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El leñador



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febrero 2019
Vol.12 Edición 1

JUSTICE FOR JOSIAH

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El leñador

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MISSION STATEMENT

El Leñador is a bilingual newspaper produced by Humboldt State University students of underrepresented ethnic groups. Our core values drive us to become the voice of the Latinx community in Humboldt County. We are committed to keeping our community informed of the most important issues in actuality. Through our newspaper, we hope to inspire other minorities to share their stories and experiences, thus creating more social, political, and cultural diversity in local media.



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El Leñador staff can be reached at
el-lenador@humboldt.edu.

World News

Compiled by Brenda Estrella

Brazil

Brazil's New President Offers Nation's Natural Resources to Investors

Brazil is a lush landscape covered in dense, green rainforest however rapid deforestation has threatened the viability of Brazil's Amazon forest for decades. This has mobilized indigenous groups as well as Non Governmental Organizations, like Greenpeace, in protecting the forest and have resulted in some policy reform but remain an ongoing struggle.

In January, environmental protection efforts faced a new challenge from the Brazil's newly elected president, Jair Bolsonaro. Bolsonaro won a landslide victory in October after running a far-right campaign promising to loosen regulations to facilitate invest-

ment. In his first overseas address, at the World Economic Forum, Bolsonaro invited global investors to make use of Brazil's great biodiversity and mineral resources for business opportunities.

Indigenous groups in the Amazon are already suffering the consequences of the new administration's pro-business plans. Their lands have been erupting in violence as criminals attempt to steal these in preparation for the influx of investment. FUNAI - Brazil's National Indian Foundation has also been stripped of its efficacy by Bolsonaro. This resulted in the stalling of research and allocation of indigenous lands and removed the approval process by them for development on recognized indigenous lands.



Graphic by Jen Kelly

Afghanistan

European Countries Paying Migrants to Go Back Home

Militant groups have long threatened the safety of civilians in countries like Afghanistan, leading many to seek refuge elsewhere. The influx of displaced migrants seeking refuge in European countries has led to rising tensions, leaving the hosting governments with the task of alleviating these issues.

For some, the solution has been to partake in the Assisted Voluntary Return and Reintegration program, run by the United Nations; which allows countries to pay migrants, who are willing to return to their home countries, a sum of money in order to help him with business or educational endeavors. Some, however, have criticized the program for not adequately looking out for the best interests of participating migrants.

One concern, is the return of migrants to conflicted countries like Afghanistan, where civilians "face a real risk of serious human rights violations" according to a report by Amnesty International. Another is the program's implementation, which some say it's sometimes offered as a first chance to leave the host country, with the alternative being involuntarily being returned home without financial assistance. The program also has low success rates in conflict areas, with many participating migrants opting to seek refuge again.

Venezuela

Economic Crisis Leads to Threat of Coup

An economic crisis has been brewing in Venezuela during Nicolas Maduro's presidency since its inception in 2013. Venezuelans are suffering under skyrocketing inflation and lack of access to food and medicine, which some have blamed on Maduro's socialist government. Three million Venezuelans have responded by fleeing to neighboring countries since 2014, while many who remain have joined in demonstrations by political opposers.

Maduro was inaugurated into his second term on Jan. 10, following a controversial election; his political opposers were barred from running and some fled the country for fear of imprisonment. On Jan. 23, in show of dissent, the National Assembly elected leader Juan Guaido, declared himself the president of Venezuela; he cited a portion of the constitution, which allows this when the office of president is vacant. Guaido argued that since the elections were not fair and largely boycotted, then the results are illegitimate and therefore there is no democratically elected president to speak of; making Guaido the only legitimate choice.

In addition to countries coming forward to support Guaido, President Trump also recognized him as Venezuela's president, via Twitter. America's unexpected involvement has put Venezuelans and the world on high alert for what is to come.

Tech to fight racism

by Jose Herrera

A phone app is being developed to equip people of color, that will allow them to share positive or negative experiences they have at local businesses.

Say No to Hate and Bias is a subgroup under Equity Arcata, which is an organization trying to make Arcata a more inclusive and welcoming for people of color, that is developing a phone app that will let its users alert, respond and move forward if instances of racism or discrimination happen.

According to Jennifer Eichstedt, professor of sociology at Humboldt State University and member of Say No to Hate and Bias, the idea of the app originated from a bias response system at HSU that ended up being taken down because of the changes to Title IX.

"We were the only campus in the CSU system that had a bias response team and they ended up saying that we couldn't have a bias response team because it didn't fall under their guidelines," Eichstedt said.

Eventually, the idea for a bias response team came back during a meeting for Equity Arcata.

The purpose of the app and bias response team is to track moments of discrimination and hold the community accountable.

Other individuals from across the community, such as NAACP President Sharrone Blanck, joined the group to develop the app because there was a need in the community.

The team invited community members for outreach events, where people could provide feedback on the app.

"It needs to work for the people that it's supposed to serve," Blanck said. "So, that's why we are reaching out and trying to talk to different aspects of the community to make sure we are on point and this is something helpful."

According to Blanck, the group is seeking funds through grants and recently applied with the Humboldt Area Foundation hoping to get support. The app is estimated to cost \$8000.

Blanck said that in the summer they'll have a soft launch of the app, and by fall a full launch of the app.

"The more and more we share these stories, the more change can happen," member Lizzie Phillips said.

Friendly face and an open door

by Alexis Parra

In an office space in the process of being organized, Chryste Johnson smiles and welcomes students to come in anytime for a chat or to solve any problem.

"My door is opened, I've opened our policy," Johnson said. "If I'm in here and you want to talk, and if I'm not in here, please shoot me an email I'm quick to answer."

Johnson is the new interim coordinator for the African American Center for Academic Excellence. Since her interim chief position ends mid-April, she said she wants to do as much as she can in the little time that she has.

She's originally from Los Angeles and relocated to Humboldt in 1999, she began school at Humboldt State University. In 2004, she received her bachelor's in psychology along with a minor in leadership studies and in 2012 she received her master's in social work.

She also works as a professional and academic coach with the social work



Chryste Johnson, the new interim coordinator for the African American Center for Academic Excellence.

department for their online students.

"My job is to orient students to campus and to point them in the right direction," she said.

Johnson has been in Humboldt for a total of 20 years, and has held various jobs on-and-off campus; she said knows the community pretty well.

Her favorite places to eat off-campus are Los Giles and Carmela's, since her favorite food is Mexican. Johnson says that the BSS is her favorite building because they have the Native forum.

"I love that room," Johnson said. "That room right there, it was built and designed with Indigenous people in mind. The intention of that space is to bring energy and that energy is good."

No salgas con sífilis.



