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El Leñador

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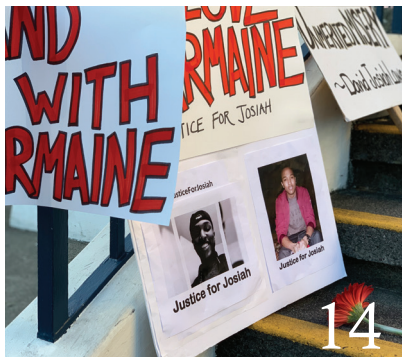
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MISSION STATEMENT
El Leñador is a bilingual newspaper produced by Humboldt State University students of underrepresented ethnic groups. Our core values drive us to become the voice of the Latinx community in Humboldt County. We are committed to keeping our community informed of the most important issues in actuality. Through our newspaper, we hope to inspire other minorities to share their stories and experiences, thus creating more social, political, and cultural diversity in local media.



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Emergency Cash Available on Campus

Financial Aid Services provides short-term loans for students in need

by Brenda Estrella

It seems like the college experience wouldn't be complete without being strapped for cash at one point or another. Whether it's for books or rent, students could use some quick cash sometimes.

That is where Humboldt State's Student Financial Services comes in. Many students don't know that this department offers interest-free, short-term loans of up to \$500 for currently enrolled students.

Recently, Director of Financial Aid Services Peggy Metzger and Manager of Student Financial Services Sandy Wieckowski explained the details that students need in order to determine if a short-term loan is a viable option.

Who is eligible?

To qualify for a short-term loan, you must be enrolled in at least one regular unit for the current term. The unit requirement cannot be met with Extended Education, College of E-Learning or Open University courses.

If you have a balance with the University, you will need to meet with staff and make a plan to pay that balance before you can be considered for a short-term loan. You must also have a clear plan for paying back the loan, such as an upcoming paycheck or a Financial Aid disbursement for the current term.

"A lot of times it's a stop-gap when financial aid hasn't disbursed yet and it won't for a little bit, and so the financial aid will then pay [the loan]," Metzger explained.

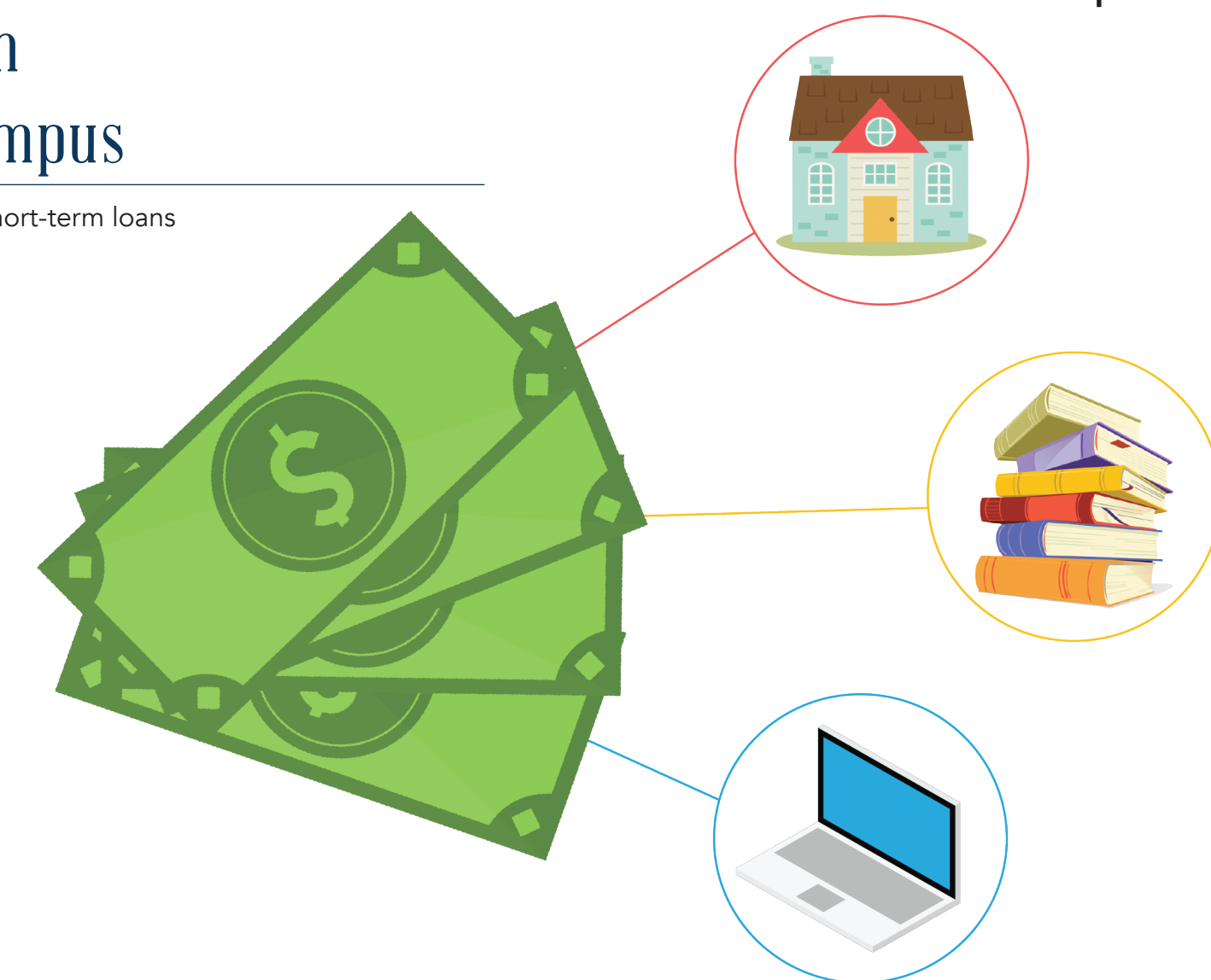
What can you get a loan for?

