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THE LUMBERJACK

Serving the Humboldt State University campus and community since 1929

HSU student Vance Hutchison injured

Two HSU students allegedly responsible for attack

by Patrick Evans

Humboldt State student Vance Hutchison will be unable to walk without crutches until 2014 after being assaulted by two people in the Murphy’s Market parking lot on Alliance Street, Sunday, Sept. 29.

When Arcata police responded to the assault at 2:45 a.m., Hutchinson had many contusions, abrasions and a broken right leg. The attack was less than an hour after the stabbing of two football players at a party on Stromberg Avenue, just across the street.

Hutchison said he was in the back-

yard of the party on Stromberg Avenue when the stabbing occurred.

He left five minutes after Arcata police arrived and two people followed him from the party across Alliance Street towards the Murphy’s Market parking lot.

“I knew they were going to try to do some harm,” Hutchison said. “They kept trying to get me to fight them and I denied them several times.”

Hutchison said he was 30 to 40 feet ahead of his pursuers and called a friend for a ride home. He turned his back on the pair and was walking towards Murphy’s.

“As soon as I hung up the phone, he struck me in the back of my head,” Hutchison said.

The fight lasted about five seconds. Hutchison said he turned around to defend himself but was thrown to the

ground before he knew what was happening.

“They proceeded to kick me in the head about five or six times, not little taps, big swinging kicks,” he said.

Two of Hutchison’s friends who were nearby ran up and pushed the assailants away. As he lay on the cold, rain-slick asphalt and watched his attackers escape in a car, he realized his leg was broken.

Arcata police showed up just a few minutes later.

After nine hours at Mad River Hospital, Hutchison was released with a broken leg in three places. He will undergo surgery and wear a cast for six

weeks and a boot for an additional four weeks.

Arcata police officers arrested two HSU students suspected of the assault, Joseph Latu Jr., and Evan Thomas Gray, over the next three days.

Latu and Gray were booked into the Humboldt County Correctional Facility on charges of assault with a deadly weapon. Both students have been released on bail. Gray is listed on the 2013 HSU football roster, Latu was on the football team in 2012.

HSU Assistant Athletic Director of Media Relations, Dan Pambianco, said that fortunately he has only dealt with incidents of this nature a few times in the past.

“It has not been frequent in my time here, it’s definitely not a trend,” Pambianco said.

Pambianco said under head coach Rob Smith, HSU’s football team has

See **Assault** on page 4



F.R.E.E. student members pose with fliers promoting Undocuweek, a series of events to raise awareness about the struggle of undocumented people and students. | Manuel Orbeagozo

HSU student activists break barriers

CAMPUS
by Henry Haller

This week, Oct. 8 through Oct. 11, is Undocuweek of Awareness. Finding Resources and Empowerment through Education will host events to raise awareness of the struggles undocumented students face. F.R.E.E. has chosen the monarch butterfly, which travels fearlessly between North

American countries, as their symbol because they believe migration is a human right.

Although this is the third year F.R.E.E. is hosting Undocuweek, Samuel Romero, a social science senior and member of F.R.E.E., said that he expects the turnout from staff, faculty and administration to be low once again.

“[Humboldt State] has a lack of

support for undocumented students,” Romero said. “They are the ones who deal with admissions, housing and financial aid. They’re the ones who should be there.”

On Monday, Oct. 7, Cesar Abarca from the social work department presented an overview of what AB 540 meant.

Abarca explained that AB 540 is a

See **F.R.E.E.** on page 7

Feline sad? Step into the cat room

Sunny Brea thrift store shelters cats

COMMUNITY
by A.R. Schemmel

Dozens of kittens tumble across the floor and lounge sleepily on the recliners. The patter of tiny paws and the trickle of the fish tank permeate the room.

Inconspicuously tucked away in the corner of the Sunny Brae shopping center, the Companion Animal Foundation is revolutionizing the way the world treats its domesticated animals. The thrift store is just a means of supporting the animal adoption program that Kim Class, the founder and director of CAF, started in 2002.

“The store exist so that we can provide the highest quality food, atmosphere and experience for the cats,” Class said.

In the back of the thrift store, a glassed-off room houses cats and the occasional small dog. The cat adoption room is a kitty paradise. It is designed like a living room with recliners, cat trees, a heater and even a fish tank.

Ashley Duval, a frequenter of the Sunny Brae Companion Animal Foundation store, said she comes just to be with the cats.

“I come here all the time to cuddle cats,” Duval said. “It recharges me.”

But the CAF is not only a cozy place to snuggle kittens, it is a community-based animal awareness center that strives to educate humans on how to properly care for domesticated animals.

“It is important to treat animals with kindness and respect,” Class said. “How we treat those that are weaker than us defines who we are. I do all of this because I can.”

The animals are cared for by the staff of CAF and by volunteers that give up their time to provide for the abandoned animals.

Pamela Maxfield, a volunteer at CAF, has devoted five years to the organization.

“I help out by taking animals to the doctor, buying supplies for the cats,”



Students seeking to relax were not the only curious ones in the cat room. | Sebastian Hedberg

Maxfield said. “I have also adopted 11 cats total, all of whom were homeless.”

The CAF is a collaboration between various organizations. Funds are raised through the adoption of

See **Cuddly cats** on page 7

WEEKEND WEATHER

THURSDAY

64°

FRIDAY

64°

SATURDAY

65°

SUNDAY

66°

Information gathered from the National Weather Service.

See inside for

Clubs and activities coordinator still up for grabs page 3

Food truck wars in Arcata page 8

Tales from a student athlete’s road trip page 12



CSU negotiates employee salary increases

by Patrick Evans

The California State University system reached an agreement on salary increases with the California State University Employees Union and International Union of Operating Engineers. The CSU system is made up of about 437,000 students and 44,000 faculty and staff at 23 campuses. The California State University Employees

Union represents 15,000 CSU employees. The International Union of Operating Engineers represents trade workers at the California Maritime Academy. A total of almost 40,000 employees will have their salaries increased, according to CSU office of the chancellor. “After several years of trying economic times, we are finally able to provide modest increases to the many employees whose work has been critical to maintaining the operation of the university,” Gail Brooks, CSU vice chancellor of Human Resources

said. CSUEU represented employees will receive a salary increase of \$40 per month. IUOE-represented employees will receive a salary increase of 1.34 percent. Increases will be retroactive to July 1, for all employees.

Patrick Evans may be contacted at thejack@humboldt.edu

Humboldt State record enrollment in fall 2013

by Patrick Evans

Incoming freshmen and transfer classes were larger than ever before this fall, according to Humboldt State enrollment records. New students numbered 2,339 in total, 971 are transfer students and 1,368 are freshmen this semester. First-year retention rates also increased from 73 percent to 77.5 percent. HSU spokesperson Paul Mann said the increase was unprecedented. Latino students now make up 25.6 percent of HSU’s population and qualify the school for designation as a Hispanic-Serving Institution by the U.S. Department of Education. Peg Blake, vice president of Enrollment Management and Student Affairs, said the

designation means HSU student population is closer to reflecting California’s demographics. “It enables us to apply for funding opportunities through the Department of Education and bolster student success,” Blake said. The program would give HSU access to grants which finance curriculum and faculty development, academic programs, endowment funds, scientific and laboratory equipment and student support services.

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Italy

A boat with more than 500 African migrants aboard sank on Thursday off the coast of Italy, leaving at least 194 dead. Many of the survivors are housed in a refugee center on the small Italian island of Lampedusa. The African migrants, most from Eritrea, were traveling to Europe seeking asylum.

Libya

U.S. special forces captured al-Qaeda leader Nazih Abdul-Hamed al-Ruqai in a counterterrorism raid Saturday. The assault began in southern Somalia and continued into Tripoli, Libya. There were no U.S. casualties during the raid.

Egypt

Fights broke out during protests in Egypt across several cities Sunday, leaving 44 dead and 240 wounded. The fights were between supporters and opponents of former Egyptian President Mohammed Morsi, who is supported by the Muslim Brotherhood. The Muslim Brotherhood believes that the current military-backed Egyptian government is illegitimate.

Myanmar

Sectarian violence broke out when more than 800 Buddhists rioted Tuesday along the coastal Rakhine State in Myanmar, torching homes and attacking local Muslims. The rioters have burned 59 houses and a mosque since the clash began on Sept. 28.

Columbia

A U.S. plane contracted to monitor drug trafficking crashed Saturday in northern Colombia, killing four and injuring two. The cause of the crash is still unknown, but Colombian military officials have ruled out the possibility that the plane was attacked or shot down.

World in Briefs

Compiled and written by Kevin Forestieri

Sources: Al Jazeera, Reuters, Associated Press, New York Times, San Francisco Chronicle

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UPD BYTES

September 30

17:36 A male at the Special Events field was making lacrosse players uncomfortable and disrupting them during practice. Who would've thought "Special Events" doesn't include harassing players.

October 2

09:06 A female in a small gray car on 17th Street was unresponsive at the wheel with the engine running. She was a student napping between classes. Pay for coffee or pay for parking; the choice is yours.

October 3

21:09 Someone set a paper plate on fire inside of the Market Place. That's one way to reheat your pizza.

October 4

09:17 Someone at the SBS building was shooting things out of a rubber band. I don't know what MacGyver shenanigans he was up to, but the University Police was having none of it.

October 5

12:54 Someone in the Shasta Residence Hall stole prescription medications. Bad headache? Try petty theft!

NEWS

AS Coordinator Jerri Jones leaves Humboldt State; Sudden decision leaves AS Coordinator position open

Big void left to fill; Jerri Jones leaves legacy along with big vacancy

CAMPUS

by Aron Gonzales

When someone leaves an institution, they leave a legacy. This is what Jerri Jones, Clubs & Activities coordinator for Associated Students, did as she left Humboldt State to pursue other opportunities.

Jones worked on campus for nearly a decade and at the end of the summer she made the decision to leave HSU and move to Oregon to be with her family. As the Clubs & Activities coordinator, she helped students who were in clubs or wanted to create clubs, run those clubs properly and efficiently.

Jacob Bloom, Associated Students president at HSU, worked with Jones in the past. To Bloom, Jones was a valuable resource to have on campus.

