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Vol. 103 No. 9 www.thelumberjack.org Wednesday October 30, 2013

Photo by Sebastian Hedberg

THE LUMBERJACK

CHECK OUT A HALLOWEEN-THEMED ARTICLE EVERY TIME YOU SEE THIS STAMP!

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Pumpkin spiders can scare even the most brave students out there, when up close. | Sebastian Hedberg

Walking into spiderwebs

Fear of spiders perpetuates brown recluse myth

COMMUNITY
by Tabitha Soden

Spiders are out in droves this fall. Webs covered with dew can be spotted all over campus as temperatures drop. Those afflicted with arachnophobia wince while passing by these eight-legged creatures. Fear not! The spiders are not here to harm you. Or are they…?

Anxiety over the brown recluse spider and its venomous bite has continued for years. There is no merit to these claims, according to the premier expert on the subject, retired entomologist Rick Vetter.

Vetter is a self-proclaimed crusader against the brown recluse myth and a former teacher at the University of California, Riverside. He has spent the past 15 years trying to educate people on the subject.

According to Vetter, the brown recluse is more common in the South and Midwest where they are native, and the handful found further north are usually stowaways in transcontinental shipping lines.

Michael Camann, a professor of biological sciences with a focus in general entomology and insect ecology at HSU, also believes the myth is unfounded.

"There are no recluse spiders in Humboldt County. None. Never have been," Camann said.

Vetter completed his master's thesis on the black widow spider in the late 1970s. He said the myth of the brown recluse spider in California is perpetuated without any scientific backing.

"The only spiders Humboldt County residents need to concern themselves with is the black widow," Vetter said.

Black widows prefer drier climates than what is found here among the redwoods. "They are not that common," Vetter said, "but [in Riverside] I could point out 60 an hour.

Despite these reassurances, many members of the student population are still afraid. Sophomore art history major, Ann Valdes said that she will "flip the shit when a spider gets on me. It's not a good moment."

Casey Novelle, a senior environmental science major, said there is a bush outside her house with seven or eight big spiders on it.

"After two years of living here I am not as afraid, but I definitely wouldn't want one to get on me," Novelle said.

Tabitha Soden may be contacted at thejack@humboldt.edu

Policing the plaza

Students disagree with police action on Halloween

COMMUNITY
by Patrick Evans

On Halloween night, the streets of Arcata fill with costumed partiers. Last year's revelers were joined by 36 police officers from the Arcata, Eureka, Fortuna, Ferndale and Rio Del Police Departments, as well as University Police and Humboldt County Sheriffs.

Arcata asked outside police agencies to help control the rowdy Halloween crowds in 2012, after they caused $30,000 in damage to the plaza and local businesses in 2011. Crowds in 2011 climbed and spray-painted the statue of former U.S. president William McKinley and threw bottles at police.

Some students at Humboldt State say the increase in police presence has done little to protect the community and stop crowd violence. Neither the City of Arcata or the APD has confirmed whether the plaza will be fenced-off and heavily-policed this year.

HSU junior environmental science energy and climate major Jenna Bader said that during Halloween 2012 she saw police stand by as fights broke out in front of plaza bars.

"A lot of officers were just guarding the plaza square; there would be fights in front of the bars, where people would be hurting each other, and the cops weren't leaving their station," Bader said.

She said it seemed like the night was made more tense by the barricades and police vans waiting to take people to jail and her personal experience was particularly heinous.

"I was the victim of police brutality last year on the plaza and that's all I want to go into it," Bader said.

Bader said she had not heard any warnings on campus about Halloween on the plaza, and the campus had not made her aware of her rights when dealing with police.

She first heard about student rights in the Know Your Rights workshop that was held on campus Monday night and taught by Natalie Treacy, a peer educator with the Student Health & Wellness Center.

Treacy, HSU senior and critical race gender and sexuality studies major, organized the workshop to teach students what their rights are when interacting with police.

Treacy was inspired to organize the workshop after her own negative encounter with police last year. She said more police would not make students or locals safer.

"I don't think its in the best interest of police to look out for youth and students," Treacy said. "They're looking out for this metal sculpture instead of people."

Most students are not aware of their rights when they go out to party, so it is important for students to educate themselves and support one another she said.

"Say, 'I don't consent to being detained,' ask for a lawyer," Treacy said.

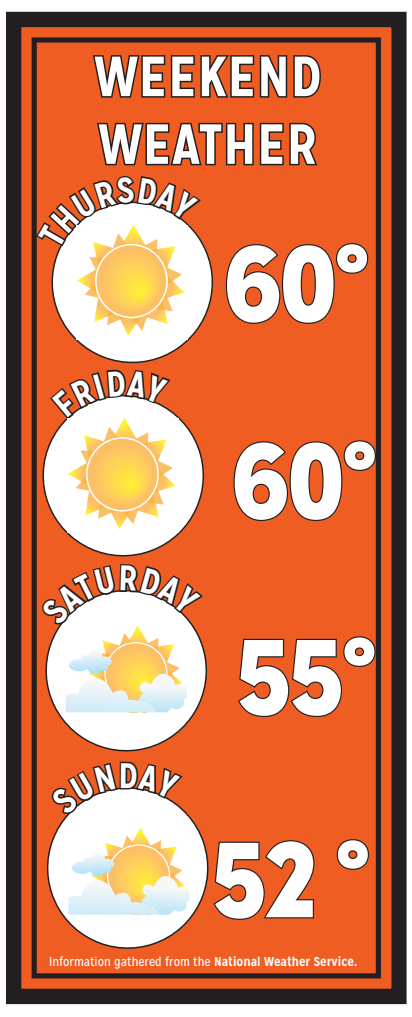
Treacy said Arcata has not involved students in the effort to make Halloween a safer night. She said some solutions were as simple as having student volunteers collect trash and watch crowds during Halloween night.

"If there was cooperation, I think there is potential to create a safer environment," Treacy said.

Mark Wheetley, vice mayor of Arcata, said Halloween has gone out of control in the last two years. The cost of Halloween this year could be at least $20,000.

"Damage and vandalism is

*See **Plaza** on page 9*



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Close encounters of the Humboldt kind

Multiple UFO sightings reported within county

COMMUNITY
by Karl Holappa

Residents of Humboldt County are seeing strange objects in the sky and hallucinogenic drugs cannot be completely blamed for the occurrences.

According to two databases, there have been eight UFO sightings in Humboldt County over the last year. The two databases, Mutual UFO Reporting Network (MUFON) and The National UFO Reporting Center, are the most comprehensive of their kind in the United States.

At approximately 6 a.m. on Oct. 18, 2012, a witness in the rural Jacoby Creek Valley saw a round, flame-colored object hover for almost 10 minutes in front of a mountain. They originally thought it could be a forest fire, but quickly ruled that out. They described it as a perfect, glowing radiance with star-like prongs coming off all around the circumference.

At 12:55 a.m. on Feb. 24, a witness saw approximately 50 orange orbs rising over the ocean off Eureka. The orbs all traveled in the same direction, but with erratic movements and varying paths. As they moved from northwest to southwest they would eventually disappear. The sighting was long enough for the witness to wake his wife so she could see them.

"There's something very strange going on in your area," said Ruben Uriate, state director at MUFON.

Uriate said California tends to lead the nation in UFO reports, most likely due to its population and geographic location.

Most of the sightings tend to happen in populated areas, such as Eureka and Arcata. Uriate said that many of the sightings come from smokers that are outside having a cigarette, as they tend to look up in the sky while doing so. Reports also often come from drivers on Highway 101 in more rural areas of Humboldt County.

Uriate said that the topography of Humboldt along with its proximity to both mountains and the ocean and the county's relative remoteness could play a part in the abundance of sightings. He said that the objects often approach from the

*See **UFO** on page 9*

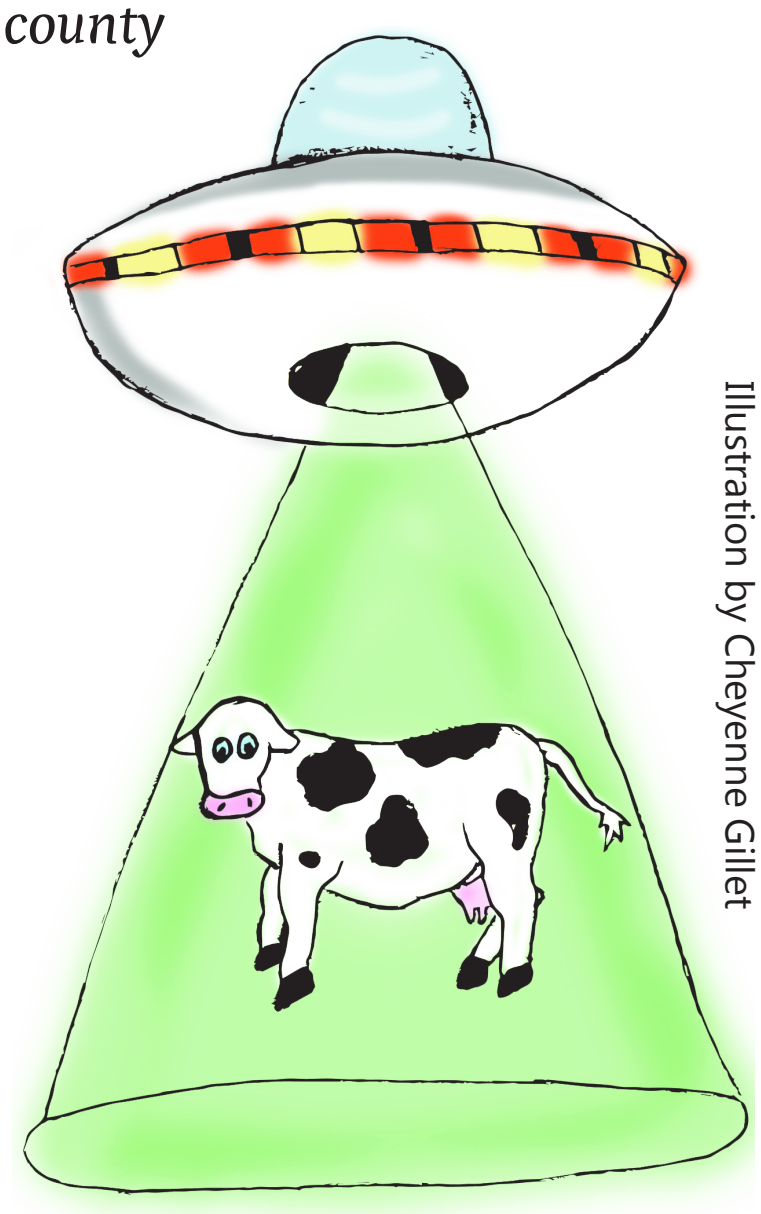


Illustration by Cheyenne Gillet

UPD BYTES

Compiled and written by Kevin Forestieri and Eli Rohl

October 23

12:15 Someone was concerned about a male in the library parking lot on Plaza Avenue who had not moved or been responsive for more than five minutes. He was looking down.

… if you believe that you were the subject in this report, please let me know if you were on your iPhone. I've got money on this one. - Eli

15:17 Someone at the Plaza Circle was throwing tennis balls at cars and people.

It's only funny if you keep shouting "YOU JUST GOT SERVED" to your targets.

21:10 Someone in the College Creek Marketplace reported their cellphone had been stolen while it was charging in the lunchroom area.

The same person was later found leaving their credit card and social security number lying around.

22:49 A student was admonished for camping in front of the Natural History Museum and told to leave.

#OccupyNaturalHistory

October 24

13:37 Several people were playing on the soccer field with their dog, but left before officers arrived.

Oh deary me, someone is playing soccer on the soccer field!? SOMEONE CALL 911!

(Note: The preceding italicized text was a joke. The Lumberjack does not endorse or condone dialing 911 for anything other than emergencies.)

19:36 Someone was wandering around in The Depot, disrupting customers.

Then everybody realized that it's impossible to disrupt Depot customers because it's The Depot — "disruptive" is the ambient atmosphere.

October 25

17:06 There was a disagreement over a parking spot in the FS-7 parking lot near Van Matre Hall.

Pretty sure we've run like, three editorials about this during this semester alone. Come on people, get with the times.

