# Reentry Resource Guide

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Welcome Letter

Hello Resource Guide User,

Thank you for choosing to use the Humboldt County Resource Guide that has been designed specifically for those that have been incarcerated. This guide was designed by students from the Sociology Department at Humboldt State University. We conducted a research project in Spring of 2016. Where we interviewed formerly and currently incarcerated people. We found that there is a need to know the resources that currently exist. We want to see you succeed, and this guide will help you access resources and aid you in the journey of reintegration.

We know that many people returning to the community after being incarcerated need assistance with identification, housing, employment, and other basic needs.

We encourage you talk to your probation officer, case worker, mentor, or anyone who can be an ally to your success. If you are an AB109 client under Probation supervision, or are required to enter residential treatment or a batterers program, there may be extra assistance available for you - ask your probation officer. We all want you to succeed. The more open you are about what support you need, the more we can help you! Seek the counsel of your peers that have successfully changed their lives after incarceration. The more supports you have, the more likely you will be successful.

We are truly excited to welcome you back into the community!

Sincerely,
S.H.A.T.T.E.R
Students of Humboldt Advocating Total Transformative and Effective Reintegration

“If at first you don’t succeed try, try, try again.” W.E. Hickson
Support Groups
Days, Times and Locations are subject to change without notice.
Please call ahead to confirm the groups location and time.

Monday
Celebrate Recovery 442-1784
Eureka Faith Center
1032 Bay Street, Eureka
Faith based drug and alcohol recovery support group.
Childcare available. Mondays at 6:00 ($3 adult, $2 child), group 7-9 pm.
eurekafaitcenter.org
Lactation Assistance Program 618-9536
Call for location, 2-6 pm. Hands on education, assistance and support for nursing moms.

Mental Health Support 407-7059
County Mental Health, Rainbow Room 4:30-6:00
720 Wood St., Eureka
Support for caregivers and family members of people with mental illness.

Madre a Madre (Spanish only) 441-4477
St. Joseph Hospital 2-4 pm
Burré Room 1st Wed. of the month

Spanish speaking support mother support group through Paso a Paso.
Spanish speaking diabetes support groups
St. Joseph’s Parish 2312 Newburg Rd., Fortuna
1st Wed. of the month 6:30-7:30
For more info call 407-8380

Telehealth 4246 Buhne St., Eureka
3rd Wed. of the month 6:30-8:00
For more info call 498-1032

Thursday
Domestic Violence Survivors 866-668-6543
Call for location, childcare available (call business office ahead if needed), 6-7:30 pm

Friday
Domestic Violence Survivors 866-668-6543
Call for location, childcare available (call business office ahead if needed), 12-1:30 pm

Grief Support Group 445-8443
Hospice Main Office
3327 Timber Fall Court, Eureka
1-2:30 pm

POET – Peer Outreach and Education Team 444-8443
Azelea Hall, 1620 Pickett Rd., McKinleyville
1st Fri. of the month, 10-11:30 am

Diabetes support group.

Saturday
Grief Support Group 445-8443
Saturday Morning Slipper Club
Hospice Main Office
3327 Timber Fall Court, Eureka
9:30 am

AA
Call or go online for schedule aashamboldtdeorte.net

About Contacting Resources
When contacting potential resources, you can guide community personnel in discussing information about what they have to offer you. Remember, you don't need to disclose your prior incarceration, just be honest if asked directly. Also, before calling, write down what you want to ask or know.

• Explain why you are calling.
• "I am calling from Arcata. I’m looking for information on getting my ID. I need to know how much it costs, and what documents I need to bring with me to the DMV."
• Have a pen and paper ready to write down any information you may receive.
• Ask for the resource’s specific functions (what do they do?) and decide if any of them match your needs.
• If you feel that you would benefit from the program, get the following information: Location of services, name of a contact person (if any), hours of service, fee, eligibility requirements and how to apply.
• Ask the resources personnel to send you the necessary brochures or other paperwork that further explain the resource. Give your name and address.
• If the person with whom you spoke cannot help you, ask for the name of someone else you can call for the same service.
• Don’t give up! If you are not sure of exactly where to call, try calling 211 Humboldt or any other number listed in this guide. Work with your home visitor, family worker, or center teacher to reach the resources you need.

211 Humboldt
Humboldt Community Switchboard
A comprehensive database of information on resources available in Humboldt County.
441-1001 or dial 211
Or online theswitchboard.org

Family & Community Resource Centers
Resource Centers offer support, information and referrals on a variety of topics. All inquiries and discussions are confidential.