"It is terrible to lose someone so awesome. She helped break down complex issues and processes," Bloom said.

Tay D. Triggs stepped in as the interim Clubs & Activities coordinator until the position is filled, but she is not doing the job alone. Triggs and other employees in the office of Clubs & Activities are working together as a team to fill Jones' position. Along with her job as the associate dean for Student Engagement and Leadership Support at HSU, she is doing some of the work that Jones did, but said it was a

team effort.

"It was sad to see Jerri leave, we sat around talking about what we were going to do without her, but then we knew we had to do something to fill that position," Triggs said.

Bloom said that Jones leaving has been tough in the



Associated Students

short-term, but this now allows everyone to see what needs to be fixed or changed.

Triggs said that she and her team are planning on posting the opening for the Clubs & Activities coordinator sometime next week.

The process for hiring consists of forming a committee and sending out a call for applications.

After reviewing the applications an open forum will be held with the remaining candidates for the job, where clubs and students will be invited to ask questions. Triggs will use the input from students and the committee to make her final decision on who gets the job.

Whoever takes over as Clubs & Activities coordinator will have a learning curve, like in any new job, but Triggs plans to help the new hire get comfortable with the position. Triggs says that she plans on having whomever fills the position trained and ready by spring 2014.

Triggs would like someone who has experience with sorority and fraternity life, crisis management and a background in student affairs as the new coordinator.

"Having Jerri leave has allowed us to see the holes and now is the best time to fill those holes. Bringing in someone with new experiences will help," Triggs said. "We want to carry on the legacy of Jerri and move forward."

Aron Gonzales may be contacted at thejack@humboldt.edu

Statewide lead ammunition ban proposed for California

Bill would phase out sales and use by 2019

COMMUNITY

by Karl Holappa

Gov. Jerry Brown must decide whether or not to sign a bill that would phase out lead ammunition for hunting by 2019. If enacted, AB 711 will be the first and only statewide ban of its kind in the nation. It would begin phasing out the ammunition in 2015.

The use of lead ammunition raises a number of environmental concerns. The primary concern is for scavenging birds such as the California Condor and Bald Eagle. When hunters leave carcasses of animals in the wild, they often still contain bullet fragments. Scavenging birds eat the carcasses and ingest the fragments, leading to lead toxicity and eventual death.

Symptoms of lead toxicity in birds include lethargy, progressive weakness, inability to fly and lack of escape response.

Another issue of concern involves the ingestion of lead-tainted meat by humans. A study in North Dakota conducted by the Center for Disease Control showed that people who ate a diet of wild game shot with lead ammunition contained 50 percent more lead in their blood.

"I think [the ban is] a good thing," Kyle Herron, a HSU sophomore and avid hunter said. "It's lead, it's toxic, it's bad for the environment."

Despite the environmental benefits of the ban, Herron said there are setbacks when using copper bullets.

One of the problems is the higher pricing for copper ammunition versus lead.

"The copper [bullets] are marked up like crazy," Herron said. "You're paying what you would pay for three boxes [of ammunition] for what you would pay for one even though the copper would cost the same to make. They do it because they can."

Herron explained that lead bullets are also more effective at killing an animal than copper.

"The good thing about lead [bullets] is there's a lot less pain and suffering," Herron said. "[Lead bullets kill] better if it's done right and you dispose of [the carcass] safely and properly."

Local environmental groups are largely supportive of the ban.

"We have been tracking [the bill] closely," Gary Graham Hughes, executive director at the Environmental Protection Information Center said. He said his organization believes the bill is a smart measure.

"This idea of getting lead ammo out of the field, getting it out of our wildlands, it's really an important step forward," Hughes said. "It's something that's been supported by forward-looking sportsman's groups, pro-conservation hunting groups."

Hughes believes that the bill took both sides' needs into account.

"We think it's a really smart type of law where we can protect wildlife and at the same time protect civil liberties," Hughes said. "We have a strong understanding that protecting civil liberties is important in order to get community buy-in to participate in conservation efforts."

Hughes said that the main

opposition to the bill comes from the lobbyists employed by the firearm and ammunition manufacturers.

"We are really happy that [the bill] made it through both houses and we are hoping the governor signs this bill," Dan Ehresman, executive director of the Northcoast Environmental Center said. "We think that the passage of AB 711 will go a long way to protecting the health of wildlife and humans alike."

Ehresman said he understood the bill could be frustrating to both hunters and ammunition retailers.

"We understand the concerns people have on an outright ban on lead ammunition," Ehresman said. "We do think that four years is a good amount of time to work with businesses and other agencies to phase out lead ammunition."

Use of lead shot for hunting waterfowl has been banned nationally since 1991. A ban on lead ammunition within the range of the California Condor, an area covering 14 counties in the state, has been in effect since 2008. Environmentalists say that the statewide ban will make it easier to reintroduce the condor into areas it was once native to.

"Getting lead off the shelves is going to get us a step closer to bringing the [California] Condor back to the North Coast," Ehresman said.

Numerous ammunition manufacturers are taking steps to incorporate lead-free options into their product range. The U.S. Army began transitioning to lead-free ammunition in 2010.

The ban will not affect shooting ranges within the state, as they are already required to collect and recycle spent ammunition.

Multiple sporting goods stores within the county were either unavailable for comment or refused to go on the record about the issue.

Hughes stated that the bill is not

particularly controversial on the local level. "This hasn't really drawn a lot of attention here in Humboldt County," Hughes said. "All the pressure is on Gov. Brown."

Karl Holappa may be contacted at thejack@humboldt.edu



Some shotgun rounds contain leadshot. | Aaron Selig

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GET OUTDOORS!

College of the Redwoods turns to Follett to manage bookstore

Student groups claim they were excluded in the decision

COLLEGE OF THE REDWOODS
by A.R. Schemmel

As Humboldt State did two years ago, College of the Redwoods turned the management of its bookstores over to Follett Higher Education Group, a national collegiate bookstore corporation, in the face of falling profits. Student groups argue College of the Redwoods made the decision without student consideration.

The Eureka branch of CR reopened its bookstore after a \$100,000 remodeling project paid for by Follett. CR Eureka was the only campus to reopen its bookstore after Follett took over management. The bookstores on the CR satellite campuses of Mendocino and Del Norte did not reopen.

Paul DeMark, director of communications and marketing at CR, cited CR's financial issues when running the bookstore themselves and Follett's willingness to accept financial risk as motivation for the transfer of management from the university to Follett.

"When CR was running the bookstore in recent years, the college was losing some

money. With Follett, their company takes all the risk," Demark said. "CR is guaranteed some revenue, regardless of how Follett does."

Under Follett, the CR bookstore now has a book rental service which is designed to save students money. The changes also include online ordering programs called BookLook and BookNow.

Steve Bevier, secretary of the CR Student Senate, was president of the CR Student Senate when the bookstore changed management. Bevier said no student representatives were consulted before, during or after the decision was made to transfer management.

"No students were involved [in the decision]," Bevier said. "We weren't aware until April when we tried to sell back our textbooks and they told us things were going to be done a little differently. That was the first thing we heard about it."

Students have complained to the CR Student Senate about how hard it is for students to get books under the new system.

"It's really difficult for us to get books.

Financial aid doesn't kick in until a week before school starts, and if we order them [online] then we won't get our books until a week after school starts. If we're lucky," Bevier said.

Under the new management, students attending the satellite campuses of Mendocino and Del Norte are forced to buy their books online or drive to the Eureka campus to pick up books. There are no bookstores on those campuses this semester.

Dan Potts, president of the Student Senate at CR, said this is a problem for students.

Potts said the consensus at CR Del Norte is that most students, faculty and staff are against the switch to Follett. "People were not advised of the change in a timely fashion and many students were not capable of attaining their books before classes started," Potts said.

Humboldt State sold its bookstore to the Follett Higher Education Group in 2011. Since then there have been a number of conflicts between student groups and Follett.

The Campus Center for Appropriate Technology's fundraising efforts were affected when Follett announced that it would start selling caps and gowns to graduating students.

According to Jacob Bloom, president of Associated Students at HSU, the result of Follett's intrusion on CCAT fundraising was devastating.

"I have learned that to take down an organization, you generally must make little, consistent chinks in its armor," Bloom said. "Follett took a sledgehammer to CCAT's armor. [CCAT] got broken down in one blow."

It is unknown how CR's switch to Follett will affect student groups on campus in the future.

College of the Redwoods signed a five-year agreement with Follett Higher Education Group last December.

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Suspects in attack are current and former members of HSU football team

Continued from page 1

been known for its positive attitude. He said the football team often receives thanks from hotels and restaurants for the manners and respect shown by players.

"The coaches do a really good job of recruiting athletes with a good background," Pambianco said. "Unfortunately, when you have 400 student athletes, just like any other group, sometimes issues come up that don't reflect on the rest of the group."

Pambianco said the athletic department will take whatever action the dean of students decides is appropriate, when HSU finishes its own investigation.

HSU Associate Vice President of Marketing and Communications, Frank Whitlatch, said the administration is currently trying its best not to hinder the Arcata Police Department's investigation.

"Our campus is trying to get started on our own investigation," Whitlatch said. "This type of incident is absolutely something that could result in disciplinary efforts."

Whitlatch said the school could begin a student disciplinary hearing during or after the police investigation. Penalties could range from a warning letter to suspension or expulsion.

"I think any time something happens like this, there is always a chance we would identify changes that need to be made [in campus policy]," Whitlatch said. "Right now we don't have any firm idea of

what that might be."

Hutchison said he felt what happened was unfortunate because HSU has been a friendly and supportive community. He said the campus community needs to learn from this violence and improve.

"I'm appreciative of HSU and my friends and family who have been helping me out," Hutchison said. "To quote Gandhi, 'nobody can hurt me without my permission.'"

Hutchison said the school has responded appropriately to the attack. He talked to Randi Darnall Burke, HSU dean of students, about the incident and the friends who helped him give evidence to the dean and Arcata police.

"I feel like handling this is new to them, especially with the fact that this took place 45 minutes after the stabbing incident," Hutchison said. "However, I feel like they are handling the situation with the most urgent action that they can take."