Loans are available for any school-related expenses, including living expenses. Students have been known to request short-term loans for help with rent, car expenses, traveling home, technology or textbooks, according to Wieckowski.

What about paying it back?

The term for one of these loans is 10 weeks. You can make payments within those 10 weeks either online or in person at the Cashier, Wieckowski said. Making regular payments is the best option for students who rely on paychecks.

For students who take out a loan before their Financial Aid is disbursed,



HSU short-term loans can be used for rent, books and technology. | Graphic by Ashley Ramirez

their Financial Aid award will automatically be applied to their balance.

If you are approaching your due date and know you can't pay the full balance on time, you can go into the office and request a four-week extension. During this visit, staff are able to work with you to plan how to pay this loan and budget for the semester.

What if school is almost out?

Student Financial Services is open 12 months a year, according to Wieckowski. This means that even if you apply at the end of the semester, once approved, you have the same 10 weeks to pay the loan back and the option to request a four-week extension in person.

You can also request a short-term loan before the semester. Metzger said that the bulk of the applications for short-term loans are received right before the semester when Financial Aid awards haven't been disbursed.

"We want to have some type of financial counseling when [loans and extensions] come up," Wieckowski

explains.

In order to prevent students from entering the cycle of taking out loans to pay off other loans, Wieckowski and her staff can help you look for ways to cut down your expenses and budget for school.

For information, please visit or call:

Student Financial Services
SBS #257 (across from Financial Aid)
(707) 826-4929
www.humboldt.edu/studentfinancial
(under HSU Short-Term Loan Policy)

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HSI Grant Funds Education Program

HSU awarded \$2.7 million grant for retention and success of Hispanic soon-to-be teachers

by Jovanny Gutiérrez

Often times in a classroom filled with Latinx students they're missing teachers with similar backgrounds and experiences who can understand and push them to success.

But Humboldt State University is improving education preparation programs to increase the scant number of future Latinx educators.

On Sept. 28, HSU was awarded a \$2.7 million grant from the Department of Education's Developing Hispanic-Serving Institutions (DHSI) program. The goal is to encourage and support Hispanic and Latinx students pursuing teaching professions.

"The purpose of the grant award is to further the commitment that HSU has to support the success of Hispanic and low-income students," Juan Ruiz, program coordinator of Promotoras Critical Scholars HSI Grant, said.

Programs for future teachers

This DHSI grant is designated to help Latinx students studying to become

teachers over the next five years.

Ruiz said that they are working on creating a freshman learning community program for the upcoming fall semester.

"The goal of our grant is to improve the preparation, support and retention of Hispanic students interested in pursuing careers in teaching," Ruiz said.

This learning community is designed for 25 students to facilitate the transition from home to HSU and give them a sense of belonging while connecting them to the resources offered on and off campus.

After they launch the freshman learning community program, a junior-level learning community of students who are in single-subject teaching majors will be created as well.