Arcata Family Resource Center 407-3833
7th & C St., Eureka
M-F 8-3
Blue Lake Community Resource Center, St. Joseph’s 777-1775
115 Greenwood Ave., Blue Lake
M-W 9-6; F 9-3
Bridgeville Community Center 768-3860
38717 Koseland Rd., Bridgeville
Mailing address PO Box 3, Bridgeville, 95526

Caribou Healthy Start 725-3300
300 Wilder Rd., Carlotta, CA 95528
M-F 8:30-3:30

Eel River Valley Multi Generational Center 725-3300
2280 Newburg Road, Fortuna, CA 95540
Eureka Comm. Resource Ctr, St. Joseph’s 442-5239
35 West 3rd St., Eureka
Mon-Fri 11-3

Family Resource Center – Marshall Campus 441-2516
I Street between Trinity & Huntoon, Eureka
M-F 8:30-4:30

Fortuna Community Services 725-1166
T & W 9:30-11:30

Hupa Family Resource Center (530) 625-4000
T9 Holt Street (Box 728), Hoopa, CA 95546

Loleta Comm. Resource Ctr, St. Joseph’s 733-5239
700 Loleta Dr. (Loleta Grammar School)

Manila Community Center 444-9771
1611 Peninsula Dr., Manila
Mailing address 1901 Park St. M-Th 12:00-5:00

Mattole Valley Resource Center 629-3311
PO Box 191, Petrolia 95558
Wednesdays 9-1 by appointment

McKinleyville Family Resource Center 840-0095
1459 Hiller Rd., McKinleyville
Mon-Fri 10-4 (closed 2-3:30)

Rio Dell Comm. Resource Ctr, St. Joseph’s 764-5239
99 Wildwood Ave., Rio Dell
Mon-Fri 8-4

South Bay/Pine Hill Healthy Start 445-5933
5230 Vance Ave., Eureka
M-F 8:30-4:30

Southern Humboldt Family Resource Center 923-1147
344 Humboldt Ave., Redway
Located on Whitmore Ave. edge of Redway School campus M-F 8:30-5:30

Westside Family Resource Center-Jefferson Project 497-6280
1000 B Street, Eureka
T-F 9:30-5:30

Willow Creek Comm. Resource Center, St. Joseph’s 38883 Hwy 299, Willow Creek
(530) 629-3141
Mon-Fri 8:30-1, afterwards by appt.
Alcohol and Drug Services

Treatment Programs –Inpatient/Outpatient
Alcohol and Other Drug Programs
Department of Health and Human Services 476-4054
720 Wood St., Eureka
Outpatient treatment, education and referral for alcohol and other drug problems. Sliding scale, insurance or Medi-Cal.
Orient every Friday at 8:30 AM.
coop.humboldt.ca.us/health/mentalhealth/alc

Alcohol/Drug Services
1335 C St., Eureka
Admin 445-1391
Serenity Inn 442-4815
Lee Brown (Men’s) 268-0644
Bonnie Brown (Women’s) 444-2232
Detox 445-3869
Services include detox & residential. Inpatient programs.
Temporary housing at Serenity Inn. Fee, call for details.
Crossroads
1205 Myrtle Ave., Eureka
Residential treatment program –men & women. Minimum 90 days. Sliding fee scale, some special payment programs.
Eureka Community Health Center 442-4038
2200 Tydd St.
Substance abuse support, medical treatment of addiction, opiate dependence services, resource and referral.
opendoctor.org

Healthy Moms Program
441-5220
Department of Health and Human Services
2910 H St., Eureka
Alcohol and other drug treatment program for pregnant and parenting moms, skill classes, and practical life skills.
On-site child care provided. Sliding scale, Medi-Cal.
co.humboldt.ca.us/m:hmb/motherbodysprogram

Humboldt Recovery Center
Women 443-4237
Men 444-6662
1302 11th St., Eureka
Residential recovery home for men and women. Outpatient counseling and educational presentations available upon request. Sliding scale fee.
humboldtrecoverycenter.org

Humboldt Family Service Center
1802 California St., Eureka
Drug and alcohol education, drug diversion, battered’s program, children of divorce workshops, family, children and individual counseling, premarital counseling for adolescents.
humboldtfamilyservice.org

Humboldt Alcohol Recovery Treatment (HART)
2331 Rohnerville Road, Fortuna, CA 95540 725-9381
Toll Free 800-987-6237
Outpatient treatment, first and multiple offender, member of the Driving Disorder Treatment Program. Extended payment plan available.
fortunaacs.com/hart

HumWorks
Department of Health and Human Services
269-4179
929 Koster St., Mod D, Eureka
Counseling and Advocacy Services to parents receiving CalWorks that have or are experiencing substance abuse issues, mental health issues or domestic violence. CalWorks participants may qualify for treatment activities as counting towards CalWorks requirements.