October 26

00:27 An intoxicated male was walking in and out of traffic on L.K. Wood Boulevard and Sunset Avenue.

Playing Frogger in real life is not advised.

Smoke and no fire

False alarm evacuates Depot

Smoke filled the air above Humboldt State Wednesday morning, but not the skunky-smelling illegal kind. Students and staff evacuated The Depot at 10:50 a.m. when a kitchen exhaust vent backed up and began to leak smoke.

A video posted online on Wednesday showed a large crowd of students waiting in the quad. No damage was done, according to the HSU News and Information office.

Vendors in The Depot use exhaust vents placed over each stove, known as hoods, to funnel smoke out of the kitchens.

"There's one hood that's not functioning right now, and the next one got overwhelmed," said Police Chief Lynne Soderberg of the University Police Department. "That happens every once in a while."

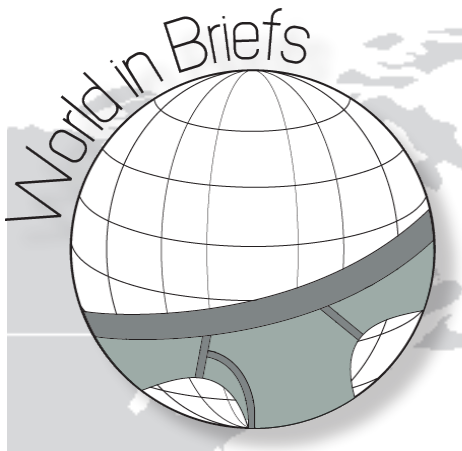
Soderberg said the UPD was required to react to any fire alarm like it was an actual emergency, though in this case police and firefighters found out quickly that there was no fire.

She said accidental fire alarms are a common problem. On Friday, the UPD responded to an alarm at the Student Recreation Center that went off when a softball smashed an emergency sprinkler.

"We try not to be complacent," Soderberg said. "Anytime an alarm goes off, the building has to be evacuated."

Compiled and written by Patrick Evans and Ryan Nakano

Continued on page 4



Saudi Arabia

Sixty women in Saudi Arabia claimed they drove cars on Saturday to protest a ban that prevents women from driving. The ban has roots in Wahhabism, an Islamic interpretation that warns women driving could unravel the very fabric of Saudi society. The women who drove in the protest faced little opposition from police.

Eritrea

A United Nations envoy said Eritreans attempting to flee the country risk being shot by their own troops under the country's shoot-to-kill policy. Despite the policy, between 2,000 and 3,000 Eritreans flee the country every month. Hundreds of Eritreans died earlier this month in a boat accident attempting to flee the country.

Colombia

The Fuerzas Armadas Revolucionarias de Colombia — Ejercito del Pueblo, a revolutionary military organization in Colombia, freed a former U.S. marine they kidnapped in June. The marine had been backpacking through a "red zone" for rebel activity and was warned by police. The FARC is listed as a terrorist organization by the United States and the European Union.

India

Torrential rains flooded the southeast Indian states of Andhra Pradesh and Orissa last weekend, killing 39 people, flooding roads and forcing 70,000 people to evacuate. Relief workers continue to rescue the hundreds of thousands of people stranded in flooded, coastal communities.

Germany

A news report by a German magazine Saturday found the United States has tapped into German Chancellor Angela Merkel's phone for more than a decade. The report comes two days after a report by British newspaper The Guardian revealed documents suggesting the National Security Agency has spied on 35 world leaders since 2006.

Compiled and written by Kevin Forestieri

Sources: Al Jazeera, Reuters, New York Times, Associated Press

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NEWS

Vampire trees

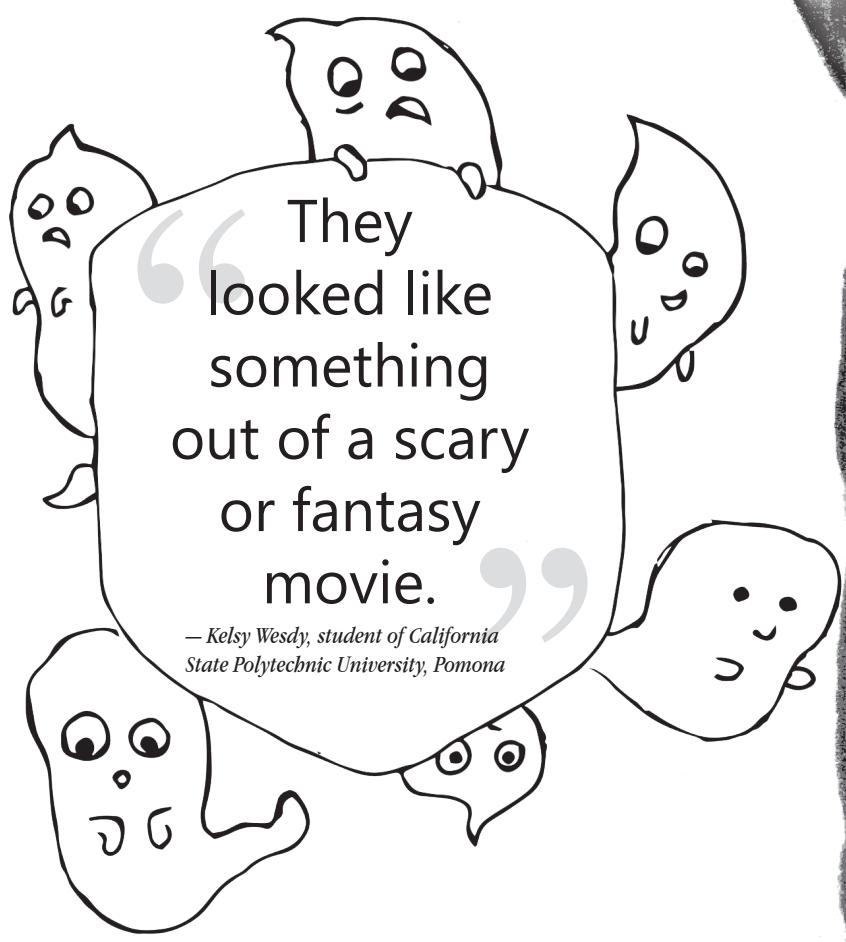
Rare albino trees haunt Humboldt County

COMMUNITY
by Keren Interiano

Humboldt County is known for its enormous, beautiful redwoods. But if you look closely at the towering giants, you might spot some with white leaves. These ghostly-looking trees are called Albino Redwoods.

Kelsy Wesdy, a sophomore and marketing major at California State Polytechnic University, Pomona, was visiting the area for the weekend and wanted to see the redwoods that she heard so much about. While hiking in the Humboldt Redwood State Park she had the chance to see them up close.

"They looked like something out of a scary or fantasy movie," Wesdy said.



She described the rare, white-leaved trees as if they had snow on them and appeared to be fake and out of place. According to the Humboldt County Conventions & Visitors Bureau, there are about 50 known Albino Redwoods in existence, six of which are in the Humboldt Redwood State Park.

But what exactly causes these redwoods to have snow white leaves?

"An Albino Redwood is a redwood tree that has a genetic mutation that stops it from producing its pigment that allows it to photosynthesize," said Richard Campbell, conservation science manager at Save the Redwoods League.

Since it cannot produce this pigment — called chlorophyll — it grows white leaves instead of green.

Albinism can happen in animals and plants. For animals, this can make them easier for predators to spot. However, for redwoods their white appearance is much more than it seems.

"They have no chlorophyll and cannot live on their own," said Deborah Gardner, manager of the Visitor Center in the Humboldt Redwood State Park. "They have to have a parent tree to get the nutrients and vitamins."

To get a parent tree, the Albino Redwood has to grab on to other nearby redwood trees and tap into the roots for nutrients. Think of the Albino Redwood as a vampire figuratively sucking the life of other trees in order to survive.

Even though these trees sound dangerous and maybe a bit frightening, according to Campbell they have no negative effects on the environment. To stake out these vampire trees, seek help from the visitor center at the Humboldt Redwood State Park.

Keren Interiano may be contacted at thejack@humboldt.edu

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Saturday Nov 2
Minnesota, G Jones, Hypha
Doors at 9:30 p.m. |$20/$15| 21 +

Sunday Nov 3
Space Jam (1996)
Doors at 5:35 p.m. |$5|Rated PG

Monday Nov 4
Monday Night Football
Doors at 5:15 p.m. |Free|All Ages

Wednesday Nov 6
Sci Fi Night ft. Baffed! (1973)
Doors at 6 p.m. |Free| All ages

Thursday Nov 7
Ocean Night Film Screening
Doors at 6:30 p.m. |$3| All Ages

Friday Nov 8
The Grascals
Doors at 8 p.m. |$18/$15| 21+

Saturday Nov 9
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Sunday Nov 10
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Making Halloween safer

Continued from page 1

where costs are really incurred," Wheetley said.

On top of damages, the city pays for preparations such as barricades, fences, police overtime and clean up afterward.

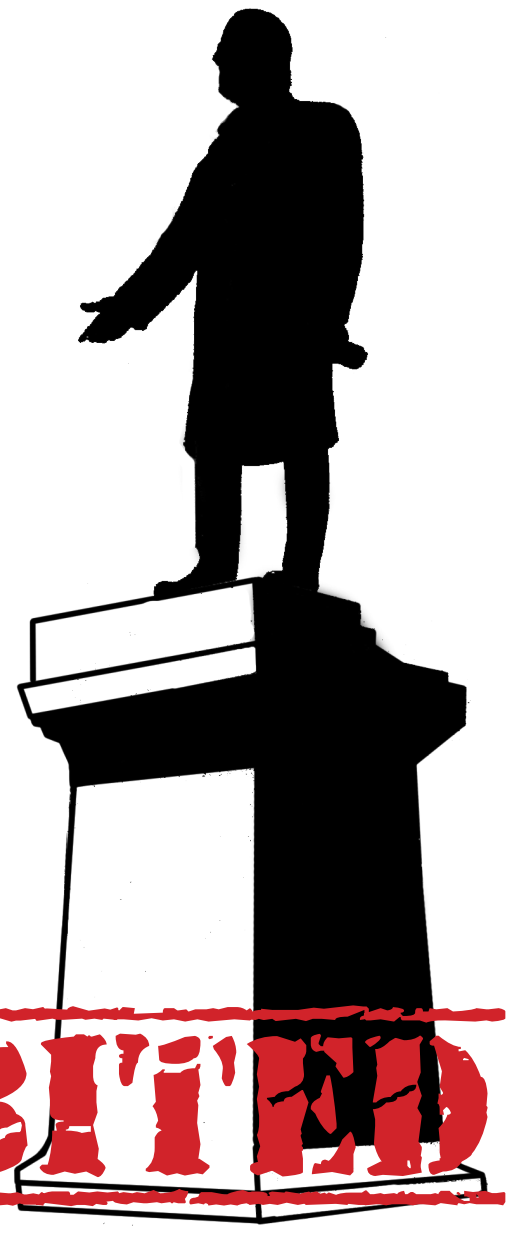
In 2012, Arcata responded by fencing off the plaza and the statue completely. Wheetley said he was not sure if the plaza would be fenced off again this year.

"Arcata Police took a pretty active role last year," Wheetley said. "There's been large-scale property damage; we're trying to be more proactive."

The fences pushed celebrants off the plaza and into side streets and bars, but it did not stop the violence.

According to an Arcata Police press report from 2012, many people were injured in fights on Halloween in 2012. Even Arcata Police Detective Sgt. Todd Dokweiler was injured when a thrown bottle split his lip from nose to mouth.

Patrick Evans may be contacted at thejack@humboldt.edu



PROHIBITED

Continued from page 4

NEWS BRIEFS

Student radio on the FM dial

Humboldt State's Internet radio station KRFH is applying for a low-power FM radio license.

KRFH is a student-run station, unlike HSU FM station KHSU, a professionally-run National Public Radio affiliate.

KRFH could be broadcasting by April 2014 if the Federal Communications Commission approves a low-power FM license for the station, according to KRFH's general manager and senior journalism major, Connor Jepson.

"We have a fully-functioning station," Jepson said. "We just need a signal."

Colleges were prohibited from having more than one FM license until 2000 when the FCC allowed schools to apply for a second low-power FM license. However, the FCC only accepts applications every 10 years.

