU International Programs Office.

During International Education Week HSU hosts lectures, a keynote speaker and an international fashion show. Lectures this year cover topics from the Syrian civil war to Japanese tsunami debris.

This year’s events begin Tuesday, Nov. 18 with a dance performance by Samba da Alegria, a community samba troupe from Humboldt County.

The Turkish professor, poet and Muslim literary scholar Ali Aydin will make this year’s keynote speech Wednesday, Nov. 19. Aydin is slated to speak about Turkey’s transition from Sharia based government to secular state, and Turkish literature from the 19th and 20th centuries.

Compiled and written by Patrick Evans

Organic farmers say no to GMO’s
Humboldt residents propose ban on genetically modified organisms

A grassroots organization in Eureka hopes to prohibit the cultivation and production of genetically modified crops and organisms in Humboldt County.

The Committee for a GMO-free Humboldt County filed the Genetic Contamination Prevention Ordinance with the Humboldt County Elections Office on Monday, Oct. 28.

The committee said the ban would protect Humboldt County’s organic agriculture industry.

Organic agriculture production in Humboldt was worth \$44 million in 2011, according to the California County Agricultural Commissioners’ Reports. Mendocino, Trinity, Marin and Santa Cruz Counties have all passed similar ordinances banning GMO production.

The county has 15 days to create an official ballot title and summary for the ordinance, now that it has been filed.

“As soon as we get the go-ahead from the county, we plan to start collecting signatures,” said the committee’s spokesperson Bill Schaser in a press release Friday.

The committee has to collect 4,000 signatures from voters registered in Humboldt by next summer for the ordinance to qualify for t. 2014 ballot.



October 29

17:22 A male with no shirt was stumbling into the roadway on L.K. Wood, yelling at people. Officers were unable to locate him.
Probably because the shirtless dude wasn't really there. That sort of thing never happens in Arcata

15:13 A student’s vehicle was cited for blocking another vehicle parked next to it.
The vehicle itself was cited, not the driver. He was cool.

21:39 A male was seen looking into the windows of the unoccupied children’s center.
He was probably just scoping out the best cubbyholes and trying to figure out which lunchboxes had cookies in them.

UPD BYTES

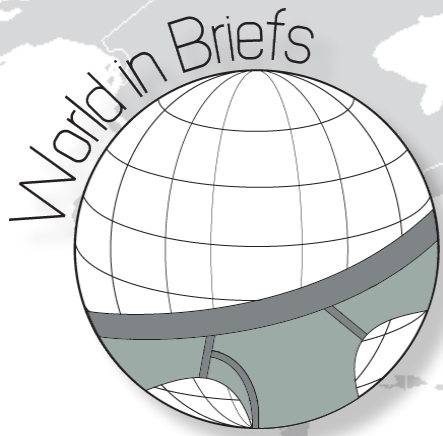
November 1

17:53 Two transients were loitering in the Kinesiology & Athletics building lobby asking for food.
Homies — the last place you're going to find people with EXTRA food is in the building where they study exercising and balanced diets. I think you're looking for the Chubboard.

23:09 People at the Campus Apartments on Laurel Drive reported yelling and sounds like chairs being thrown.
Wrestlemania is only about five months away; there's never been a better time to work on theatrics and chair-throwing.



Compiled and written by Kevin Forestieri and Eli Rohl



Russia

Thousands demonstrated in the streets of Moscow, St. Petersburg and Kazan on Monday for annual National Unity Day in Russia. The demonstrators voiced opposition against immigrants that they believe have increased crime and taken jobs. Most of the immigrants are legal migrants from former Soviet republics in Central Asia.

Phillippines

A whistleblower revealed that lawmakers and close political allies to Philippine President Benigno Aquino were stealing funds from local projects. The diverted money was instead being spent on a “pork barrel” fund, which allows for discretionary spending and has a history of abuses.

United States

A gunman opened fire at the Los Angeles International Airport Friday morning, killing one and wounding at least six others. The airport police said the gunman was able to get through the screening gates and into the food court where he opened fire. He was shot at least once and taken into custody.

Compiled and written by Kevin Forestieri

Mexico

Mexico’s congress passed new taxes on junk food and sugary drinks on Thursday to combat high levels of obesity and diabetes. About one-third of the population is obese and 70 percent is overweight. The law was also passed to raise revenue and was passed alongside several other new taxes.

Thailand

Protests broke out in Bangkok over an amnesty bill approved by lawmakers on Friday. The bill could allow former Prime Minister Thaksin Shinawatra back into the country. Opponents of the bill say the amnesty would allow Thaksin to go unpunished for past abuses, including the killing of more than 90 unarmed protesters in a military crackdown.

Sources: Al Jazeera, Reuters, New York Times, Associated Press

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Thursday Nov 7
Ocean Night Film Screening
Doors at 6:30 p.m. |\$3| All Ages

Friday Nov 8
The Gracials
Doors at 8 p.m. |\$18/\$15| 21+

Saturday Nov 9
EPROM, Grenier & ONHELL
Doors at 9:30 pm |\$15| 21+

Sunday Nov 10
Spy Kids (2001)
Doors at 5:35 p.m. |\$5| PG

Monday Nov 11
Monday Night Football
Doors at 5:15 p.m. |Free| All ages

Wednesday Nov 13
Gramatik, heRobust, Ex Mag
Doors at 9:30 p.m. |\$20| 21+

Thursday Nov 14
Random Acts Of Comedy
Doors at 7:30 p.m. |\$6| All ages

Saturday Nov 16
Mr. Humboldt Pageant
Doors at 7 p.m. |\$25/\$20| 18+

Sunday Nov 17
TEDxYouth@HumboldtBay
Doors at 11 a.m. All ages
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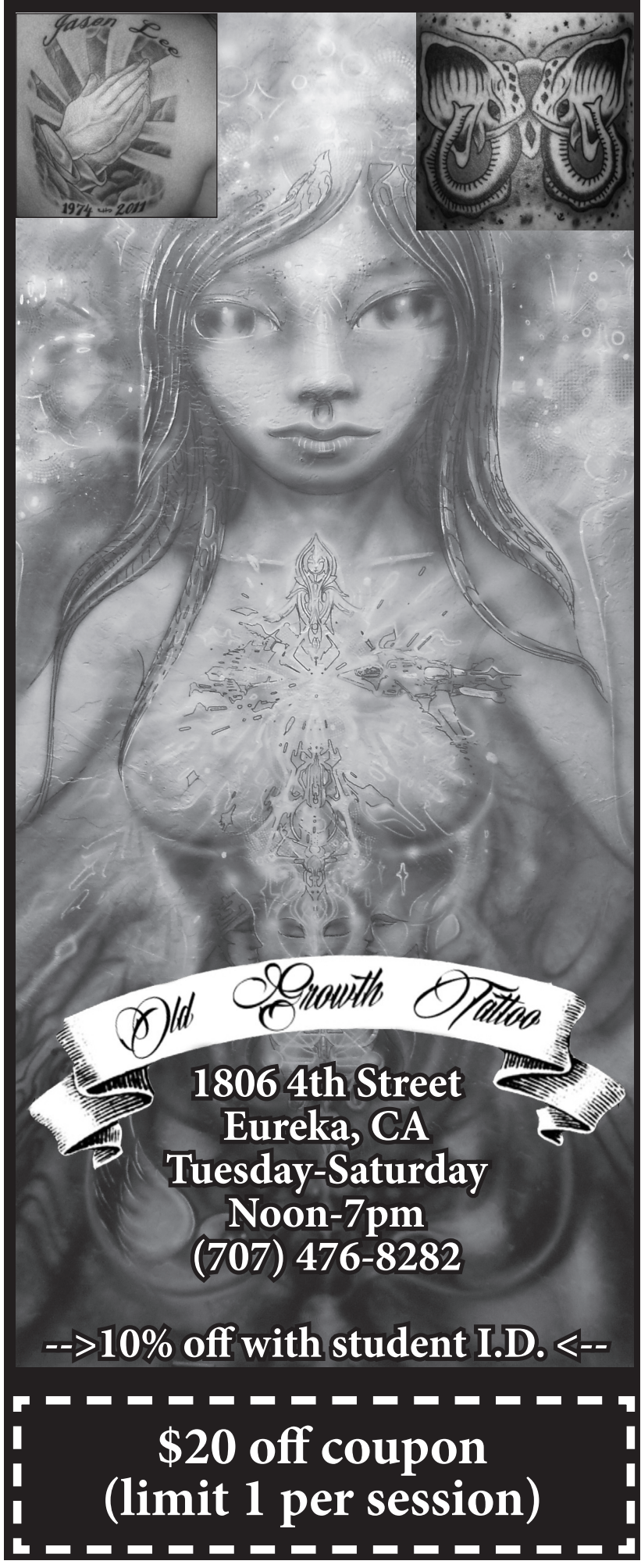
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Mapping a new future
for the library

Digital age makes paper maps obsolete

CAMPUS
by Karl Holappa

Students converged on the library Thursday for the first dedicated map sale in the history of Humboldt State.

Almost half of the library’s collection, roughly 10,000 maps, were up for sale said Wayne Perryman, chair of Access Services Department and Acquisitions librarian at HSU.

“We’ve never done anything like this before,” Perryman said.

Perryman said the map sale was a result of reutilizing space on the first floor. More study and computer space was needed and the digital age has rendered many of the maps outdated. Some maps in the collection were moved to the third floor.

He also said that although the library has no current plans to further reduce the collection, they could do so if advances in digital mapping render the remaining collection obsolete.

“Libraries are all about striking a balance between the digital world and the analog world,” Perryman said. “There are some things we would want to retain even if it is available digitally.”

Perryman said the maps were first offered to other libraries in the Federal Depository System prior to sale. The depository system issues the maps for free to

participating libraries under the agreement that libraries do this before offering them for sale to the general public. He said the proceeds of the sale will go into a trust that is used for purchasing materials for the library.

John Taloff, circulation supervisor for the library, said that the sale was mainly of topographical maps from the U.S. Geological Survey. The maps display the various elevations, trails and physical features of the landscape. Many of the maps being sold were from states on the West Coast. Taloff said the local topographical maps from California were being retained.