Hágase la Prueba. Reciba Tratamiento.

Humboldt County sífilis tasas aumentaron en 172% en el año pasado.

Llame el DHHS Public Health Clinic 707-268-2108 programar una prueba.

Community Supports Workers During Shutdown

Government workers of Humboldt and Del Norte benefit from food drives

by Lora Neshovska

On the same day President Donald Trump announced the end of the government shutdown, local support gathered at the Labor Temple in Eureka. From canned and boxed goods to basic hygiene products, the Humboldt & Del Norte Central Labor Council distributed essentials to anyone affected by the government shutdown.

Since Jan. 25, the majority of government workers have returned to work and reimbursed for their furlough. However, the possibility of another government shutdown remains, leaving many unknowns for the future.

According to Cooperation Humboldt, the event helped more than 200 families in the counties. Members of the Bureau of Land Management,

Transportation Security Administration, National Weather Service, Federal Aviation Administration, and U.S. Forest Service and Coast Guard found support and relief at the food and resource drive.

The food drive was organized in a matter of weeks following the government shutdown as a result of donations from local food markets and chains.

"There's a stigma around access to food and health access," said David Cobb of Cooperation Humboldt. "For some people, this is the first time they have had to utilize public services."

Cobb emphasized the importance of community support during national crises.

"What we have here is a small, tight-knit community," said Cobb. "We are going to take care of ourselves at the local level. We will be here as long as

our community members are impacted by this."

Friends and coworkers at the U.S. Forest Service, Ashley Papavero and Maritza Guzman met up at the Labor Temple for the event on Jan. 25. Both Papavero and Guzman said it was hard to sustain their basic monthly expenses without an income during the shutdown.

"Food and gas are the priorities," Guzman said. "It's been helpful having credit card and car payments waived."

Guzman, who is a Humboldt State University alumna, said she was down to her final \$20 of savings. Originally from Fresno, Guzman found a temporary position at a produce farm in Bayside to sustain her income until she could go back to work.

Since the temporary lift on the shutdown on Jan. 25, Guzman and

"...We will be here as long as our community members are impacted by this."

Papavero have returned to work. After missing two paychecks and more than a month of work, Papavero said it feels good to be back at work.

Since returning to work, Papavero has been reimbursed in backpay. While she received a paycheck quickly, she says it is off-putting to prepare for the possibility of a shutdown again.

"It affects something about your sense of being, your self-esteem and outlook," Papavero said. "It's unnerving to not know what will happen."



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1/8/19-5/30/19	T/TH Ma/Ju	12:30-2:00pm	Multi-Generational Center 2280 Newburg Road, FORTUNA

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“

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”

Dennis Rael,
Fundador de Los Bagels

March Toward Justice

Charmaine Lawson continues efforts on son's case



Community members begin to march during the People's Rally and March for Justice. Photo by Jose Herrera

by Jose Herrera

Marches, vigils and a mother who won't stand by until justice is served for the life of her son, David Josiah Lawson.

After Charmaine Lawson met with Humboldt County District Attorney, interim Arcata Police Department Chief Richard Ehle and Chief Investigator Wayne Cox she said is "somewhat happy" with the progression of the case, according to an article published in the North Coast Journal on Jan. 25.

Lawson's son, David Josiah, was stabbed at an off-campus party in April 2017. Police arrested Kyle Zoellner as a suspect in Josiah's murder and later in trial a judge ruled that due to insufficient evidence Zoellner was free to go.

It's been 22 months since Josiah's murder and Charmaine has organized and mobilized with the help from various local and statewide groups,

such as the Committee for Justice for Josiah, Centro del Pueblo, Seventh Generation Fund, the Eureka branch of NAACP and CSU Students for Quality Education.

The Justice for Josiah Committee hosted their monthly vigil on Jan. 15. Charmaine organized the People's March and Rally on Martin Luther King Jr. Day and protested outside of the Humboldt County Superior Court for their Week of Action between Jan. 22-25.

"I wanted the vigil to be here because I need her to know that you've had this case now for more than eight weeks," Charmaine said. "And based on the evidence that you have, it shouldn't take you this long to make an arrest."

The monthly vigil is an opportunity for community members and Humboldt State University students to honor and remember Josiah. Humboldt State University graduate

student Molly Conso attended the last vigil.

"She [Fleming] needs to hold the Arcata police department accountable for the miscarriage of justice that occurred when a student was murdered," Conso said. "Also, the university has to be held accountable for not protecting its students, especially, its students of color."

Charmaine said she organized the People's March and Rally on MLK Day because Martin Luther King Jr. spoke on injustice and equality for all people, which included her son. They wanted that message to resonate with Fleming and throughout the county.

"They came out and showed their support," Charmaine said. "We let them know that we need their support and they came and did. I saw all different faces here, and it was incredible and beautiful."

People's March and Rally for Justice

by Jose Herrera

In the center of a crowd, Centro del Pueblo member and community activist Renee Saucedo speaks above them and introduces Charmaine Lawson. Lawson wears a red cap and a gleaming white T-shirt designed with an image of her son and the words "Justice for Josiah."

She takes a moment and steps up toward a microphone. Lawson begins her speech with Martin Luther King Jr.'s message on equality and justice for African-Americans, and underrepresented groups in America.

Lawson continues in a determined voice and asks the community to seek justice for her son David Josiah Lawson, who was murdered in spring 2017 at an off-campus party.

On Jan. 21, Charmaine organized the People's March and Rally for Justice in front of Humboldt County Superior Court in Eureka, California.

An hour later after other prominent individuals such as Saucedo, Allen McCloskey of National Union of Healthcare Workers, and 11-year-old Sadie Shelmire spoke out against racial and social issues, the people marched out.



Charmaine Lawson holds Alex Foster while he talks about David Josiah Lawson. Photo by Jose Herrera

MCC has a new coordinator

by Jovanny Gutiérrez

After two years since the Multicultural Center lost its coordinator and number of interims have come and gone, students and faculty can look forward to working alongside a new permanent hire.

Francisco Herrera joined Humboldt State University on Jan. 17. As the new coordinator of the MCC, Herrera wants to bring more cultural, environmental and sustainability awareness to campus. As well as work on social justice, and motivate students and staff to push these aspects in positive directions.

“[One of my goals is] supporting each and every single person here that needs support and doesn’t feel like their voice is being heard,” Herrera said. “At the MCC and on campus.”

The last MCC coordinator, Amy Salinas Westmoreland, left HSU in 2016 and since then have been three interims and one temporary staff person overseeing the MCC (see our April 2018 for more info on the MCC search), according to HSU staff.

Herrera graduated from San Diego State

University with a Bachelor of Arts in Liberal Studies and obtained his masters’ with an emphasis in Teaching English to Speakers of Other Languages (TESOL) at the University of San Diego.