Through the grant, a professional learning community, for faculty who will be teaching those courses, will come together to discuss how to approach these aspects through a specialized curriculum.

"One of the things that we are working

on is the curriculum in the class. To develop a curriculum that is culturally responsive to the assets that Hispanic students like myself when I was a student here, to the assets that these students possess," Ruiz said.

Who wrote the grant?

The grant was written by School of Education professor Mary Dingle, Kinesiology & Recreations Administration Professor Chris Hopper and Erika Wright of HSU's Sponsored Programs Foundation.

"I think my first love is teaching and I really want more students to get excited about teaching. So I think that would be the main accomplishment, [to provide] opportunities that would allow students to explore and discover the joy of teaching," Dingle said.

Along with writing the grant, Dingle is also the principal investigator of the Promotoras Scholars Grant and wants to support what is already happening at HSU such as the Latinx Center for Academic Excellence (LCAE) activities, mentors, and the Center for

Teaching and Professional Development.

LCAE Activities

Fernando Paz, coordinator of the LCAE, shared how they will collaborate with the grant by programming activities and events that will benefit Latinx students and enhance their academic performance.

Some of the activities include ateneo workshops, used in Latin American nations, and the Promotorx Model. Ateneos are open spaces for discussions in which diverse issues are touched upon through didactic interactions and group coexistence, while promoting and sharing different ideas to resolve them. A Promotoras Critical Scholars program will also be created to provide mentors for the learning communities.

Though there are several projects and programs that are still in the planning, Paz hopes that the retention of Latinx students increases as part of their success.

HSI Beca para Financiar Programa de Educación

Se le otorgó \$ 2.7 millones a HSU para la retención y el éxito de los aspirantes a maestros latinos

por y traducido Jovanny Gutiérrez

Muchas veces, en un salón de clases lleno de estudiantes hispanos y latinos, hace falta maestros con experiencias similares que puedan entenderlos y motivarlos hacia el éxito.

Pero la Universidad Estatal de Humboldt (HSU) está mejorando programas de preparación educativa para aumentar el escaso número de futuros educadores hispanos.

El 28 de septiembre, se le otorgó una subvención de \$2.7 millones a HSU del programa de Instituciones de Servicio a Hispanos en Desarrollo (DHSI) del Departamento de Educación. El objetivo es alentar y apoyar a los hispanos y latinos que esperan ejercer la profesión docente.

"El propósito de la beca es fomentar el compromiso que HSU tiene para apoyar el éxito de los estudiantes hispanos y de bajos ingresos", dijo Juan Ruiz, coordinador del programa de Promotoras Critical Scholars HSI Grant.

Nuevos programa para futuros maestros

Esta beca DHSI está designada para ayudar a estudiantes latinos que

estudian para ser maestros en los próximos cinco años.

Ruiz dijo que están trabajando en la creación de un programa comunitario de aprendizaje para estudiantes de primer año para el siguiente semestre de otoño.

"El objetivo de nuestra beca es mejorar la preparación, el apoyo y la retención de estudiantes hispanos interesados en seguir carreras de enseñanza", dijo Ruiz.

Esta comunidad de aprendizaje está diseñada para 25 estudiantes, para facilitar la transición desde el hogar a HSU y les den un sentido de pertenencia mientras los conectan con los recursos ofrecidos dentro y fuera del campus.

Después de iniciar el programa de la comunidad de aprendizaje para estudiantes de primer año, también se creará una comunidad de aprendizaje de estudiantes de nivel junior que cursen estudios de enseñanza de una sola materia.

A través de la beca, una comunidad de aprendizaje profesional para los profesores que enseñarán esos cursos se reunirán para discutir cómo abordar estos aspectos a través de un plan de

estudios especializado.

"Una de las cosas en las que estamos trabajando es el plan de estudios en la clase. Para desarrollar un plan de estudios que responda culturalmente a los activos que los estudiantes hispanos como yo cuando era estudiante aquí, a los activos que estos estudiantes poseen", dijo Ruiz.

¿Quién escribió la beca?

La beca fue escrita por la profesora de la Escuela de Educación Mary Dingle, la profesora de Administración de Kinesología y Recreación Chris Hopper y Erika Wright de la Fundación de Programas Patrocinados de HSU.