Taloff said that due to the onset of digital mapping and storage, resources such as topographical maps can easily be found online. As a result, it has become unnecessary to keep physical copies of all the maps in the libraries’ collection.

“It’s not as dire for people who need that information and they can still get it, we just don’t have to devote as much physical space to it,” Taloff said. “That’s something a lot of libraries are going through with a lot of their collections these days.”

Mary Beth Cunha, lab manager of the geospatial lab Kosmos at HSU, said that the culling of maps from library collections has become commonplace. Cunha produced a list of emails that showed libraries all over the nation offering other libraries maps

prior to selling them to the general public.

An interesting feature that Cunha pointed out about the map sale is the production quality.

“If I show you two side-by-side [maps], one that came off a printing press and one that I just ordered, you can definitely see that it’s not as sharp and its not as good of a map image as the one they used to print on printing presses,” Cunha said.

The topographic maps become outdated if developments, such as new roads or housing plots, are built and if geographic events like earthquakes or other natural disasters occur, altering the topography of the region.

Cunha explained that it is important to keep scanned records of the outdated topographic maps in order to analyze changes to the landscape over time. She said the government is beginning to understand the importance of this as they move forward with digital mapping.

“When you’re writing a Word document for some paper and you keep editing and making it better and you save over the old one, the old one’s gone,” Cunha said. “Now you’ve replaced it with the newest version.”

Karl Holappa may be contacted at thejack@humboldt.edu

Nutritional aid available
to HSU students

Continued from page 1

purpose of the program is to ensure that people’s basic nutrition needs are met.

According to O’Neal, 16,675 people in Humboldt County received CalFresh benefits as of August 2013, or about 8,000 households.

However, McHugh said budget cuts may impact the program. On Nov. 1, there was a 5 percent reduction of SNAP benefits. That 5 percent came from the 2009 American Reinvestment and Recovery Act and was meant to offer a boost until the economy recovered.

“The average SNAP benefit comes out to \$1.49 per person, per meal,” McHugh said. “People think the program is intended to supplement a person’s food budget but for many that is not the case. It is the entirety of their food budget.”

McHugh said for many this means it is hard to make the benefits last all month and this could

lead to people skipping meals.

O’Neal said that California’s enrollment in the SNAP program used to be the lowest in the nation. In 2009 the state changed some of the rules for eligibility, such as removing the fingerprinting requirement.

“It is now easier to get on and stay on,” O’Neal said.

The benefits from the program can be used for things besides grocery store staples. According to Holmes, they can be used to buy fresh fruits and vegetables at the farmer’s market, and can even be used to buy seeds.

“The goal is not just to supply food,” Holmes said. “But to make sure that we’re eating better and making healthier choices.”

Tabitha Soden may be contacted at thejack@humboldt.edu

Students must not fall within one of the following exceptions:

- Employed 20 hours a week based on a reasonably anticipated monthly average
- Receiving federal or state work-study money
- Full-time student with a child under age 12
- Part-time student with a child under age six (or a child between ages six and 12 for whom adequate care is not available)
- Receiving CalWORKs
- Enrolled in a food stamp employment and training (FSET) program; or other state or local job training programs that USDA will accept.
- Does not intend to register for the next normal school term

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Tree-basing

Butane hash oils: A stone age deal with a space age feel

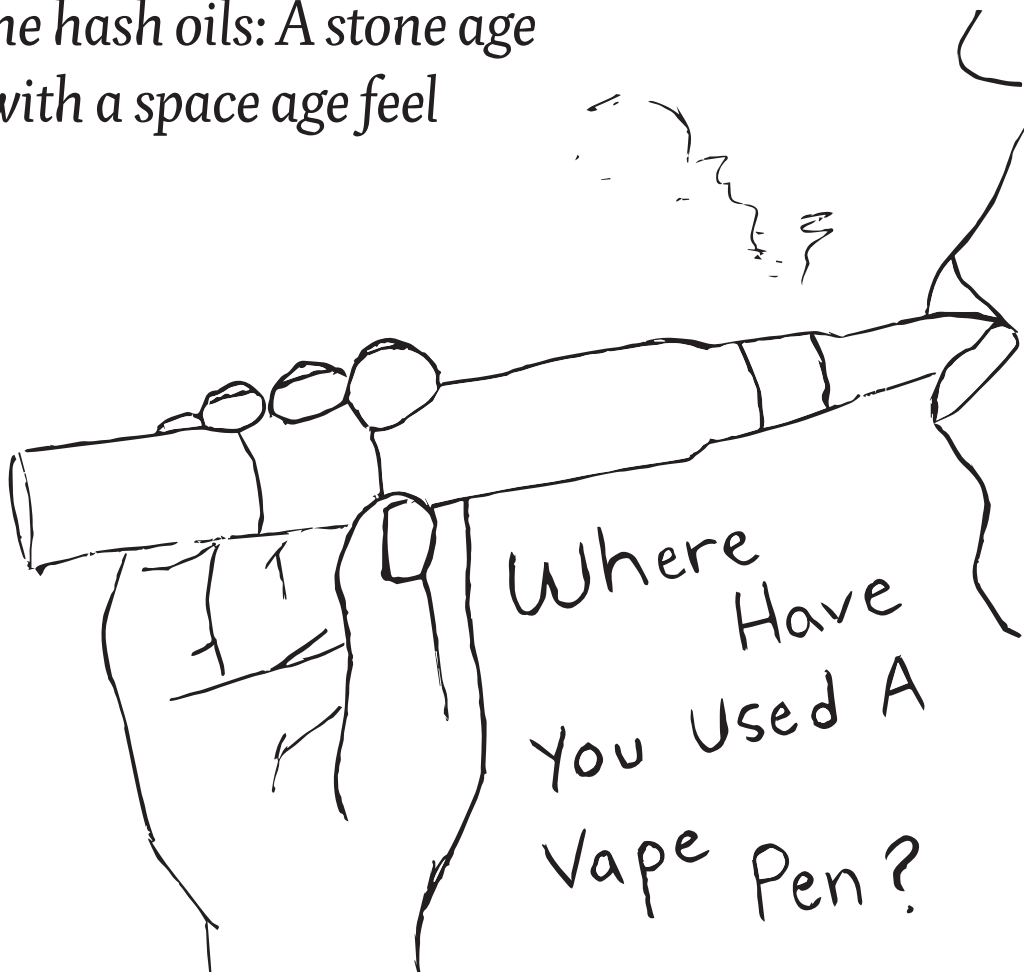


Illustration by Cheyenne Gillett

CAMPUS

by John Ferrara

Stoners are entering a technological renaissance. No longer bound by glass pipes and burning plant matter, they progress toward an age of vaporizer pens and highly concentrated hash oils.

These oily extracts contain unprecedented amounts of Tetrahydrocannabinol, or THC, and the devices used to smoke them look as inconspicuous as a common electronic cigarette.

Vaporizer pens are gaining popularity among marijuana enthusiasts as they search for better, more discreet ways of getting high.

Arthur Ecker, an employee at Humboldt Glassblowers in Arcata, has noticed an increase in vaporizer sales over the last two years.

“I wouldn’t say we sell more pens than pipes, but we have definitely lost pipe sales because of the pens,” Ecker said. “People come in strictly looking for the electronic device.”

The pens are battery-powered, handheld pipes that heat marijuana extracts by an atomizer. The drug is then transformed into a smokeable vapor.

Butane hash oils — or BHOs — vary in style and quality. There’s a viscous brown substance called “wax,” a harder crystal-like extract known as “shatter” and the traditional liquid hash oil.

BHOs are made by extracting THC from cannabis with butane. The butane is sprayed onto the marijuana, which separates and liquefies the THC. The byproduct is then filtered and heated to remove excess chemicals.

“I suspect that liquified butane is a solvent for the THC, draws it out of the marijuana, then evaporates — leaving THC and whatever else it has extracted,” said Carol Lasko, Humboldt State Chemistry professor.

However, the quality of this process varies by source and some extracts may

have less THC and more residual butane than others.

HSU economics professor and co-director of the Humboldt Institute for Interdisciplinary Marijuana Research Erick Eschker said he is in the process of writing a grant proposal to the National Institute of Health in hopes of studying these products and the effects they have on patients.

“Hash oil has been around for a long time, but this seems to be super hash oil,” Eschker said. “From what I understand, the THC levels are very high.”

Although hash oils contain more THC, Eschker said research has shown there are very low levels of cannabinoids in extracts, which are believed to be the most medically beneficial chemical compound in marijuana.

Despite the cannabinoid deficiency, an HSU student who asked to remain anonymous said that BHOs have become more trendy among pot smokers and that a lot of medical marijuana dispensaries now carry them.

However, methods to vaporize hash oils are not limited to electronic vaporizer pens.

Another phenomenon, called “dabbing,” is also popular.

Smokers take dab hits by attaching an extension to water pipes which contain a small metal slab known as a nail. The nail is heated by a blowtorch until the surface becomes hot. Then a tool is used to scoop up small amounts of extract or “dabs” and apply it to the hot surface where it is instantly vaporized and smoked.

Dabbing is more noticeable than electronic pens. The process looks similar to free-basing cocaine and thus has been nicknamed tree-basing.

“It’s very striking to pull out a torch as opposed to an old-fashioned bong and lighter,” Eschker said. “You can be extremely discreet with [pens], and you can be very showboaty and over-the-top with dabs.”

Another HSU student who also asked to remain anonymous said he prefers pens

to dabs because it is the cleanest way to smoke and they get him “super-blazed.”

Making and smoking BHOs pose many risks. The chemical process to extract the oil takes a lot of butane, which is highly flammable.

“There was a house in McKinleyville that blew up and FEMA issued a warning this year that houses were being blown up due to people producing [BHOs],” Eschker said.

According to The Associated Press, a 2-year-old boy from Eureka was badly burned in August from an explosion caused by hash oil production.

There is also the risk of pen batteries exploding when they are overcharged. Several cases have been reported this year regarding Americans who were burned when the batteries in their e-cigarettes exploded.

Vaporizer pens and e-cigarettes use the same battery technology and attachments can also be purchased that convert e-cigarettes into vaporizers.

This new common ground in delivery between nicotine and THC may prove troublesome for police officers trying to prevent those without medical marijuana prescriptions from getting high.