"Last time, no one even knew," Jepson said.

Faculty advisor to KRFH, Cliff Berkowitz, said it was important for students to have a chance at their own FM station.

"Unfortunately, student involvement with [KHSU] is very little," Berkowitz said.

If the license is approved, KRFH could begin broadcasting on a 100 watt low-power FM signal, with a reach of about three miles.

"The license is still far from a done deal," Berkowitz said.

KRFH will apply for the license soon, he said. President Richmond supports the station and helped KRFH work around concerns raised by California State University attorneys.

HSU Presidential Search Committee holds first meeting

On Monday, the Humboldt State Presidential Search Committee met in Van Duzer Theatre to discuss the selection process of the new HSU president for the 2014 fall semester.

The open-forum meeting, which started at 10 a.m., began with an introduction of both the California State University trustees committee and HSU advisory committee members who make up the presidential search committee.

Chancellor Tim White opened the conversation with an explanation of the current search for interested and qualified candidates who the committee is currently searching for.

"If things go as planned, we will be able to announce the new president in the spring," White said.

A single microphone was then passed around the theater to teachers, students, faculty and other HSU administrators who wished to give their input.

After several attendees voiced their recommendations and concerns over what they would like to see in a new university president, the conversation turned to the procedure itself.

Zo Devine, the associate director for the Center for Indian Community Development at HSU, asked the one question on everyone's mind, "Why won't presidential candidates come to campus?"

The question spurred the rest of the room into small chatter and prompted White to offer a response.

"Campus visits are really important, but today's search process is different since Richmond was appointed," White said. "Many of the candidates we are looking at are sitting presidents at other institutions. If their candidacy would be known prematurely it could change their relationship with their current institution if they did not get the job at Humboldt State."

White said in order to obtain the best pool of candidates, the committee cannot divulge who is in it.

Compiled and written by Patrick Evans and Ryan Nakano

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Does it belong in a museum?

Digging into Humboldt archaeology

A native basket on display at the Clarke Museum. | Ashley Villavicencio

CAMPUS
by Ian Bradley

The word 'archaeology' evokes images of Indiana Jones and adventures filled with whips and snakes and monkey brains. In reality, it is the exact opposite; working with native tribes, little fame and absolutely no running from Nazis.

October 19 was International Archaeology Day. The Clarke Museum in Eureka celebrated by hosting an educational event highlighting archaeology and Humboldt's various Native American cultures. The event featured bowmakers and basketweavers from local tribes as well as a live demonstration of flint knapping — the process of shaping flint into tools.

Ben Brown, curator of the Clarke Historical Museum, organized the event. Brown said that because of the strong presence of native tribes, archaeology has covered little ground in Humboldt.

"Archaeology has a weird history in Humboldt," Brown said. "[The tribes] have really fought against UC Berkeley coming up and doing digs at burial sites. These are people's great grandparents, it's not ancient Egypt where there's not necessarily a living connection. Here, it's different."

Brown said he hoped to emphasize that native cultures are alive and well and show people that archaeology is not about finding artifacts to put on display in a museum.

"[Indiana Jones was] totally disrespectful to the native communities — going in, stealing the best stuff and getting out," Brown said. "That's not where archaeology is today."

Barb Klessig is the manager for the archaeology research lab at HSU and an undergraduate archaeology student. She explained that because of the United States' history with Native American tribes, archaeology is a sensitive subject.

She stressed that archaeology is about preserving the past and keeping it alive, not just collecting unique artifacts.

"Fifty or 60 years ago we had archaeologists that would come and dig up tribal stuff and take it back to museums without the permission of the tribe," Klessig said. "Now we work with tribal people. They understand that we're not the same archaeologists we were in the past."

Being an archaeologist involves more than working with native tribes. It is a field of study that requires patience and dedication.

> "As humans we're all about the possibilities. It's about going out on an excavation and having the possibility of making that great discovery."
>
> *— Barb Klessig, archaeology student*

Klessig explained that most archaeologists do not unearth anything particularly noteworthy in their whole career. Significant finds are few and far between. So, why would someone want to take up archaeology?

"The motivation is that possibility. As humans we're all about the possibilities," Klessig said. "It's about going out on an excavation and having the possibility of making that great discovery."

October is Archaeology Month in California. To celebrate, HSU anthropology professor Marisol Cortes-Rincon and her students volunteered at the Clarke Historical Museum event to educate people about the field.

"We're trying to teach people about different components of archaeology, like showing where people chose to settle and why," Cortes-Rincon said.

Student volunteers answered questions about archaeology and created a miniature model of an excavation site to demonstrate how a real dig works. They also taught children how to write their names in Mayan.

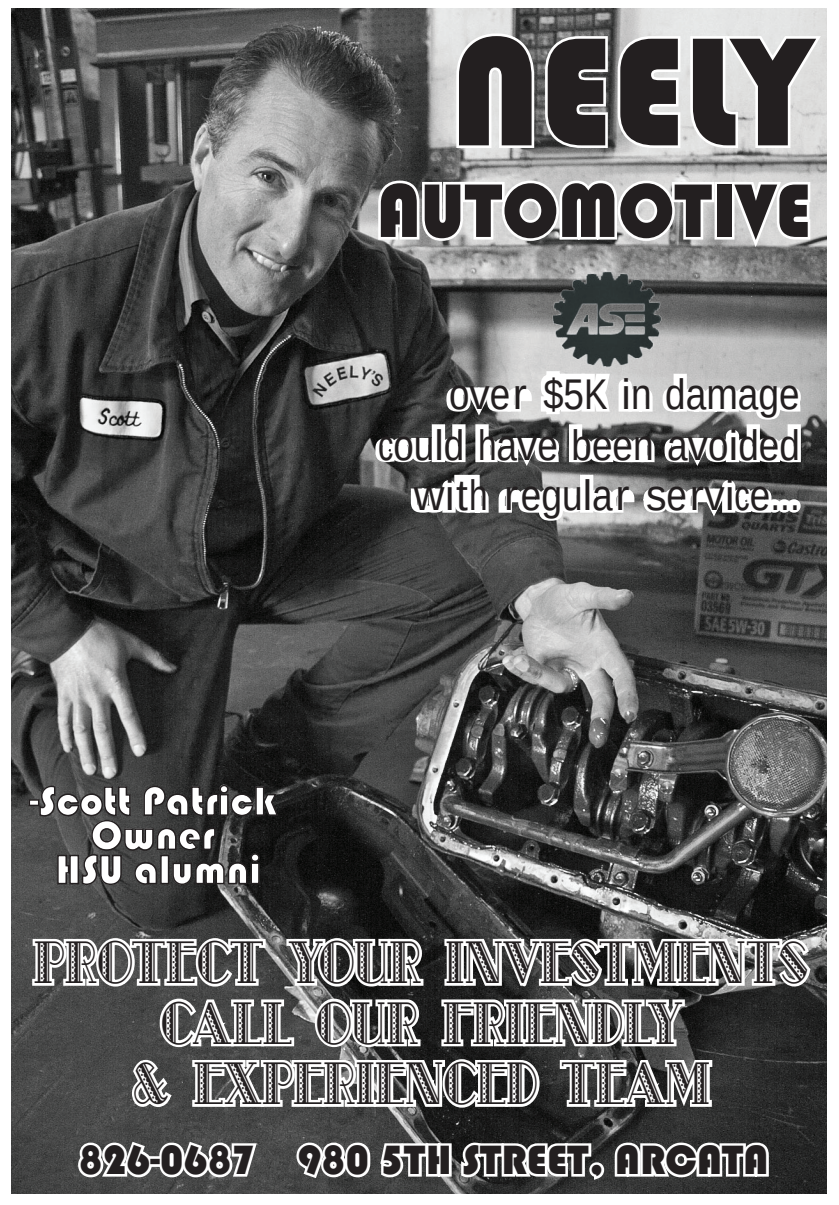
As part of their community outreach the HSU archaeology department built a model excavation site on campus where children can experience what a real archeological dig is like. Rather than risk damaging authentic Native American artifacts, students bury fake ones for children to dig up.

The site is layered and relics like medicine vials and animal bones are buried at different depths. It is the only life-size mock excavation site on the North Coast and provides an unrivaled learning opportunity for archaeology students.

The goal is to change the Indiana Jones image of archaeology and help the public understand that archaeology is about more than looting a cultural history for museum pieces.

"We're really living in a new age of archaeology," Brown said. "It was a different time period. Today we can look back and say 'you shouldn't have done that.'"

Ian Bradley may be contacted at thejack@humboldt.edu



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Associated Students

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The ghost of the North Coast

Local ghost hunters investigate hauntings

COMMUNITY

by A. R. Schemmel

If you thought The J food was spooky, you have obviously never visited downtown Eureka after dark.

Humboldt County is full of stories of paranormal encounters and is home to a group of investigators devoted to hunting ghostly haunts. When you wander the streets late at night with century-old victorians looming menacingly above you, Humboldt's ghost stories are suddenly not hard to believe.

Eric Vollmers, owner of the Old Town Haunted History Ghost Tours, attributes much of the paranormal activity in Humboldt to the county's uproarious past.

"A lot of the mysteries seem to be tied to the activity that took place in Eureka's heyday," Vollmers said. "When the logging and fishing industries and the military base had a large presence in the area, there were a lot of people coming to town for the weekend to have a good time."

In 1865, Eureka had maybe five or six saloons. By 1910, there were 65 saloons and 32 brothels. Eureka was one of the last places in California to ban prostitution, Vollmers said.

He believes many of the spirits that haunt Humboldt are a result of this rowdy time period.

Organizations have formed to hunt for these spirits. One organization, Humboldt Area Paranormal Society, uses scientific data to debunk evidence of paranormal activity.

The members of the group describe themselves as skeptics. Because HAPS was formed only two years ago, they are also self-described amateurs.

Justin Maietta, communications director for HAPS, said the society investigates buildings that have been reportedly haunted. Businesses and homeowners call HAPS when they have experiences they cannot quite explain.

When investigating a building HAPS starts off with an electromagnetic field detector, or EMF sweep. This detects electrical hot spots that may cause disturbances that can be mistaken as paranormal. They then move on to an array of gadgets designed to capture evidence of spirits or ghosts.

"What we use for the investigation are digital recorders, night vision cameras, temperature guns, webcams [and] infrared cameras," Maietta said. "We try to capture as much evidence as possible so that we can rule [paranormal activity] out."

The group rarely finds any substantial evidence — except one night in the upstairs bedroom of a private Eureka residence. HAPS recorded their most significant find.

"In this bedroom upstairs we left a voice recorder on a table in the middle of the room," Maietta said. "On the tape you can clearly hear all of us leaving the room and going downstairs. About a minute later you hear what sounded like a whisper right next to the recorder."

As Maietta delved deeper into the story, his eyes grew wide and he leaned forward, speaking in almost a whisper.

"It, said clear as day, 'God damn you, get out' in an old man's voice," Maietta said. "That was interesting because many witnesses said that the ghost of an old man was haunting the place."

But as soon as he finished he leaned back again and dismissed the occurrence by attributing the voice to someone walking outside.

Although the Humboldt Area Paranormal Society has yet to investigate in Arcata, one Tomo's employee hopes they do.

One night around 11 p.m., Meghan Ueland went down to the basement to change out of her work clothes, like she usually does. But that night, she went downstairs after everybody else had left.

"I was sitting [alone] in one of the chairs in the dressing room and out of the corner of my eye I kept noticing flickers of light about 10 feet away in the air," Ueland said. "I don't know how it looked; kinda like if somebody threw up a bunch of glitter into the air, or like fireflies or even electricity. Just little flashes of light."

Ueland turned and looked. Nothing, the lights had vanished.

She went back to what she was doing but she could still see the flashes out of the corner of her eye. She looked again. Still nothing. The third time this happened, Ueland got up and looked down the hallway.

"For the third time this weird flashing started happening again, so I look up really fast," Ueland said. "Right in front of me, the rack of chef coats started swaying like it got pushed, very distinctly."

Ueland immediately left the room.

"Right at that moment, I saw those coats moving — I have no idea if it was my nerves — but I have never felt chills, like instantaneously my whole body felt this energy," Ueland said. "I was so full of chills that even 20 minutes after, my whole body was vibrating from [the experience]."