"Creo que mi primer amor es enseñar y realmente quiero que más estudiantes se entusiasmen con la enseñanza. Así que creo que ese sería el logro principal, [proveer] oportunidades que permitirán a los estudiantes explorar y descubrir la alegría de enseñar", dijo Dingle.

Junto con la redacción de la beca, Dingle también es la investigadora principal de Promotoras Scholars Grant y desea apoyar lo que ya está sucediendo en HSU, como las actividades del

Latinx Center for Academic Excellence (LCAE), los mentores y el Centro para la Enseñanza y el Desarrollo Profesional.

Actividades LCAE

Fernando Paz, coordinador de LCAE, compartió cómo colaborarán con la beca programando actividades y eventos que beneficiarán a los estudiantes latinos y mejorarán su desempeño académico.

Algunas de las actividades incluyen talleres de ateneo, usados en naciones latinoamericanas, y

Modelo Promotorx. Los ateneos son espacios abiertos para discusiones en los que se tocan diversos temas a través de interacciones didácticas y convivencia grupal, al mismo tiempo que se promueven y comparten diferentes ideas para resolverlos. También se creará un programa Promotoras Critical Scholars para proveer mentores para las comunidades de aprendizaje.

Aunque hay varios proyectos y programas que aún están en la planificación, Paz espera que la retención de estudiantes latinos aumente como parte de su éxito.

Students fundraise for Latinx graduation

by Victoria Nazario

Editor's Note: Victoria Nazario works for the LCAE.

Graduation is fast approaching and the Latinx Center for Academic Excellence (LCAE) is asking for support and donations to help create a successful and memorable cultural celebration for Latinx students.

The Latinx Graduation is in both Spanish and English, and is free of cost for students who want to participate. More than 250 Latinx students signed up for the ceremony on May 17 at the Lumberjack Arena from 6-9 p.m.

If a student wants to participate and missed the deadline for registration, they could visit the center and speak to staff about being included in the event.

If any students, faculty, staff, or community members would like to get involved and help support the graduation, here are six ways to do it:

- Dine out to support Latinx Graduation this Thursday Apr. 11 5-9 p.m. at Applebee's Grill in Eureka. 15 percent of all proceeds will be donated to the Latinx Graduation, just make sure to bring in a flyer to show

For further questions feel free to contact the LCAE (707) 826-4590 or email at lcae@humboldt.edu.

your server. (one can be picked up from the LCAE.)

- A person can donate money by writing a check or depositing money to the LCAE's trust fund, by visiting the cashier's office located in the Student Business Services building on the second floor. It is important to let them know that the money being donated is for the Latinx Center's cultural graduation.

- One can purchase a LCAE t-shirt for \$20, or \$15 for students on the second floor of Nelson Hall East, room 205.

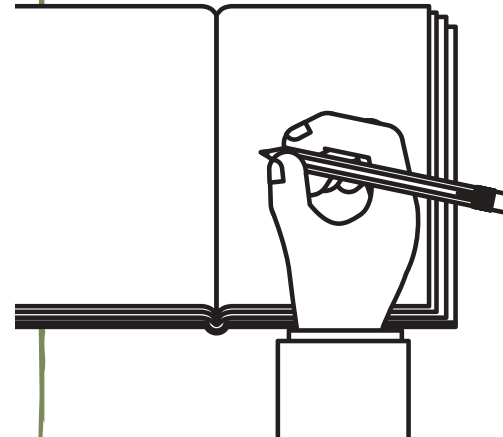
- The center is also looking for corporate sponsors. Businesses can pay to have their logo on the yearbook for the Latinx Graduation by the deadline of Apr. 15.

- If someone does not want to donate money, but wants to donate an item or service, the center is looking for volunteers for the day of the event.

- Follow the center's instagram @lcaehsu and stay tuned for future fundraisers like raffles, selling food at events, etc.

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Data shows low number of faculty of color

Administration’s ongoing efforts for prioritizing diversity in the classroom

by Jose Herrera

Over the years since 2008, when about 10% of the student body identified as Latinx, Humboldt State University has seen a steady rise of enrolled Latinx students.

And according to the data from the Office of Institutional Effectiveness (OIE), as of Oct. 31, 2018, with 2,653 or roughly 34% of students identifying as Latinx at HSU, faculty of color has stayed comparatively low.

Provost and Vice President of Academic Affairs, Alexander Enyedi, said the institution is prioritizing diversity and inclusion.