Hoopa Tribe’s Human Services/Behavioral Health
530-625-4237
Drop-in center for education, referral, outpatient counseling, community education and prevention. Parenting classes, marriage and family counseling, health and wellness group, probation referrals for alcohol and other drugs services and PAVE for domestic violence.
Mobile Medical
Call for location schedule. Substance abuse support, resource and referral. Clinic with regular stops throughout Humboldt County. Opiate dependency services. Spanish speakers available.
opendoctor.org

Mountain of Mercy
707-601-3403
Honey Dew, CA
Christian based 12 month residential program. No fee for services. Call for more information.
NorthCountry Clinic
785 18th St., Arcata
Substance abuse support, medical treatment of addiction, Opiate dependency services. Resource and referral.
opendoctor.org

Redwood Teen Challenge
268-8727
Men’s Center 1805 4th St., Eureka 268-0014
Women’s Center 1435 7th St., Eureka 442-4233
Live-in recovery program for adults. Services range from 12-18 months. Fee for service, some scholarships are available.
twofeathersnafs.org

Eureka Rescue Mission
443-4551
110 2nd St., Eureka CA
Drug and Alcohol Recovery Program for men, 12 month, live-in counseling, education program, bible study, daily chores, and goal setting.
eureakarescuemission.org

Trees Rising Recovery Center
800-344-3799
PO Box 8, Garberville
Contact for payment options/insurances accepted.
singingtreesrecovery.com

United Indian Health Services
825-5000
1600 Weed Way, Arcata
Drug and alcohol education, prevention and counseling (group or individual). Detox/residential treatment assistance.
uihs.org

Support Groups
At-A-Liante! ACA Groups
443-1419
aca.org/branch/fortuna
PO Box 6425, Eureka, 95509
488-2468-2666

Support Groups
24 Local 24 hour hotline
444-0711
Call or go online for meeting schedule.
aahumboldtdevore.net

Eureka Faith Center - Celebrate Recovery
1032 Bay St., Eureka 442-1784
Mon. 6pm BBQ dinner. 7pm peer support groups. Large Group with live music and teaching or testimony. 8pm Men and Women’s Small groups. Child care is provided.

Parenting with Love & Logic
Rose Balsek 496-6070
Changing Tides
2379 Myrtle Ave., Eureka
Team child services, Special Needs Connection & Family Empowerment, children and family services, parenting classes and counseling. Home visiting programs for overburdened families and teen parents.
Supported Parenting Program
443-8293
Weekly in-home visits to teach parenting skills and parent counseling to those with developmental disabilities. Changinglives4uf.org

College of the Redwoods
Kelly Mendonca 476-4455
Parenting education classes including Love and Logic, Positive Discipline, Dad’s Support Group, Kinship Support Group. Call for information. Child care provided, must be arranged in advance.

Two Feathers, Native American Family Services
1560 Betty Court, Suite A, McKinleyville 839-1933
800-341-9454
Services to promote stability of families and the best interest of Native American children. Must be Native American.
twofeathersnafs.org

Showers / Bathing / Laundry
Arcata Community Pool
1100 T Street, Arcata 822-6801
arcatacommunitypool.com

Eureka Rescue Mission
443-3787
110 2nd St., Eureka
Showers Mon, Wed, Fri 1-3.
Showers and clothing exchange.
eureakarescuemission.org

Fortuna Community Services / DORCAS
725-1166
2331 Rohnerville Rd., Fortuna
Showers for homeless community in the Fortuna area on Tues 9:30-11:30. Call for more details.
fortunaac.com

St Vincent De Paul
445-9588
35 3rd W. St., Eureka
Free public showers M, W 8:30-10:30. Soap & shampoo provided.

Transportation
Arcata and Mad River Transit System
822-3775
925 E St., Arcata
Transportation in/around Arcata, call or go online for schedule/fee/cost.
arcatafortuna.org

Dial-a-Ride
To apply 443-9747, 443-0826
To be picked up 442-4555

Call for information and certification process. Fee for services.
For people unable to take public transportation due to a disability.
DMV 800-777-0033
Fortuna Senior Citizens Bus Service
725-7625
This is a Dial-a-Ride service for seniors and disabled individuals inside Fortuna city limits.
frietonytc.com

HCAR Care-A-Van
525 7th St., Eureka
Care-A-Van provides transportation for non-emergency medical appointments for seniors and disabled. Call for current route schedule. Fee for service.
www.hca-arcata.org

Redwood Coast Transit
464-6400
Bus service from Crescent City to Arcata. Call for price and schedule or visit website.
redwoodcoasttransit.org

Transportation Assistance Program (TAP)
269-4106
929 Koster St., Eureka
One way transportation assistance out of Humboldt County, meal allowance for families/individuals, assists in relocating, reuniting with extended family, gaining employment and increasing self sufficiency. Must meet eligibility requirements.
www.humtd.org/530transp/transportation-assistance-program-tap