Although every Halloween we are desensitized to the paranormal by a barrage of killer ghost movies, encounters this close to home can still send a shiver down our spine.

A. R. Schemmel may be contacted at thejack@humboldt.edu

Photo illustration by Ashley Villavicencio

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Dead or alive

Social work club hosts first-ever zombie run

CAMPUS

by John Ferrara

TOP: Beetlejuice made an appearance at the 2013 Redwood Zombie Run. *MIDDLE LEFT*: Terrifying zombies hid to make sure no student got to the safety zone located at Redwood Park. *MIDDLE RIGHT:* This zombie penguins would attract his prey by asking them for a hug. He proudly shows the many flags he obtained. *BOTTOM:* The non-infected students also dressed up in colorful customes.

With arms raised and shoulders askew, they lumber forward in the cold backwoods of Humboldt State, waiting to pounce on runners brave enough to navigate the first ever Redwood Zombie Run.

Last Friday's fundraiser, organized by the Social Work Student Association, drew more than 100 participants who payed $5 to play as zombies or fleeing survivors.

"I'm too scared to get chased, so I'm gonna be the chaser," said HSU student Billie Kleinbauer.

The runners' objective was to run from the softball field behind Redwood Bowl to the "safety point" or Hole 7 of the frisbee golf course without having their football flags pulled by zombies.

Those who safely reached the checkpoint received T-shirts that read "I survived the zombie run!"

Rodrigo Avila, the club's president, designed the event based on a 5K zombie run in Southern California. Avila said he would like to use some of the revenue to buy socks for the local homeless people in the community.

Volunteers from other groups like the Youth Educational Services, Finding Resources Empowerment through Education, and Legacy volunteered their time selling tickets, promoting and chaperoning the event.

"It was a really big turnout, we just weren't prepared for this many people," Avila said.

The large crowd overwhelmed the club as it ran out of liability waiver forms, glow sticks and T-shirts. When the football flags were gone, the club improvised with duct tape and strips of paper.

There was another setback halfway through the race when wasps began stinging participants along the trail. Zoology student Maricela Palafox saw the event go down and was also stung on her hand.

"One girl was stung on her knee and arm, the other guy got stung in the eyeball," Palafox said. "He started screaming."

Many students dressed in their own costumes which ranged from spooky to bizarre, like Justin Kwon, who waddled after runners as a zombie penguin.

Horror enthusiast and Sunny Brae middle schooler, Justin Maguire enjoys playing zombie video games and was excited to run the course.

"I think I'll die though," Maguire said before the race. "I'm so small."

Lorena Lynch, an HSU botany major, often imagines what she would do in different zombie survival scenarios and downloaded a zombie fitness app on her phone which simulates sounds of zombies chasing you.

"I'm happy it's popular. For a long time I felt like a weirdo," Lynch said. "Today we all really like the idea of an apocalypse."

Because the event was so successful, the club is planning to make it an annual event and Avila said the Office of Risk Management and Public Safety is a supporter of the idea.

"They want to run it annually because they don't have an alternative to students going to the plaza and getting drunk," said Avila.

Founder of the Zombie Research Society and regular on "The Walking Dead" aftershow "The Talking Dead," Matt Mogk, said zombies are a pop culture phenomenon because they are biologically based on a potentially real blood-borne illness.

"Vampires live forever, climb walls, turn into bats, go to your high school and steal your girlfriend," Mogk said. "The fact that it's scientifically-based rather than fantasy-based makes it more interesting."

He also said zombies are grassroots, blue-collar monsters that don't discriminate.

"They want every single person as a member of the zombie club," Mogk said. "As long as you're a human you can be a zombie."

John Ferrara may be contacted at thejack@humboldt.edu

I'm a Stranger Here – Devil Makes Three

MUSIC REVIEW

by Vivienne St. John & Selena Silverman

It's been four years since the Devil Makes Three released their last studio LP. KRFH got its hands on an early copy of the Santa Cruz locals' fifth album, "I'm a Stranger Here".

This album features more of a pop country-folk sound than any of the band's previous works. Their past albums captured the American traditional folk song style — with occasional raunchy lyrics — as well as a distinct cadence. In their first self-titled album they cultivated a strong, pronounced rhythm that is present throughout every album until this most recent release, which keeps the album from being noteworthy.

Their style has won them a place in the eccentric hardcore folk genre. This new album, however, lacks that native misfit attitude, which the Devil Makes Three has maintained throughout their last four albums.

Although they attempt to rekindle the head-banging, boot-stompin' sound they're known for, the lyrics of their songs do not stand out, nor do they contain a memorable riff.

Lead singer Cooper McBean's vocals are unmistakable, but they are washed out by the overuse of instruments, which make it hard for the listener to identify this album as a Devil Makes Three album.

This album creates a family-friendly mood ("Stranger" & "A Moment's Rest") and hardly qualifies as the next big thing for the Devil Makes Three. Each track seems like it was plugged into the same formula and chucked into this latest album. Every song blends into one another and lacks the spark that attracts music lovers of all genres.

"I'm a Stranger Here" has great potential, but sadly what seems like a lack of confidence from the Devil Makes Three overshadows the album. "I'm a Stranger Here" creates an estranged distance between the band and their loyal fanbase. Their pop-like melodies blend in with the conventional mainstream songs one would likely hear on the radio.

The album sounds like earlier work from Devil Makes Three, but it does not have the raw, bluegrass pulse needed to fulfill fans' expectations. This album lacks a unique sound that distinguishes it from the rest.

Vivienne St. John & Selena Silverman may be contacted at thejack@humboldt.edu

Graphic by Lindsay Yamada

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Searching within to experience the supernatural

Local mystics tap into the transcendental

COMMUNITY

by Israel LeFrak

The clock's ticking is amplified by complete silence. With eyes closed, hands folded, immersed deep in meditation, spiritual consultant Teresa Von Braun performs an energy and chakra reading. As if an occult hand guides her, she reaches into the past, present and future to help mentor the soul's journey.

Von Braun has been doing spiritual advising for more than 35 years. When she first started there was a negative perception connected with the name psychic, so she calls herself a spiritual consultant.

Von Braun has known she was psychically gifted since she was a child and some of her earliest memories are of past lives. Since she is part Cherokee, she feels a strong connection to living past lives as a Native American. She feels like she can remember her past life in Egypt like it was yesterday.

Growing up in a Southern Baptist household she used to have regular conversations with Jesus Christ. She decided to stop attending church at 7 years old when she felt he was telling her a different gospel than what was being preached.

It wasn't until her 20s that it became clear; communicating between the physical world and the spiritual was what she was born to do. The moment she knew was when her mother-in-law took her to someone who performed the same practices. The psychic looked directly at Von Braun and said, "You're supposed to be doing this work, so get busy."

Von Braun believes everybody is capable of having spiritual abilities, she just likens it to some people's music ability.

"Some people are tone deaf and some people are geniuses. It's ingrained into us both genetically and in our soul's history in past lives," Von Braun said. "I also teach classes to help people develop it and a lot of it is trusting their intuitions where before they would dismiss it."

Student advisor for the University of Metaphysical Sciences, Devon Love, works with 3,000 students from around the world who are trying to attain degrees in metaphysical studies. While the university's office is located in Arcata, the school is entirely online.

Love says one of the biggest tools that helps people achieve spiritual awareness is meditation.

"You can connect with an ocean of support. Some people call it god or consciousness, there's all kinds of names," Love said. "I feel connected with a field of being, and it feels rejuvenating and peaceful. I have a huge amount of love for life in general and I just know it's good."

Maya Cooper helped start the Isis Healing Counsel and the Isis Scrolls magazine almost 13 years ago. The Isis Scrolls is a resource guide to local holistic healers as well a way for people to share stories and testimonies about enlightenment.

Cooper herself prefers to do a lot of hands-on healing like massages and energy work. She works to give a voice to the challenges they are feeling.

"I used to be afraid because I had no context [of my gifts]. Then I had context and I could be aware of [people's] disowned parts of their inner wisdom," Cooper said. "The gift of healing was, somebody touched me with such intention of goodness and love; I felt it. It woke me up."

She also believes that everything — whether it be a rock, tree or person — at the center contains the heartbeat of the Earth. This in turn is a part of a cooperative heartbeat of the universe.

"Imagine we can see all planets and stars cycling around, each singing their own tune, making up a huge symphony," Cooper said. "Everything we encounter is alive and intelligent and if you look at every person as another extension of yourself there wouldn't be any suffering."

While there is still criticism about the validity of these powers and ideals, all of the believers acknowledge that nobody knows the answer to all the mysteries of the universe.

The important goal for every individual should be to seek what works and to open one's mind and heart to the universe. As Von Braun puts it, "Inner work is the hardest work you'll ever love."

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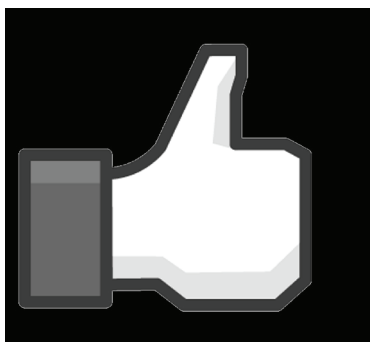
Graphics & illustrations by Maddy Rueda



Spotting North Coast space invaders

Continued from page 1

direction of the ocean.

Peter Davenport, director of the National UFO Reporting center, explained that the databases are invaluable tools for studying patterns of sightings. He said that due to the speed the objects can travel, the object can potentially be seen in multiple locations across the country in the same evening.

Davenport also said the anonymity guaranteed by reporting agencies like MUFON and the National UFO Reporting center is very important. He said that many people would be unwilling to report what they may have seen, due to the fear of being ostracized by their peers.

"A lot more people are looking up at the sky these days," said Nancy Felipe, state section director for MUFON.

Felipe said that many of the reports come in from respected members of society: fireman, police officers and highly-educated individuals.

"They aren't your average country bumpkin," Felipe said.

Despite the credibility of many of the witnesses, Felipe said that investigators still have to ensure that the sightings are not a hoax. She said investigators often try to talk to the witnesses in person to gauge their level of seriousness.

Once the investigator has ensured that witnesses are serious about what they have reported, the next step is to investigate all possible things the sighting could have been mistaken for.

"Not everything can be classified as a UFO," Uriate said.

He explained that Humboldt County's marijuana culture makes the identification process more difficult due to the presence of drones and other surveillance devices. Furthermore, Uriate said the use of ultralight aircrafts to transport marijuana while avoiding detection have also been mistaken for UFOs in the past.

Felipe said other objects that can be mistaken for UFOs are helicopters, satellites and prominent star formations. She also said that hoaxes are more common in modern times due to the abundance of photo-altering applications.

Despite the hoaxes and occurrences of misidentification, there are many sightings that have yet to be explained within the county.

Uriate, Felipe and Davenport all urge anyone who believes they have seen something "out of this world" to step up and report it.

Karl Holappa may be contacted at thejack@humboldt.edu

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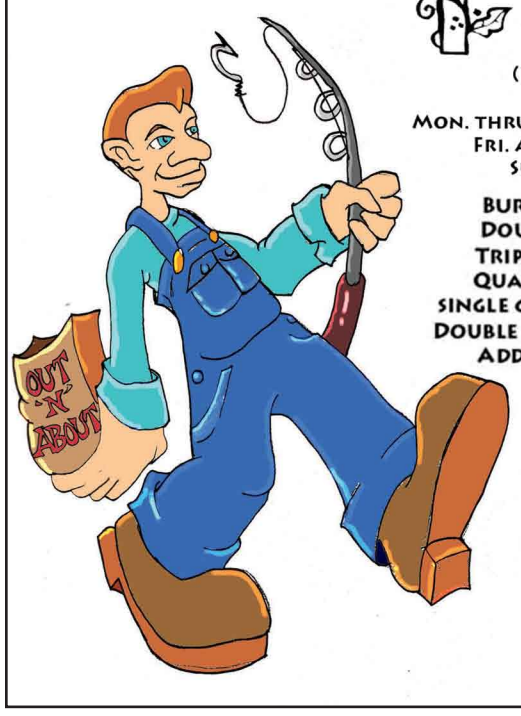

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THE SEX FILES

A look beyond fursuits in furry fandom

COLUMN
by Henry Haller

Illustration by Henry Haller

In this week's column of The Sex Files, I profiled Peter, a man who identifies with an anthropomorphic dog named Newcastle. People who identify themselves with animals that show human characteristics are colloquially known as furries.