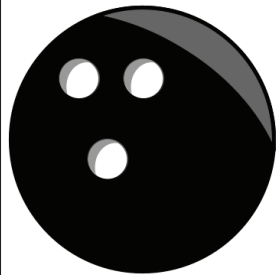
“I think this is an issue for law enforcement,” Eschker said.

Officer Melissa Hansen of the University Police Department said the vaporizers do alter the smell of marijuana and will likely make it more difficult to catch marijuana users.

BHOs can be legally purchased from medical dispensaries. However, they are much stronger than traditional marijuana. For users interested in trying the extract for the first time, remember a piece of advice you’ve probably heard before — a little dab’ll do ya.

John Ferrara may be contacted at thejack@humboldt.edu

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God First Since 1899

Brass is class

HSU’s elite ensemble to perform centennial concert

CAMPUS
by Dane Cluff

Their faces were sweaty, lips sore and bodies exhausted. Music rehearsal can take a toll on you when you travel 100 years through sound.

The Humboldt Bay Brass Band is performing a centennial concert featuring songs that represent each decade Humboldt State has been in existence. The concert titled “A Century of Brass Behind the Redwood Curtain” will take place on Saturday in Fulkerson Recital Hall. HSU students can attend for free with a student ID.

Concert goers can expect a highly spirited performance with many recognizable compositions including Michael Jackson’s “Thriller,” the theme from Super Mario and “Day Tripper” from The Beatles. Attendees will even get a chance to showcase their vocal skills as some songs call for the audience’s participation.

“It’s going to be a kickin’ good time from a kickin’ good band,” said Dr. Gilbert Cline, HBBB’s organizer, director and conductor. “Playing popular music with some serious music interludes of a century of history for Humboldt State.”

The band is composed of 14 of the best brass players on campus along with 11 community members. Students are invited into the ensemble

based on the skills they have demonstrated while playing at HSU. A roster of 25 musicians ensures competition for the spots.

“It’s exactly 25 brass players. It’s not 24, it’s not 26. It’s very formulaic,” Cline said. “It’s like making the football team and having no reserves because you don’t need any. Everyone’s always there.”

A selective process turning out talented individuals and some healthy competition combines to produce the most professional ensemble this campus has to offer.

A community member who plays the tuba for HBBB compared the band to some of his other ensembles.

“I enjoy the challenge. I enjoy the discipline of rehearsals. There’s no talking, no noodling, no phones,” Jerry Carter said. “The community bands are more social, this is more professional.”

HSU students in the band echoed Carter’s sentiments, stressing the challenges a professional setting produces.

“The music we receive in brass band is some of the most difficult ensemble music in the school. Every rehearsal is challenging and no rehearsal is boring,” McKenna Smith said.

Smith is a senior composition major who plays the cornet for the HBBB all the while juggling a full-



Humboldt Bay Brass Band rehearsing in Fulkerson Recital Hall. | Jasmin Servin

time job at Blue Lake Casino as a cocktail waitress.

“That’s 8 hours of my day that I can’t spend practicing or doing homework,” Smith said. “Balancing homework [and] HBBB is actually really hard, because a lot of us take heavy [course] loads and are in more than just HBBB.”

Wilson Bowles, a senior tuba player, also works for Center Arts. He demonstrates the dedication the band demands when a conflict arises.

“I will take the time off to rehearse or do a show, because it’s that important,” Bowles said. “It’s the one ensemble that I look forward to each week.”

Corey Tamondong, a junior who plays the bass trombone, is excited to take part in a concert celebrating 100 years of HSU history.

“It is very special to be playing in this concert, as it is with every brass band concert,” Tamondong said. “But this one will be innovative because we are following the ‘song or piece for each decade’ theme. It is an honor to be playing in an ensemble like this during the 100th year of our school.”

Dane Cluff may be contacted at thejack@humboldt.edu

.....FISH TACOS WITH POBLANO PEPPER SAUCE.....

by Ryan Nakano



Rex Sole fish tacos.

INGREDIENTS:

20 corn tortillas

FOR THE SOLE:

2 lbs Rex Sole (or other white fish)
1 medium lime, halved
2 medium garlic clove, finely chopped
1/2 teaspoon ground cumin
1/2 teaspoon chili powder
2 tablespoon olive oil
Kosher salt
freshly ground black pepper

POBLANO PEPPER SAUCE:

1 teaspoon olive oil
1 poblano peppers
1 large red onion, quartered
½ lime, juiced
⅓ cup sour cream
¼ cup cilantro
salt and pepper to taste

TOPPINGS:

1 Napa cabbage (purple if you’re going for perfection), chopped
2 medium sized tomatoes, diced
1 medium sized red onion, diced
4 limes, halved
cilantro

DIRECTIONS:

How to get fish on your dish without the ish wish swish...

- 1) Place fish in a baking dish and squeeze half a lime over it.
- 2) Add garlic, cumin, chili powder and oil.
- 3) Season with salt and pepper, and coat fish in marinade.
- 4) Refrigerate and let marinate for no more than 15 minutes (wait too long, and the acidity of the lime juice will begin to cook your sole!)
- 5) Cook in a pan on medium-high heat flipping the fish every 3 minutes, until the fish is white.
- 6) Blend poblano pepper sauce ingredients and pour over tacos.

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Cashing in on Humboldt’s name

Humboldt Brewing Company absent from local store shelves

COMMUNITY
by Ian Bradley

Everyone can agree that in Humboldt County things are just a little bit different. People joke about life behind “the redwood curtain.” It’s hard to put a label on just what makes it unique, but the area has a well-deserved reputation for a laid-back attitude.

Nectar Ales has announced that it will be reverting to its original name, Humboldt Brewing Company. Unfortunately for locals, its products are currently unavailable in Humboldt County.

Andy Ardell co-owns Arcata tavern Humboldt Brews, commonly referred to as “HumBrews.” Until 2003, HumBrews was owned by the original Humboldt Brewing Company. He said the establishment had two of the label’s award-winning beers on tap until recently.

“I am a bit disappointed that we no longer sell Red Nectar and Hemp Ale,” Ardell said. “These beers were first made in Humboldt County and people associate them with that.”

Until a year ago, all Humboldt Brewing Company products were available in Humboldt, but the company has ceased distribution to this region. Its products are available in 24 other states.

Jamie Stanfield has been a bartender at “HumBrews” for three years. She saw Red Nectar for sale in Michigan in 2012 and says that the decision to revert to the name Humboldt Brewing Company is about capitalizing on the area’s reputation.

“They want to use the name on the East Coast. Everyone’s watched A&E and knows the name Humboldt.” Stanfield said, referring to the A&E special “Pot City.”

Humboldt Brewing Company was founded in 1987 and quickly gained attention for its Red Nectar IPA and Brown Hemp Ales. It also developed a reputation for enacting environmentally conscious brewing practices such as reusing water to cool fresh batches of beer and using soy-based inks on cases made of recycled cardboard.

As the microbrewery’s popularity grew, it began to face production issues. In 2000, Firestone Walker

Brewing Company stepped in and offered the use of its brewing facilities. Five years later it absorbed the Humboldt Brewing Company and changed the name to Nectar Ales.

In 2012, Firestone Walker issued a press release that stated the company’s desire to focus on its own line of products. It was announced that Nectar Ales would be sold to Total Beverage Solution, who took the company back to its original name.

Stanfield says the change is all for publicity.

“Humboldt Brewing Company doesn’t exist anymore,” Stanfield said. “It’s just a name. Firestone brews it, Total Beverage Solution distributes it. No one

“They want to use the name on the East Coast. Everyone’s watched A&E and knows the name ‘Humboldt.’

—Jamie Stanfield, Humbrews bartender

from the original company is still involved.”

Humboldt Brewing Company beers are still produced at Firestone Walker facilities in Paso Robles, Calif. Total Beverage Solution handles distribution but the company is more than 3,000 miles away in Mount Pleasant, South Carolina.

Jessie Haggerty is the social media coordinator for Total Beverage Solution.

“We saw the opportunity to continue an award-winning brand,” Haggerty said. “We wanted to expand



The original HumBrews in the heart of Arcata. | Aaron Selig

their distribution across the country while showing the love and attention that their product deserves.”

Haggerty explained that they reverted to the name Humboldt Brewing Company to take the company back to its roots.

“Nectar Ales has a history in Northern California,” Haggerty said. “We wanted to bring back the feeling of what they originally represented.”

Vico Hernandez, a HumBrews patron and HSU graduate agrees that the rebranding is about image and questions why a product with the name Humboldt is not available in Humboldt County.

“It sucks that it’s not available anymore,” Hernandez said. “There’s no Humboldt in South Carolina, they’re just using the image.”

To promote the rebranding, Humboldt Brewing Company distributed a limited release of the 500

B.C. Double IPA in late October. A press release from Total Beverage Solution explained that the name is a “tribute the coastal redwoods that populate the original brewery’s home county, trees that are some of the longest-living species in North America.”

In keeping with its environmental roots, Humboldt Brewing Company will donate \$1 from every case sold to help preserve redwood trees in Humboldt County.

As of yet the brewing company has not found an organization to help it in this goal.

Courtney Gibson, media coordinator for Total Beverage Solution explained that while they wanted to donate more, budgetary constraints limited the amount they are able to give.

Ian Bradley may be contacted at thejack@humboldt.edu

The life and journey of Alexander von Humboldt

CAMPUS
by Maya Pszyk

Revolutionary decapitations, parrots speaking ancient languages and a trek up a frozen volcano — “Humboldt Unbound,” a stage production, captures the essence of naturalist and explorer Alexander von Humboldt.

While von Humboldt is the namesake of HSU, many students do not know much about him. That is why this production is

so important.

Directing the play is Michael Fields, a founding member and producing director of Dell’Arte International — a theatre located in Blue Lake.

“Alexander von Humboldt was a rock star in his day,” Fields said. “He was the first known geographer. He was a naturalist — maybe even the first environmentalist. He saw the world as a connected whole, not as fragmented segments.”

The show will be featured as part of

the celebration of the 100th anniversary of Humboldt State and is set to open Nov. 7 through 17 in the Van Duzer Theatre at HSU. It will also be part of an international von Humboldt conference Jan. 5 through 10, 2014, with three performances in Santiago, Chile.