“When I left high school I was still unable to read beyond the third-grade level so it was tough. The educational experience was difficult,” Herrera said. “My mom was also illiterate. I was considered semi-literate. My dad didn’t finish high school until later, really couldn’t write either.”

After graduating from high school, the Accessibility Resource Center at Grossmont College evaluated him as semi-illiterate for having a third-grade reading and writing level.

“I think you realize later that wow you learn a lot even without formal education,” Herrera said. “It doesn’t mean that you’re not smart, just means that you have different skills.”

Even though Herrera failed most of his classes in the 10 years that he attended Cuyamaca College and Grossmont Community College, with the help and resources from the Accessibility Resource



MCC Coordinator Francisco Herrera smiles outside of the MCC. Photo by Jose Herrera

Center, he gained skills to succeed in the academic environment.

While working at an English tutoring program at Cuyamaca College, Herrera helped many students, including refugees from Iraq and undocumented immigrants from Mexico. He was also involved in the International Rescue Committee, which helps people around the world whose lives are found in a humanitarian crisis.

Herrera said he has enjoyed his first weeks at HSU, as it no longer takes him an hour to drive home from work, compared to the San Diego traffic.

“I’m really grateful to be here. It feels like a big family,” Herrera said. “The people here are very supportive. I mean, it’s amazing how everyone is socially connected.”

MCC tiene un coordinador nuevo

traducido y por Jovanny Gutiérrez

Después de dos años desde que el Multicultural Center perdió su coordinador y una cantidad de interinos de entrada por salida, los estudiantes y la facultad esperan trabajar junto a un empleado nuevo y permanente.

Francisco Herrera ingresó a la Universidad Estatal de Humboldt el 17 de enero. Como el nuevo coordinador del MCC, Herrera quiere traer más conciencia cultural, ambiental y de sostenibilidad al campus. Del mismo modo trabajar en justicia social, y motivar a los estudiantes y personal a impulsar estos aspectos en direcciones positivas.

“[Una de mis metas es] apoyar a cada persona aquí que necesite apoyo y sienta que su voz no es escuchada,” dijo Herrera. “En el MCC y el campus.”

La última coordinadora del MCC, Amy Salinas Westmoreland, se fue de

HSU en 2016 y desde entonces han habido tres interinos y una persona del personal temporalmente supervisando el MCC (vea nuestro abril 2018 para más información en la búsqueda del MCC), de acuerdo al personal de HSU.

Herrera se graduó de la Universidad Estatal de San Diego con una Licenciatura en Estudios Liberales y obtuvo su maestría con un énfasis en Enseñanza de inglés a hablantes de otros idiomas (TESOL) en la Universidad de San Diego.

“Cuando salí de la preparatoria todavía no podía leer más allá del nivel de tercer grado, así que fue duro. La experiencia educativa fue difícil,” dijo Herrera. “Mi mamá también era iletrada. Yo fui considerado semi-alfabetizado. Mi papá no terminó la preparatoria hasta después, realmente tampoco podía escribir.”

Después de graduarse de la preparatoria, el Centro de Recursos de Accesibilidad en el Colegio de Grossmont lo evaluó como semi-alfabetizado por tener un nivel de lectura y escritura de tercer grado.

“Creo que luego te das cuenta que wow aprendes mucho incluso sin educación formal,” dijo Herrera. “No quiere decir que no eres inteligente, sólo quiere decir que tienes habilidades diferentes.”

Aunque Herrera reprobó la mayoría de sus clases en los 10 años que asistió al Colegio de Cuyamaca y al Colegio Comunitario de Grossmont, con la ayuda y los recursos del Centro de Recursos de Accesibilidad, él obtuvo habilidades para triunfar en el ambiente académico.

Mientras trabajó en un programa de tutoría de inglés en el Colegio de Cuyamaca, Herrera ayudó a muchos estudiantes, incluy-

endo refugiados de Irak e inmigrantes indocumentados de México. También estuvo involucrado en el Comité Internacional de Rescate, el cual ayuda a personas de todo el mundo cuyas vidas se encuentran en una crisis humanitaria.

Herrera dijo que ha disfrutado sus primeras semanas en HSU, ya que no le toma más de una hora conducir a su casa desde el trabajo, a comparación del tráfico de San Diego.

“Estoy muy agradecido de estar aquí. Se siente como una gran familia,” dijo Herrera. “La gente aquí es muy solidaria. Es decir, es asombroso como todos están conectados socialmente.”

Directory

Resources for the Latinx Community | Recursos para la comunidad Latinx

Bilingual News

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Radio Bilingüe

103.3 FM and 89.7
Programming is also available online;

KHSU 90.5 FM

Sabor Latino, Sunday 12-2pm.
Latino USA. Friday, 1:30-2pm

Community Resources & Organizations

Paso a Paso, an Organization with bilingual staff that helps connect families with local and state programs, including CalFresh, First 5 Play-groups, and Healthy Kids Humboldt. Also provides childbirth education, breast feeding support and parenting classes. All services are free. Office hours vary. Call to schedule an appointment.
Paso a Paso es una una organización con personal bilingüe que ayuda a conectar a las familias con programas locales y estatales, incluidos CalFresh, First 5 Play-groups y Healthy Kids Humboldt. También ofrece educación sobre el parto, apoyo a la lactancia materna y clases para padres. Todos los servicios son gratis. Las horas de oficina varían. Llame para hacer

Food for People Offers food assistance programs including food pantries, produce markets, and food programs for children. 307 W. 14th Street, Eureka (707)-445-3166
www.foodforpeople.org

Catholic

Sacred Heart Church Masses in Spanish: Sat-7:00 pm, Sun-12:30 pm
2085 Myrtle Ave, Eureka
(707) 443-6009

Catholic

St. Joseph Parish Mass in Spanish Sunday at noon
14th and N St, Fortuna
707- 725-1148

Jewish

Chabad of Humboldt
413 Bayside Ct, Arcata
707-633-8770

Education

ESL Classes / Clases de ingles College of the Redwoods (CR)

Offers ESL courses at it's Eureka, Fortuna and Del Norte sites. Complete the online application and contact Adult Education to schedule an appointment. If you are a student with a disability, an English Language Learner, or need assistance completing the application, contact Adult Education to schedule an appointment. All Adult Education classes are free.