"To be human is a very ordinary thing," Peter said. "To be more than human is extraordinary."

Peter realized he was a furry three years ago. But the seed for his particular affinity for animals was first sown in his adolescence.

"A lot of people's first encounter with furry imagery is the cartoons they grew up watching," Peter said. "For me it was Swat Kats, Digimon and Road Rovers. Those shows are the reason why I'm a furry."

Today, Peter acknowledges that being a furry is something that forms his identity, but it is not something that he necessarily has to express every day to feel that way.

"I know that Japanese culture [makes people] better at compartmentalizing different aspects of themselves," Peter said.

An example of this is the famed host clubs of Tokyo where women go to seek the company of an attractive young host. The amount of money women spend on drinks for their host determines how long they receive affection from him. Host clubs exist to allow women to enjoy the pleasure of a fantasy for a short time.

"It is analogous to that," Peter said. "Humans need a safe venue to express their desires and fantasize. Why do people put together fantasy football teams? For whatever reason, what I choose to fantasize about is looked down upon."

Each furry identifies with an animal to create a furry persona, or "fursona." Although this might sound bizarre, it already exists to a much lesser degree within the gay community. It is common to hear gay men refer to themselves as bears, cubs, otters or wolves.

Peter himself is gay and said that the majority of furries he has encountered have been non-heterosexual males.

"Most of them have a poor self-image," Peter said. "Being able to see themselves as an idealized version of themselves allows them to behave in ways that would otherwise feel uncomfortable."

Peter's chosen fursona is a cute and intelligent corgi whose stubby limbs and rotund belly resemble his own.

"It is the closest representation of me in animal form — both physically and mentally," Peter said.

Outside of their community, furries are recognized by the animal costumes they wear, known as fursuits. Peter said that fursuits have the power to make a person the center of attention and yet retain their anonymity at the same time. It helps furries fully immerse in their fursona. And Peter hopes to own a fursuit one day.

"I have other things that help me get into a different headspace though: tails, ears and other paraphernalia help me get there," Peter said.

The fact that many furries seek to break free from their human form and totally immerse themselves in a fursona has given rise to many misconceptions such as furries having to wear fursuits when they have sex.

The term "yiffing" was coined to describe furry sex after the supposed sound a fox makes when mating.

"People think that you fuck animals," Peter said. "Dogs are cute. Men are cute. That doesn't mean I want to have sex with a dog."

Although Peter can only speak for himself, he reiterates that the reason people become attracted to anthropomorphic animals and not animals has to do with the strong imagery would-be furries are exposed to in their youth. Concurrent with a crucial time in developing their sexual identity, they become attracted to a unique thing.

"I'm attracted to men — human men," Peter said. "I'm also attracted to these male-animal-human hybrids which are another layer of sexuality. It's like the icing on the cake of my sexuality."

Henry Haller may be contacted at thejack@humboldt.edu

····NOT ANOTHER PUMPKIN SPICE RECIPE ····

by Lindsay Yamada

DEVIL'S FOOD CAKE INGREDIENTS:

- 2 cups all-purpose flour
- 1 teaspoon salt
- 1 teaspoon baking powder
- 2 teaspoons baking soda
- ¾ cup unsweetened cocoa powder
- 2 cups sugar
- 1 cup vegetable oil
- 1 cup hot coffee
- 1 cup milk
- 2 large eggs
- 1 teaspoon vanilla

DIRECTIONS:

1. Preheat oven to 325 degrees.
2. Sift all dry ingredients and mix together.
3. Add oil, coffee and milk into the mixture, then add the eggs and vanilla extract.
4. Pour batter into your pan of choice and bake for 35 to 40 minutes.
5. Let cake cool before frosting and decorating!

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SPORTS

Photo by Sebastian Hedberg

ATHLETE OF THE WEEK

Ali Osgood goes to MTB nationals

CYCLING
by Rebecca Gallegos

Ali Osgood started competing in triathlons as a child and fell in love with cycling.

For most of her life she favored mountain biking, but last spring something changed. She and the cycling team went out and rode a trail in Willow Creek.

"[We] just rode all day downhill and it was so much fun," Osgood said. "I realized that I needed to focus more on downhill because it's where my heart really is when it comes to bike riding."

After two months of downhill training, Osgood's dedication prevailed. She placed fourth in the downhill race at the Collegiate Mountain Bike National competition in Beech Mountain, N.C. last weekend. She also placed fifth in the dual slalom race.

"It was really overwhelming," Osgood said. "It was definitely the biggest race I've ever competed in."

Osgood started training for nationals last spring and worked to save up for a downhill bike.

"It all came together in August," she said. "I worked and saved all summer so I could buy the bike that I have now."

Osgood's training and savings paid off when she finally took part in the national competition.

"It was beyond words," she said. "It was amazing."

Osgood has been riding bikes her whole life, doing cross-country riding and racing in high school. But when it comes to downhill racing, the national championship was her fifth race ever.

Osgood is used to racing against four or five women in any given race. At nationals, she competed with 20 other women from Division II schools.

"It was a little intimidating because there's so much more competition and pressure to do everything right," she said. "[But] I was definitely excited that there were more females around that I could share the sport with. It was really competitive, but really fun."

Osgood loves the bike community in Humboldt and appreciates the supportive environment within the cycling team.

"We're there for each other and support each other, taking care of one another, giving each other advice [and] laughing," she said. "It's a nice community sport and sharing that like-mindedness and passion for bikes is something you don't always get."

Cyclist Justin Gore said that she is supportive of the whole team and brings a positive vibe and attitude. He said she is a fun person to be around and is very enthusiastic about racing.

"She's just stoked all the time; to race, to ride, to be around people with bikes," he said. "She's always positive around everybody and everybody likes her."

Osgood enjoys spending time with her teammates and having them around for support.

"It's really meaningful to have a team at school so we can share [experiences] together and be super stoked on bikes, we all love it," Osgood said. "We all get together and we're all just happy. We build off one another. It makes it so much more fun even if you have the worst race of your life."

Rebecca Gallegos may be contacted at thejack@humboldt.edu

Jacks Round-up

by Eduardo Barragan

CROSS-COUNTRY:

Humboldt State women's cross-country team placed sixth at the California Collegiate Athletic Association Championships on Saturday in Chico, Calif.

The Lady Jacks raced 12 participating schools with Kori Gilley leading the HSU pack by finishing the 6k in 23rd place with a time of 22:56.

Imogene Carson has been held out most of the year with an injury after opening the season with a win at the Humboldt Invitational in Trinidad. Carson ran through the pain and earned a 24th place finish in 22:57, one second behind her teammate.

Also scoring for HSU were Jessica Bath, 36th in 23:25, Caroline Kaufman, 39th in 23:28, and Devon Kelsey, 45th in 23:47.

The California State University, Chico Wildcats claimed the women's championship. The Wildcats scored 29 points winning over the California State University, Stanislaus Warriors with 77 points. They were followed by California State Polytechnic University, Pomona with 118 points and the University of California, San Diego with 123 points. California State University, Los Angeles took fifth with 156 points. The Lady Jacks picked up sixth place with 159 points.

The HSU men's team also could not dominate the 8k competition placing in 5th out of eight schools. Ben Stern was the top-placing Lumberjack earning 22nd place with a time of 25:54.

Behind Chico State's perfect score of 15 points were Cal Poly Pomona (59), UC San Diego (82), the Jacks (132) and California State University, San Francisco (226).

Jantzen Oshier finished 28th with a time of 26:07. Senior, Joe Ostini ran for the first time all season after struggling with an injury to his right shin accompanied with fatigue. He placed 30th with a time of 26:13. Tyler Cleveland placed 33rd in 26:19 and Ben Tarango placed 36th in 26:25.

In order to qualify for the national championships, both the women's and men's teams have to place in the top five at the West Region Championships. The meet is scheduled for Nov. 19 in Spokane, Wash.

FOOTBALL:

Humboldt State took another 19-28 loss against Dixie State in St. George, Utah on Saturday.

The Jacks' season dropped to a 0-8 record overall and 0-7 in the Great Northwest Athletic Conference.

In the first quarter, the Red Storm led the game 0-7. HSU began a 56-yard drive that halted at the Dixie State 13-yard line, forcing the Jacks to kick. Kicker Matt Bruder attempted a 30-yard field goal, but missed from inside the 40 for the first time in his career.

Also in the first quarter, the Jacks forced a fumble but were not able to find their way into the end zone. With nine seconds left, quarterback Kyle Morris scrambled for a touchdown tying, the game at 7-7.

HSU's Bruder sunk a 49-yard field goal in the second quarter but a 21-yard run by Red Storm quarterback Griff Robles gave Dixie State a 10-14 lead.

The Jacks were able to score in the third quarter when Kash Johnson punched in a two-yard touchdown run. A missed PAT kick left HSU with its only lead of the game at 16-14.

After retaking possession, it took the Red Storm six plays to move the ball 96 yards for another touchdown gaining a 16-21 lead.

Bruder made another 39-yard field goal in the fourth quarter giving the Jacks the opportunity to catch up at 19-21. Dixie State answered with a 74-yard scoring drive earning a 19-28 win.

With only three games left on their schedule, the Jacks travel to Central Washington University this Saturday.

MEN'S SOCCER:

California State University, East Bay had two goals in the first half and rode it through to the second half winning 2-1 on Sunday. HSU put up eight shots on goal but had only one hit the back of the net.

The Jacks hold a 6-9-1 overall record and a record of 4-9-1 in the California Collegiate Athletic Association.

HSU's lone score was by Austin Swartz at 52:07 off a loose ball he footed into the corner of the goal.

Over the final 29:43, the Jacks directed eight more shots at the Pioneers' goal but none got past their goalie. HSU outshot Cal State East Bay 16-10.

The Jacks will make their last road trip of the year next Friday to Turlock at California State University, Stanislaus starting at 4:30 p.m.

WOMEN'S SOCCER:

The Lady Jacks suffered a 0-2 loss to California State University, East Bay on Sunday.

The Pioneers forced the Jacks back not allowing a shot and scored goals at 33:00 and 37:57 for the 0-2 victory.

The Lady Jacks did not have any shot attempts in the first half. In the second half, they had six attempted shots but only two were on goal and they failed to convert any into a score. The Lady Jacks now hold a 3-10-3 overall and a 1-10-3 record in the California College Athletic Association North.

HSU goalie Kelly Lukas saved five Cal State East Bay shots.

The Pioneers' Kelley Brown put the first goal on the board and Alyssa Rodriguez made it two.

HSU will finish its road trip games next Friday starting at 7 p.m. against Cal State Stanislaus.

VOLLEYBALL:

HSU lost momentum against California State University, Los Angeles on Saturday losing 2-3.

After losing the opening two sets, the Jacks came back to tame the Golden Eagles by winning the next two sets, 25-15 and 25-17.

In the fifth set tied at 13, a kill by Golden Eagles' Loreal Carter and an HSU hitting error gave Cal State LA the set at 13-15.

HSU's overall record is 10-11 and their CCAA record is 5-9.

Ashley Owen downed 19 kills, seven digs and two block assists. Kaitlyn Dunaway also produced 14 kills and 19 digs. Middle blocker Alex Hasenstab had nine kills, four blocks and three digs. Symone Hayden got in seven kills, 17 digs and two blocks and Courtney Debrunner chipped in with five kills, one ace and four digs.

After losing the first two sets, the Jacks gained an early 9-4 advantage in the third set. The Jacks pushed for an eight-point lead to 21-12. The Golden Eagles scored one last time before the Jacks' Owen hammered a fourth consecutive point finish at 25-15.

In the fourth set, HSU received back-to-back kills from Dunaway and Hasenstab gaining 11-8 lead. Then Hayden brought the final kill and the 25-17 win.

In the fifth set both teams split the first 20 points, 10-10. The match stalled as the teams both came to split again with 13 points each. The Golden Eagles slipped ahead with a kill and the Jacks hit an error ending their comeback to lose 13-15.