“This didn’t happen in the past and it’s a new paradigm for the campus,” Enyedi said. “[My] personal feelings are that we cannot rest with the current situation. We have to strive to change the picture representative of our faculty.”

Faculty is defined by two categories: tenure track and lecturer. In total, there are 548 faculty as of 2018 – of those only 29, or 5%, are Latinx.

The 29 Latinx faculty consists of eight female lecturers and eight female tenured while there are nine male lecturers and four male tenured.

The data collected by OIE from 2013–2018 shows an overall increase of Latinx faculty.

Male lecturers increased from seven to nine and male tenured increased from three to four. Female tenured increased from four to eight and female lecturers increased from six to eight.

But the amount of Latinx tenured and lecturers increase and decrease between a range of one-to-three faculty per year.

Funds, Initiatives and Language

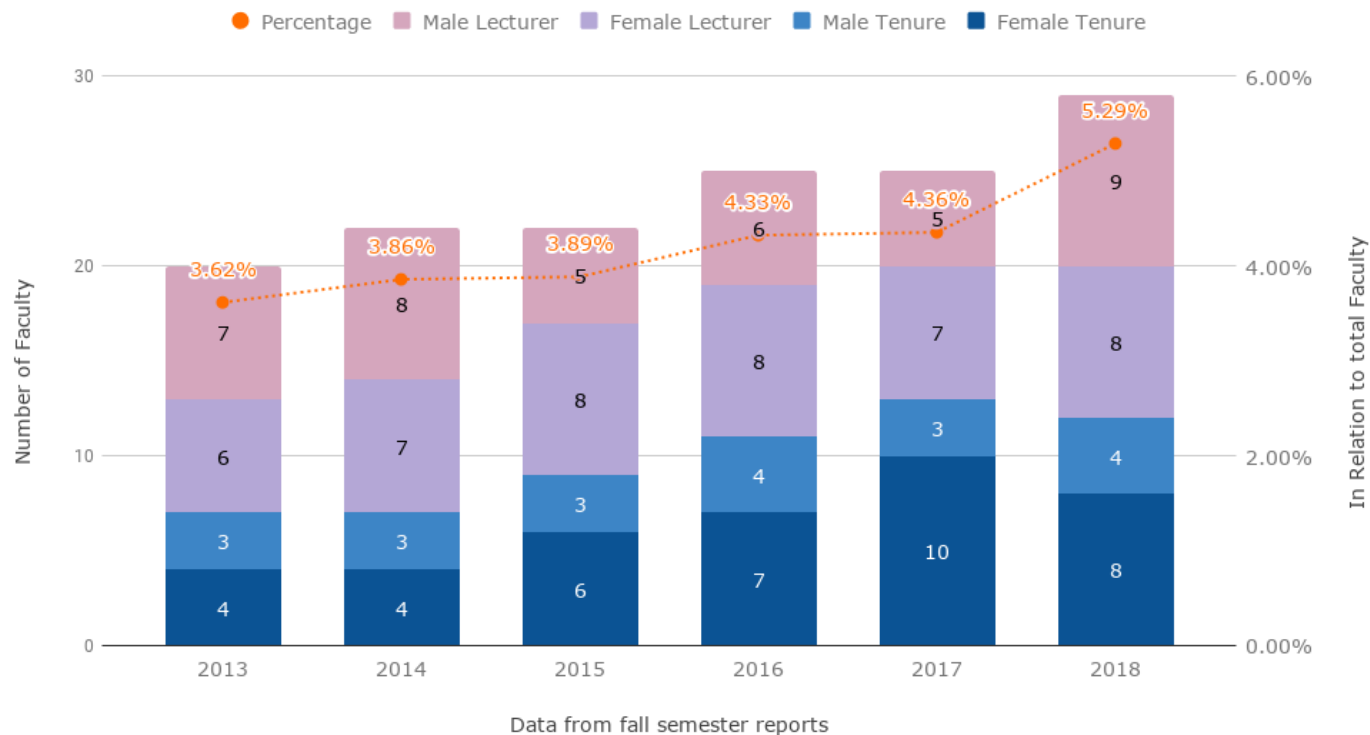
Director of Office of Diversity, Equity, and Inclusion (ODEI), Dr. Cheryl Johnson, said that to alter the numbers of faculty of color everybody has to get involved.

“We can’t do it alone. We need to have faculty not-of-color to want this too. And a lot of them do,” Johnson said. “The idea of a Hispanic Serving Institution, but then it’s primarily white faculty and it’s this trend that the Department of Education in naming it HSI, is really so much bigger than [student] enrollment numbers.”