CR Ofrece cursos de ESL en sus sitios de Eureka, Fortuna y Del Norte. Complete la solicitud en línea y comuníquese con Educación para Adultos para programar una cita. Si usted es un estudiante con una discapacidad, un estudiante del idioma inglés o necesita ayuda para completar la solicitud, comuníquese con Educación para Adultos para programar una cita. Todas las clases de educación para adultos son

English Express Jefferson Community Center 1000 B St. Eureka

English Express Multi-Generational Center 2280 Newburg Rd. Fortuna Tuesdays & Thursdays 12:30–2:00 pm
707-433-5021

English Express Children's playgroup provided on-site during EE classes. Southern Humboldt Family Resource Center 344 Humboldt Ave. Redway Friday 4:30pm– 6:00 pm

Bilingual k-12 Schools:
Fuente Nueva Charter School
1730 Janes Road, Arcata
(707) 822-3348

Entertainment/Arts

People of color group is a space for people of color to gather, reflect, create, and support one another. 1st and 3rd Saturdays 3-5 pm, Corner of 11th and M street, Arcata

Latino Outdoors

Humboldt@latinooutdoors.org
Next event: February 13, 6-7PM, meet at college creek marketplace @ HSU campus

North Coast Repertory Theatre

300 Fifth Street
Eureka, CA 95501
707-442-NCRT

Ethnic Food Markets

Asian Markets

Lao Oriental Market
2908 E St Eureka, 11AM- 6PM every day
707-445-1513

Little Japan

2848 F St Eureka, Mon- Sat: 11AM-6PM
707-798-6003

Vang Chang Market

110 W Wabash Ave, Eureka
9:30AM-5PM every day
707-443-3559

Oriental Food & Spice

306 W Harris St Eureka, Mon-Sat: 9-5PM
707-445-3398

Latino Markets

Fregoso's Market 963 8th St Arcata Mon-Sat: 9AM-9PM, Sun: 10AM-7PM
707-825-8827

La Pasadita Market

420 N St Eureka
10AM-9PM everyday

El Pueblo Market

312 W. Washington St. Eureka, 10AM-9PM everyday
707-444-0952

El Buen Gusto

802 Broadway St, Eureka, Monday-Friday 10AM-9PM
707-798-6290

El Buen Gusto

1640 Main St, Fortuna, 9:00AM-9:00PM
707- 725-8880

La Chaparrita Market

520 Summer St, Fortuna 9AM-9PM everyday
707-617-2570

Legal Services

The superior court of California | County of Humboldt

“Self help center” A place to get information about your legal rights regardless of income, Superior Court of California, County of Humboldt
421 I Street, Eureka, 9:00-2:00 pm

Legal Services of Northern

California Serving clients with health related legal issues in acquiring and keeping health-care services, 123 Third street Eureka (707) 445-0866

California Indian Legal Services

324 F Street Eureka
(707)443-8397;

Social Services

True North Organizing Network

Supporting individuals from diverse backgrounds and working together for influential change
517 3rd Street, Suite 16, Eureka
(707) 572-5530

Seventh Generation Fund

Devoted to Indigenous peoples self-determination and the sovereignty of Native nations, 2355 Central Avenue, Suite C, McKinleyville (707) 825-7640

Centro Del Pueblo A safe space for the raza/indígena community to prosper on the north coast, culturally, politically, and practically.

Black Humboldt Networks

New group connects people of color

by Vanessa Flores

Black Humboldt hosted a networking event on Jan 24., for people of color in Humboldt County, in hopes of helping them access resources and services they might need, such as housing, black therapists or even stylists.

“It’s very important to have these spaces for self-care and identity,” first time attendee Pricilla Ankrah said.

Ankrah, who is from Ghana, West Africa said she’s faced difficulties while looking for housing in Humboldt County and is often turned down.

“My dark skin has probably something to do with it,” Ankrah said.

Black Humboldt began in response to the lack of representation in the community and to build relationships within the black population in Humboldt.

According to blackhumboldt.com, the organization is interested in networking, building relationships and community with the black population residing and visiting Humboldt County.

Dionna Fletcher and Monique Desir, the founders of Black Humboldt, launched it as a social media platform, which then became something bigger in the last six months.

“We noticed there’s not many people that look like us, let alone that share common interest and styles,” Desir said. “I can’t even go buy the spices I need that I like to cook with in my Caribbean food.”

According to the United States Census Bureau of 2017, an estimated 1.4% of the population in Humboldt County are Black or African American alone. An estimated 74.3% are White alone, 11.7% are Hispanic or Latino, 6.3% American Indian and 2.9% Asian alone.

Desir, a first generation Haitian and Fletcher, a first generation Nigerian-American, both came to Humboldt County from the East Coast. They came here for school and work but quickly noticed that this was nothing like the culturally rich places they were used to.



Founders of Black Humboldt, Monique Desir (left) and Dionna Fletcher at their networking event on Jan. 24. Photo by Vanessa Flores

“When I looked around I said to myself, ‘where are we?’” Fletcher said. “We are not present.”

For about three months Fletcher had a vision to create safe spaces for people of color, to get to know each other and network in Humboldt. Fletcher said that she knew Desir was the perfect person to do this with.

They both met at Jovanne Dempster’s, an HSU lecturer, Hip-Hop class at HealthSport in Arcata.

“It’s the most black thing we have at Humboldt,” Fletcher said.

The idea for Black Humboldt grew slowly after their meeting each other.

Today, their number one goal is black economic empowerment. They’d also like to make the list of all black business and expand the Black Humboldt team.

“I hope to pass on Black Humboldt to a new generation,” Fletcher said. “We want it to be a presence, even if we’re no longer behind it,” Desir added.

The black networking event was held in hopes that people of color could come together and enjoy eachothers company, under the same roof.

For more information on upcoming events, you can visit their new website blackhumboldt.com

Black History Month Campus Events

07 | thursday

Soul Fitness: Yoga
All levels welcome.
5:30-6:20pm | GH 02

14 | thursday

Soul Fitness: Hip Hop
Dance cardio workout.
Open to all levels.
5:30-6:20pm | GH 02

21 | thursday

Soul Fitness: Yoga
Kimetic yoga, afrocentric
practice from Egypt.
5:30-6:20pm | GH 02

13 | wednesday

Shine Aesthetic
& Dewy’s Pop Up
Local black beauty
salon showcases
services & products.
2-4pm | AACAE

16 | saturday

Blackout Basketball
AACAE and Athletics
celebrate Black History
Month. Wear black.
5pm | Lumberjack Arena

26 | tuesday

Grooming Lounge
Local black beauty salon
showcases services
& products.
5:30-6:20pm | GH 02

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'Roma' Review: A Black and White Contrast of Humanity

by Cameron Rodriguez

I must preface this review by stating that whatever is critiqued and observed is not out of malice or personal bias.

As an American born citizen, my knowledge of life in Mexico is, of course, limited and shrouded, in what is presented to me in media.