Von Humboldt was an explorer who wrote about his travels in his five-volume book entitled “Kosmos” and the production takes viewers on a transcendental journey through the life of von Humboldt by emphasizing the most important aspects of his life in each scene.

“You can’t sum up a guy’s life in 90 minutes,” Fields said. “What you can do is kind of give that sense of energy — his vision ... and give a sort of sense of the man himself.”

Mark Teeter, theatre senior, will play the role of von Humboldt. He explained that the play breakdown is not your traditional chronological timeline.

“Most plays have a map that they go by, a sort of beginning, middle and end,” Teeter said, “I think that is the adventure of this, there’s not really any map, people are just going to be here then there. It’s going

to be a ride!”

Charlie Heinberg, HSU anthropology and theatre alumni of 2008, plays Wilhelm von Humboldt, Alexander’s brother. He explained that the production is not your typical historical biography of a man’s life.

“Expect the unexpected,” Heinberg said. “It takes you from one place to another to another just like that. It’s truly incredible how fast it moves through his life.”

Maya Pszyk may be contacted at thejack@humboldt.edu



Actors rehearsing for Humboldt Unbound. | Ashley Villavicencio

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TOP: Kirby Moss quoting a passage from his book on "Poor Whites and the Paradox of Privilege." | Sebastian Hedberg
BOTTOM LEFT: Gier Hernandez workshop on how the green movement is not white. | Aaron Selig
BOTTOM RIGHT: Keynote speaker Tim'm West Reading from his book. | Ashley Villavicencio

Looking to the past and the present to achieve justice

HSU community gathers to talk about race

Continued from page 1

Today, white students now make up 50.8 percent of the student population at HSU while Hispanic/Latino students make up 25.6 percent. With the increase of racial diversity on campus, HSU has gained the status of being a Hispanic-Serving Institution.

In California, the number of Latino students now make up the majority of kids enrolled in the state's public school system. Although the number of Latino students who earn a high school diploma has increased, a recent report in The Campaign for College Opportunity entitled "The State of Latinos in Higher Education" shows that not enough Latino students are graduating from college.

Marisol Ruiz, assistant professor in the school of education, believes that making education more accessible to poorer students of color is instrumental in ensuring a secure future for California.

As part of CDOR, Ruiz held a workshop called "Testimonios as a Call to Action." Students, faculty and community members were encouraged to share their stories of struggle and urgency with each other.

"To be a witness to my students and how they struggle is driving me to act," Ruiz said. "Once you are a witness to a story, you cannot stay silent."

Some of the issues Ruiz heard students vent about during "Testimonios" included stories of hunger. Many students also brought to light financial and job stresses.

Ruiz said that when she was an undergraduate, she worked 20 hours a week and still was able to concentrate on her schoolwork. Now, some students must take

on multiple jobs and even apply for federal assistance such as food stamps in order to survive through their undergraduate career.

"[Students] can't fully immerse themselves in their education if they're worrying about all of these problems," Ruiz said. "They end up [giving half the effort]."

One of the issues that HSU has tackled in recent years is that of gender and queer studies. The programs of women's studies, ethnic studies and multicultural queer studies were consolidated and made into the CRGS program in 2010.

On Monday, Tim'm T. West, author of "Red Dirt Revival," activist and poet, presented to a packed room inside the HSU library.

West connects with his audience through mediums outside of writing. He does not want to alienate people who are illiterate.

West is a rapper and a former member of the hip-hop group "Deep Dickollective." The group came together because they saw the success of performance groups such as the "Vagina Monologues."

"[We] strategically created a space for academic topics to be examined through hip-hop," West said.

West, who will have an essay published next year in "The Kanye West Reader," explained that poetry enables us to speak about experiences where race and sexual orientation intersect.

"I try to write what's common — creating a situation — and continue to write in a way that invites other people," West said.

— Dennis Lara- Mejia may be contacted at thejack@humboldt.edu

Lumberjack Word on the Street



Parker Gibson, junior, communication major

"It is a good forum and it raises awareness."

Robert Wright, junior, biology major

"They needed a bigger room so more people could participate."



What do you think about the dialogue on race presentations?



Erick Morales, freshman, cellular-molecular biology major

"It was very informative and I wanted to see others but there was no room. I didn't know about the paradox of white privilege."

William Irvine, senior, applied mathematics major

"I would like to see it publicized more."



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Dialogue on Race events

Wednesday
Nov. 6

Interactive Event

Tunnel of Oppression
An interactive event addressing the issues of oppression, privilege and power. Students will be able to participate by intervening and addressing real-life situations of oppression.

The J
5:30p.m. and 7p.m.

Thursday
Nov. 7

Keynote with
Trystan T. Cotten

Transsexual Men, Genital Surgery, and Cultural Theory
Trystan T. Cotten, CSU Stanislaus associate Professor of Gender and African American Studies, will speak on the modern transgender identity around the world.

Native American Forum
7-9p.m.

Workshop

Deconstructing HSU as a Post-Racial Campus: Current Realities, Future Prospects
In light of the controversial “not guilty” verdict of the Trayvon Martin case there will be an interactive discussion on white privilege and racism within the walls of HSU’s classrooms and beyond.

SH 109
7-9 p.m.

All week

Movie Screening
Fruitvale Station at Broadway Cinema, Eureka

Friday
Nov. 8

Workshop

HSU’s Next 100 Years as a Hispanic-Serving Institution: A Student Success Plan
Recently promoted as a Hispanic-Serving Institution within the CSU system, HSU will hold a forum discussing what this means for students as well as the university. From social responsibility to cross cultural awareness, this racial dialogue will look at student services, success and retention.

Gist Hall 218
3-5p.m.

Find the full list of this week’s events at humboldt.edu/dialogue



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	11/2/13 (Saturday) Liquid Kactus Funk and Rock
	11/8/13 (Friday) Hunter & the Dirty Jacks Rock and Blues
	11/9/13 (Saturday) Dr. Squid Dance Hits
	11/15/13 (Friday) Tripwire Rock
	11/16/13 (Saturday) Night Hawk Dance Hits
	11/22/13 (Friday) Lonesome Locomotive Rock
	11/23/13 (Saturday) 707 Rock
	11/29/13 (Friday) Roadmasters Country Rock
	11/30/13 (Saturday) Uptown Kings Blues



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SPORTS

ATHLETE OF THE WEEK

RUGBY
by Eduardo Barragan

Freshman Robert Tanielu found sanctuary in the Humboldt State men's rugby club.

"I need rugby," Tanielu said. "It's a sport where you can knock 'em down and say 'hey, you alright?'"

Tanielu said that rugby offers more to him than he gives to the team. To Tanielu, rugby gives him the opportunity to socialize and is a great use of his time. As a freshman he felt there was not much for him to do until he joined the team. The club's alumni meet in October solidified his love for rugby.

"We played these old dudes that were in their 40s and you could smell beer on some of them but they were having fun," Tanielu said. "If you play rugby you're always going to have fun. There's no doubt about it."

Luke Cunningham, vice president of the men's rugby club, said that Tanielu is making a great impression on him and the team as a rookie.

"Robert hasn't missed a practice or a tournament and he hasn't taken very many breaks. He plays a very pivotal position," Cunningham said. "We need a guy in [the lock position] to be stable, strong and reliable. He's just been that guy for us."

Tanielu is a forestry major and has a starting role as one of the rugby team's

forwards or lock position. Fall is rugby's offseason. While most teams take a break until their season is about to begin, HSU's rugby team is getting a head start this year by entering themselves in offseason

“It’s a sport where you can knock ‘em down and say ‘hey, you alright’?”

— Robert Tanielu, men's rugby forward

tournaments.

They have played in tournaments against Division I schools like the University of California, Davis but they see it as the ideal experience to humble and teach the new members about the sport. The team has lost most of its veteran players and is now filled with freshmen like Tanielu with little to no experience.

Rugby Treasurer Sean de la O said that he is excited and optimistic to see their

next season unfold.

"Three of our veterans were hit by the injury book and all of them were starters," de la O said. "Our forward pack is now composed of all these freshman like Tanielu stepping up and doing well."

Contact sports demand athletes to be tough, experienced, reliable and talented. In rugby, talent equates to strength and consistency. Tanielu said that forwards were not the team's strong suit in the past.

"Our coach said we've been doing pretty good and that he hasn't seen the team like this before. He calls us crazy freshmen," Tanielu said. "Forwards are our lacking positions but we make up for it with tenacity and attitude."

Forwards are often compared to the offensive linemen in football. The forwards clash with the opposing team to hold the line and push forward. Tanielu has played football, track and field, and lacrosse at Westview High School in San Diego. He said that rugby is the most intense and demanding sport he has ever played.

"I got knocked out for a few seconds in the first game of our tournament last weekend," Tanielu said. "I had friends walking away with stitches and broken fingers. If we aren't fully injured we won't stop playing."

Eduardo Barragan may be contacted at thejack@humboldt.edu

Photo by
Jasmin Servin



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HOME

14

HUMBOLDT STATE

FOOTBALL

11-02-13

PERIOD 4

GUEST

21

CENTRAL WASHINGTON UNIVERSITY

ELLENSBURG, WASH.

HOME

02

HUMBOLDT STATE

MEN'S SOCCER

11-03-13

PERIOD 2

GUEST

03

CALIFORNIA STATE UNIVERISTY, SONOMA

ARCATA, CA

HOME

00

HUMBOLDT STATE

WOMEN'S SOCCER

11-03-13

PERIOD 2

GUEST

02

CALIFORNIA STATE UNIVERSITY, SONOMA

ARCATA, CA

HOME

02

HUMBOLDT STATE

VOLLEYBALL

11-02-13

PERIOD 5

GUEST

03

CALIFORNIA STATE UNIVERSITY, MONTEREY BAY

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*All information gathered from HSUJacks.com

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November 6, 2013

Humboldt hooks victory in regional fishing competition

Bass team takes first place in regional competition, head to nationals in 2014

CLUB SPORTS
by Alexander Thomas

Deep in the murky waters of Humboldt State’s collegiate club system, the HSU bass team reeled in victory at the regional competition in October and are casting for a national win next year.