Associate Director of ODEI, Dr. Edelmira Reynoso, said their department creates policies that shift HSU in a more equitable way.

“We are a hispanic serving institute designated [by the Department of Education], but really we are a MSI which is a minority serving

Number of Hispanic/Latino Faculty from 2013-2018



Data pulled from. “Office of Institutional Effectiveness.” Fall Enrollment | Office of Institutional Effectiveness, 2018, ie.humboldt.edu/node/472.

institution or minoritized serving institution,” Johnson said.

The California State University (CSU) system is promoting diversity, equity and inclusion through the Graduation Initiative 2025, which is an initiative to increase graduation rates for all CSU students while eliminating opportunity and achievement gaps.

Part of the GI 2025 provides grants for CSU’s like HSU, so they can hire more faculty of color. Enyedi said that there are currently 20 search committees.

Why it matters

Film major and Associated Students President Jazmin Sandoval said that she is sad and angry at the lack of Latinx faculty.

“The university is on the outside, they are trying to hire more faculty of color through the GI 2025, but it’s not enough,” Sandoval said. “I think it’s really important that they start to take this seriously because it does affect their retention, graduation and recruitment rates.”

HSU must use one-third of the funding toward new faculty hires, according to

Sandoval, who is a member of the Student Success Alliance tasked with leading the GI 2025 funds.

“It’s going to keep rising [the Latinx demographic], especially if they keep recruiting from southern California and the Bay Area,” Sandoval said. “They have to start hiring more faculty of color because it’s not okay that the representation of the demographics is not there.”

Sandoval transferred from Los Angeles Valley College in the fall 2017 and since then has only had one class taught by a professor of color.

Changing the campus culture

Johnson and Reynoso created an equity advocate model, which provides orientation for individuals such as faculty, administration or staff who will then “sit on search committees and observe the process, so that they ensure that implicit biases and inequity don’t slip into the conversations about candidates,” Johnson explained.

Both agreed that the issue of hiring and

Definitions:

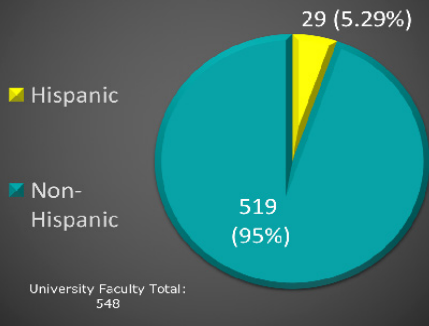
HSI: A Hispanic-Serving Institution is a college or university with an undergraduate full-time equivalent enrollment of at least 25 percent Hispanic students.

HISPANIC: A person from – or whose ancestors were from – a Spanish speaking land or culture.

TENURE: A tenured appointment is an indefinite academic appointment.

LECTURER: A member of a college or university faculty, especially one without tenure.

HSU Hispanic Faculty (2018)



All Graphs made by Sam Ramirez and Brenda Estrella

retaining more faculty of color is a national problem. Johnson continued to say, “racial inequity is institutional and systemic.”

“In order to disrupt it and change it, you have to deal with policy,” Johnson said. “It’s not events and activities. Institutionalized racism was created by policy. You have to do policy change.”

La Definición:

Traducido por: Jovanny Gutiérrez

HSI (por sus siglas en inglés): Una institución que está al servicio de hispanos es una institución de educación superior o universidad con una inscripción equivalente de al menos el 25 por ciento de estudiantes hispanos de tiempo completo de licenciatura.

HISPANO: Una persona que proviene de - o cuyos antepasados eran de- una tierra o cultura de habla española.

OCUPACIÓN PERMANENTE: Un cargo permanente, un empleo académico indefinido.

CONFERENCIANTE: Un miembro de la facultad de un colegio o universidad, especialmente uno que no es permanente.

por Jose Herrera y traducido por Jovanny Gutiérrez

A través de los años desde el 2008, cuando sólo el 10% del cuerpo estudiantil se identificó como latino, la Universidad Estatal de Humboldt ha visto un aumento constante de estudiantes latinos inscritos.

Y de acuerdo a los datos de la Oficina de Efectividad Institucional, a partir del 31 de octubre de 2018, con 2,653 o cerca de 34% de estudiantes identificados como latinos en HSU, la facultad de color se ha mantenido baja a comparación del incremento de estudiantes por año.