That being said, I found "Roma" (2018), to be profound at times. The filmmaker and writer of this picture, Alfonso Cuarón, paints quite a surreal, volatile portrait of perseverance on a crude canvas. Dwindling the lines between avant-garde and neorealism, Roma's story takes a quiet and methodical approach to a relatively simple story.

The story focuses mainly on Cleo, the maid of a presumably affluent family in the neighborhood of Colonia Roma, the derivative of the film's title, in 1970s Mexico City. The simplicity of the film is based off the story clichés found in a variation of films throughout the years.

A wife must explain the dilemmas of infidelity to her children as her husband revels in the freedom of promiscuity, and a woman must deal with an unplanned pregnancy as the father revels in reluctance.

Cuarón, of course, melds socio-political themes into tales of human bonding, which should be familiar to fans of his earlier work, "Y Tu Mamá También" (2001). For a pure cinephile, mise-en-scene is prevalent and riddles almost each scene; each scene is a delicate foreshadowing of the next.

"Alfonso Cuarón, paints quite a surreal, volatile portrait of perseverance on a crude canvas."

Cuarón seems to revel in its poetry, as well as the film itself; however, personally for me there were times where the more somber moments lingered a little too long. Not to say that these scenes seemed pretentious; but at times, the film became an indulgence on form.

As a cinephile and filmmaker myself, I understand that this is something that is common for most filmmakers; hoping to tell a poignant story that has been permeating in one's mind – which I'm sure this is.

Delving into the political and indigenous aspects of the film is just a touchy subject so I'll just leave that aspect of the film alone. However, the film definitely overtly, and covertly juggles those lines, for the director's sake. In terms of this film being scaled to Cuarón's other filmography, I would say it comes a close second to "Children of Men" (2006) with "Y Tu Mamá También" and "Sólo con Tu Pareja" (1991) at the top. Overall, a melancholy yet necessary observation on the human condition.



Mexican film Roma is nominated for 10 Academy Awards including Best Film. Photo courtesy of Netflix.



Mexican film Roma is nominated for 10 Academy Awards including Best Film. Photo courtesy of Netflix.

La película Roma nominada a 10 premios de la Academia, incluyendo a la mejor película. Foto cortesía de Netflix..

5

**Facts
on
Roma
Hechos
de
Roma**

1

Alfonso Cuarón's film "Roma," has taken the award season by storm, with 138 wins and 152 award nominations worldwide.

La película de Alfonso Cuarón "Roma", ha tomado la temporada de premios por asalto, con 138 victorias y 152 nominaciones a premios mundialmente.

'Roma' reseña: un contraste blanco y negro de la humanidad

por Cameron Rodriguez
traducido por Ma Salazar



La película Roma nominada a 10 premios de la Academia, incluyendo a la mejor película.
Foto cortesía de Netflix.

Debo prefacio esta revisión afirmando que todo lo que se critique y se observe no es por malicia o por prejuicios personales.

Como ciudadano nacido en Estados Unidos, mi conocimiento de la vida en México está, por supuesto, limitado y envuelto, en lo que se me presenta en los medios de comunicación.

Dicho esto, encontré que "Roma" (2018), a veces es profundo. El cineasta y escritor de esta película, Alfonso Cuarón, pinta un retrato bastante surrealista y volátil de la perseverancia en un lienzo crudo. Desviando las líneas entre la vanguardia y el neorrealismo, la historia de Roma toma un enfoque tranquilo y metódico a una historia relativamente sencillo.

La historia se centra principalmente sobre Cleo, la doncella de una familia presumiblemente próspera en el barrio de Colonia Roma, la derivada del título de la película, en la Ciudad de México en los años setenta. La simplicidad de la película se basa en los clichés de la historia que se encuentran en una variedad de películas de los años.

Una esposa debe explicar los dilemas de la infidelidad a sus hijos cuando su esposo se deleita con la libertad de promiscuidad, y una mujer debe lidiar con un embarazo no planeado mientras el padre se muestra renuente.

Cuarón, por supuesto, combina temas sociopolíticos en relatos de vinculación humana, que deberían ser familiares para los fanáticos de su trabajo anterior, "Y tu mamá también". (2001). Para un cinéfilo puro, prevalece la puesta en escena y adivina casi cada escena; Cada escena es un delicado presagio de la siguiente. Cuarón parece deleitarse con su poesía, así como con la propia película; sin embargo, personalmente para mí hubo momentos en que los momentos más sombríos se prolongaron un poco demasiado. No quiere decir que estas escenas parecieran pretenciosas; Pero a veces, la película se convirtió en una indulgencia en la forma.

Como cinéfilo y cineasta, entiendo que esto es algo común para la mayoría de los cineastas; con la esperanza de contar una historia conmovedora que ha estado impregnando en la mente de uno, lo cual estoy seguro que es así.

Profundizar en los aspectos políticos e indígenas de la película es solo un tema delicado, así que solo dejaré ese aspecto de la película. Sin embargo, la película definitivamente abiertamente, y encubierta malabares esas líneas, por el bien del director. En cuanto a que esta película se ha escalado a la otra filmografía de Cuarón, yo diría que queda muy cerca de "Children of Men" (2006) con "Y Tu Mamá También" y "Sólo con Tu Pareja" (1991) en la parte superior. En general, una observación melancólica pero necesaria sobre la condición humana.

"Roma" won the Golden Globe Awards for Best Director of a Motion Picture and Best Motion Picture in a Foreign Language.

Nominated for 10 Academy Awards, including Best Motion Picture, Best Foreign Language Film, Best Performance by an Actress in a Leading Role and Best Achievement in Directing.

First indigenous woman to be nominated for a Best Actress Academy Award.

Yalitza Aparicio was working toward becoming a preschool teacher in rural Oaxaca, Mexico.

2

"Roma" ganó los Golden Globe Awards par mejor director de un cinematográfico y la mejor película en un idioma extranjero.

3

Nominada a 10 premios de la Academia, incluyendo mejor película, mejor película en un idioma extranjero, mejor actuación de actriz en un papel principal y mejor logro en dirección.

4

La primera mujer indígena nominada para un Premio de la Academia la mejor actriz.

5

Yalitza Aparicio estaba trabajando para ser maestra de preescolar en la zona rural de Oaxaca, México.

A Long Journey Makes A Stop In Arcata

French-Algerian Chef Buys Folie Douce

by Vanessa Flores

Flavorful aromas, lively music and a taste of the other side of the world fill up the newly acquired Folie Douce restaurant.

In Nov. 2018, new owner and French-Algerian chef, Reda Salhi, shook things up at Arcata's beloved, sweet taste of madness, "Folie Douce". He has refurbished the menu with Lebanese and Moroccan cuisine, such as Couscous, Duck Tajine, Kofta, Falafel, Shawarma and many more.