On Oct. 13, Graeme Lock and Derrick Hicks took first place at the FLW Western Conference Invitational in Clear Lake, Calif. with a two-day total of 10 fish weighing 41 pounds and 10 ounces. The win netted \$4,000 for the HSU bass team and qualified Lock and Hicks for the 2014 FLW College Fishing National Championship.

The second Humboldt team advancing to the to the national championship is Christopher Childers and Erich Coulter. Childers and Coulter placed 7th out of 45 teams at the Western Conference with a total of 9 bass weighing 33 pounds and 1 ounce.

HSU is the only university with two teams going to the national championship.

The FLW College Fishing National Championship will take place on Lake Keowee in South Carolina on March 6 through March 8. A camera crew will be on

each team’s boat recording the event for national broadcast. The HSU bass team will be competing with the top 50 schools in the nation.

“[Nationals] is going to be a tough one because we’re not on the East Coast so we’re not going to be able to go out there and check it out before,” Hicks said. “But I’ve already started to go over maps of the lake and read online reports. That’s what helps the most really.”

Lock and Hicks research each lake they fish extensively before a competition. They check fishing, weather and general strategy reports posted online by previous anglers. It is important to know what to expect and where to expect it.

“It’s very strategic,” Lock said.

Joe Won, president of the HSU bass team, is excited about the team’s success and the result of the national competition.

“Derrick [Hicks] and Graeme [Lock] are going to be fishing in waters that they’ve never seen before,” Won said. “It’s a whole new playground for them.”

Even if Humboldt does not place at the national competition, the victory at the Western Conference was a huge win for the HSU bass team.



Derrick Hicks and Graeme Lock. | Aaron Selig

“[The Western Conference] is the first [fishing] tournament that the school has won, period,” Hicks said. “We’ve been real close to winning before, but it feels good to finally do it.”

Alexander Thomas may be contacted at thejack@humboldt.edu

Jacks Roundup

by Eduardo Barragan

FOOTBALL

The Central Washington University Wildcats broke Humboldt State’s defense with a 14-21 victory on Saturday.

The Jacks hold a 0-9 overall record and 0-8 record in the Great Northwest Athletic Conference with only two games left in the season.

HSU has lost many players this season and saw two more join the injured list last weekend, including running back Kash Johnson and quarterback Kyle Morris. Both Johnson and Morris left the game with shoulder problems.

In the first quarter the Wildcats faked a punt and ran the ball all the way to the HSU 39-yard line. In four plays they completed a 17-yard touchdown pass.

A tired defensive unit kept the Wildcats from pushing any closer to a second touchdown.

Jacks’ linebacker Silas Sarvinski led the defensive wall earning 13 tackles. The Jacks’ defense spent 18 minutes and 12 seconds on the field during the first half because offense could not find room to move the ball.

Defense displayed effort when CWU was at the HSU 12-yard line and Jacks’ cornerback Kevin Cooper intercepted a pass. For the rest of the second quarter neither team could score.

Casey Mintz replaced Morris as quarterback for the Jacks in the third quarter and played the remainder of the game.

In the third quarter, Mintz led the offense’s first score as he found wide receiver Kelechi Nwadibia in the end zone tying the game 7-7. HSU then regained possession of the ball when the Wildcats fumbled the kickoff return. But the Jacks couldn’t capitalize

on the turnover. Just two plays later, Mintz threw an interception. After a CWU failed field goal attempt, the Jacks could not get a first down and surrendered the ball again to the Wildcats. It only took four plays for the Wildcats to move the ball 66 yards and into the end zone to gain a 7-14 lead with 3:27 remaining in the third quarter.

When the fourth quarter started, Central Washington’s defense forced a three-and-out from HSU. In the ensuing possession, the Wildcats’ running back Bryce Davis rushed the team into a first down landing on the HSU 3-yard line. They followed through with a pass extending the lead 7-21.

HSU scored on their last possession of the match as Mintz completed a 23-yard touchdown pass to Chase Krivashei in an attempt to catch up with just over 3 minutes left in the game ending at 14-21. CWU held onto the ball for the rest of the quarter to ensure their victory.

The Jacks travel to Burnaby, British Columbia, Canada to face Simon Fraser University on Saturday.

MEN’S SOCCER

California State University, Stanislaus Warriors trotted over Humboldt State men’s soccer on Saturday winning at 1-2.

HSU’s Zach Hammond leads in the California Collegiate Athletic Association in goals scored. He displayed his skills when he netted his 13th goal of the season in the first 15 minutes of the match to give the Jacks a 1-0 lead.

Trailing 1-0, Cal State Stanislaus tied the game when Christian Madrigal sent the ball into the goal at 61:02.

The game was sealed at 1-2 when the Warriors guided a pass through traffic

scoring their winning goal with 6 minutes left in the match.

They then played their last game of the season on Sunday against the Sonoma State University Seawolves. The Jacks came up short losing 3-2 and Hammond scoring his 14th and final goal in the last 7 minutes of the match.

The Jacks finished with an overall record at 6-11-1 and a 4-11-1 record in the CCAA North Division placing 5th in the conference.

WOMEN’S SOCCER

The Cal State Stanislaus Warriors shut out the Jacks 0-2 on Saturday.

In the last seconds of the match, Colette Behen attempted the Jacks’ only shot on goal of the game at 89:53.

The Warriors outshot the Jacks 1-16 throughout the bout converting 2 into scores. Ten of those shots were off target, six were on target and HSU goalie Kelly Lukas recorded four saves.

The Warriors took the first score in the first 8 minutes of the match with a free kick.

The HSU defense kept control of the game and trailed by 0-1 up to intermission. Only seven minutes into the second half, the Warriors attacked scoring the second and final goal of the match at 52:09.

The Jacks had their final game on Sunday against the Sonoma State Seawolves. After their loss, the Jacks were beat again 2-0 and finished the season with a 3-12-3 record overall and a conference record at 1-12-3. In the CCAA North Division, the Jacks placed last.

VOLLEYBALL

Humboldt State was killed in an extended fifth set by California State University,

Monterey Bay on Saturday. They lost the match against the Otters 3-2.

The first three sets were decided by the minimum two point lead but the fifth and final set went extra points.

The Jacks won the first set at 23-25 but the Otters took the next two at 25-23 and 25-18.

In the fourth set, Jacks’ Ashley Owen killed three of the last four points for a 25-27 score tying the bout at two sets apiece.

The Otters led the set 14-12 before Symone Hayden and Kaitlyn Dunaway had one kill each tying at 14-14.

HSU’s Alex Hasenstab continued the scoring pattern with a block for a 14-15 lead followed by a kill to tie at 16. The Otters finished the game with two kills sealing their victory at 18-16.


Owen finished with a Jacks’ best 21 kills, four digs and two block assists. Hayden finished with 17 kills, 14 digs, two aces, two solo blocks and one assist. Hasenstab had one solo block, one dig and one assist. Kaitlyn Dunaway got away with 11 kills, 23 digs, one ace and one assist.

HSU holds an overall record at 10-13 and a 5-11 CCAA record.

HSU travels to face two CCAA teams on Friday and Saturday. They play at University California, San Diego first and then California State University, San Bernardino the following day.

Eduardo Barragan may be contacted at thejack@humboldt.edu


Q & A Session on the Affordable Care Act



Tuesday, December 3

12:30 pm - 1:00 pm

Student Health Center Conference Room (2nd floor)



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Concerning concussions

Increase of head injury awareness

CAMPUS & NATIONAL
by Israel LeFrak

Head injuries and concussions have been the focus of safety in the sports universe. As more awareness on the treatment and prevention continues, each sport deals with providing protection for players as well as retaining the integrity of the game.

Concussions can be a difficult thing to diagnose because there is no visible swelling. A lot depends on a player coming forward about their symptoms, or coaches observing a noticeable difference in a player. Symptoms of a concussion can be headaches, confusion, a sense of detachment, foginess or haze in vision and experiencing blackouts.

Athletes failing to address their concussions have been a hindrance to proper recognition and treatment. Player pride aside, sports scholarships are awarded on a year-to-year basis. There is no guarantee the athlete will receive it the following year. However a player cannot lose their scholarship if injured, as outlined in the HSU student-athlete handbook.

While there has been a rise in the reporting of concussions in the last couple of decades, that does not necessarily mean there are more concussions happening than in earlier years. A combination of methods of detection, research and more athletes coming forward about their injuries has lead to more reported cases.

According to a 2011 NCAA study, concussion rates have remained relatively the same over an eight-year period of 2004-2011. On average there has been 1.78 concussions for every 1,000 game-related exposures for every sport. The average for football players is

2.66 concussions for every 1,000 game-related exposures.

Before every athlete participates in high-risk or contact sports they must go through baseline testing. Every athlete must take a neurocognitive test called the ImpACT test (Immediate Post-Concussion Assessment and Cognitive Testing). It tests the ability to react and remember number sequences. This allows trainers to have real numbers and data to compare when an athlete takes the test again after they suffer a concussion.

The focus of head injuries is usually on football but some other sports are also highly susceptible to concussions.

Elizabeth Larsen performed a research study at HSU in 2011 on the effect on the brain when soccer players hit the ball with their head. She found that while there was no huge risk associated, players that hit the ball with their head performed worse on their test scores than they did at the beginning of the season.

HSU Athletic Trainer Shannon Childs spends more time dealing with strained muscles or taping sprained ankles than concussions.

“There’s a four-day progression period before they’re allowed back,” Childs said. “The first day is only a 15 to 20 minutes bike session. The second day is 20 minutes on the bike. The third day is light jogging and weight lifting. The fourth day is non-contact in practice and on the fifth day they’re allowed back. If they experience any symptoms they go back to day one.”

Many football-related concussions come from extra padding in helmets. The extra padding makes players feel more confident to initiate head-to-

head contact. In rugby there are no helmets, but as rugby club President Luke Cunningham said , there is still a risk.

“The thing a lot of people don’t understand is since we don’t have helmets on, we don’t go at each other at 100 mph. There is a lot more smart tackling,” Cunningham said. “What, are you going to run and headbutt somebody? No.”