El rector y vicepresidente de Asuntos Académicos, Alexander Enyedi, dijo que la institución está priorizando la diversidad y la inclusión.

"Esto no sucedió en el pasado y es una nueva paradigma para el campus," dijo Enyedi. "[Mis] sentimientos personales son que no podemos descansar con la situación actual. Tenemos que esforzarnos para cambiar la imagen representativa de nuestra facultad."

La facultad está definida por dos categorías: titular de tenencia y profesor. En total hay 548 profesores en la facultad partir de 2018, de los cuales solo 29, o el 5%, son latinos.

La facultad de 29 latinos se compone de ocho profesoras y ocho mujeres titulares, mientras que hay nueve profesores y cuatro hombres titulares.

Los datos recopilados por la OIE de 2013-2018 muestran un aumento general de la facultad latina.

Los profesores aumentaron de siete a nueve y los hombres titulares aumentaron de tres a cuatro. Las mujeres titulares aumentaron de cuatro a ocho y las profesoras aumentaron de seis a ocho.

Pero la cantidad de titulares y profesores latinos aumenta y disminuye entre un rango de uno a tres profesores por año.

Fondos, iniciativas y lenguaje

La Directora de la Oficina de Diversidad, Equidad e Inclusión (ODEI, por sus siglas en inglés), la Dr. Cheryl Johnson, dijo que para alterar el número de profesores de color todos tienen que involucrarse.

Los datos muestran bajo número de facultad de color

Los esfuerzos continuos de la administración para priorizar la diversidad en el salón de clases

"No podemos hacerlo solos. Necesitamos que la facultad no es de color también quiera esto. Y muchos de ellos lo hacen," dijo Johnson. "La idea de una Institución de Servicios Hispanos, pero entonces principalmente una facultad blanca y es esta tendencia que el Departamento de Educación al nombrarla HSI, es realmente mucho más grande que los números de inscripción [de estudiantes]."

La directora asociada de ODEI, Dr. Edelmira Reynoso, dijo su departamento crea políticas que cambian HSU de una manera más equitativa, dijo Reynoso.

"Somos un instituto de servicio a hispanos designado [por el Departamento de Educación], pero en realidad somos un MSI que es una institución de servicio a minorías o una institución de servicio minoritaria," dijo Johnson.

El sistema de la Universidad del Estado de California está promoviendo la diversidad, la equidad y la inclusión a través de la Graduation Initiative 2025, que es una iniciativa para aumentar las tasas de graduación de todos los estudiantes de CSU y eliminar las brechas de oportunidades y logros.

Parte del GI 2025 también otorga becas para CSU como HSU, para que puedan contratar a más facultad de color. Enyedi dijo que actualmente hay 20 comités de búsqueda.