Salhi found himself in New York, longing to be near his daughter, who had recently started her first year at Humboldt State University, in August. Working in the medical industry, he wanted to get back to his passion, which is food and cooking.

He began inquiring about Folie Douce and wanted his daughter to check it out for him. He said she instantly said, "Oh my god papa, I've been to this place; this is the place."

Salhi said he told himself "I'm going to buy it.". He packed his bags and drove for five days, to a place he had never been to before.



New owner of Folie Douce Reda Salhi brings Lebanese food to Arcata.
Photo by Jose Herrera

But the idea to own a restaurant, started back in 1991, for Salhi. His fascination for pasta and pizza, took him to Italy, where he spent about three years exploring his culinary options.

After realizing that he wanted to open a restaurant, Salhi became aware

that it was too expensive to do so in Italy. So he began saving money by working 12 hours a day, 6 days a week.

Salhi packed up and opened his Italian restaurant about 6,337 miles away, in Ecuador. After noticing that there was no Turkish or Lebanese

food, he gave his Italian restaurant a makeover, all in one night. By 8 a.m the next day, he began serving Lebanese food.

"It was insane," Salhi said.

El Arabe became a big thing in Ecuador, Salhi mentioned. "The president came and ate there at least three times."

By 1996, Ecuador was in turmoil; currency began to depreciate, protests erupted and the military took over. "I said to myself it's time to leave," Salhi said.

He sold his restaurant and began a new life in the U.S., where he studied medicine and became a nurse. But Salhi knew it was time to get back to what he liked doing the most. So, he followed his daughter to Arcata, and is now running a familiar business.

Salhi continues to adjust to life in Humboldt and has no plans of leaving.

"The main reason why I do this, I like to attract people and help people. I like to be surrounded by people and make them feel happy. And give them things they didn't have before. New culture, new food," said Salhi. "I'm here to stay."

What's for lunch?

Folie Douce is now open for lunch and offers affordable and healthy options for students. Lunch is served Monday through Sunday, between 11 a.m. to 3 p.m. The items and prices below are for the lunch menu.

- The creamy chickpeas and a hint of tahini sauce, give the hummus (\$3.50) a pleasant smooth texture, and is served with pita bread.
- The chicken or beef shawarma (\$8.50 each) is served with pickles, tomatoes and garlic sauce, satisfies.
- Wrapped in pita bread, the falafel plate (\$8.50), delivers a fresh crispy bite of Middle Eastern tradition. It is served with cucumbers, tomatoes and tahini sauce.
- The lunch menu also includes, kafta, Merguez and a veggie sandwich (\$8.50 each). Add fries, soup or salad for \$2.50 more.



(Left to right) Beef shawarma, falafel and chicken shawarma for lunch at Folie Douce.
Photo by Vanessa Flores

Let's have a drink

Revealing the true origins of an iconic beverage

by Celeste Alvarez

Horchata is a drink we often take for granted and merely assume its origins ascend from Latinx culture, however, there's more than meets the eye.

Horchata originated from West Africa, where the creamy drink was made from small tubers called Tiger nuts (Chufas) known as, "kunnu aya." From West Africa, it traveled to Iberia, now known as Spain; as a result of the Muslim Conquest. After arriving to Valencia, it was then introduced to the new world and evolved into what we now know as horchata.

Horchata de chufa is still popular, especially in Spain, where it is consumed heavily in the spring and summertime months. However, in Mexico, it has transformed to be a creamy milk drink heavily flavored with rice and cinnamon.

Horchata has become a staple in Latinx culture, and I can easily say it's one of my favorite drinks.

Although my mom doesn't make it all the time, whenever she does, it's treated as a big event in my household. The older I get the more my longing to be connected to my culture strengthens, and food is a way I can do this.

Making my mother's recipes help me feel connected to my family and heritage, even when I'm 500+ miles away. This creamy drink completes more than just a delicious meal, it represents celebration and unification within families.

Food is a significant part of everyone's life. It's important to acknowledge its roots and see how we're more connected than we think we are.

Ingredients:

- 1 ½ cups of rice
- 2 sticks of cinnamon
- 1 12 oz can of sweetened condensed milk
- 1 12 oz can of evaporated milk
- 4 cups of water

Directions:

Thoroughly rinse rice until water runs mostly clear. Set washed rice aside.

Boil 4 cups of water, and once boiling remove from the stove.

Add washed rice into the hot water, along with the cinnamon sticks, and let soak until it softens; but is not fully cooked. It should take about 30 minutes.

Once rice is softened, strain rice and cinnamon and add mixture to a blender. Blend until smooth. Strain and add mixture to a large pitcher.

To the pitcher add the can of evaporated milk and sweetened condensed milk.

Fill the rest of the pitcher with water and sweeten to liking.

Serve chilled or in a glass with ice. Tacos are a great addition, but not necessary.

Ingredientes:

- 1 ½ taza de arroz
- 2 palos de canela
- 1 taza de 12 oz de edulcorante leche condensada
- 1 taza de 12 oz de leche evaporada
- 4 tazas de agua

Direcciones:

Enjuague el arroz hasta que la agua esté clara. Pon el arroz enjuagado aparte.

Hierve 4 tazas de agua, cuando ya esté hirviendo mueve lo de la estufa.

Añada el arroz enjuagado y los palos de canela, luego déjalos remojar hasta que se pongan blanditos; no para que se cocinen. Debería de tomar aproximadamente 30 minutos.

Ya que el arroz esté blando, colar el arroz y los palos de canela. Después ponlo en una licuadora hasta que se ponga suave.

Colar y agregue la mezcla en una jarra.

En la jarra agregue la lata de leche evaporada y la edulcorante leche condensada.

Llena el resto de la jarra con agua y endulzar a gusto.

Servir frío y agregue hielo a su gusto. Tacos sería bueno con su horchata, pero no es necesario.

Vamos a tomar una bebida

Revelando los verdaderos orígenes de una bebida icónica

por Celestine Alvarez

traducido por Elizabeth Jovel

Horchata es una agua fresca que muchos lo dan por hecho y simplemente asumir de su origen de Sur America, pero hay más que mirar a los ojos.

La horchata se originó de África Occidental, donde la agua cremosa era hecho de un pequeños tubérculos llamados tuercas de tigre (Chufas) conocidos como "kunnu aya". Desde África Occidental, viajó a Iberia, ahora conocida como España; en resultado de la Conquista Musulmana. Llegando a Valencia, es cuando se introdujo en el nuevo mundo y se convirtió en la que hoy conocemos como horchata.