HSU returns home to play against Cal State East Bay on Thursday.

Eduardo Barragan may be contacted at thejack@humboldt.edu

HUMBOLDT STATE SCOREBOARD

**All information gathered from HSUJacks.com*

A busy offseason for men's rugby

Tournaments give players more experience

CLUB SPORTS
by Aron Gonzales

Humboldt State's men's rugby team has been active this fall. The team added new players, some of whom have no rugby experience. They have even competed in the Santa Rosa 7s, a national championship qualifying tournament where they played against nationally ranked Division I schools.

The team is competing in more tournaments than they did last year and vice president of the HSU rugby team, Nick Rogers, believes that entering all these offseason tournaments is good for new players.

"We have a young team and I feel like it is good for the younger guys," Rogers said. "It gives them a chance to learn the sport."

In previous seasons, the rugby team would only play one or two tournaments during the offseason. This year Head Coach Greg Pargee entered the team into four offseason tournaments to give players experience in real rugby matches.

"It is very important to give them as much playing time," Pargee said. "These tournaments are a good way to do that."

Even though rugby is new to some of the players, they have exceeded the coach's expectations.

"Some new players are having great success on the team because of their natural abilities," Rogers said. "A natural athlete can play offense and defense. You never know if you will be good at rugby unless you try it out."

Team captain and club president of the HSU rugby team, Luke Cunningham, said that injuries hardly phase these players due to the beatings they take throughout tournaments.

"We have been going through some injury trials but the preseason allows the team to learn to listen to their bodies," Cunningham said. "This is the time where we want players to see if they are actually injured or just banged up."

One major change for rugby at HSU is the team's medical coverage under the school's insurance for $45. Although teammates help one another by going through various injury preventative steps, having doctors to give them a second opinion has helped dramatically.

"We do still tape each other up, but it is good to be able to rely on the hospital for treatments and doctors for oral opinions," Rogers said. "Before I would have shied away from the hospital and said 'screw it, it is a bad sprain and I should just go home and treat myself.' But now, I can go to the hospital and see if my injury is severe or just a sprain."

Going on his third year as coach of the rugby team, Pargee believes that having a busy offseason is important to the development of the new and returning players. He is trying to keep his players motivated by having them compete during the offseason.

In the past, veterans often drowned out new players' input in team-making decisions.

"We try to make the team more like an 'us' and not veterans against rookies," Cunningham said.

Many veteran players left at the end of last year and returning players now have the chance to step up and move the team in the direction they want.

The rugby team practices on late afternoons and lighting is limited by the night. | Manuel Orbegozo

"This year has been a fresh start for us. We have had some veterans leave so now we are the veterans," Rogers said. "We have wanted to change things up and now is our chance."

Playing during the offseason allows them to play against Divison I teams and some of the regular season teams like Santa Rosa Junior College, California State University, Monterey Bay and Sonoma State University.

"These offseason tournaments give everyone a chance to get used to playing four games on a Saturday. We treat these games as if they were the real season,"
Cunningham said.

Returning players now have the opportunity to be leaders and a surge of new players has allowed the team to train athletes and oversee their development every week.

"This year we have good teammates, good chemistry and good coaches. Rugby was big before I got here and we want to get it back to where it was," Rogers said. "We just want to get our name out there again."

Aron Gonzales may be contacted at thejack@humboldt.edu

Dirty jerseys and pregame quirks

The bizarre practices behind success

CAMPUS
by Maya Pszyk

Some athletes refuse to wash their jerseys or shave their beards until they lose a game. Others chant before each game while some stay silent. Sports rituals are practiced at all age levels, but it is seen the most in collegiate and professional levels.

Washington Nationals outfielder, Bryce Harper, appeared on Jimmy Kimmel Live back in January and said he has been superstitious since his childhood.

"When I was growing up I was really superstitious," Harper told Kimmel. "I still am. I get to the field at around 12 o'clock for a 7:05 game and it starts from there. I swear I shower seven times when I'm at the field, and I don't even need to. It's bad."

Ensuring success doesn't stop at the excessive shower habits for Harper.

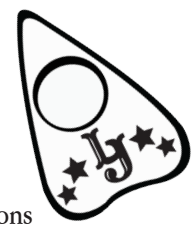
"As long as I'm on a streak or we're doing good or my team's winning, I'm gonna keep doing the same thing," Harper told Kimmel. "Wearing the same undershirt, I eat Eggo waffles — it has to be Eggo — right before the game, jumping the lines. It's really weird."

Rituals like these are common in sports and we even see them at Humboldt State. While some players' rituals may not be quite as bizarre, they are still just as much a part of their routine.

HSU baseball pitcher, Chris Tito said that he jumps the lines when going onto the field.

"Before I pitch a game I always get to the field two hours early for regular warm ups, then an hour before the game I call my dad," Tito said. "Talking to my dad really helps calm my nerves. I also always jump over the chalk lines when stepping onto the field."

The HSU rugby team has one important ritual according to Alden Bradley. They do the haka — a traditional Maori dance from New Zealand that dates back to the 15th century — before every match.



There are thousands of variations to the haka but the most common is called the "Ka Mate," which has been performed by countless New Zealand rugby teams.

According to HSU rugby team captain Luke Cunningham, the team has been performing the haka for years.

"The haka is an ancient war chant. We do it before every game because we are essentially going to war with our brothers," Cunningham said. "I dont know what any of the words mean, but I know it by heart. After we do it, everyone is pumped up to go into battle."

Cunningham has his own pregame rituals as well. Before every match he eats the same breakfast: a bowl of oatmeal, a cup of black coffee and a piece of fruit. Then at the game he goes off by himself and listens to music while he warms up. After, the team gathers for the haka he remains silent. Right before kickoff he slaps his legs, jumps up and down a few times and then he is ready.

Mo Lee Thornburg of the women's cross-country team said they have a ritual they call "visualization."

"We close our eyes, relax and visualize the race course and how we want our race to go as our coach talks us through it," Thornburg said. "It's really helpful in preparing for a race."

Thornburg also has her own rituals. She said she often writes herself a letter the week before a race and does her own set of visualization on top of what they do as a team. She also listens to music before each race to calm her nerves.

"Just before a meet I will listen to music, but it has to be calm," Thornburg said. "'Pump up' music wastes energy and stresses me out."

No ritual or superstition guarantees a victory, but it makes athletes feel at ease when and before they compete.

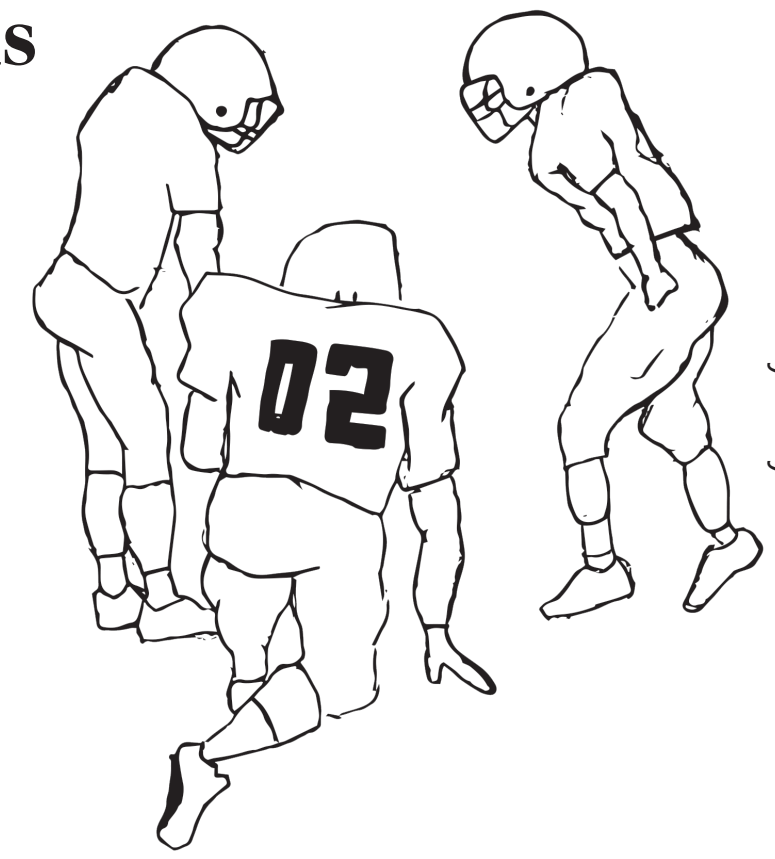


Illustration by Cheyenne Gillet

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OPINION

EDITORIAL

Keep them hidden, keep them safe!

Presidential candidates kept off campus and off the radar

Humboldt State presidential search committee holds first meeting in Van Duzer Theatre. | Ryan Nakano

Dear Humboldt State Presidential Search Committee,

When you congregated on Monday in the Van Duzer Theatre to discuss the current search for a new Humboldt State President, you sat patiently, listening to students, staff, faculty, administration and members of the community voice their concerns and qualifications to fill such a position.

But out of all the recommendations and questions from the public, one thing was made certain: the process for selecting a new university president is highly problematic.

When you asked the public attendees what they wished to see in a new university president, many of the responses echoed the need for an individual who is transparent, accessible and a good communicator.

Before the meeting on Monday, it seemed reasonable for you to find a candidate who could satisfy these needs. But after learning the selected presidential candidates would neither visit HSU nor would their names be revealed outside of the committee, chances seem slim.

Halfway through the meeting, Zo Devine, HSU associate director for the Center for Indian Community Development, asked you if the candidates would visit the campus.

On your behalf, CSU Chancellor Tim White explained the necessity to hold the names of the selected candidates for the purpose of saving their credibility in the eyes of their respective institutions and community.

And, of course, that leaves campus visits for presidential candidates out of the question.

It is pertinent for our university to know about which presidential candidates are in the pool to be elected.

If candidates do not visit HSU, they will not get a feel for what our university has to offer and the unique qualities that come with it.

White's argument for confidentiality only heightens our need for transparency, for accessibility and communication.

If a candidate comes from a presidential position of another institution, should the university really consider the individual if he or she cannot be honest with current staff and student body about his or her future plans, especially when they involve leaving?

If you are truly interested in involving the community, student body and the faculty/staff of this university, it would be in your best interest to amend the current presidential selection process to end the anonymity of candidates and allow for campus visits.

When you opened the meeting, you asked the public what we wanted to see in a new university president.

But the question has changed.

What do we want to see now from the HSU Presidential Selection Committee?

It seems the people have spoken.

The Lumberjack

More than just blood and guts in October

Horror movies offer audiences the chance to experience fear in a controlled setting

by Shawna O'Donnell

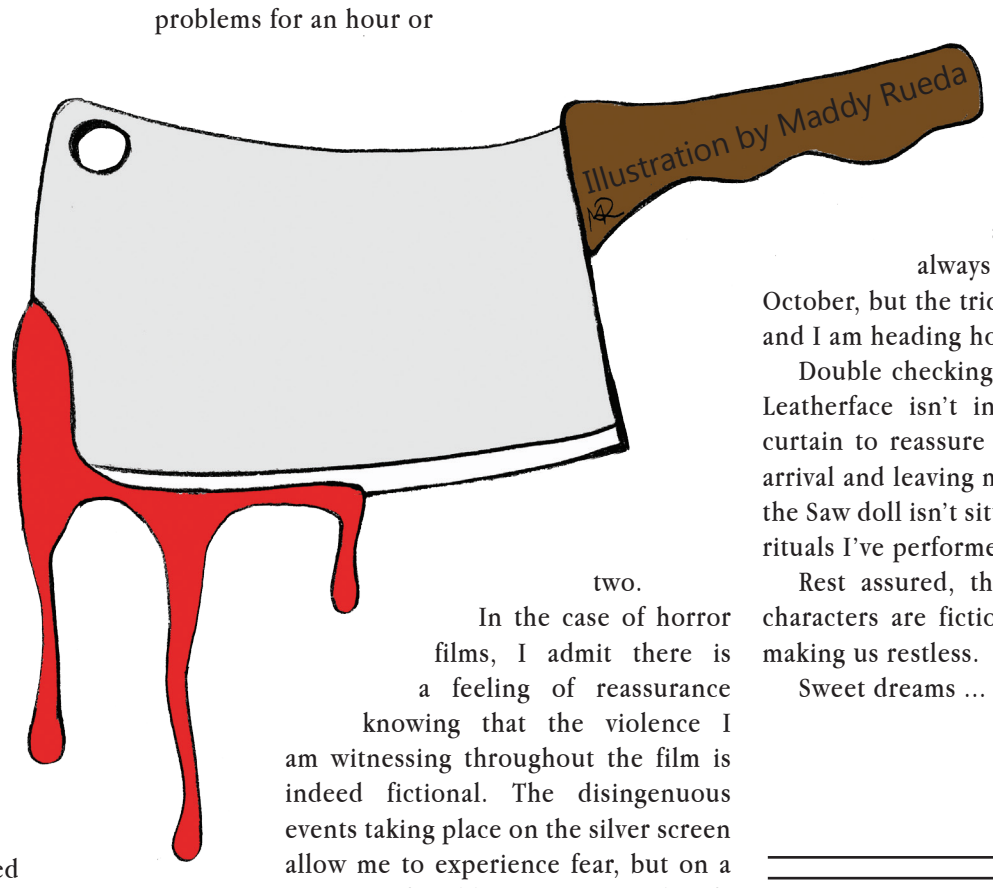
What comes to mind when you hear the word "October?" Candy corn? Glowing Jack-o-lanterns? Halloween costumes? When I think of the month of All Hallow's Eve, I am reminded not of candies or ghosts, but of something even better — horror movies.