Veterans Resources
Eureka Veterans Affairs
Singing Tree Based Outpatient Clinic
2910 H St., Eureka 930 Harris St., Eureka
Humboldt County Veterans Service Office
445-7341
825 5th St., Scotia 109 4th St., Eureka
MF-8 4-30, phones 8-30-12, 1-4, VA benefit counseling.
Northcoast Veteran Resource Center
442-4322
442-6852
Programs to assist veterans in gaining employment, transitional housing, housing vouchers, behavioral/ mental health and other supportive services.
Redwood Reconnector
2830 G St., Suite A, Eureka
442-8271
Reintegration counseling for veterans, socialization groups, outreach.
Veterans Administration
800-827-1000
www.va.gov
**Native American Resources**

**Bear River Band of the Rohnerville Rancheria**
1373-1900
27 Bear River Drive, Loleta
brb-oarc.org

**Big Lagoon Rancheria**
826-2079
PO Box 3060, Trinidad

**Blue Lake Rancheria**
668-5101
428 Chartin Road, Blue Lake
blueracksonrancheria-nsn.gov

**Bureau Of Indian Affairs**
362 Knocrest Dr., Suite 105, Redding
530-223-7960
bia.gov

**California Indian Legal Services**
1560 Betty Court, Suite A, McKinleyville
Two Feathers, Native American Family Services
916-705-9133
3rd Floor, 641 N. St., Eureka
wiyot.us

**Table Bluff Reservation Wiyot Tribe, Loleta**
484-1502
Yurok Indian Housing Authority, Klamath
yurokhousing.com

**Yurok TANF**
445-2422

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**Parenting**

**Changing Tides**
444-8293
2379 Myrtle Ave., Eureka
Team child services, Special Needs Connection & Family Empowerment, children and family services, parenting classes and counseling. Home visiting programs for overburdened families and teen parents.

**College of the Redwoods**
476-4455
Kelly Mendonca
Caregivers Education Program

**Directory of Community Parenting Classes**

**Family Support Center**
Manila Community Center
1611 Peninsula Dr., Manila
Parent support meeting Mon. 5-7, free childcare and dinner. manilacsd.com

**North Coast Children’s Services**
822-7206
1266 9th St., Arcata
Parent support meeting Mon. 5-7, free childcare and dinner.

**Parent Project**
825-2508
6-10 week course for parents of elementary, middle and high school students. $35 per family

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**Narcotics Anonymous**
866-315-8645
PO Box 6643, Eureka, CA 95502
npoa.org

**One Stop Child Care / Preschool Services**

**Preschool and school age programs. Low to no cost, based on income.**

**Yurok Tribal Head Start/Early Head Start**
440-0433
3400 Erie St., Eureka
Childcare and Head Start/Early Head Start programs in Withepeh, Klamath & Eureka. Contact for info and eligibility.

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**Clothing Resources**

**Free Clothing:**

**Family Resource Centers**
* See page 3 for the center closest to you.

**Humboldt Family Resource Center**
2100 J St., Eureka
441-2516

**Humboldt Youth Action Center**
Klamath Video After School Program
916-705-9133

**New Life**

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**Yurok Indian Housing Authority, Klamath**
484-1502

**Yurok TANF**
445-2422

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**United Indian Health Services**
Operates clinics in Arcata, Fortuna, Kalmath, Weitchpec and Crescent City. Medical, dental, counseling, vision and other health services.

**Winzler Children’s Center**
524 6th St., Eureka
Childcare for HSU students. Low to no cost, based on income.

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**Winzler Children’s Center**
524 6th St., Eureka
100% of Native American children. Must be Native American.

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**United Indian Health Services**
825-5000
940 Main St., Fortuna
utla.org

**Yurok Indian Housing Authority, Klamath**
484-1502

**Yurok TANF**
445-2422

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**New Life**

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484-1502

**Yurok TANF**
445-2422

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524 6th St., Eureka
Childcare for HSU students. Low to no cost, based on income.

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**Winzler Children’s Center**
524 6th St., Eureka
100% of Native American children. Must be Native American.
Custody / Divorce

- Children of Divorce Workshop
- Humboldt County Family Service Center
- Humboldt County Courthouse Self Help Center
- Room 305

Mobile Medical Office

- Humboldt County Courthouse
- 625 5th St., Eureka
- Humboldt County Courthouse Self Help Center
- 445-7256 ext. 1321

Room 305

- Call for appointment. Family Law facilitators/self-help resources at appointment or walk-in basis only, assist with court paperwork.

- Family Law Services
- 2420 6th St., Eureka
- 866-901-3212

- Pick up and file Family Law paperwork.

- Room 305

- Walk-in hours, call for more information. Assistance with restraining orders and custody paperwork.

- Humboldt Co. Office of Education
- Social Service Branch Campus
- 1707 E St. #2, Eureka
- 443-7077

- A wide variety of services and job programs for people with disabilities.

- Humboldt Community Access and Resource Center (HCAR)

- 1707 E St. #2, Eureka

- Humboldt County Adult Protective Services/In Home Supportive Services
- 808 E Coast Rd., Eureka
- 478-2100
toll free 1-866-527-8614

- This agency handles reports of abuse of dependent adults.