Horchata de chufa todavía es popular, especialmente en España, donde se consume mucho en primavera y verano. Aunque, en México, se convirtió en una bebida cremosa con sabor de arroz y canela.

Horchata se convirtió más estable en la cultura de LatinX, y yo mismo puedo decir que es una de mis bebidas favoritas.

Aunque, mi mama no lo hace todo el tiempo, pero cuando si, es tratado como un evento grande en mi casa. Mientras más mayor me pongo siento que me anhelo estar conectada a mi cultura, y la comida es una manera en que puedo hacerlo.

Haciendo las recetas de mi mama me siento más conectada a mi familia y mi patrimonio, aunque esté 500+ millas lejos. Esta bebida cremosa completa más que un solo platillo, representa una celebración y unificación entre familias.

La comida es una parte importante de la vida de todos. Es importante dar conocimiento a sus raíces y ver cómo nos conectamos envés de lo que pensamos de nosotros.



Deal Or No Deal?

This is much more than just a wall

by Vanessa Flores

A border wall between Mexico and the U.S. remains President Donald Trump's top priority. What seems to be an unwatchable game of "Deal or No Deal" between Trump and Democrats, his promises of a wall remain in an empty case.

But this is much more than just a wall. And, he's not ready to stop the game.

Trump launched his campaign by insulting Mexicans: "They're not our friends," he said. "They're bringing drugs. They're bringing crime. They're rapists. And some, I assume, are good people." This was a campaign built on hate, racism and ignorance; and this wall is an undeniable symbol of that.

The president continues to tell a fabricated story of an invasion, a national crisis, of drugs and criminals, at the southern border. He has requested \$5 billion for a wall, that would clearly address his personal issues with immigrants.

His antagonistic comments about immigrants didn't stop during his campaign, it carried on into the White House.

Early into the start of 2018, during a meeting with a group of senators, Trump asked, "Why do we want all these people from 'shithole countries' coming here?" He was referring to Haiti, African nations and El Salvador; an evident issue, the president, has with people of color.

Yet, the president insists that this is about national security and the well-being of the American people. He insists that this wall is the solution to problems that don't exist.

According to factcheck.org, apprehensions on the southwest border peaked in 2000 at 1.64 million, and have generally declined since, totaling 396,579 in 2018. Studies also show that a growing proportion of the undocumented population legally entered the country on visas but overstayed their visas.

Also, his reputation is now on the line, and the pressure from conservatives, his supporters and Republicans are driving Trump into a frenzy.

Ann Coulter, a political commentator, has made condemnatory statements about Trump's empty promises. "A joke presidency that scammed the American people with promises of a wall," said, Coulter in December.

And recently, Tomi Lahren, a host on Fox News, has titled her opinion piece, 'President Trump, do NOT let us down -- Build that wall.'

A symbol of anti-immigration, racism and hate, this wall only works for Trump and his supporters.

Trump walked away from a \$20 billion package deal back in Jan. 2018; that would've allowed for a wall to be built in exchange for path to citizenship; but of course he didn't like that.

Now, in the middle of another potential partial government shut-down, Trump has said that he is ready to bypass Congress and use the powers granted to him under the laws and Constitution of the United States to address this non-existent emergency.

With no bipartisan deal in his near reach, it's time to stop gambling with the future of this country.

¿Trato O Ningun Trato?

Esto es mucho más que un simple muro

por Vanessa Flores
traducido por Ma Salazar

Un muro fronterizo entre México y los EE. UU. Sigue siendo la principal prioridad del presidente Donald Trump. Lo que parece ser un juego invencible de "Deal or No Deal" entre Trump y los demócratas, sus promesas de un muro permanecen en un caso vacío.

Pero esto es mucho más que un simple muro. Y él no está listo para detener el juego.

Trump lanzó su campaña insultando a los mexicanos: "No son nuestros amigos," dijo. "Están trayendo drogas. Están trayendo el crimen. Son violadores. Y algunos, supongo, son buenas personas." Esta fue una campaña basada en el odio, el racismo y la ignorancia; y esta pared es un símbolo innegable de eso.

El presidente continúa contando una historia inventada de una invasión, una crisis nacional, de drogas y delincuentes, en la frontera sur. Él ha solicitado \$5 mil millones para un muro, que abordaría claramente sus problemas personales con los inmigrantes.

Sus comentarios antagonísticos sobre los inmigrantes no se detuvieron durante su campaña, sino que continuó en la Casa Blanca.

A principios del inicio de 2018, durante una reunión con un

grupo de senadores, Trump preguntó: "¿Por qué queremos que todas estas personas de 'países de mierda' vengan aquí?" Se refería a Haití, las naciones africanas y El Salvador; Un tema evidente, el presidente, tiene con la gente de color.

Sin embargo, el presidente insiste en que se trata de la seguridad nacional y el bienestar del pueblo estadounidense. Él insiste en que este muro es la solución a problemas que no existen.

Sin embargo, según factcheck.org, las detenciones en la frontera suroeste alcanzaron un máximo de 1.64 millones en 2000, y en general han disminuido desde entonces, totalizando 396,579 en 2018. Los estudios también muestran que una proporción creciente de la población indocumentada ingresó legalmente al país con visas, pero sobrepasó sus expectativas.

Además, su reputación está ahora en la línea, y la presión de los conservadores, sus partidarios y los republicanos están llevando a Trump a un frenesí.

Ann Coulter, una comentarista política, ha hecho declaraciones condenatorias sobre las promesas vacías de Trump. "Una presidencia de broma que estafó al pueblo estadounidense con promesas de un muro," dijo Coulter en diciembre.

Y recientemente, Tomi Lahren, presentadora de Fox News, ha titulado su artículo de opinión, 'Presidente Trump, NO nos decepcione: construya ese muro.'

Símbolo de la lucha contra la inmigración, el racismo y el odio, este muro solo funciona para Trump y sus partidarios.

Trump se alejó de un paquete de \$20 mil millones en enero de 2018; eso hubiera permitido que se construyera un muro a cambio del camino a la ciudadanía; pero claro que no le gustaba eso.

Ahora, en medio de otro posible cierre parcial del gobierno, Trump ha dicho que está listo para pasar por alto al Congreso y utilizar los poderes que le otorgan las leyes y la Constitución de los Estados Unidos para hacer frente a esta emergencia inexistente.

Sin ningún trato bipartidista a su alcance, es hora de dejar de jugar con el futuro de este país.



Graphic by Mikaylah Rivas

No Valentine, No Problem

Valentine's Day is overrated, celebrate yourself

by Victoria Nazario

One week into February, and I could already smell the red roses and taste the chocolate from the heart shaped box. I watch couples flood the stores to pick up gifts such as stuffed animals, flowers, chocolate, pink and red balloons, or anything to make their partner feel loved.