When the month of October rolls around, I'd kill for a good slasher film. What is it about the horror genre that captivates audiences?

To be quite frank, it's twisted that we are entertained by watching a helpless, bloody victim being chased with a chainsaw through a dark forest or a masked man in a blue jumpsuit walk casually behind his innocent prey (knife in hand). But beyond the blood and guts is something that entertains us even more: experiencing fear.

Halloween may only happen one night of the year, but people use the entire month of October to feed their appetites for frights. An article on wisegeek.org explores the question of why people like to watch scary movies. The article states, "Others suggest that [horror films] are the man's way of experiencing fear in a controlled setting. Such an experience may prove enjoyable, since the fear can be controlled, and is limited to a fictional form of escapism that lasts for a couple of hours. Some see the enjoyment of these films as analogous to riding roller coasters. The thrill of the unknown elevates heart rate and boosts adrenaline, and since the 'scares' pose no real threat, they can be processed, laughed about and enjoyed."

In my case, when I go to the movies I am seeking out escapism. There is something liberating about immersing myself in a dark theater and watching someone else's problems for an hour or two.



In the case of horror films, I admit there is a feeling of reassurance knowing that the violence I am witnessing throughout the film is indeed fictional. The disingenuous events taking place on the silver screen allow me to experience fear, but on a more comfortable, exciting and safe level.

HSU English major Trevor Rawlings had some thoughts to spare.

"Horror films are the bee's knees, but only if they're super campy. Scary with good and comedic intent is the best," Rawling said. "I really like the comedy horror sub-genre like the original 'Evil Dead' trilogy and 'The Toxic Avenger'!"

It seems that movie-goers appreciate a bit of comedy or lightheartedness to counterbalance the negative emotions experienced from fear.

Venturing to the theater on a dark night to watch a horror film is always a treat during the spooky month of October, but the tricks always begin once the movie is over and I am heading home.

Double checking my rearview mirror to make sure that Leatherface isn't in the back seat, opening the shower curtain to reassure myself that Jason isn't waiting for my arrival and leaving my porch light on to remind myself that the Saw doll isn't sitting outside on his tricycle are common rituals I've performed after watching a horror flick.

Rest assured, the majority of slasher films and their characters are fictional, but our fear does have a way of making us restless.

Sweet dreams ...

Shawna O'Donnell may be contacted at thejack@humboldt.edu

To buy or to make: halloween costumes

Creativity versus convenience

by Emma Wright

Homemade Halloween costumes are becoming a thing of the past. When you were a kid you undoubtedly had the greatest costume idea ever! Your creativity came alive in the design of that perfect character and nobody else would ever look the same as you.

Today, costumes are made in bulk, sold everywhere and everyone has a twin on Halloween. Perhaps our busy lives leave our imaginations exhausted?

And certainly, buying a costume is more convenient than making one. For me, time has always been the constraint pushing me to buy rather than to make. The last Halloween costume I made was nearly 10 years ago when I dressed up as Peter Pan, the lost boy. Fortunately, 10 years means very little when you don't age.

Nevertheless, I was invited to a Halloween party last Saturday night and realized that I didn't have a costume for it. Naturally, I bought one without thinking much about it. It was much more convenient to run down to the Halloween store on my lunch break from work than ponder what I could create using items I already had at home. In hindsight, I could have saved $50 and gone as a cowgirl with ranch clothes I already own. Perhaps I could have been a ghost — my creativity is running rampant now with ideas of what I could have been. Instead, I purchased a lovebug costume, which I am sure at least one other person in Humboldt County bought.

Talking to a friend about this dilemma between buying or making Halloween costumes led me to wonder why consumer habits have gotten the better of me. It used to be that despite time constraints and other obligations, you stayed up until the wee hours of the morning making and designing your dream for that year.

Something original, something old school, something scary, something sweet — all of those come from your creativity and self-expression. So many of us at one point probably wanted to have a twin, but by "twin" did we really mean being identical to someone in a costume designed by a third party? Probably not.

It is funny to think back on buying my costume a few days ago. I remember seeing at least half of the party attendees in the same store on the same day buying their costumes. I guess I am not the only last-minute shopper. I think that next year I might go back to tradition and creativity, design my own look and embrace the originality of what I make.

I don't think buying a costume is bad, but I do think that Halloween is about being spontaneous and creative. I think that perhaps we lose a little of that charm when we buy costumes that are mass-produced because most of our ideas come alive in our homes.

Emma Wright may be contacted at thejack@humboldt.edu

I'm bringing sexy back...

by Lauren Voigtlander

Every Halloween, girls' costumes seem to get a bit more "sexy." These days it is hard for girls to dress up on Halloween without wanting to look sexy. Unless you make your own costume or go thrift shopping, the costumes made available to females almost always start with the word "sexy." Otherwise you end up with a generic female version of a firefighter, Indian or (insert-costume-title-here) that includes lingerie and some kind of hat or headdress. Ladies feel like these are the options and that is it — to be sexy or to stay home.

But what is sexy and why do the costume producers of the past few decades believe that what they are creating is sexy? We all know these depictions of real female professions are highly exaggerated — does this mean the actual professions aren't sexy? Sexy, in my opinion, would be someone pulling off a costume in a realistic sense rather than in a stripper's portrayal.

If you want to dress sexy for Halloween, go for it. I have done it myself. I have rocked the always-offensive, scantily-clad "Native American" girl costume before. Sometimes you get a last-minute invite to a party the day before Halloween and the options you have before you are a white, holey bedsheet or the on-sale children's cop outfit that you just so happened to be able to squeeze into.

But these are not your only options. Whether you have time to put something together or are last-minute grabbing face paint and glitter, you have options! On a few occasions, I myself have used that last-minute face paint and glitter to put together a quick Ziggy Stardust, but you can go many routes. The Internet is flooded with thousands of do-it-yourself websites with easy last-minute costumes.

Now, if you have the time and you are going to be something specific for Halloween — do it. But don't squash your creativity because Halloween has made you feel like you should be in lingerie or a mini dress.

Not every costume needs to show skin. You can put any print you want on a mini dress — it still does not make you any kind of animal, food or game board.

If you want to be something sexy, then be something actually sexy. Pick out your favorite singer or actress who is actually known for being sexy. Well-humored costumes can often be very sexy as well. And hell, there is definitely something sexy about a girl who hand-makes a badass costume.

Halloween has been construing our idea of what it means to be sexy for a long time, but being sexy has very little to do with how much skin you are showing.

When you go out this Halloween, whether as something "sexy" or just something fun, remember that it is actually you that brings the sexy and not the costume you choose to dress in.

Lauren Voigtlander may be contacted at thejack@humboldt.edu

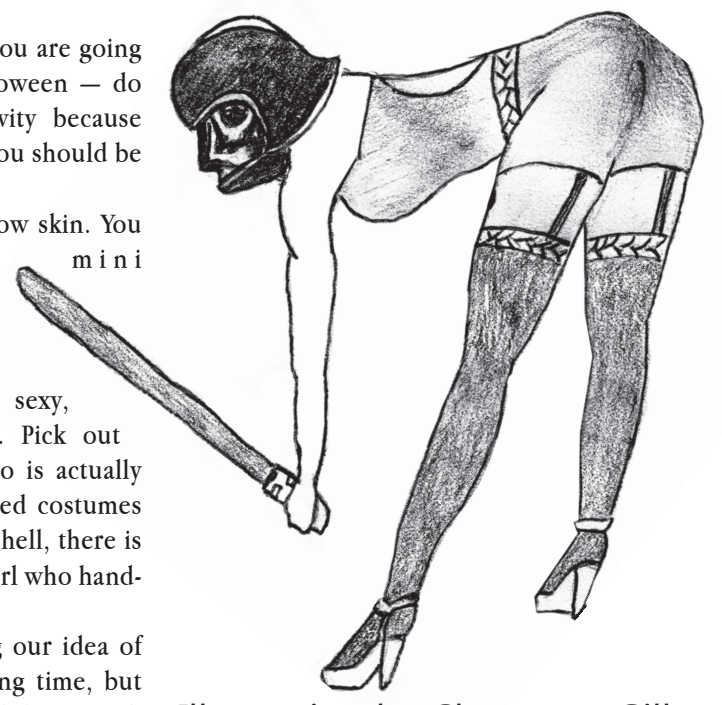


Illustration by Cheyenne Gillet

Fear in the face of death

The looming problems behind lethal injection

by Ryan Nakano

Every Hallow's Eve we scour the night in costumes and fill our mouths with candy in a Hallmark celebration of death, a tribute to the fallen hallows (saints) and martyrs who once walked among us with beating hearts and skin-thick souls. But as we remember those who have come to pass this Oct. 31, I fear not their ghosts or skeletons. It is, in fact, those whom we deem unworthy of living whose deaths I fear for the most.

In the United States, 3,108 inmates sit on death row; according to The Death Penalty Information Center, 32 inmates have been executed this year.

No — this is not an opinion piece on whether or not our country should enforce capital punishment, or even an article about the many innocent men and women who find themselves incarcerated via wrongful conviction.

This is an opinion piece on how our country confronts humanity in the face of death.

On Oct. 26, NPR released an article titled "Lacking Lethal Injection Drugs, States Find Untested Backups" that revealed several states including Florida and Texas have begun to use new lethal-injection drugs not regulated by the U.S. Food and Drug Administration.

The use of new compounded sedatives midazolam hydrochloride and pentobarbital in executions have come as a response to the recent shortage of common anesthetics like sodium thiopental, normally used for lethal injection.

In 2011, Hospira, the U.S. drug manufacturer of sodium thiopental, a widely used sedative, stopped producing it due to outside pressure from protesters against capital punishment.

German drug company Fresenius Kabi threatened to discontinue exporting its anesthetic, Propofol, to the U.S. for the very same reason.

In order to forgo the dependency on European drug manufacturers, some states now rely on compounding pharmacies — pharmacies in which professional pharmacists mix or tamper with ingredients in a given medication in order to customize it for each individual patient.

Unfortunately, states are able to bypass FDA regulations and any form of oversight through compounding drugs not made specifically for executions.

The DPIC has stated that in this month alone, Texas, Missouri and Ohio have announced plans to receive drugs from compounding pharmacies.

With so little research and testing on these newly-sought sedatives, I find it hard to rule out the possibility that they could prolong the suffering of the convict.

No matter the reason for the scarcity, there is something inherently scary about our willingness to sacrifice our humane standards and blatantly disregard our eighth amendment right against cruel and unusual punishment.

Next thing you know, there will be talks of bring back the gas chamber as a primary execution method…

Oh wait, Missouri Attorney General Chris Koster and Republican Missouri State Senator Kurt Schaefer already have.