- In-Home support services and has a caregiver registry.

- Humboldt County Department of Education-Special Beginnings
- 901 Myrtle Ave., Eureka
- 445-6006

- Educational program for children with special needs (0-5) and their families, special day class for children with autism.

- humboldt.k12.ca.us

- Making Headway
- 305 O St., Eureka
- 442-7668

- Provides services to survivors of traumatic brain injury and their families. Therapy, counseling and case management to coordinate care and recovery. Sliding fee scale.

- makearecovery.org

- Mobile Medical Office
- 443-4666

- Appointments

- Mobile medical clinic with regular stops throughout Humboldt County. Counseling services available. Spanish speaking.

- open door health.org

- Redwood Caregiver Resource Center
- Humboldt County Courthouse
- 1-800-834-1836
- Humboldt County Self Help Center
- 447-7526

- Redwood Coast Regional Center (RCRC)
- 445-0893

- 525 2nd St. Suite 300, Eureka

- Serves children with developmental disabilities including intake, advocacy and case management services.

- redwoodcoastrc.org

- Social Security and Medicare Eligibility Information
- 3144 Broadway, Eureka
- 800-722-1213

- ssa.gov

- English/Spanish 866-828-1991

- Speech Therapy

- For qualified children over 3 years of age, provided by your school district. See school districts next page for contact info.

- Tri County Independent Living
- 2022 Harris St., Eureka
- 445-8404

- Support services, advocacy and independent-living skills programs. Assistance with filling out housing applications. Provides housing lists.

- livetin.org

- Department of Health and Human Services
- 269-4179

Mental Health/Counseling

If you are having a mental health crisis call the crisis line at 445-7715 or 911

- Beacon Health Strategies
- 855-765-9703

- Families on Medi-Cal can call for counselor referrals. See counselorstrategies.com. Plan name is "Partnership".

- Changing Tides Family Services
- 449-8293

- 2379 Myrtle Ave., Eureka

- Mental health services to support children and their families. Accepts Medi-Cal.

- changingtidesfs.org

- Eureka Community Health Center
- 2200 Tydy St., Eureka
- 825-6680

- Mental health counseling and psychiatric services. Medi-Cal or sliding scale.

- open door health.org

- Humboldt County Adult Protective Services/In Home Supportive Services
- 1707 E St. #2, Eureka

- Counseling for children & families. Medi-Cal or sliding scale.

- Humboldt County Family Service Center
- 1702 Del Norte, Eureka
- 443-7358

- Counseling for children, women and men, drug education, marriage counseling, Children of Divorce Workshop, family violence program. Sliding scale.

- * Free of first 30 minutes on Mondays 1-4 PM.

- VINE LINK
- 877-411-5568

- www.vinelink.com

- Parents who are loved one is released.

- Mental Health/Counseling

- Domestic Violence

- HumWorks
- Social Service Branch Campus
- 929 Koster St., Eureka

- Behavioral health services for CalWorks recipients. Address stress substance abuse, mental health and domestic violence related barriers to employment. HumWorks services count towards CalWorks required hours. Contact your CalWorks worker for a referral.

- The Emma Center
- 5251 Erickson Way, Suite 3, Arcata
- 825-6680

- Humboldt County Mental Health Services
- 888-849-5728

- Crisis intervention, inpatient and outpatient mental health services. Counseling and medication evaluations.

- Adult – 720 Wood St., Eureka
- 268-2900

- Child – 1711 3rd St., Eureka
- 268-2800

- Garberville Office
- Crisis Line
- 445-7715

- Hope Center
- 441-3723

- Humboldt County Juvenile Probation Center
- 445-6215

- (Through Public Health) Inspectors and evaluates rental housing at the request of tenants. Requires landlords rendre and correct all dangerous, substandard conditions.

- Victims of Crime Resource Center
- 800-842-8467

- (English and Spanish)

- 800-VICTIM5

- Information referral to legal resources for victims of crime.

- 18006283967

- Victim Witness
- 712 4th St., Eureka
- 445-7417

- Assistance to victims of violent crimes and their families including counseling assistance, restraining orders, court accomplishment and relocation assistance.

- VINE LINK
- 877-411-5568

- www.vinelink.com

- Reports status of those incarcerated. Can be set up to be notified if a loved one is released.

- 2933 H St., Modulor Building, Eureka

- Educational environment for persons with mental health challenges. Workshops, classes and activities. Free.

- Mobile Outreach Vehicle
- 441-4560, 267-8437

- Call for schedule

- Patients Rights Advocacy Services
- 268-2995

- Call for service with assistance problems.

- Humboldt County Courthouse
- 770 10th St., Arcata
- 826-8610

- Medical, counseling services. Medi-Cal or sliding scale.