Valentine's Day is an over romanticized holiday, that in reality paints a picture of perfect relationships. According to Google, Valentine's Day is a festival of romantic love where people arrange romantic meals in restaurants, or present flowers and presents to their spouse or partner. Well, not this year Google.

On this holiday, society loves to pressure people into feeling like crap because they are not in a romantic relationship, or because they want to spend the day alone.

It almost feels forced. Like we are forced to exchange soppy love poems with our partner, or how we are forced

to conform to the Valentines Day regimen.

There has always been a stigma around being alone. That it is scary, and unpleasant. However, Psychology Today reports that being alone is not unpleasant, but in fact really important to one's health.

Being alone allows you to drop your "social guard," giving you the freedom to truly think for yourself.

This is important in terms of healthy relationships, because being alone helps us grasp what we actually want in a relationship, and gives us the time to understand and value ourselves, which means we will be able to better understand and value others.

Bottom line, how can you possibly have a healthy relationship with others, if you have not learned to have one with yourself.

Whether you are just getting out of a relationship, or have never been in a relationship, remember that not having



Valentine's Day merchandise on sale at CVS. Photo by Victoria Nazario

a romantic Valentine's Day, does not define you.

Put on your favorite sexy outfit, and take advantage of the chocolate sales and give yourself the Valentine's Day

you deserve.

Take a second, celebrate yourself, and then when you are ready, call up your favorite friends and celebrate each other.

Did I Survive Watching R. Kelly?

by Alexis R. Parra

Lifetime Movies released a series titled "Surviving R. Kelly," which allowed women (who he sexually assaulted), families, journalists, radio personalities, and people who were by his side the whole time, come forward and tell their truth about R. Kelly.

Each episode starts with a black screen and a disclaimer, stating that R. Kelly has denied all allegations against him; yet the reminder gave me an awful feeling in the pit of my stomach.

Five minutes into the episode I felt as if I couldn't breathe, and at that point, viewers were given a glimpse of the content of the series. I changed the channel and decided I would watch it another time.

The next night I made it through three out of the six episodes, which mostly

covered R. Kelly's rise to stardom and his relationship with R&B singer Aaliyah.

Demetrius Smith, who was R. Kelly's Tour Manager and personal assistant, got Aaliyah fake papers saying she was 18 years old when she was actually only 15 years old, so that Aaliyah and R. Kelly could get married. R. Kelly was 27. That is disgusting.

The more I watched the show, the more women told their stories, the more my heart broke and the angrier I became. Everyone around R. Kelly helped him hurt those young girls.

By everyone, I mean the people that worked for him, his friends, and his musical colleagues. Did they do the worst of it? No. But they made phone calls, booked hotel rooms and looked away.

No one stood up for those girls. Those girls who were taken away from their families and treated like animals, to then be used for sex.

R. Kelly should've been sent to jail, when he went on trial in 2008 for the sex tape with a child, but somehow he managed to walk away freely.

Angelo Clary, father of Azriel Clary who is a victim of R. Kelly said, "If the kids were caucasian young women we would not be going through this." Which is true. In today's society you see that the lives of white individuals are held to a higher value than people of color.

You see this regardless if it's these girls getting assaulted, or young black men being shot in their own backyards.

This series can and should be used in a court of law to put R. Kelly in jail for the

rest of his sick and pathetic life.

His music and anything related to him should be taken off of every platform. R. Kelly should be muted and imprisoned.

If you still listen to R. Kelly regardless of whether you support the man or not, your streams are giving him money. The only thing R. Kelly should be getting is jail time.

To answer the question that the headline is asking, I did survive watching "Surviving R. Kelly." I was angry and crying the whole time, but I survived. Then again I did the least I could, I listened and now I'm talking about it. These women lived it and they are the true survivors.



Photo courtesy Northcoast Repertory Theater

Native Gardens

Comedy by award-winning, Latina playwright Karen Zacarias centers on the subjects of borders, land entitlement and land disputes between feuding neighbors. The play runs through the second weekend of February at the Northcoast Repertory Theater in Eureka.

Show dates and times:
2/8 at 8pm | 2/9 at 8pm |
2/10 2pm

16 | sabado**Appreciating Lichens Walk**

10am-1pm | Ma-le'l Dunes

Leftover Crack, Days N Daze

Live music

7-11:45pm | RampArt Skatepark

¡Noche de Comedia en Español!

9pm-12am | Savage Henry
Comedy Club

17 | domingo**Cuco & Special Guests**

\$15 with student ID, \$25 regular admission
8pm | KBR

21 | jueves**Free Botanical Garden Admission**

Free every third Thursday of the month.
10am-2pm | Humboldt Botanical
Gardens

22 | viernes**Place: Migrations & Interventions**

Multimedia art exhibit that explores human and plant migration. Runs through March 15.
12pm-7pm | Reese Bullen Gallery

23 | sabado**Humboldt Roller Derby**

6pm | Redwood Acres Fairgrounds

If you have an event you would like featured on the calendar, contact us at: el-lenador@humboldt.edu

05 | martes**Lunar New Year Festival**

5-7pm | KBR

Spoken Word Open Mic

Every Tuesday

6-8pm | Northtown Coffee

06 | miercoles**Clubs Fair**

10-2pm | UC Quad

This Romantic Relationship**Thing Got Me Trippin'**

Workshop on navigating romantic relationships. Held again at same time on 2/13.
12-1pm | NHE 113

07 | jueves**Let's Talk About the Middle East**

Film and discussion

5:30-8pm | Richard's Goat
Tavern.

08 | sábado**Trans Support Group**

1-2pm | NHE119.

HSU Downtown with La**Mancha + DJ EastOne**

Students only with valid ID.
8pm | Arcata Playhouse

13 | miercoles**Film Festival**

6-8pm | Nelson Hall 102 -
Goodwin Forum.

Latino Outdoors**Galentine's Day Hike**

6pm | Meet at College Creek
Marketplace

14 | jueves**Art by Lyn Risling**

Month long exhibit.

12-7pm | Goudi'ni Gallery.

Career and Volunteer Expo

12-4pm | West Gym

Conceptualized Global**Indigenous Rights**

2-3pm | LIB Fishbowl.

15 | viernes**Tony Platt: Beyond These Walls**

Author discusses book on U.S. crime and punishment.
7-9pm | Northtown Books

10 | domingo**Equity Arcata Potluck**

5-8pm | Arcata Neighborhood Ctr.

12 | martes**Government Internships**

9-10am | Library Fishbowl

Women's Self Defense Class

5-8pm | Great Hall

Queer Coffee House

Talk on self-love & care.

5:30-7:30 pm | The RAVEN
project