In a recent Al-Jazeera article titled "After EU threats, Missouri halts execution by Propofol injection," Koster and Schaefer fully support the use of a gas chamber in the event that lethal injection cannot be administered.

Utterly horrifying.

Of course, there are those who believe individuals on death row deserve to suffer until their last breath. But within our criminal justice system, their time served and their guilt is suffering enough.

Is it really not enough to end their lives quickly and painlessly?

It is true, many of the men and women on death row are not the martyrs or even the hallows we typically celebrate on Halloween, and yet they are neither ghosts nor skeletons either.

These individuals are very much alive and very much human.

We should look past the costume of the convict and understand that sometimes the end does not always justify the means.

Ryan Nakano may be contacted at thejack@humboldt.edu

The Lumberjack Submission Policy

Send submissions to Opinion Editor Ryan Nakano at rhn7@humboldt.edu

Include "Attn: Opinion" in the subject line for email submissions.

Guest columns may not exceed 750 words.

New contributors may be given preference over returning contributors.

Include your name, telephone number, city of residence and affiliation with relevant campus or community organizations.

HSU students: please provide major and class standing.

We also welcome cartoons, spoof articles and other items.

Send letters to the editor to thejack@humboldt.edu

Include "Attn: Letter" in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

All submissions must be received by 4 p.m. the Friday preceding publication.

All letters and columns may be edited for grammar, spelling and clarity.

We reserve the right to edit pieces that contain libel, slander, hate or discriminatory speech and pieces that may incite violence.

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CORRECTIONS

In "Weighing the benefits of a degree" in the Oct. 23 issue of The Lumberjack, Bryan Plumley's sentence that jumps from page one to page four is cut off. The full sentence should read, "When you look at the statistics, the unemployment rate for bachelor's degrees and higher is very low, in reality it is less than 5 percent."

The recipe "Gluten-free doughnuts" was not attributed to a writer. The recipe belongs to Esteban Castillo.

In "When old fashioned meet and mingle turned into: read my profile," writer Emma Wright incorrectly states that OKCupid is one of the only free dating sites available at the moment. A google search for "free dating states" yields 250,000,000 results.

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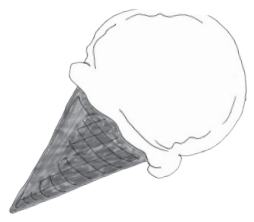
Mission Statement

The Lumberjack is a student-run newspaper that reports on the campus and community. We strive to report with accuracy, honesty and originality. We hold ourselves accountable for errors in our reporting. We invite all readers to participate.

This is your newspaper.
Be a part of it.

The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published on Wednesdays during the school year. Views and contents of The Lumberjack are those of the author and not necessarily those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-third majority opinion of the editorial staff. Opinions expressed in editorial content and columns are not necessarily those of Humboldt State University. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students or Humboldt State University.

PUZZLES



Last week's winners

Where's Rollin?
Lauren Lester

Where is this?
Deborah Engelhardt

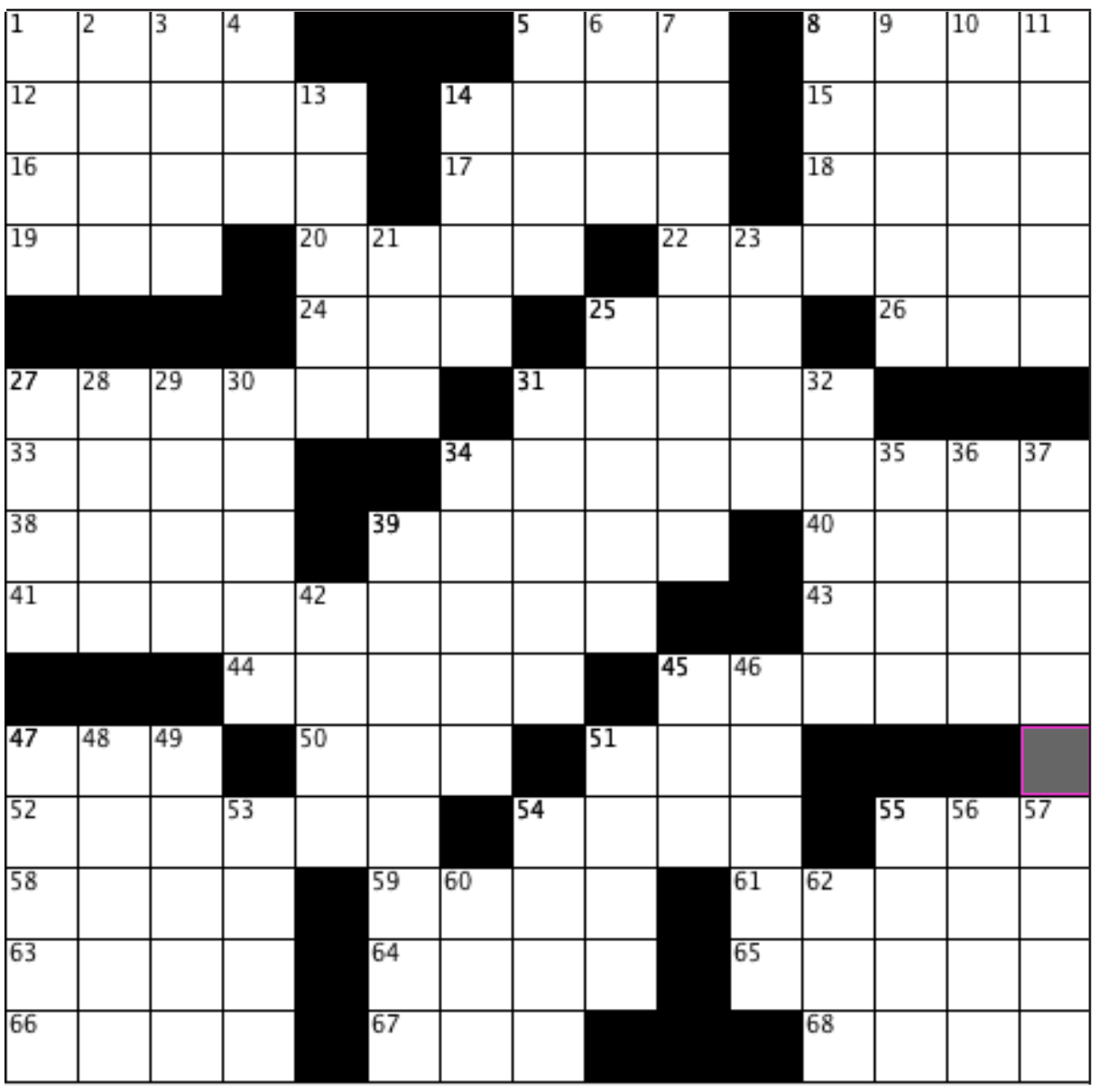
Where's Rollin?

It is hard enough to find Humboldt State President Rollin Richmond in real life ... but can you find him in The Lumberjack?

Cartoon Rollin is hidden somewhere in the paper. If you find him, email the answer to thejack@humboldt.edu with the subject "ATTN: Where's Rollin?"

Crossword Puzzle

puzzle by Mary Vogel



Across
1. penguin or blue jay, say
5. faux __
8. int'l broadcasting service with hq in Britain
12. regions
14. "watch your head!" or animal that may be found at the Arcata marsh
15. professional ice hockey league in the UK
16. __Things, meat-lovers' restaurant
17. opposite of pro- prefix
18. Hosni's eldest son, not involved in politics
19. warm (or cold) drink usually made from dried leaves or herbs
20. woofs, barks, woofs, for example
22. British fantasy-adventure show that ended in 2012
24. may follow sov or qu
25. woman's condition that happens once a month
26. tin, on periodic tables
27. tongue or heart, for example
31. film "Driving Miss __"
33. 1/12 of a foot, or a worm type
34. where you may find cows, sheep, pigs, and other livestock
38. instead
39. government agency that administered forced labor camps under Stalin
40. quarter or penny, say
41. holy patron of animals, briefly
43. bum or panhandler
44. appearances
45. hard and aromatic seed from tropical trees often used to flavor pumpkin pies
47. may come before erenchyma
50. game console competitor of Sega
51. ma'am's partner
52. Montreal province
54. in sodas, Pepper's competitor
55. texting offspring of omg
58. yen
59. U-__, moving vans
61. not before
63. __ Scrolls healing center in Sunny Brae
64. "This will be done __ time!"
65. loud and cacophonous
66. Harvy that became Superman's nemesis
67. kewl way to say "ill"
68. Phil musician famous for the song "War is Over"

Down
1. SF bay area org. recently on strike
2. good feelings on the Arcata Plaza
3. McEntire of country stardom
4. German film "__ Boot"
5. questions marks at the end of crossword clues indicate these
6. part of a play, or something you can get caught in
7. quickly looking for key points in a book
8. to endure, or a big furry mammal
9. must be paid every month, for many
10. __ reaction
11. Wi-Fi servers
13. escargot, just one
14. __ 54-Down, in music
21. Lough __, Irish lake
23. Amara __, once president of the United Nations Security Council
25. stop, to Juan
27. 25.4 of these equal one 33-Across
28. 27-Down and 33-Across give an example
29. thoroughbred foundation based in the warmed half of CA
30. miser
31. artist Salvador and others
32. wealthy man's boat
35. "__ with a View"
36. city in Saint George, Trinidad
37. kiss and caress amorously in Britain
39. small potato or flour dumplings served in Italies
42. national cab service
45. cacao often found in this form in the store
46. __ decay
47. not an octopus
48. a witch may put one on you this week
49. "you put your left __, you put your left..."
51. large storage place for grains
53. superlative form of "good"
54. 14-Down __, in music
55. relating to the ear
56. basketball shorts material
57. Best Buy competitor
60. Luke's papa, for short
62. Fighters of alternative rock

CLASSIFIEDS

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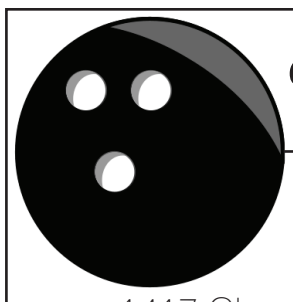

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CALENDAR

October 31, 2013 - November 5, 2013

Wednesday OCTOBER 30

The Haunted Mill Tour

The Haunted Mill Tour
The North Coast Repertory Theatre and Blue Ox Historic Park present a terrifying experience of zombies and demented blacksmiths.
Blue Ox Millworks
8 p.m. – midnight
$10

Thursday OCTOBER 31

Arts in the Quad: Farmhouse Odyssey

Arts in the Quad: Farmhouse Odyssey
In celebration of Halloween, there will be food, community and club tabling and music in the quad, featuring local band Farmhouse Odyssey.
UC Quad
Noon
Free

Friday November 1

Campus Dialogue on Race

This year's theme is "(In)Justice and Resistance: Past, Present and Potential" and will address topics such as body, disability, immigration, gender justice, prison abolition, activism to end violence and racism in a "post-racial" society.
HSU campus
All day
Free

Illustration by Anthony Flucker

Saturday November 2

Va Va Voom Burlesque Vixens' Dia de los Muertos Show

The Vixens will perform acts implementing terror, humor, sex appeal and class in celebration of Dia de los Muertos, followed by a costume contest for a cash prize.
Doors 9 p.m., show 10 p.m.
21 & up
$10 in advance, $13 at the door

Saturday November 2

Black Queen and Lord Dying

Come watch Black Queen, a witch metal band from Seattle, and Lord Dying, a metal band from Portland, perform while enjoying an Alibi Mary.
The Alibi
21 & up
11 p.m.
$5

Saturday November 2

Dia De Los Muertos Dance

Gamma Alpha Omega and Lambda Theta Alpha collaborated to present a dance in celebration of Dia de Los Muertos. All proceeds will go to each organization's respective philanthropies.
Kate Buchanan Room
9 p.m.
$3 presale, $5 at the door

Tuesday November 5

Book of the Year Reading

Author Jim Dodge will read from his book "Fup." The book was originally published in 1983, which tells the story of Jake Santee, his grandson "Tiny," and their adopted mallard duck living on a farm in Sonoma County. It was released in 2011 with an updated edition that is now available in the HSU and CR bookstores.
Goodwin Forum
7:30 p.m.
Free

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