- opendoor health.org

- HumWorks
- 269-4177

- Services to parents receiving CalWORKS that have or are experiencing substance abuse issues, mental health issues, and domestic violence. Request info from your worker.

- HSU Counseling Clinic
- 269-3291

- HSU-Davis House #1, Arcata

- Staffed by second year graduate students, services for a fee, sliding scale, limited hours in summer.

- humboldt.edu/psychology click on Community Clinic

- Mobile Medical Office
- 443-4666

- NAMI (National Alliance on Mental Illness)
- 444-1600

- www.nami-humboldt.org

- Advocacy, education and support groups for families of people with mental health illnesses.

- North Country Clinic
- 785 18th St., Arcata
- 822-2481

- Medical, counseling services. Medi-Cal or sliding scale.

- Humboldt County Adult Protective Services/In Home Supportive Services
- 1707 E St. #2, Eureka

- Counseling for children, women and men, drug education, marriage counseling, Children of Divorce Workshop, family violence program. Sliding scale.

- * Free of first 30 minutes on Mondays 1-4 PM.

- Humboldt County Family Service Center
- 1802 California St., Eureka
- 443-7358

- Counseling for children, women and men, drug education, marriage counseling, Children of Divorce Workshop, family violence program. Sliding scale.

- * Free of first 30 minutes on Mondays 1-4 PM.

- Humboldt County Mental Health Services
- 888-849-5728

- Crisis intervention, inpatient and outpatient mental health services. Counseling and medication evaluations.

- Adult – 720 Wood St., Eureka
- 268-2900

- Child – 1711 3rd St., Eureka
- 268-2800

- Garberville Office
- Crisis Line
- 445-7715

- Hope Center
- 441-3723

- Victim Witness
- Victim Compensation Program 445-7417

- 712 4th St., Eureka

- Assistance to victims of violent crimes and their families including counseling payment assistance, restraining orders, court accomplishment and relocation assistance.

- United Indian Health Services
- 1600 Myrtle Ave., Eureka
- 825-5000

- Child/family counseling services are provided to eligible families. Must be member of a federally recognized tribe.

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Financial Assistance

Annual Credit Report
Free credit report once a year
annualcreditreport.com
California Tribal TANF Partnership
476-0344
620 C St., Eureka
Assistance for members of federally recognized tribes.
ctte.net
ETF/Earned Income Tax Credit
Find out if you qualify for a tax credit for low to moderate income working individuals/couples with children
www.irspaves/deduct-deductions/individuals/Earned-Income-Tax
Credit
Extended Opportunity Program and Services (EOPS)
7351 Tompkins Hill Road, Eureka
476-4270
Financial support for retaking or achieving self-sufficient for low income students or those with difficult backgrounds who find higher education a challenge.
redwoods.edu/eops

FAFSA
Financial aid to pay for college. You may qualify for grants that do not need to be paid back. Contact the Financial Aid office at the college you plan to attend, or apply at www.fafsa.ed.gov. Gotta Get ID
904 G St., Eureka
269-9590
California Rental Deposit Assistance
Based on income.

Job Market
Detailed Job Market information.
441-JOBS

Food Resources

Betty Chinn Day Center
7th & C St., Eureka
407-3833
M-F 8-3
Campbell Creek Connexion-Nazarene Church
78 13th St. (corner of 13th & Union, near HSU), Arcata
Food pantry distribution Sat. 10-12. for more information call
Food for People
445-3166
Or the church
826-1000
Eureka Rescue Mission
110 2nd St., Eureka
445-3016
Information and men’s shelter
445-3787
Women & children’s shelter
445-6016
Free breakfast and dinner are served daily.

Homeless Services

Emergency Shelters:
Arcata Night Shelter
211
Call for more information and hours of operation.

Eureka Rescue Mission
110 2nd St., Eureka
Information and men’s shelter
443-4551, 445-3787
Women’s shelter
443-5016
Breakfast and dinner are served daily.

Humboldt County Department of Social Services (DSS)
929 Kost St., Eureka
877-410-8809
Winter shelter information
269-4100
Call for information regarding eligibility for emergency housing assistance, rental deposit assistance. Winter shelter program, Nov.-April for eligible families. Homeless may qualify for more CalFresh.
humboldtgov.org

Humboldt Domestic Violence Services
72 Cedar St., Eureka
444-8525
24 hour crisis line
443-6042
Toll-free 24 hour crisis line:
866-668-6543
Emergency housing for women and children experiencing domestic violence is provided in a Safe House for up to 30 days. All contact is confidential.