Cunningham himself has suffered three concussions in sports, one in football and two in rugby. One of his concussions was during rugby practice when he first joined the team. He fell and his head hit on another player’s knee.

The rugby club isn’t regulated by NCAA concussion guidelines and while there is a safety officer on the team trained in CPR, there is no one trained to deal with major injuries. When a major injury does occur, they are taken to the hospital for treatment.

There have been rule changes in rugby as far as the timing before contact is made when they crash together, but for the most part there have been no significant safety changes.

Cunningham said that each athlete in every sport likes to be comfortable while they are playing and that is what determines the kind of safety equipment they use. He also mentioned that every athlete understands the risk that comes with playing their sport and why they continue to play.

“We do what we do, because it’s what we love,” Cunningham said. “The beauty is in the eye of the beholder.”

Israel LeFrak may be contacted at thejack@humboldt.edu

Same school, different design

Humboldt State uniforms can mean more than just fabric

CAMPUS
by Keren Interiano

Uniforms serve two purposes: to show group affiliation and allow the wearers to function in their work. All sports at Humboldt State share the same green and gold colors, but they all have different designs to serve different purposes.

The HSU cross-country team has a capital “H” with wings on their uniforms. Scott Pesch, the head track and cross country coach said the “flying H” has been around the program (on and off) since the 1970s.

“Ultimately the ‘H’ portion is to identify Humboldt State University and their wings are an expression of ‘running so fast, that you’re flying,’” Pesch said. No one knows where the flying H came from, but the coaching staff holds the final decision, with the approval of Athletic Director Dan Collen on how team uniforms will look each season.

The uniforms for the HSU men’s soccer team are also selected and designed by its coaching staff. Head Coach Fred Jungemann will be involved with the selection and the design of the next set of soccer uniforms.

“We [the men’s soccer team] have several different uniforms and they can usually be interchanged to create different color combinations,” Jungemann said. “There is no significance to the changes, the players just like to add some variety at times.”

Some sports have a story to go with the design of their uniforms but others do not.

“The only significance to the jerseys is the representation of the

green and gold on the home jerseys. The away jerseys are all white with limited graphic,” said Chris Campbell, a business marketing major and kicker for HSU football team.

Campbell also mentioned that the home jerseys are about five to six years old and the away jerseys are three years old.

Since athletes are going to be wearing the uniforms, it is important they feel comfortable while playing.

Pesch explains that there are different types of shirt uniforms for the throwers, sprinters and distance teams.

“Our sprinters like a ‘compression’ feel while they are running fast, but our distance runners may prefer a ‘looser’ feel that is more comfortable to them while they run multiple laps around the track,” Pesch said. “Ultimately, I will provide them any type of uniform that our program can afford if it helps them perform better.”

Chris Campbell loves his home jersey because it is fitted, but not his away jersey.

“My home jersey is 3X! That is due to the fact that the home jerseys are sized by number and I am number 99,” Campbell said.

Junior communication major, Meniru Ofodu likes the design on his basketball uniform.

“They are light and flimsy and allow me to do what I love to do,” Ofodu said.

Team uniforms can be much more than clothes. They can have an interesting background story or be designed to have variety among the athletes. In the end, they can show more than distinguishing who is who on a team.

Keren Interiano may be contacted at thejack@humboldt.edu



Illustration by Cheyenne Gillet

OPINION

EDITORIAL

No time for losers

Humboldt State is not particularly known for its sports teams. As a Division II school we are often overlooked as a university that produces exemplary athletes. Unfortunately, this season did little to help.

With a football record of 0-9, women's volleyball record of 10-13, women's soccer team record of 3-12-3 and men's soccer team record of 6-11-1, it has become even easier to disregard our sports teams as serious or even legitimate programs.

According to the Humboldt State 2012-2013 Equity in Athletics Data Analysis report, 362 students participated in the athletics program. In light of the recent 2013 season losses, it would be a shame to lose the interest of potential student athletes who are currently considering HSU as their college of choice from sheer numbers alone.

It's not uncommon for both the community and alumni to give back to HSU athletics, but with continued support comes an expectation of results and a successful season, both of which we have yet to see.

On Monday, the men's basketball team lost to St. John's University Division I team in New York City 39-106. St. Johns University paid \$15,000 to bring our basketball team to New York City to play. But even with traveling expenses paid for, are these out-of-division games worth the reputation of our university's athletics?

Our sports teams need this money. The budget for the athletics department is not sufficient enough to support all our teams. With

minimal funds, the athletics department is forced to disburse it all by prioritizing some teams over others. In cases like women's crew, they are allowed very little money and have to fend for themselves. They fundraise, plan events, accept donations and even work concessions at football games just so they can afford boats.

It would be easy to put the blame on someone for

losing streaks. We can blame the coaches, the athletes or the department. Most of the teams and coaches are new, but they must feel ashamed by their current standings.

But with all the losses this semester there is still hope for our athletics programs to be successful. We saw our football team go 9-1 in 2011 as the Great Northwest Athletic Conference champions. The losses reported for this semester from our volleyball team and men's and women's soccer teams mark improvements from the past two years.

And for those of you who aren't directly affiliated with HSU athletics, you're paying fees that allow you to go to every home sporting event without buying a ticket. By investing in these programs, isn't it in every student's interest to see these programs succeed?

We reward students who pass their classes with degrees — it seems time to apply the same kind of mentality to our sports teams. The university needs to reallocate the athletic budget to the teams that consistently win, not cater to the programs who have no numbers to show.

“Root, root, root, for the home team, if they don't win it's a shame.”

It is a true shame, because when it comes to reputation, winning is everything.

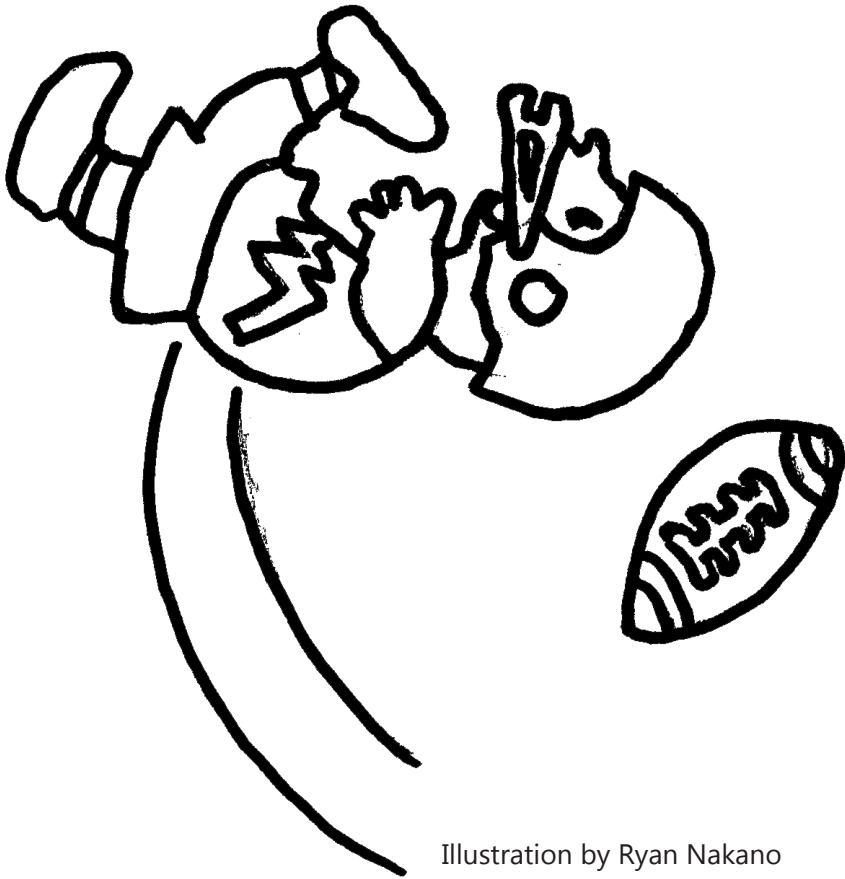


Illustration by Ryan Nakano

Prezi: College communication breakdown

by Ryan Nakano

Remember high school, when presentations meant quickly stringing together slide after slide of bullet points and clipart in the most valiant of PowerPoint efforts? It was acceptable then, putting forth minimal effort for the sake of passing our classes. But this is college, a place of critical thinking and creativity; PowerPoints just don't cut it anymore. No — in college it seems teachers and students alike are all about the Prezi-life and honestly it makes me sick both literally and figuratively.

Prezi is a presentation software developed in the United States that can be accessed through the cloud. Established in 2009, Prezi has been well-received in both the business world and higher education as a “creative” way to format and organize information.

I must admit, when I first came across the software I thought it was great. The whole idea of floating through your presentation in a 3-D space and zooming in and out of individual frames felt refreshing, especially compared to PowerPoint. But after three years of sitting through Prezi after Prezi, I've grown less enamored.

A couple of weeks ago I sat watching a group of my fellow students fumble through a group presentation on identifying race in Humboldt County. The first thing I noticed

was how heavily they relied on Prezi to carry out their presentation. The one student in the group who had access to the Prezi was running late to class, and instead of going ahead with their discussion, the group proceeded to wait around, trying to buy time.

While I waited, I started to think about the amount of money my parents were spending for me to sit in a classroom waiting, thinking about the amount of money my parents were spending for me to sit in a classroom waiting ...

But even with the presentation underway, my aggravation progressed and I noticed it wasn't just me.

“Ahhh c'mon bro, by the time I'm finished reading this I already know what your presentation is about,” said a student sitting next to me. “There's no point in reading it aloud.”

And he was right. Since the beginning of my college career, both students and teachers have been reading straight off of slides in order to introduce information and it's entirely inefficient.

In my attempt to understand why I hate Prezi so much, I spoke to Kimberly Vincent Layton, an HSU communication lecturer and instructional technologist.

Layton, who is often asked to introduce Prezi to teachers and students on campus,

sympathized with my concerns but emphasized the responsibility of the user versus the tool.

“Prezi — like PowerPoint — is a tool; it can be used effectively and ineffectively,” Layton said. “But whatever tool you use, it should never be the focus of the presentation.”

Layton went on to explain the common misuse of both PowerPoint and Prezi by citing the overuse of text-heavy slides and distracting theatrical elements such as flying-in text effects and elaborate slide transitions.