HSU disability services take him to classes on campus, but Hutchison, a forestry major, is currently unable to crutch up steep and muddy trails for laboratory work. The disability center is considering having a student record his lab classes on camera.

"It's been a rough week," Hutchison said. "But there has been justice served here."

Patrick Evans may be contacted
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Lumberjack Word on the Street



Barrington Burke, senior, political science major

"It's pretty much how it works, it's self-interest at its ugliest."



Devin Eastman, sophomore forestry major

"I did not realize the government could shut down like this."



Tyler Coley, junior, journalism major

"It's a sign of the economic crisis that this nation is going through."



Patrick Arnestad, third year, studio art major

"Pretty unnecessary, why can't a group of people compromise."

What are your thoughts on the government shut down?

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Teaching teachers for math and science

Redwood Science Project promotes education in Humboldt

CAMPUS & COMMUNITY
by Maya Pszyk

The Redwood Science Project aims to support educators through the use of development workshops, mentoring and other educational programs. The project was originally formed back in 2000 by Dr. Casey Lu, Dr. John DeMartini and Dr. Jeffrey White as part of the Humboldt Science and Mathematics Center for Teaching and Learning at HSU.

White said the Redwood Science Project started as a way to enhance science education in public schools.

“It soon evolved tremendously, doing things way beyond basic science education,” White said.

While the project encourages local teachers to enhance their teaching skills by hosting special institutes and trainings, they also encourage future teachers.

The Humboldt Science and Mathematics Center offers future teacher advising in math and science fields. The advisors help students by providing them with the resources to get their credentials, as well as opportunities such as internships and scholarships.

“It’s all about encouraging students interested in teaching to try it out and see what path is right for them,” White said.

Michael Kauffmann, pedagogy specialist at the Redwood Science Project, was recruited to organize and teach a summer institute about redwood ecology for local teachers. He was later hired to help with many other duties, which he has now been performing for five years.

“The Redwood Science Project is important to HSU because it promotes educational content and professional development for local science teachers,” Kauffmann said.

Back in 2010, Kauffmann worked on a science media project that produced a series of podcasts for the Redwood Science Project YouTube channel. These videos are now used in science classes as teaching tools to help kids learn to think scientifically.

“The Redwood Science Project always tries to make sure that they not only encourage science but also create some type of output,” Kauffmann said. “That way they can use the output to teach students to use scientific reasoning when answering questions in the classroom.”

Since then, the project has expanded its work into larger projects like the California Environmental Legacy Project, which produces science films for national broadcast. The Redwood

Science Project started out with a \$70,000 grant and now manages millions of dollars in projects statewide, collaborating with schools such as University California, Davis, Sacramento State University and California State University, Channel Islands.

One of its local projects is running the Natural History Museum in Arcata. They use the museum as an educational tool for the youth in Humboldt County public schools as well as students at HSU.

Julie Van Sickle, co-director of the Redwood Science Project and manager of the Natural History Museum, said that the Humboldt Science and Mathematics Center offers students jobs and internships through the museum to give them a chance to gain some experience in the field of science education.

“My favorite part about working at the museum and with the Redwood Science Project is developing new and innovative programs,” Van Sickle said. “As well as working with future teachers, helping them to grow as educators.”

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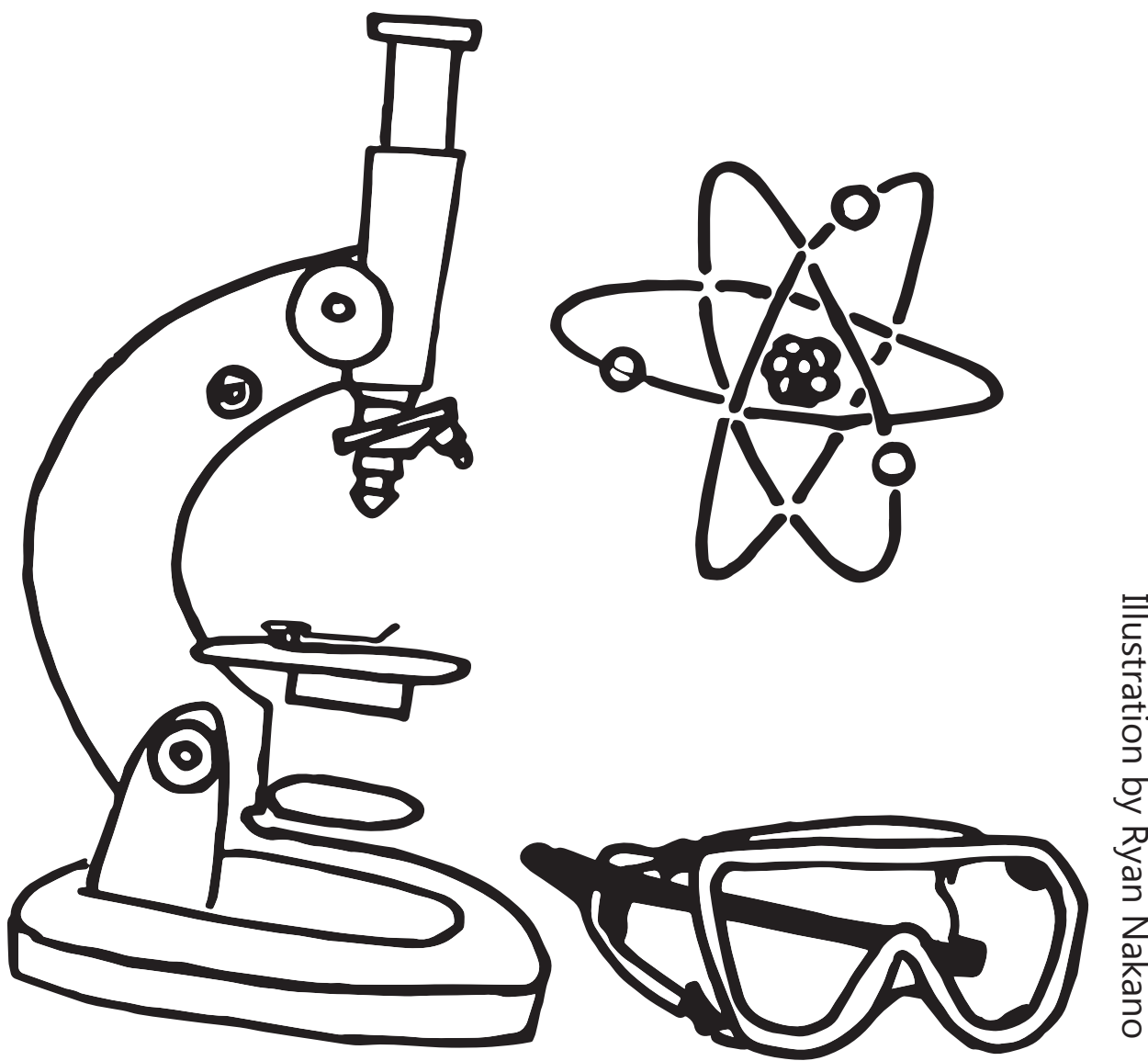


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FEATURES



Joshua Meisel, assistant professor of sociology at HSU | Sebastian Hedberg

Young Frankenstein reanimated inside Gist Hall

CAMPUS & THEATER

by Keren Interiano

Hold on to your hats and get ready to head into Transylvania. For the first time, the Humboldt State department of theatre, film & dance will perform “Young Frankenstein — The Musical”.

Copyright ownership prevented the play from being performed outside New York City. The rights were released earlier this year and the department decided to produce the show after the director got a hold of the rights.

“We are one of the first productions outside of New York City to actually do the show,” said Shea King, assistant director of the HSU performance.

“Young Frankenstein” is a parody on the traditional Frankenstein story. Mel Brooks, the director and writer of the original film, adapted the story into a staged musical five years ago.

Instead of mimicking the film, HSU’s department of theatre, film & dance took the script and created its own take, placing the plot in the 1920s and adding a steampunk twist to it.

King said the actors are advised not to watch the film or listen to the soundtrack of the musical. This is so the actors can create their own unique take on their roles and approach things originally.

There is a large group of individuals, composed primarily of student, helping put on this production.

“Due to the design concept there are some mechanical pieces to our costumes which have proved challenging, as well as the sheer size of the show making for a lot of work,” said Kaden O’Keefe, assistant costume designer for the show.

To help advertise, fliers and announcements on social media like Facebook and Twit-

“We are one of the first productions outside of New York City to actually do the show.”

— Shea King, senior, theatre major, assistant director

ter are made to inform the public. During the Arcata Farmers Market on Sept. 28, the cast broke out into a flash mob in the plaza to display a sneak preview of the show. A flash mob is a sudden assembly of people in a public place who perform for a brief moment.

“With this teaser, we were hoping to spark people’s interest to come see our production,” said Ambar Cuevas, a sophomore pursuing a double major in theatre and dance with an emphasis in performance.

HSU theatre students have taken on the roles of costume technicians, set painters, orchestra players and prop designers. The students exert themselves designing and working for the show as part of class projects.

“For this production I’ve put in roughly 30 hours a week,” O’Keefe said. “Everyone came together and put in the effort to make this an awesome show.”

Keren Interiano may be contacted at thejack@humboldt.edu

MEET THE PROFESSORS



compiled by Dennis Lara-Mejia



Sociology

Where are you from?

“I was born in Southern California. We lived in Inglewood until I was 8. Then we lived in Eureka for four years and I spent the rest of my childhood in Minneapolis.”

What did you do before coming to HSU?

“I received my undergraduate degree in ethnic studies from Mills College in Oakland. I went to the University of Washington in Seattle for graduate school, completing my Ph.D in the department of gender, women & sexuality studies. I taught some at the University of Washington and I spent the past two years teaching at Marlboro College in Southern Vermont as a Social Science Fellow.”

Where are you from?

“I am from Berkeley, Salvador da Bahia, Brazil, and a rural community in eastern Kansas, Council Grove.”

What did you do before coming to HSU?