WISH
PO Box 642, Garberville, CA 95542
923-4100
Hotline
(707) 223-0043
Temporary shelter for women and children who are in crisis or facing impending domestic violence, provides emergency needs. Resource and referral assistance, assists victims of rape & battery and help with temporary restraining orders.
wishshelter.org

Transitional Shelters:
Arcata House
211
1005 11th St., Arcata
Transitional housing program to assist individuals and families with interim housing while overcoming a temporary financial crisis. May help with deposits on a case by case basis. Call for a phone assessment.
arcatahouse.org

Northeast Volunteers Resource Center
442-5852
109 4th St., Eureka
442-4322
Transitional housing/housing assistance for homeless veterans.

Redwood Community Action Agency – HEP
539 T St., Eureka
444-3834
Credit on PG&E bill one time per year. Based on income.

Social Security Administration
800-828-1911
3144 Broadway, Eureka
SSI, Medicare, retirement, disability, survivors.
State Disability Insurance
800-480-3287
Cash assistance for disabled workers
edl.ca.gov

Unemployment
800-300-5616.

Variety of services including Off Door Medical Care (Mon. - 8:2), computer use for research, help with public assistance enrollment, homeless court, education support/ GED, workshops (resume and AOD counseling, community resource referrals, referral counseling, job search assistance, after school program, summer camp, playgroups, teen parent support services and activities.

Housing

Northern California Indian Development Council
24 F St., Eureka
544-8451
Housing assistance for eligible families. Call for information.
nicdc.org

Craig’s List
humboldt craigslist.org
Local classifieds and forums for jobs, housing, for sale, personal, services, local community, and events.

Times Standard Newspaper

humboldtclassifieds kaoogo.com

Subsidized Housing:
Please note that programs often have long waitlists
Aster Place
2440 Myrtle Ave., Eureka
Reduced rent apartments in Eureka.
Church Hill Townhomes
2601 School St., Fortuna
Sliding scale apartments in Fortuna.

Courtyard Apartments
301 Boyd Rd., Arcata
Reduced rent.
Dance Property Management
5251 Erikson Way, Arcata
Affordable apartments in Eureka, Fortuna, Redway and Willow Creek. Some sliding scale available.
danogroup.com
Fortuna Family Apartments
2160 Stockton Court, Fortuna
Reduced rent apartments.
Henderson Village
442-0311
515 Creighton, Eureka
Reduced rent.

Housing Authority (HUD) 735 W. Everding, Eureka
For more information and hours of operation for Section 8 and other HUD housing programs in the area. Sliding scale.

Housing Humboldt/RCAA
PO Box 4665, Arcata, 95518
826-7312
Humboldt Plaza Apartments
2575 Alliance Rd., Arcata
Sliding scale, Section 8.

Murray Apartments
1423 Reasor Rd., McKinleyville
Reduced rent, sliding scale.

Redwood Court
2042 Jenny Ln., Fortuna
Some reduced rent and some sliding scale.

Redwood Creek Apartments
1740 Sutter Rd., McKinleyville
839-0875

Some reduced rent and some sliding scale.

Some reduced rent and some sliding scale.

Some reduced rent and some sliding scale.
NorthCountry Clinic
785 1st St., Arcata
Medical: 822-2481
OB & Prenatal: 822-1385
Redwoods Rural Health Center
923-2783
101 W. Coast Rd., Redway
Medical, dental, birth control, counseling & prenatal care.
rcrc.org

Healthcare needs
- Emergency benefits.
- Assistance with finding affordable health insurance.
- MCAP-Medi-Cal Access Program
- Medicaid for Infants/Mothers Program (AIM)
- Sacramento, CA 95852
- Program open for infants and toddlers with disabilities and their families.
- Eureka Pediatrics
- 2490 Harris St., Eureka
- 2192 Central Ave., McKinleyville
- 633-3777
eurekapeds.com
- Humboldt County Health Department, THRIVE
- (The High Risk Infant Violation Enhancement Program)
- 529 St. L., Eureka
- 268-2105
- In home care management for high risk infants.
- Open Day Care
- 2200 Tydd St., Eureka
- 672-9355
- 3305 Renner Dr., Fortuna
- St. Joseph’s Home Care
- Responsive pediatric nursing, part-time nursing program.
- stjosephshomecare.com
- Pediatrics Care is also available at any of the community health centers and clinics.

Pregnancy/Perinatal Care:
- Breeding Care Line
- 2773 Harris St., Eureka
- 445-8121 ext. 7536
- (see listing under Health care providers)
- 3Rope Medical
- 2456 Buhle St., Eureka
- Free prenatal care, twice free ultrasounds up to 18 weeks.
- NorthCountry Clinic
- (see listing under Health care providers)
- Pregnancy, Perinatal Care
- 2390 Myrtle Ave., Eureka
- 442-2345
- 24 hour hotline:
  1-800-395-HELP (4357)
- Pregnancy counseling (some medical), parenting, and social services assistance.
- Public Health
- 529 St. L., Eureka
- Maternal, Child, and Adolescent Health
- Health & resource information for pregnant/postpartum women.
- co.humboldt.ca.us
- Redwoods Women’s Center
- 672-9355
- 3309 Renner Dr., Fortuna
- OB-GYN and information about using a midwife through pregnancy and birth.
- redwoodswomenscenter.org