And I agree — there are ways to use these tools in a more efficient way. The unfortunate reality is that many students and teachers neither take the time nor put forth the thought to do this.

Which brings me back to why I hate Prezi.

The software accentuates all the elements that made PowerPoint so frustrating.

Outside of the dizzying 3-D zoom feature, Prezi is essentially PowerPoint 2.0. The default format of the software still relies heavily on separate slides and spatial transitions that honestly distract the audience from the real message being conveyed.

“Woah, check out that sweet background theme!”

“Omg, did you see how their slides transition from the trunk of that tree to the

top of its branches?!”

“Wait, what was their presentation about?”

Who cares? They used a unique Prezi that made me both dizzy and utterly confused about how their information was spatially related based on the organization of their magnified slides.

Instead of focusing on the presenter, we tend to focus more on the tool of presentation itself.

I can't count the amount of times I've heard “Wait, can you go back to the previous slide?” while a teacher gives a lecture off a PowerPoint or Prezi.

And really, is your Prezi that creative? Since when did prefabricated backgrounds and gimmick zoom-in-transitions take any creative thought from the presenter?

I understand people love visualization, but I am concerned that we as college students compromise both our creativity and critical thinking for it. There are so many different ways to present information effectively, from whiteboard drawings to interactive PDFs.

So maybe we escaped “death by PowerPoint,” but how long will it take for us to leave the Prezi life behind?

Ryan Nakano may be contacted at thejack@humboldt.edu

Information gathered through an article written by Kimberly Vincent Layton 2011 on Effective Presentations:

1. Create goals.
2. Reduce content.
3. Make it clear.
4. Don't let the technology be the presentation.
5. Observe the 10/20/30 Rule of PowerPoint.
6. Use visual aids
7. Add variety and interaction.
8. Resist the urge to read your slides
9. Move around the room and make eye contact.
10. Plan for a disaster

Who Care? Obamacare! Really? Nah- Healthcare for all means broke for all

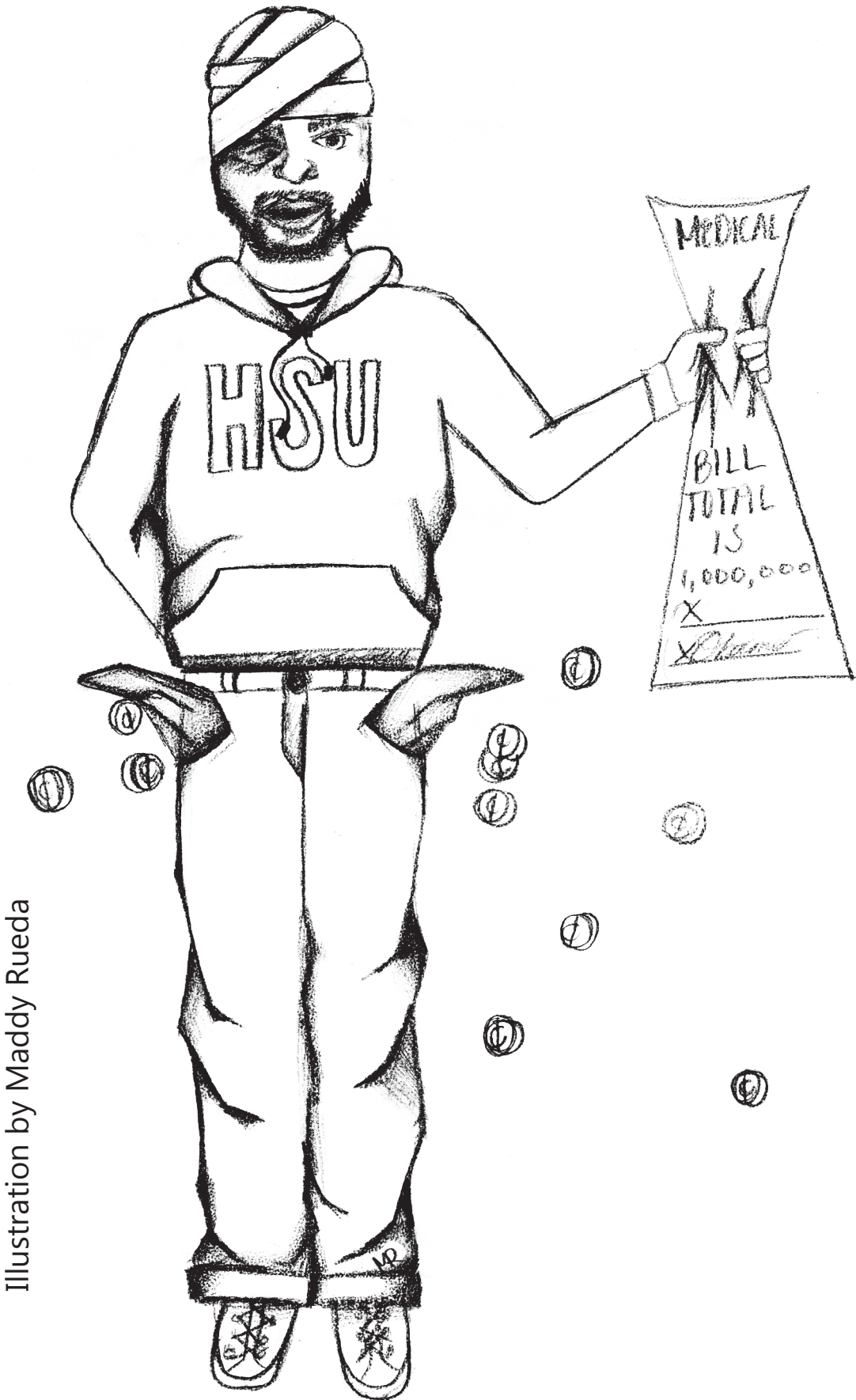


Illustration by Maddy Rueda

by Emma Wright

For those not politically inclined, the Affordable Care Act, commonly referred to as “Obamacare,” enrollment has begun. Through Dec. 31, open enrollment in an Obamacare healthcare package is available to you.

In California, the site you need to visit is called the Marketplace, where you can shop for the cheapest available healthcare plan that meets your needs and the new requirement passed by Congress. Now, as a political science major, it is important for me to mention that if you are not currently covered under a healthcare plan, you are legally required to find private health insurance by Jan. 1, 2014 or face tax penalties for not complying with federal law.

With that said, the Affordable Care Act is not

affordable at all — at least, not by my standards. Although I am lucky and am one of the few in California who is offered a health plan by my company, I took the liberty of looking up estimates in the Marketplace. Since I run a business locally, I have 10 employees who are no longer eligible for medical coverage from my company due to the new law. As a result, I need to explain to them the negative repercussions of not enrolling in an Obamacare plan for the new year. When plugging in my household size, income and age, the rates were astronomical. The cheapest coverage was \$157 a month with a \$6,350 deductible for the year. Now, based on my income, I do not qualify for assistance or any reduction in cost. Therefore, I would be paying an average of \$8,234 a year for my medical coverage. That is one-fourth of my

annual income.

I am sure most of you understand the figurative phrase “starving college student.” How many of us have car payments, student loan debt and monthly rent?

I consider myself lucky to make the yearly income I make, but I know that realistically speaking most of my peers do not make nearly that much. If the Affordable Care Act is supposed to allow poor folks to obtain health care packages, then why are people who make \$15,000 less than me also required to pay this much a month or year?

It gets worse. The most expensive plan I could buy is more than \$340 a month. Who has that much disposable income to pay for health coverage? Not me! In fact, most people in this country probably don’t. The majority of the American people cannot afford this “affordable” mandated law. Both my father and my stepfather are employees of the federal government and are thus covered by federal insurance plans. The premiums my parents pay per month are more than \$400.

Under Obamacare, their premiums per month are expected to triple. In a family of five, my parents are about to spend a third of their monthly income paying for medical coverage. Outrageous!

Although health coverage for all is admirable and necessary, I have to ask, at what cost?

Obviously, the repercussions of this law are simply two months away. The average American cannot afford to pay these costs, we can barely afford to pay for a standard of living without medical insurance. More than a million California residents have received notifications that they will no longer be offered medical coverage through their employers. Furthermore, most companies with more than 10 employees have cut hours and refused overtime to non-management persons due to this law. Now, not only do these people have to purchase private insurance, they now have lost a substantial part of their income that would have paid for this private insurance.

Did I mention that Obama, Congress and all White House staff — including the Secret Service — are exempt from this law? The humor in this is that they are the only people in this country with the disposable incomes to pay for this “affordable” coverage.

The Affordable Care Act is a fantasy!

We all want health coverage, we all want to be able to see the doctor without high cost and without suffering for years to come. Unfortunately, this law has not achieved that. I urge you to get online, run the numbers and prepare yourselves for serious financial hurt. Luckily many of you will be covered by your parent’s insurance until the age of 26 if they are kind enough to let you. Others will be facing this Obamacare nightmare. I am willing to bet that those stuck in the nightmare will never be sicker than when shopping in the Marketplace.

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This is your newspaper.
Be a part of it.

The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published on Wednesdays during the school year. Views and contents of The Lumberjack are those of the author and not necessarily those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-third majority opinion of the editorial staff. Opinions expressed in editorial content and columns are not necessarily those of Humboldt State University. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students or Humboldt State University.

The Lumberjack Submission Policy

Send submissions to Opinion Editor Ryan Nakano at
rhn7@humboldt.edu

Include “Attn: Opinion” in the subject line for email submissions.

Guest columns may not exceed 750 words.

New contributors may be given preference over returning contributors.

Include your name, telephone number, city of residence and affiliation with relevant campus or community organizations.

HSU students: please provide major and class standing.

We also welcome cartoons, spoof articles and other items.

Send letters to the editor to
thejack@humboldt.edu

Include “Attn: Letter” in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

All submissions must be received by 4 p.m. the Friday preceding publication.

All letters and columns may be edited for grammar, spelling and clarity.

We reserve the right to edit pieces that contain libel, slander, hate or discriminatory speech and pieces that may incite violence.