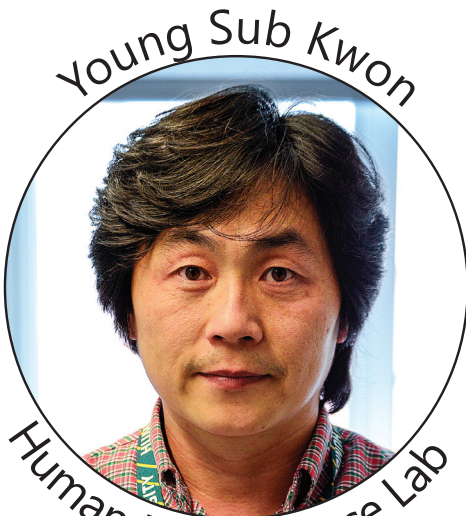
“Before coming to HSU I was a Spanish-English bilingual teacher in Oakland and Berkeley, a small business owner, and a graduate student at UC Berkeley.”

What is your fondest memory as an undergrad?

“My fondest memory as an undergrad was studying abroad in Madrid and Taipei and spending a year with the musical group Up With People.”

What got you interested in your field?

“Multicultural and cross-cultural experiences living with host families in various states and countries inspired me to study bilingual child development and elementary education, and [to] become an advocate for immigrant families. I am the F.R.E.E. advisor and an advocate for students who are undocumented and families with mixed-immigration status.”



Human Performance Lab

Where are you from?

“I am from Topeka, Kansas.”

What did you do before coming to HSU?

“I taught exercise physiology courses at Washburn University in Topeka, Kansas.”

What is your fondest memory as an undergrad?

“I was a competitive bodybuilder, so I lifted weights every day.”

What got you interested in your field?

“I was very curious about the study of exercise performance and exercise physiology.”

Do you have any hobbies outside teaching?

“I train my two sons. They are swimmers.”



Lyn Scott

School of Education

Do you have any hobbies outside teaching?

“My hobbies outside of teaching include travel, languages, hosting international visitors, singing and dancing.”

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- To view CSU Chancellor White’s message regarding ACA
- To access helpful links about ACA

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F.R.E.E. raises awareness of AB 540 students

Continued from page 1

California Assembly bill that allows undocumented students to pay in-state tuition if they meet certain criteria at California State Universities, Universities of California and California community colleges.

Aside from the help that AB 540 offers to undocumented HSU students, Romero points out that these students need further assistance with housing, employment and financial aid. On top of all this, undocumented students face disparaging comments known as microaggressions.

A year ago, Romero recalls hearing comments such as “Why are we calling them undocumented when they are illegal aliens?” and “Why do we have to give our tax dollars for [them]? Why should they be allowed to go to the university?”

Romero believes that higher education should be accessible to everyone and the only way to remove microaggressions is by raising awareness of undocumented students and their situations.

The 2013-2014 enrollment numbers are in and they show that Latino students make up 25.6 percent of total enrollment. This allowed HSU to apply as a Hispanic-Serving Institution with the Department of Education for the first time ever.

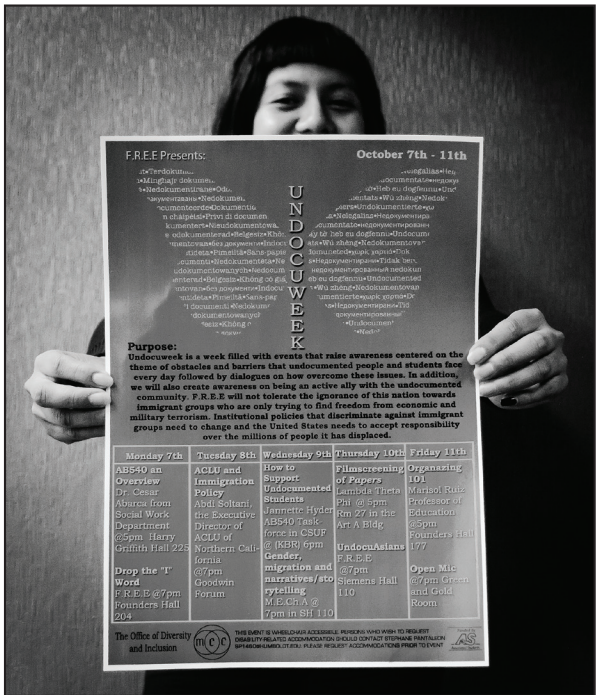
In a Humboldt Now article titled “HSU Sees Record Enrollment, Big Diversity Gains”, Blake explained what a Hispanic-Serving Institution is.

“That status reflects the fact that HSU’s student population increasingly resembles California’s demographics,” Blake said. “It enables us to apply for funding opportunities through the Department of Education and bolster student success.”

Romero hopes to see some of the future funding go to programs for undocumented students.

“Undocumented students aren’t only a Latino issue,” Romero said. “It’s a people issue.”

Henry Haller may be contacted at thejack@humboldt.edu



F.R.E.E. memeber stands behind weekly schedule of events for Undocuweek. | Manuel Orbeagozo

UNDOCUWEEK EVENTS:

Wednesday, Oct. 9
How to Support Undocumented Students
Jannette Hyder AB 540 Taskforce in CSUF at Kate Buchanan Room 6 p.m.
Gender, migration and narratives/storytelling
M.E.Ch.A at 7 p.m. in SH 110

Thursday, Oct. 10
Film screening of Papers
Lambda Theta Phi at 5 p.m. Rm 27 in the Art A Bldg
UndocuAsians
F.R.E.E. at 7 p.m. Siemens Hall 110

Friday, Oct. 11
Organizing 101
Marisol Ruiz Professor of Education at 5 p.m. Founders Hall 177
Open Mic
at 7 p.m. Green and Gold Room

Cuddly cats crave companions



Better watch out where you leave your bags while visiting the cat room. | Sebastian Hedberg

Continued from page 1

cats, the operation of the thrift stores, the kindness of local veterinarians willing to lower their rates, and grant funding from organizations such as the Humboldt Area Foundation.

Many programs run by the CAF focus on the next generation of pet owners. The Animal Ambassadors program invites youth into the cat adoption room to learn about proper animal care. Sometimes events are hosted to raise money for the animals living in the cat adoption room. The Fur Ball, for instance, is a gala that encourages participants to “cough it up fur a great cause.”

Class’ initiatives are not limited to Humboldt County. Her selflessness has touched the lives of animals and pet owners as far away as Belize.

In a heartwarming story, Class described how she was on vacation in Central America when she noticed a sick and starving dog on the corner of the street. Although she could not stay and care for the animal, when she returned to the United States she offered a

\$100 reward to anybody who could locate the poor dog.

Class began to cry as she recounted her experience.

“I’m here to service animals and I couldn’t even help one sick dog,” Class said.

Upon further research, Class discovered that the entire town of Dangriga, where she found the dog, had only one veterinarian whom people referred to as “The Butcher.”

Class established the Helping Our Pets Everywhere (HOPE) program that sent a combination of supplies and aid totaling to \$32,000 to establish proper veterinary services in Dangriga. There are now five animal clinics in the city.

“We found the dog and he lives with me now,” Class said. “I named him Honey, because it’s the sweetest story ever told. Honey changed the whole city of Dangriga and inspired all of Belize.”

A.R. Schemmel may be contacted at thejack@humboldt.edu

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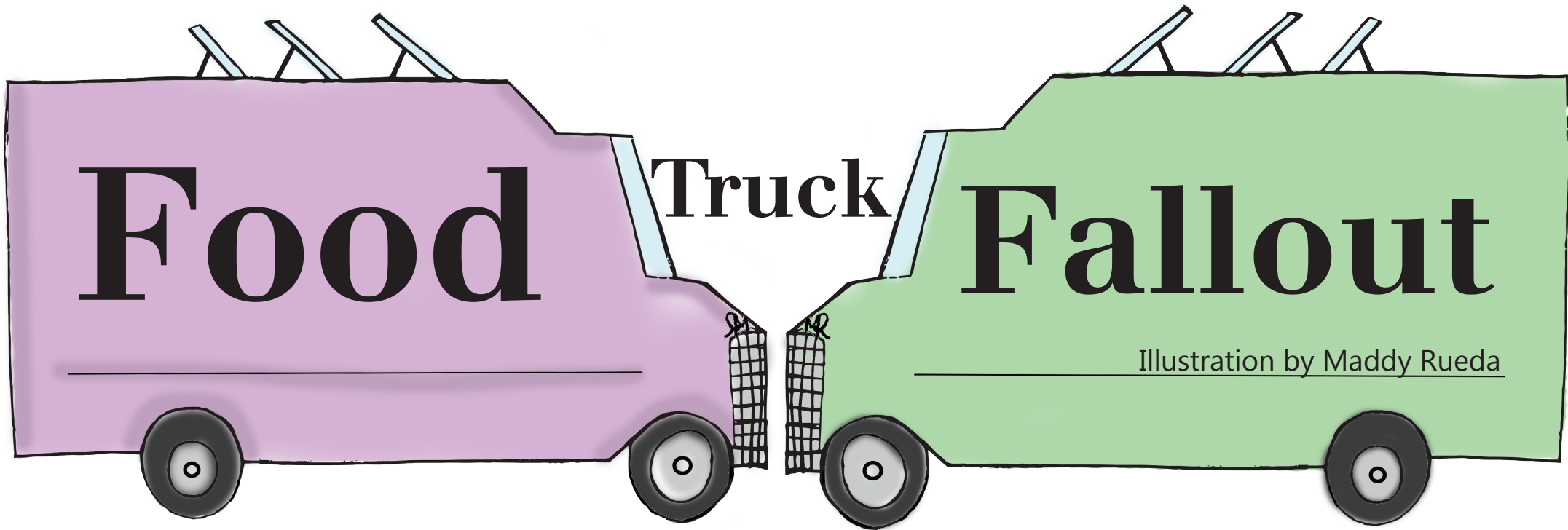
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COMMUNITY

by Ryan Nakano

When it comes to food, people in Humboldt County love eating locally. But recently local motives forced one independent food truck to change locations and lose customers.

For four years, Pacific Outfitters, a local Arcata outdoor store, kept Pepe’s Food Truck under a monthly rental agreement to sell food in its parking lot.

A little more than two months ago, Pacific Outfitters issued a 30-day notice for Pepe’s Food Truck to vacate the parking lot of G & Seventh streets.