Humboldt County Dept. of Social Services (DHHS)
901 Eureka Blvd., Eureka
877-410-8809
- TANF, CalFresh, Medi-Cal or CMSF
cysouthern.com, to apply.
- Jefferson Project
- 50 B St.
- M-F 12-1, free produce - Sat 10-1 during growing season.
- jefferson-project.org
- McKinleyville Collaborative Family/Resource Center
- 1459 Hiller Rd., McKinleyville
- 840-0905
- Various services including case management, referrals, food and clothing. Food distribution T & F 11-1 by appt.
- Salvation Army
- 2123 Tydd St., Eureka
- Emergency food and other social services.
- Seventh Day Adventist Community Ministry
- (The DORCAS Project)
- 4251 F St., Eureka
- 442-6990
- 2331 Rohrerville Rd., Fortuna
- 725-1166
- 1200 Central Ave., McKinleyville
- 839-3832
- Food, clothing, toiletries and other services.
- St. Joseph Pantry Shelf
- 2292 Newburg Rd., Fortuna
- M,W,10-12, except major holidays
- St. Vincent de Paul
- 35 West St., Eureka
- Free lunch daily from 11-12:30. Food boxes given on emergency basis. Call ahead for details.
- WIC - Women, Infants, Children
- 317 2nd St., Eureka
- 445-6259
- 727 Cedar St., Garberville
- 923-2779
- 1108 Main St., Fortuna
- 728-9447
- 1459 Hiller Rd., McKinleyville
- 840-0905

Health and Wellness

Dept. of Health & Human Services, Public Health
c.humboldt.ca.us/health

California Children’s Services
445-6212
- Assists with payment for medical treatment for low income children with qualifying illness. Referrals from pediatricians.
- Child Passenger Safety Program:
- 476-4991
- Spanish speaking
- 441-4477
- Car seat classes, low/no cost car seats & inspections.
- Environmental Health:
- 445-6215
- 100 H St., Suite 100, Eureka
- Inspects eating establishments and works with county to develop healthy guidelines for restaurants.
- Safety Programs
- 476-4991
- Life Jacket Loan Program, Child Passenger Safety Program
- 441-5566
- Lead poisoning prevention and testing information.
- Nurse Family Partnership:
- 855-707-WELL, 268-2105
- Free home visiting program for first time mothers focused on empowerment, parenting, health and development.
- Public Health Clinics
- 5291 Eureka Blvd.
- 268-2108
- Garberville Clinic
- 923-2779
- Willows Creek Clinic
- (530) 629-2410
- STD clinics, immunizations, lice and scabies, TB, and STD clinics.

Public Health Nursing:
288-2105
- Health and safety information and support through case management and home visits. County wide. Families may self refer if they need support with health related concerns.

Safety Care
414-5075
- Parenting program for adults 0-5, 3 parts.

Dental
Burre Dental
442-7078
- 950 Main St., Eureka
- Call in the morning for same/next day appointment if in pain.

K'ima:w Medical Center
Redwoods Rural Health Center
United Indian Health Services
Willow Creek Family Medical Group
- Western Dental
1350 Chuco Creek Rd., Redding, CA 96003 (530) 224-9700
1240 Farmers Ln., Santa Rosa, CA 95405 (707) 542-5200
westemdent.com

Information and Referrals:
- Child Health & Disability Prevention (CHDP)
- 908 7th St., Eureka
- 445-6210
- Information & referrals for no-cost health exams for children.

Humboldt County Care Line
800-698-0843

Kris Kelly Health Information Center
2711 Dolbeer St., Eureka
442-9904
- Comprehensive health information for North coast residents.

St. Joseph’s Community Resource Centers
Eureka
442-5239
5262nd St., Eureka
Blue Lake
668-5239

111 Greenwood, Blue Lake
Rio Dell
764-5239
99 Wildwood Ave., Rio Dell
Loleta
733-5239
700 Loleta Dr. (Loleta Grammar School), Loleta
Willow Creek
(530) 629-3141
38888 Highway 299, Willow Creek

Children’s Health Program
- Various of services including classes, support groups, referrals and information. Call for information & hours.

Health Care Providers (Doctors & Clinics):
- Eureka Community Health & Wellness Center 1441-2622
- Medical and dental care.
- Medical and counseling services provided.

K’ima:w Medical Center
1200 Airport Rd., Hoopa, CA 95546
(707) 542-4261
- Community health care services for eligible families and individuals. Tribal enrollment not required for dental services.

Mobile Medical Office
443-4666
- Mobile medical clinic with regular stops throughout Humboldt County. Counseling services, Spanish speaking, Social Security Application assistance. Call for schedule.