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CORRECTIONS

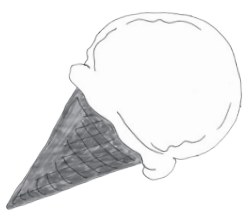
In “Policing the plaza” in the Oct. 30 issue of The Lumberjack, the jump is incorrectly said to be on page 9. The jump should read page 4.

The photos for the article “Dead or alive” are missing attributions. The photos were taken by photographer Manuel Orbeagozo.

The artist Cheyenne Gillet was not credited for her ghost graphic on page 3.

The scoreboard for the women’s soccer team incorrectly displays the score “01” for the guest team. The correct guest team score should be “00”.

Puzzles Page



Where's Rollin?



It is hard enough to find Humboldt State President Rollin Richmond in real life ... but can you find him in The Lumberjack?

Cartoon Rollin is hidden somewhere in the paper. If you find him, email the answer to thejack@humboldt.edu with the subject "ATTN: Where's Rollin?"

Last week's winners

Where's Rollin?
No winner

Where Is This?
Deborah Engelhardt

Last week's Crossword Puzzle answers



Where is this?



The following photo was taken somewhere on the Humboldt State campus. Do you know where? Email your answer to thejack@humboldt.edu with the subject "ATTN: Where is this?"
Last week's photo was taken in on the east wall of Gist Hall.

The Lumberjack trivia

- 1. How much money did the Humboldt County Department of Healthy and Human Services give Humboldt State?
- 2. Who will play Alexander von Humboldt in Humboldt Unbound?
- 3. Who is the president of the HSU men's rugby club?
- 4. How much money will the Humboldt Brewing Company donate per case of 500 B.C. Double IPA to preserve the redwoods?
- 5. What size is Chris Campbell's home jersey?

Weekly Sudoku

Difficulty: medium

			7		2	3		
		2	6				9	5
	4		1				7	
	2	5						7
	7						1	
1						2	6	
	8				5		3	
2	3				6	7		
		1	3		4			

CLASSIFIEDS

BOOKS

TIN CAN MAILMAN BUYS BOOKS, including TEXTBOOKS for cash or trade credit. Huge selection, open daily. Corner of 10th & H Arcata .Buyer on duty 11-4 Mon-Fri

HELP WANTED

Need a job in the spring semester? The Lumberjack Newspaper is hiring for the following positions:

Student Advertising Representative: Position begins January 2014 with training at the end of this semester. Candidate must have excellent people and communication skills. Job involves communicating with clients through emails, phone calls, and in person coordinating ad sales, changes/ edits with ad designers and various other duties. Experience is a plus but not necessary. Must be enrolled in at least 6 units at Humboldt State. Salary is paid by commission. Hours are flexible, but the busiest days are Fridays, Mondays and Tuesdays with some work on Wednesday and Thursdays. Application deadline: Friday, November 15 at 4 p.m. Please send a resume and a cover letter to LJNPads@humboldt.edu.

Newspaper Delivery Driver: Position begins January 2014 with training at the end of this semester. This job consists of distributing newspapers to various locations across Humboldt County on Wednesdays, rain or shine. Candidate must be able to handle lifting and carrying newspaper bundles for various distances from delivery van to drop-off points. Candidate must also be at least 21 years old (university requirement for driving delivery van). The job pays \$10 per hour and usually takes between 5-7 hours to complete the route. Application deadline: Friday November 15 at 4 p.m. Please send a resume and cover letter to LJNPads@humboldt.edu.

Deadline to submit all materials is Friday, November 15 at 4 pm. Send all requested materials to LJNPads@humboldt.edu. Interviews will be conducted the week of November 18-22.

Sushi Tao

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49ER ROLL
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HUMBOLDT STATE UNIVERSITY

centeractivities

WILDERNESS FIRST RESPONDER

Jan 8-17

\$590 HSU Students
\$640 All Others

\$20 off for those who register before December 2!

Come and sign up in the Recreation & Wellness Center
(707) 826-3357
www.humboldt.edu/centeractivities

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plaza grill

Come in before or after studying for a well-deserved meal or beverage for the best happy hour in town!

Serving Nightly
Sunday-Thursday 5:00 - 9:30 pm
Friday & Saturday 5:00 - 10:00 pm

Small Plates \$5
garlic cheese fries
calamari
sweet potatoe fries
Buffalo blue cheese
Brussel sprouts

Late Night Happy Hour
Sunday - Thursday 9:00 - 11:00 pm
Friday & Saturday 10:00 - 12:00 pm

Late Night Happy Hour
well drinks & pints \$3
shots of Jameson & Corralejo \$4
glass of house wine \$4
cosmos & margaritas \$5
shots of Grey Goose \$5

Early Bird Happy Hour
5:00 - 6:00 pm

Bar Specials
well drinks & pints \$3
\$7 off a bottle of wine
\$2 off specialty cocktails
\$4 glass of house wine

Featuring great appetizers, salads, burgers, steaks and seafood.

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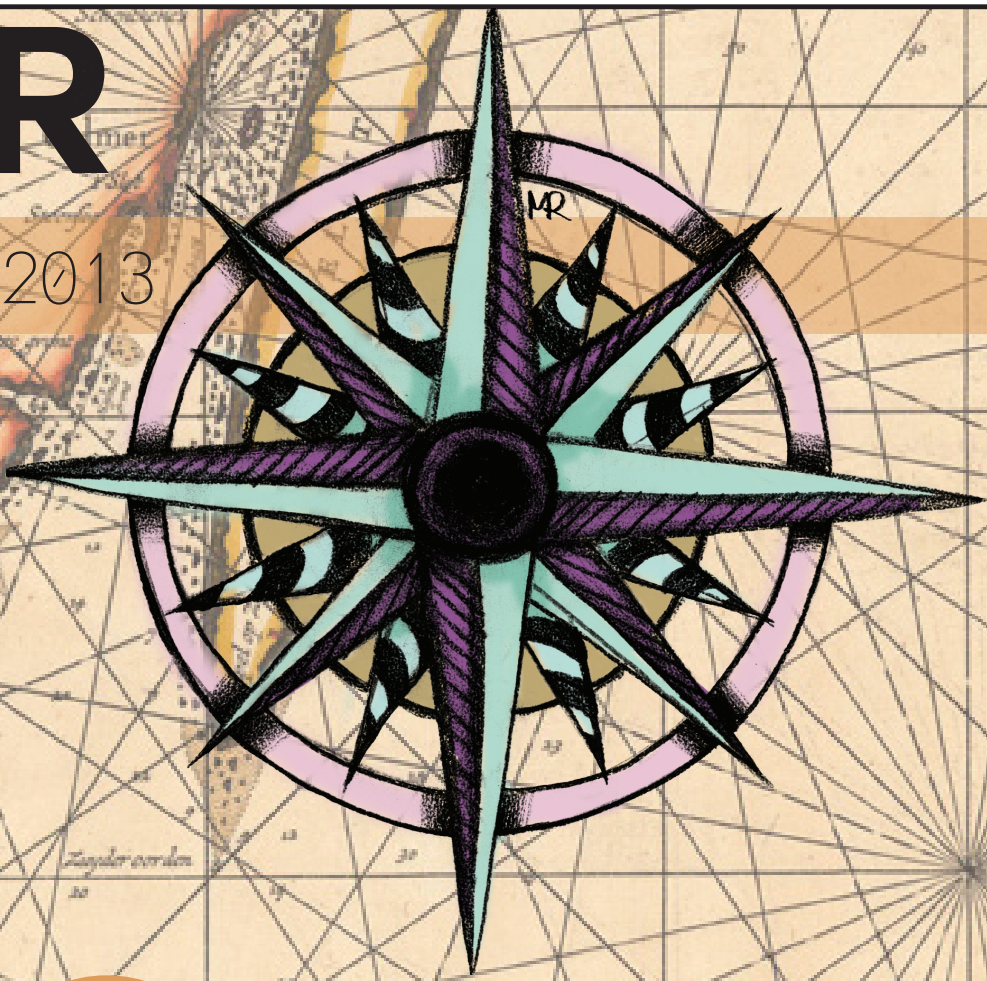
Family Owned and operated in Humboldt County since 1973

Direct Repair service

Union Labor
Force #1596
I-CAR Certified

CALENDAR

November 7, 2013 - November 11, 2013



Thursday
November
• 7 •

“The Whale”

For its monthly ocean night, Arcata Theatre Lounge will show “The Whale,” a documentary about a young killer whale named Luna that is separated from his pod on the coast of Vancouver Island, British Columbia.
Arcata Theatre Lounge
6 p.m.
\$3

Thursday
November
• 7 •

Map and Compass Navigation

Develop your map and compass skills at this workshop which will include classroom presentations and outdoor practical experience. The course will also meet on Saturday, Nov. 9 from 9 a.m. to 2 p.m.
Recreation and Wellness Center
6 - 8 p.m.
Free

Friday
November
• 8 •

Far East

Far East is a play about three U.S. Navy personnel and one Navy wife stationed in Japan during the 1950s. The play was written by A.R. Gurney and directed by Craig Benson.
Redwood Curtain Theatre
8 p.m.
\$15

Friday
November
• 8 •

The Indigenous Art Coalition

The Indigenous Arts Coalition from the San Francisco bay area will be featured in Humboldt State’s Goudi’ni Gallery in “Artists from The Indigenous Arts Coalition present: post contemporary.” The group, originally founded in 2008, incorporate mediums such as painting, installation, sculpture, mixed media and video.
Goudi’ni Gallery
5 to 7 p.m.

Saturday
November
• 9 •

HSU Vets 5k/10k

Humboldt State Veterans Enrollment and Transition Services (VETS) hosts its third annual run/walk. Registration begins at 8 a.m. and the ceremony begins at 9 a.m. All proceeds go to the outdoor program for student veterans and assist in transition from military service to student life.
Redwood Bowl
10 a.m.
\$30

Monday
November
• 11 •

Campus will be closed in observance of Veterans Day

Illustrations by Maddy Rueda



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noon to 11 pm
Friday & Saturday
noon to 1 am

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Photo by Zach Dischner

patagonia

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OR OUTDOOR RESEARCH

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Thursday Nov. 14th
6 pm - 9 pm

Tuesday Nov. 12th
6 pm - 9 pm

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