But Miguel Molea, a recent employee at the taco truck and College of the Redwoods student, still has no idea why they were told to leave.

“When we asked the owner of Pacific Outfitters why we were receiving the 30-day notice, he said

he didn’t have time to explain and didn’t care to talk to us about it,” Molea said.

Aaron Ostrom, owner of Pacific Outfitters, refused to give The Lumberjack specific reasons for the eviction, but frequently cited the importance of cleanliness.

“I feel like there are too many [food trucks] here,” Ostrom said. “If only the county made sure the [food trucks] are all nicely cleaned and up to health standards.”

Ostrom then said the City of Arcata provided him with information that Pepe’s Food Truck was guilty of dumping waste into street gutters.

“The parking lot reflects on us, whether it’s how the truck looks, its surroundings, or the food it serves,” Ostrom said.

On Sept. 9th, the Pita Grill mediterranean cuisine food truck moved into the Pacific Outfitters parking lot, a decision Ostrom said

came shortly after sending Pepe’s 30-day notice of eviction.

“When I saw the Pita Grill food truck it looked like they took care of it and used a lot of local and organic ingredients in their food,” Ostrom said. “This seemed to reflect not only the Arcata lifestyle, but my lifestyle as well.”

Izzy Elidrisi, the owner of the Pita Grill, believes the eviction of Pepe’s came from problems with hygiene.

“They were a mess, leaving garbage everywhere with buckets of sewage back behind their truck,” Elidrisi said. “I’ve seen it myself.”

The Lumberjack was not able to reach Pepe’s after Elidrisi’s interview.

Elidrisi said either he or his employees clean out the Pita Grill food truck everyday, hinting at the importance of cleanliness when working with food.

“These food truck businesses

are no longer just roach coaches, we are real professionals,” Elidrisi said.

Since moving out of the isolated and inconvenient location on I and Seventh, Elidrisi said both his sales and amount of customers doubled at the Pita Grill.

Meanwhile, several Pepe’s customers have expressed their concern over the eviction.

“People came here to tell us that they [Pita Grill] pay more money to Pacific Outfitters so they can take our spot,” Molea said.

Four years ago when Pacific Outfitters first purchased the property from Arcata Auto, Ostrom along with the the two other store owners decided to leave Pepe’s taco truck in the parking lot where it had been for the past six years.

“When we bought the location, we knew keeping Pepe’s Taco Truck would bring in extra income, so we let them stay,” Ostrom said.

Before Pepe’s moved across the street to its new location on Seventh & G streets in Arcata the owner of Pepe’s Food Truck paid \$1,000 a month to rent out a portion of the Pacific Outfitter’s parking lot.

Now the taco truck pays \$2,000 a month to Uniontown gas station in order to retain its regular customers.

“We don’t have a problem with anyone, but we’re losing customers,” Molea said. “Right now, it’s fucking dead.”

Ryan Nakano may be contacted at thejack@humboldt.edu



Pepe’s taco truck moved across the street to the Uniontown Gas Station at G & Seventh street. | Ryan Nakano



Pita Grill doubled its sales and customers since moving into the Pacific Outfitters parking lot. | Ryan Nakano

AXE YOUR HUNGER

GREEK CHICKEN TACOS

Compiled by Eduardo Barragan and photo by Sebastian Hedberg



INGREDIENTS:

- 2 chicken breasts cut into 4 strips each
- 1/4 cup olive oil
- 1 lemon
- 1 teaspoon minced garlic
- 1/4 teaspoon salt
- 6 flour tortillas
- 1 cup chopped fresh tomatoes
- 1/2 cup chopped fresh parsley
- 1 cup feta cheese

INSTRUCTIONS:

1. Measure out olive oil. Zest and juice lemon and add both to olive oil along with garlic and salt. Stir.
2. Place chicken in a zipper seal bag and pour olive oil marinade in. Seal and stir to coat before placing in the refrigerator for at least 30 minutes, or up to 12 hours.
3. Place 1 tablespoon of olive oil in a large nonstick skillet over medium-high heat. Add chicken and cook, turning at least once, until browned on both sides. This will take anywhere from 10 to 15 minutes.
4. While the chicken is cooking, chop parsley and stir it into the tomatoes.
5. Remove chicken to plate once it is done. Fill flour tortillas with two tenderloins each and top with tomato mixture and feta cheese.
6. Serve.

ENCHILADAS VERDES

Compiled by Eduardo Barragan and photo by Sebastian Hedberg



INGREDIENTS:

- Base:
- Corn tortillas
- Filling:
- 2 boiled and shredded chicken breasts
- Salsa verde:
- 1 pound (about 15) tomatillos
 - 1/4 teaspoon salt
 - 5 jalapeño peppers

- Toppings:
- 1 cup of diced onions
 - 1 cup of diced tomatoes
 - 1 cup of shredded lettuce
 - 2 ounces of queso fresco
 - 1 tablespoon of sour cream

INSTRUCTIONS:

1. To prepare the salsa verde, discard husks and stems from tomatillos.
2. Combine tomatillos, 1 1/4 cups water, 1/4 teaspoon salt, and jalapeños in a saucepan over medium heat. Bring to a boil. Reduce heat and simmer 15 minutes or until tomatillos are tender.
3. Cool slightly and place all contents in a blender or food processor and process until smooth.
4. Place a large, nonstick skillet over medium-high until hot. Add salsa verde. Cook until reduced to 2 cups (about 1 minute).
5. Place a medium, nonstick skillet over medium heat. Fill the skillet with a thin layer of oil to fry corn tortillas until golden.
6. To prepare enchiladas fold the fried tortillas in half and fill with chicken.
7. Spoon the salsa verde over the tortillas to taste.
8. Place all toppings over the tortillas in this order: lettuce, tomatoes, onions, queso fresco and sour cream.
9. Serve.

Waiting on beer o'clock

HSU student petition to extend beer service times on campus

CAMPUS
by Israel LeFrak

“Without question, the greatest invention in the history of mankind is beer. Oh, I grant you that the wheel was also a fine invention, but the wheel does not go nearly as well with pizza.” — Pulitzer Prize winning author Dave Barry.

Sean O’Connell, a 21-year-old Humboldt State student majoring in recreation administration is attempting to gain support for a petition to roll back Muddy Waters’ beer service hours in The Depot from 3 p.m. to 1 p.m. Although he has collected nearly 450 signatures, it might not be enough to persuade the school to change its alcohol policies.

“People should be allowed to buy a beer. A lot of my classes get out at 2 p.m., and I shouldn’t have to wait an hour,” O’Connell said.

The first question that usually comes up to O’Connell with this issue is, ‘Well, what about students going to class drunk?’ O’Connell realizes that there is the possibility of one student drinking too much and ruining it for the whole bunch, but he believes that at age 21 they are supposed to be responsible enough to control themselves.

“I’m not going to say you should drink a lot before class,” O’Connell said. “If you’re doing that you’re wasting your money on classes and not learning. If you want to drink somewhere, go to a bar. I just want to be able to enjoy a beer, and it’s a great way for students to socialize with each other.”

Tim Killops, the associate director of Facilities and Operations for the University Corporation at California State University, Northridge, manages the Pub Sports Grill which serves beer on campus. The Pub Sports Grill

starts selling beer at noon, but Killops hasn’t noticed any rise in mischief from selling beer earlier.

“If [students] have a class or are studying, they refrain [from drinking too much],” Killop said. “During finals, or especially during soccer games, we’ll see more people come in to celebrate, but this has never been an issue.”

Millie Arquilevich works at Muddy Waters and spoke about some of the policies they follow when serving beer.

“No one under 21 can serve beer, customers are only allowed one pint per ID and we check everyone’s ID every time,” Arquilevich said. “If someone is getting rowdy we cut them off, but people are pretty chill and we haven’t had any problems before.”

O’Connell brought his case up to the Associated Students Council, and was told that it has been attempted before, but no one has actually gone out and petitioned.

Jacob Bloom, president of Associated Students, supports this petition. Bloom says that most times the student council is not involved in determining these issues, but that O’Connell as well as others, can bring this up during the public comments section of the Board of Directors meetings.

“We’re going to have a meeting this Thursday,” Bloom said. “The best thing he can do is bring lots of statistics and data. He should ask for the world, he’ll end up with a country, but he only wanted a state to begin with.”

A way that O’Connell plans to preserve the legitimacy of his argument is by ensuring all who sign the petition are over 21 and verifying it through their student ID number prior to his forms.

O’Connell has been walking around campus collecting signatures and can also be reached through his email at sjo27@humboldt.edu. O’Connell hopes he has not been wasting his time, but counts on a show of support that can at least bring up the conversation for a change.

“I feel like with the backing and the [ID] verification we have a fighting chance,” O’Connell said. “People want this.”

“I just want to be able to enjoy a beer, and it’s a great way for students to socialize with each other”

— Sean O’Connell, recreation administration major

Illustration by Maddy Rueda



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ATHLETE OF THE WEEK

Ashley Owen is finding her place at HSU

Volleyball
by Dane Cluff

Ashley Owen was named Humboldt State’s athlete of the week on Sept. 22 after a dominating performance in HSU’s win over California State University, Dominguez Hills the day prior.

Owen recorded 28 kills and posted a .345 hitting percentage in a match that saw the Jacks win in four sets.

“That was one of the more impressive displays that I’ve seen in a long time,” said Kelly Wood, HSU volleyball head coach. “Especially against a good team like Dominguez Hills.”

Owen’s performance has been the marquee game of her first-year season at HSU, although her play has been consistent throughout the year. The junior transfer from Indiana State University leads the team with 185 kills.

Owen attributes the game and her consistency to her preparation.

“I go into every game with the same mindset,” Owen said. “Everyone in this conference has

something to bring and we’re fighting from the bottom.”

‘The bottom’ was a 3-26 record last season that included only one conference win. Thus far the Jacks are 7-6 with two conference wins.

Wood elaborated on the preparation that has made Owen successful.

“She has amazing work ethic. She’s very coachable. She’s always wanting to learn and always wanting to improve,” Wood said. “Her presence is definitely contributing to more of our success this year. She’s just had some matches where she’s been unstoppable.”

Owen’s journey to Humboldt was a bit convoluted, going through three schools before ending up at HSU. The outside hitter was not playing volleyball her freshman year while attending Sacramento State University.

“I really missed it so I ended up going to play at community college,” Owen said.

Owen rekindled her love for volleyball at American River College in Sacramento. She played one season, earning an appearance on the all-

conference second team. After the standout year Owen was recruited to play at Indiana State where she played 11 matches and started second in her sophomore season.

After one season the Gasquet, Calif. native decided her time would be better served closer to home, so she chose HSU.

NCAA rules mandated she sit out one year due to it being her third transfer, but Owen is just glad to be at HSU.

“I love it here. I like playing volleyball here. I like the beaches and rivers,” Owen said.

In addition to enjoying Humboldt’s outdoors, Owen hopes to attain a degree in pre-physical therapy. The decision was inspired while dealing with an old injury.

“I tore my hamstring in high school and had to go to physical therapy for a few months,” Owen said. “I liked the environment so I decided to do that.”

Dane Cluff may be contacted at thejack@humboldt.edu

HUMBOLDT STATE SCOREBOARD

HOME

13

HUMBOLDT STATE

FOOTBALL

10-5-13

REDWOOD BOWL

GUEST

21

CENTRAL WASHINGTON UNIVERSITY

HOME

00

HUMBOLDT STATE

WOMEN’S SOCCER

10-6-13

ARCATA, CA

GUEST

01

CALIFORNIA STATE UNIVERSITY, LOS ANGELES

HOME

02

HUMBOLDT STATE

MEN’S SOCCER

10-6-13

ARCATA, CA

GUEST

03

CALIFORNIA STATE UNIVERSITY, LOS ANGELES

HOME

01

HUMBOLDT STATE

WOMEN’S VOLLEYBALL

10-5-13

ARCATA, CA

GUEST

03

CALIFORNIA STATE UNIVERSITY SAN DIEGO

Jacks Roundup

by Eduardo Barragan

Football:

Saturday’s game was a thrilling clash of conference rivals that came down to the final seconds and a stone’s throw in Humboldt State’s 21-13 loss to Central Washington University.

Down eight points in the fourth quarter, the Jacks moved the ball 48 yards from their own 24-yard line to the Wildcats’ 28-yard line with 1 minute, 11 seconds remaining.

Central Washington’s Wildcats rushed their way to improve to 3-2 overall and 3-1 in the Great Northwest Athletic Conference while the HSU Jacks’ last-minute heroics fell short as their standings dropped to 0-5 overall and 0-4 in GNAC.

Quarterback Casey Mintz subbed in for starter Kyle Morris for most of the second half and he threw four incomplete passes into the end zone. The last pass slipped out of Kelechi Nwadibia’s hands missing the score for a chance to tie the game. The Wildcats took possession of the ball and took a knee for the go-ahead victory.

HSU scored first with a 25-yard pass from Morris to Chase Krivashei. Krivashei, a freshmen from Corona, Calif., finished the game with 14 catches. He was one catch short of HSU Hall of Famer Dustin Creager’s single game record in 2004.

Central Washington’s running back Jordan Todd carried the ball 30 times for 127 yards and scored with a 40-yard touchdown sprint. Quarterback Jake Nelson completed 10 of 24 passes for 129 yards. Nelson forwarded a touchdown pass to Jesse Zalk that tied the game at 7-7 early in the second quarter.

The Jacks gained 259 offensive yards over the Wildcats’ 250. But two costly interceptions were snagged by the Wildcats’ right cornerback Isaiah Davis from both Morris and Mintz.

In light of so many injuries that have plagued the Jacks all season, head coach Rob Smith was forced to activate freshman who were intended to redshirt. The rookies will get their shot as HSU travels to Western Oregon University on Saturday, to look for their first win.

Women’s Soccer:

On Sunday, HSU kept California State University, Los Angeles out of the net for 89 minutes. Golden Eagles’ forward Amalia Arvidsson, however, had different plans as she broke the Lady Jacks’ composure at 89:05 with a header to close out the Jacks, 0-1 on Sunday. The loss drops the Lady Jacks to 3-5-2 overall and 1-5-2 in the California Collegiate Athletic Association.

The Lady Jacks were outshot 18-4 on the match with only one on target from forward Emilia Stefanko at 7:56.

The Jacks will host another pair of games this weekend against San Francisco State University at 12:30 p.m. on Friday. They will then face California State University, Monterey Bay at 11:30 a.m. on Sunday.

Men’s Soccer:

It took 6 minutes and 25 seconds in overtime for California State University, Los Angeles to beat the Jacks on Sunday, in College Creek Field, 2-3.

The Cal State L.A. Golden Eagles took 18 shots with the Jacks right behind at 17.

In the first half, at the 43:49 mark the Golden Eagles’ Eduardo Almaraz scored to lead the game. Braxton Griffin then answered with his own at 60:21, tying the game for HSU. Then, after being fouled the Jacks’ Zach Hammond took advantage of a free kick and shot a goal for a 2-1 home lead 74:12 into the match.

At 79:02, Golden Eagle Andre Bismarck cut his way past the Jacks’ defense to score a goal, leaving the game at 2-2 standoff by the end of regular play.

Neither team could find the net until 96:25 when Cal State L.A.’s Halil Tozar slipped in the winning goal with 11 minutes left on the clock. The Jacks now stand 4-5-1 overall and 2-5-1 in the CCAA.

The Jacks will have to defend home turf for their next two matches as they attempt to fend off San Francisco State on Friday, at 3 p.m. against and Cal State, Monterey Bay on Sunday at 2 p.m.

Women’s Volleyball:

On Saturday, the Jacks volleyball team suffered a loss against the University of California, San Diego Tritons, 1-3.

The Tritons took a commanding 25-15 first set win and the Jacks responded with a 25-22 win to tie the match heading into intermission.

Tied 23-23 in the third set, an Ashley Owen kill left the Jacks one point away from a 2-1 lead. Twelfth-ranked UC San Diego responded with back-to-back kills finishing the set 26-24.

And with the stolen set came the ax in the fourth as the Tritons finished the match 25-18 over the Jacks to seal the 3-1 victory.

Owen paced the Jacks’ attack with 17 kills, while hitting .333 with five digs. Kelci Renshaw led the HSU defense with a season-high 23 digs and added one ace and one assist.

The Jacks volleyball team’s next match is against California Polytechnic University, Pomona who handed them their first CCAA 0-3 sweep in the 2012 season on the same week of October, in the Lumberjack Arena a year ago. They get a shot at payback in the same building on Wednesday at 7 p.m.

Eduardo Barragan may be contacted at thejack@humboldt.edu

Down but not out

Injured student athletes find pain in sitting out

CAMPUS
by Diover Duario



Number 23 Matt Kaufman sitting on the sidelines cheering on his team. | Sebastian Hedberg

For athletes, the hardest pill to swallow is realizing that the price of recovery is paid in patience and there is no overtime. With injuries plaguing Jacks' rosters on all fronts, Humboldt State's student athletes bear one question in mind: "How do I motivate myself to rest?"

Nick Ricciardulli, a 23-year-old senior recreation major and running back for the Jacks football team, suffered what he called "a freak knee injury" just three plays into the Jacks' season opener. He was sidelined immediately, where he watched his team lose two games before returning against Azusa Pacific University on Sept. 21.

He struggled to find the end zone and fumbled in the Jacks' own territory as he averaged 2.6 yards per carry less than last year's season average. Once on the sidelines, Ricciardulli appeared frustrated.

"[Sitting out is] one of the most difficult things I've had to do," Ricciardulli said. "You work your butt off all year long and get hurt on the third play of the season. It's not easy to get comfortable with the idea that your season is done before it even really started."

Further evaluation revealed Ricciardulli suffered a femur contusion, damage to the tibia bones and showed

evidence of a scratched or torn MCL (medial collateral ligament). He requires surgery and will be out for an estimated six months of recovery, effectively ending his season.

Jantzen Oshier, a sophomore religious studies major and member of HSU's cross-country and track & field teams, found his hurdle before the season even began.

The 20-year-old suffered a minor knee injury, but did not require surgery to recover. He found that though the price of injuries may differ, the cost of recovery is always paid in time.

"Any injury you get, you're gonna have to wait. But the injuries I had are the most frustrating because the reason you're hurt is because it's hurting you," Oshier said. "It's a personal thing, a pain-tolerance deal and normally runners tend to run through everything."

Upon recovering just enough to practice again, weeks away from the season, Oshier hopped back into the grind.

Averaging 80 miles a week, he was putting in the mileage but felt four to five steps behind the pack and well below his personal expectations.

Despite frustrations and the urge to "suck it up for the team," it is imperative

that an athlete understand his or her own body.

Second year HSU graduate assistant and athletic trainer Haley Mulvihill specializes in injury prevention and acute care on campus. Often she is among the first called to assess student athlete injuries and said the best method to minimize time lost to injury is taking preventative measures.

"It's doing the little things right, whether it's making sure you stay hydrated, stretching before a game or icing sore muscles," Mulvihill said. "No one knows their body better than the athlete."

In a realm where success is tangible, drive is mandatory and dedication is measured in blood and sweat, healing can be the most difficult pain to endure.

"If you're hurt, you can't push yourself" Oshier said. "If you are preventative and able to take it back a notch every once in a while, the next day you're going to be able to push harder."

Diover Duario may be contacted at thejack@humboldt.edu

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PREPPING FOR FINALS THURSDAY, NOV. 14 TH • 12-1PM • LIB 114	

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October 9, 2013

OPINION

EDITORIAL

Lumberjack censorship

We were somewhere around The Lumberjack Office, at the end of Gist Hall, when the school administration almost took hold of our newspaper.

Late last Tuesday night, a roomful of bodies stirred, restless, anxious; waiting for the last pages of the newspaper to be sent to the printers.

We'd been there before.

Little did we know the next morning would be met with the possibility of censorship and violation of our First Amendment rights.

In The Lumberjack article titled "Two HSU students stabbed" we listed the names of the victims who were stabbed — names we obtained from an HSU Athletics press conference by Athletics Director Dan Collen.

At 9:15 a.m. Ken Ayoob, dean of the arts and humanities and social science colleges, came into The Lumberjack newspaper office with both questions and demands.

In less than an hour, the print version of The Lumberjack newspaper would arrive for distribution across the campus and community.

Ayoob told us to remove the names of Julius "JJ" Evans and Christopher Norman's from our online webpage.

The University's attempt to censor The Lumberjack came after a conversation between Norman's mother and the school administration.

Ayoob stressed the safety concerns of both the victims and their family members and relayed the demand of the president's office to withhold the print version of the school's newspaper.

Ayoob then told us Rollin Richmond would cover the cost of the printed issue if we didn't distribute.

President Richmond's offer played no part in our decision.

Our initial concern to distribute the paper boiled down to a basic ethical dilemma: to adhere to the interests of a worried parent, or fulfill our obligation to inform the community.

Norman's mother feared the stabbing was gang-related and if proven true could have put the lives of both the victims and their families in danger.

Had that been the case, we would not have distributed the newspaper.

However, after speaking to both the Arcata Police Department and Norman's mother, we found that there was no confirmed threat.

During our decision-making process we found that the HSU Athletics press conference aired on News Channel 3's broadcast and website, which further contributed to our decision to distribute.



The Lumberjack editorial board meets to discuss decision to hold Oct. 2 newspaper. | Maddy Rueda

Minutes after we made our decision, Ayoob came back into the office to confirm — but before he relinquished the last 20 percent of the newspapers, we had to speak to Richmond directly.

President Richmond only asked how we came to our decision and did not try to persuade us to hold the issue.

After an hour and a half, we finally distributed the Oct. 2 issue of The Lumberjack.

Regardless of the reason, the school administration should not have any influence with regards to the content and publication process of our student-run newspaper.

To repeatedly send Ayoob to The Lumberjack office while we made our decision to distribute the issue was inappropriate.

The presence of a school administrator in the office created an intimidating environment that could've

easily led to us censoring ourselves if not for our understanding of our First Amendment rights as journalists.

We made our decision with every due concern for the safety of the victims and their families, the safety of others on campus, and with the knowledge that the law was on our side. The First Amendment, California State Shield Laws and the California Education Code are all abundantly clear on the topic of prior restraint; that it is never acceptable unless the safety and security of the campus community is threatened by the publication of the paper.

Last week's article didn't pose a credible threat to the safe operation of HSU. We took our stand and we'd do it again.



The Lumberjack editorial board meets to discuss decision to hold Oct. 2 newspaper. | Maddy Rueda

Calif. Education Code §48907
Subsection (d) – There shall be no prior restraint of material prepared for official school publications except insofar as it violates this section. School officials shall have the burden of showing justification without undue delay prior to a limitation of pupil expression under this section.

Court Appointed Special Advocates: why you should get involved

by Emma Wright

Today in Humboldt County, nearly 300 kids are living in foster care due to abuse and neglect. They need help, they need a voice, where do they get one?

Court Appointed Special Advocates is a non-profit organization in our community that acts as a source of hope to hundreds of children living in foster care. As an advocate myself, it is important to understand how you can make a difference so more kids in foster care can finally feel like they are a priority.

The Humboldt CASA website states, “Every day, children in our community are abused and neglected. And, through no fault of their own, they are removed from their homes. They are afraid and confused. But not alone. CASA of Humboldt provides volunteers who give the healing gift of their time. They stand by the children in court and in life, listening to their fears as well as their dreams. CASA speaks for children in court because all children have a right to live in a safe, healthy and secure environment.”

Most of the children who are removed from their homes in this county have parents with substance abuse problems. Some parents may suffer from mental illness in addition to substance abuse and are therefore unable to adequately provide basic

needs to their children. What’s more, it is incredibly difficult to seek treatment in this county due to the lack of public services. There is limited access to both outpatient and inpatient treatment facilities for substance abuse and even less opportunity to seek treatment for mental illness. As a result, reunification of child and parent is a challenging battle. As these children remain in the system, it is important they receive help to make sure they are not forgotten.

CASA volunteers’ sole responsibilities are to legally represent the children they have been appointed to and ensure that the children’s needs are being met. When in court, CASA makes recommendations to the judge based on the information the volunteers gather from the child. This ensures the child’s best interest is not overshadowed or forgotten. In addition, volunteers help schedule and organize medical appointments, educational services and much needed visits with family members and friends. However, as amazing as these volunteers are in supporting and advocating for these children, none of it would be possible without this organization. As a non-profit organization, public support is vital to maintain a small staff and volunteers who fight for these kids every day, all year long.

“Seventy-five percent of CASA’s funding comes

from local donations and limited fundraisers,” said Chelsea Barto, development director at CASA.

One such fundraiser, known as the CASA Kid Walk, begins in August and ends in mid-October. Volunteers form teams to raise money through bake sales, car washes and private donations. This year’s Kid Walk fundraising goal is \$70,000. The two-mile walk takes place on Saturday. They will start at the Wharfinger Building in Eureka at 10 a.m. The fundraiser will also include kids’ Zumba classes, face painting and balloon hats for the CASA kids and other kids in the community to enjoy. Kids and teams will carry poster board signs in support of the fundraiser during the walk.

If you are interested in getting involved in the community and helping children receive the assistance they need, please get involved in the CASA Kid Walk. There are hundreds of kids in the foster system in Humboldt County and most of them don’t have advocates. Without this program they would be left without the proper services they need. As an advocate, I know that we are making a difference and in a way becoming figures in these kids lives that they can depend on. Please get involved and walk with us on Oct. 12.

Emma Wright may be contacted at thejack@humboldt.edu

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Mission Statement

The Lumberjack is a student-run newspaper that reports on the campus and community. We strive to report with accuracy, honesty and originality. We hold ourselves accountable for errors in our reporting. We invite all readers to participate.

**This is your newspaper.
Be a part of it.**

The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published on Wednesdays during the school year. Views and contents of The Lumberjack are those of the author and not necessarily those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-third majority opinion of the editorial staff. Opinions expressed in editorial content and columns are not necessarily those of Humboldt State University. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students or Humboldt State University.

LETTERS TO THE EDITOR

From the father of HSU Football Player Julius “JJ” Evans:

My son, Julius “JJ”, is doing well and is expected to fully recover. I am very proud of my son and his HSU football teammates who, upon arriving at the scene, came to the aid of a lone HSU student who was outnumbered and was being assaulted. Following the stabbings, other football players on the scene assessed the situation and made the critical decision to not wait for the 911 response and instead rush the two victims to the hospital. I cannot thank these players enough since this responsible behavior appears to have saved my son’s life.

There was a lot of heroism going around that night during this incident. A number of HSU players made some very mature and life-saving decisions. I have found the players who visited my son in the hospital to be dedicated, responsible, good-quality young men. I attribute much of this to the hard-working team environment provided by the HSU football program. These players work hard and are dedicated to their team and to each other. I feel that the university and the Arcata community are lucky to have them. If I had the opportunity to make a choice again to send my son the way of HSU for football I would send him here again.

My son is happy to have attended the CWU game last Saturday after being released from the hospital. As much as my son is dedicated to playing football and to the HSU program, and as sad as I am as a parent to see that end for him, to know that the many courageous acts that occurred that night makes his loss of his season worthwhile.

I encourage you all to donate blood to your local Blood Bank. It saves lives. See the Blood Mobile donation schedule at nccb.org including on-campus opportunities on Oct. 8, 10, 14 and 15.

Go Jacks! Good luck, guys, with the rest of your season.

— Doug Evans

Dear Editor,

I received a parking citation today for not displaying a valid registration sticker on my vehicle. My registration is current, but the sticker has been vandalized by an unknown party. My contention is this: students pay to attend HSU and they pay to park. I don't believe it should be policy to scrutinize vehicles specifically for violations that can be cited. Making sure vehicles are parked safely, correctly and have paid for a permit is all the Parking & Commuter Services should be concerned with. Anything further is a waste of HSU resources and an undue harassment of its students. I'm currently researching how to affect change in the PCS' policies to prevent this from continuing and I would be obliged if anyone else who has shared a similar experience or agrees with my position would make their voices heard by the administration. I was directed to Traci Ferdolage at facilities management. Her email is traci.ferdolage@humboldt.edu.

Thanks,
Justin Mitchell

Dear Editor,

I recently read in the local, daily newspaper that in a central valley town citizens can no longer drink their own tap water due to contamination from agricultural run-off. Interestingly, no local press has bothered to cover a similar situation here in Humboldt County, where residents on the South Fork of the Elk River can no longer use their water source due to contamination from beef cattle brought in to graze on property upriver from their homes.

Moreover, our Humboldt County Board of Supervisors wants to open up property in floodplains to development, which will inevitably lead to yet another example of the public picking up the tab for emergency services so that private property owners can increase their short-term profits.

Meanwhile, the House of Representatives wants to cut the food stamp program for the poor (one out of every seven people in the United States) but does nothing to stop multimillion dollar handouts to corporate farmers.

Isn't it time to bring more honesty to the discussion of who exactly is sucking on whose tit?

Richard W. Salzman, 54-year-old Arcata resident

The Lumberjack Submission Policy

**Send submissions to Opinion Editor Ryan Nakano at
rhn7@humboldt.edu**

Include “Attn: Opinion” in the subject line for email submissions.

Guest columns may not exceed 750 words.

New contributors may be given preference over returning contributors.

Include your name, telephone number, city of residence and affiliation with relevant campus or community organizations.

HSU students: please provide major and class standing.

We also welcome cartoons, spoof articles and other items.

**Send letters to the editor to
thejack@humboldt.edu**

Include “Attn: Letter” in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

All submissions must be received by 4 p.m. the Friday preceding publication.

All letters and columns may be edited for grammar, spelling and clarity.

We reserve the right to edit pieces that contain libel, slander, hate or discriminatory speech and pieces that may incite violence.



Our office is located in
Gist Hall 227 at Humboldt State University,
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CORRECTIONS

In the Oct. 2 issue's Word on the street, Cameron Reese is a junior.

The scoreboard should have reflected that Humboldt State was away for the men's and women's soccer game against Cal Poly Pomona and the women's volleyball game against California State University, East Bay.

Henry Haller was misspelled in the Sex Files graphic.

'Registering for Affordable Care begins' was written by Israel LeFrak and Diover Duario.

In the Oct. 2 issue, 'Gov. Brown signs CSU student trustee bills prepared for a 100-foot tsunami' article on page 2 was misspelled. The headline should have been: 'Gov. Brown signs CSU student trustee bills.'

In the Oct. 2 issue, the editorial entitled 'Where's Rollin?' The Lumberjack stated the reason a cartoon version of HSU president, Rollin Richmond, is hidden in our newspaper was due to the lack of transparency. That is not the specific reason 'Where's Rollin' began. Richmond met with the editorial staff during fall 2011 on numerous occasions.

Puzzles Page

Weekly Sudoku

Difficulty: hard

		6		1	8			
9	2							
			3				6	5
	1				3		4	
7		8				3		6
	9		7				5	
3	5				2			
							2	4
			6	8		1		

Where's Rollin?



It is hard enough to find Humboldt State President Rollin Richmond in real life ... but can you find him in The Lumberjack?

Cartoon Rollin is hidden somewhere in the paper. If you find him email the answer to thejack@humboldt.edu with the subject "ATTN: Where's Rollin?"

Where is this?



The following photo was taken somewhere on the Humboldt State campus. Do you know where? Email your answer to thejack@humboldt.edu with the subject "ATTN: Where is this?" Last week's photo was taken in on the east wall of Gist Hall.

heeh presents the Crossword Puzzle

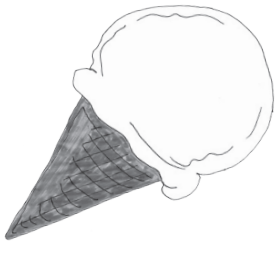
puzzle by Mary Vogel

1	2	3	4		5	6	7		8	9	10
11				12		13		14	15		
16						17					
		18			19		20				
21	22			23		24			25		
26				27			28	29	30	31	
32						33	34				
35			36	37	38				39	40	41
			42						43		
		44					45	46	47	48	
49	50						51			52	
53			54	55	56			57		58	
59						60	61			62	63
64											
65								66			
67					68				69		

- Across
- 1. Dylan and Marley
 - 5. cheerleaders may say this twice
 - 8. repeated twice at something undesirable, slang
 - 11. houndstooth alternative
 - 13. El Guapo had one of piñatas
 - 16. "let's call it ___"
 - 17. plant region where continuously-growing cells are found
 - 18. TV's CSI competitor
 - 20. yellow fruit that gets sweeter with age
 - 21. ___sayer
 - 23. 21-Across synonym
 - 25. Juan's saint
 - 26. ___ of Benin
 - 27. suffix that denotes a distinct unit
 - 28. emirate that boasts an underwater hotel
 - 32. for every
 - 33. coffee does this for some
 - 35. fermented sambucus juices
 - 42. not Mario's
 - 43. cast iron need
 - 44. Miss psychic and others
 - 45. said to enjoy a good 20-Across
 - 46. EPA, AOL, USA, or TRL, for

- example
- 49. just one for Jorge
 - 51. perfect place for a cat or child
 - 52. opposite of 21-Across
 - 53. lasso
 - 57. 1970's Ono
 - 59. Bombay ___
 - 62. one of Spain's two autonomous cities
 - 65. drinks available at McSorley's in New York City
 - 66. Alice's March host? and others
 - 67. ___ Francis Drake
 - 68. Miguel's homie
 - 69. radio station in Rio Grande City, TX
- Down
- 1. ___-free; water bottle
 - 2. this kind of 20-Across makes a sweetbread
 - 3. vantage point of Charlotte's web
 - 4. meeting of sports teams from AL, GE, SC, TN, and KY
 - 5. rotation freq. measurement
 - 6. India Pale ___
 - 7. rosemary for example
 - 8. do as I say, ___ do

- 9. big stadium where sports games are played and music concerts are held
- 10. Japanese noodles sold in styrofoams cups in the United States
- 12. Old English word that lead to the Modern English word dwindle (does not have all the same letters as dwindle, but all the letters are in dwindle)
- 14. tio's partner
- 15. TV station where you can buy a new purse or cooking gadget
- 19. Sean Penn's 1999 film "I am ___"
- 21. not yep
- 22. Cain's brother
- 24. ___ to differ; not you but a male
- 28. fin type that a dolphin has
- 29. youth movement of the USCJ, a group of rabbis and youth who may want to one day be rabbis
- 30. "you may also find this of relevance" to a texter
- 31. ___ lay dying...
- 36. about the length of your forearm
- 37. French street, or ___ 21
- 38. schoo subj. about living science
- 39. this is mine, ___
- 40. director of "A Streetcar Named Desire" Kazan
- 41. to kill in a violent way, or when you make someone laugh
- 44. wire type that police thought was wanted by the Humboldt Broadbandit
- 46. "crime doesn't ___"
- 47. very long time found on phylogenetic trees
- 49. the big and little dipper, major and minor
- 50. G in Da House song "___ A, No Ali B..."
- 54. shorter than LPs
- 55. NYC-based org. that supports people who have been widely in Humboldt news lately
- 56. sweet-smelling tree you may decorate in December
- 58. rapper ___ da Sneak
- 60. disorder that gives you an urge to move your calves and thighs, briefly
- 61. defunct Arcata newspaper, the Arcata ___
- 63. music's ___an and Sara
- 64. donkey with the ox in many



Last week's winners

Where's Rollin?
Macy Stewart

Where is this?
Jennifer Moreno

Facebook 'Like' Contest
Denita Turner

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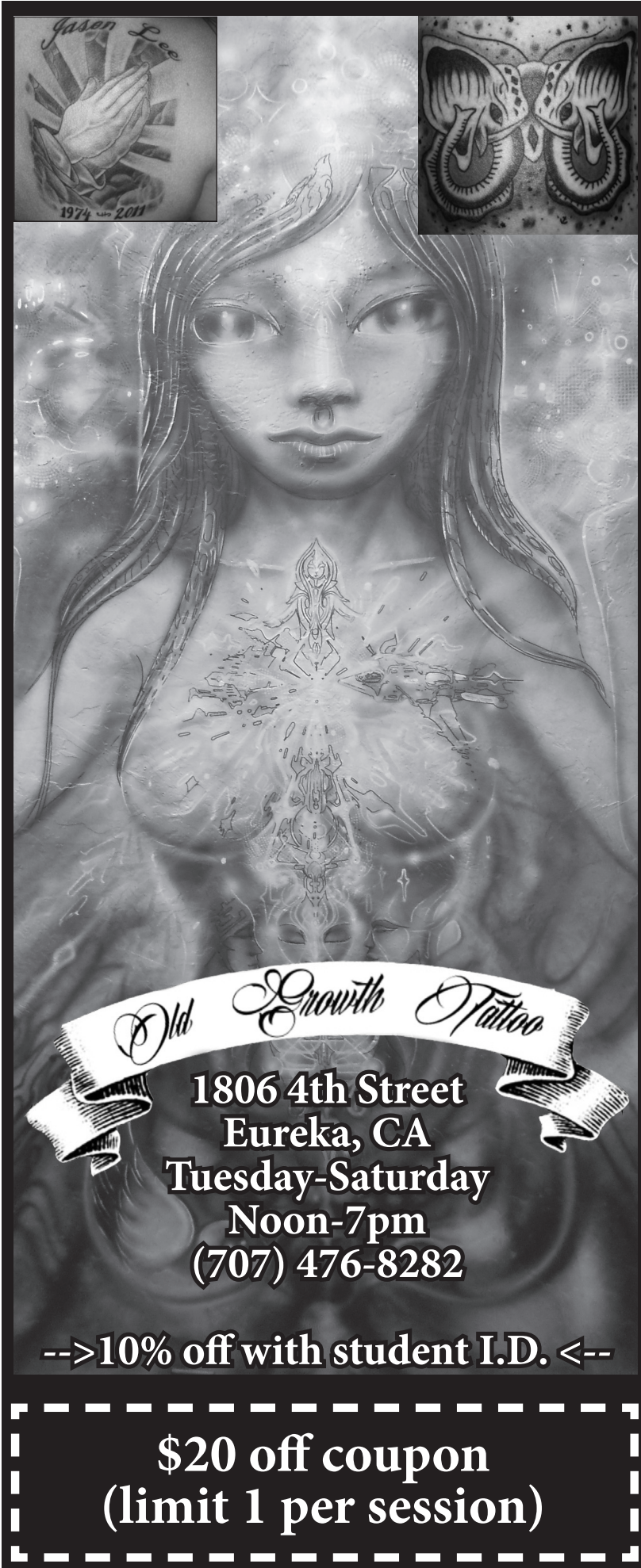
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CALENDAR

Thursday
OCTOBER
10

● Author Paul Bogard:
Readings from new book
“The End of Night”

● Highly-acclaimed author Paul Bogard will read from his most recent book on artificial light and its effect on natural darkness with a discussion afterward. The event is sponsored by the English department.

● Native American Forum
5 – 7 p.m.
Free

Friday
OCTOBER
11

● Soul Night

● Celebrate the two-year anniversary for Soul Night by dressing up and dancing.

● Humboldt Brews
9 p.m.
Free

Friday
OCTOBER
11

● National Coming Out Day

● Come meet the queer-friendly community. Anyone who identifies with or supports queer community.

● UC Quad
11 a.m. – 2 p.m.
Free

Saturday
OCTOBER
12

● CCAT’s 35th year

● Celebrate CCAT’s 35th year with food, music and games.

● Campus Center for Appropriate Technology
1 – 8 p.m.
Free

Sunday
OCTOBER
13

● Bark in the Park

● Humboldt Bay Firefighters are hosting the second annual dog-friendly 5k walk/run in Sequoia Park. Register online at active.com.

● Sequoia Park
10 a.m. - 1 p.m.
\$20

Monday
OCTOBER
14

● Quiz Night

● Play trivia games while enjoying a beer or two.

● Blondies Food and Drink
7 p.m.
Free



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