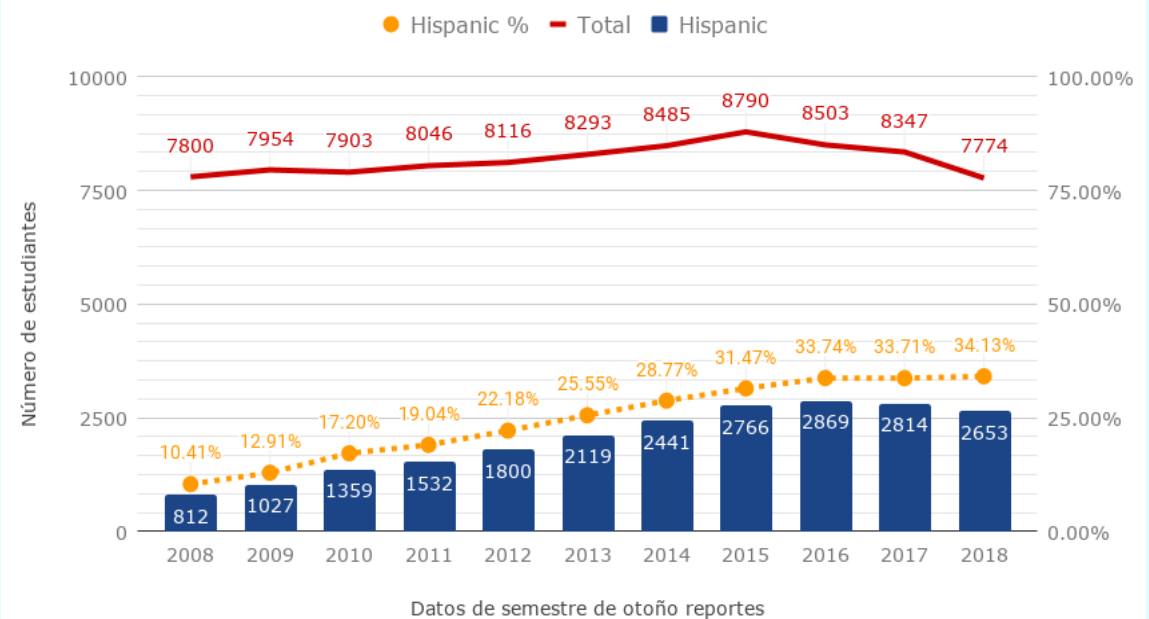
Porque es importante

Estudiante de cinematografía y presidenta de Estudiantes Asociados, Jazmin Sandoval, dijo que está triste y enojada por la falta de profesores latinos.

"Creo que es muy importante que empiecen a tomarse esto en serio porque afecta su retención, graduación y tasas de reclutamiento," dijo Sandoval.

HSU debe utilizar un tercio de los fondos para nuevas contrataciones de profesores, según Sandoval, que es miembro de Student

Población estudiantil latina/hispana



Data pulled from: "Office of Institutional Effectiveness." Fall Enrollment | Office of Institutional Effectiveness, 2018, ie.humboldt.edu/node/472.

Success Alliance y tiene la tarea de dirigir los fondos de GI 2025.

"Va a seguir aumentando [el grupo demográfico latino], especialmente si siguen reclutando desde el sur de California y el Área de la Bahía," dijo Sandoval. "Tienen que comenzar a contratar a más facultad de color porque no está bien que la representación de la demografía no esté allí."

Sandoval se transfirió de Los Angeles Valley College en el otoño de 2017 y desde entonces sólo ha tenido una clase impartida por un profesor de color.

Cambiando la cultura

del campus

Reynoso y Johnson crearon un modelo a defensa de la equidad, que proporciona orientación para individuos como profesores, administración o personal que luego "se sentarán en los comités de búsqueda y observarán el proceso, para garantizar que los sesgos y la inequidad implícitos no caigan en las conversaciones sobre los candidatos," explicó Johnson.

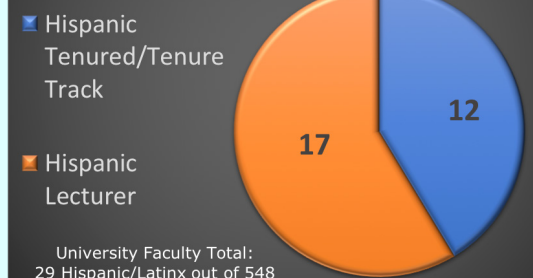
Johnson dijo que un modelo a defensa de la equidad puede tener

un impacto directo al poner de manifiesto las parcialidades y aumentar indirectamente la diversidad.

Johnson y Reynoso acordaron que el problema de contratar y retener a más facultad de color es un problema nacional. Johnson continuó diciendo que "la inequidad racial es institucional y sistémica".

"Para interrumpirlo y cambiarlo, tiene que lidiar con la política," dijo Johnson. "No se trata de eventos y actividades. El racismo institucionalizado fue creado por la política. Tienes que hacer un cambio de política."

HSU Hispanic Tenured/Tenure Track vs Lecturer Faculty (2018)



University Faculty Total: 29 Hispanic/Latinx out of 548

Q & A

with

Dr. Gina A. Garcia

by Vanessa Flores

Dr. Gina A. Garcia is a researcher and assistant professor in the department of Administrative and Policy Studies at the University of Pittsburgh. Garcia will be speaking at Humboldt State University May 2 about what it means to be a Hispanic Serving Institution (HSI).

Garcia's research centers on issues of equity and justice in higher education with an emphasis on three core areas: Hispanic Serving Institutions, Latinx college students, and race and racism in higher education.

Editor's Note: The responses have been shortened for clarity and size.

Why are HSIs important to you?

"I went to a Cal State. I graduated from Cal State Northridge. I consider myself the product of an HSI. I'm driven by the fact that I believe in the undergraduate space. I believe that colleges and universities can be transformative and for me, that was the case. As a researcher, I look at the student experience, student organizations or the curriculum. That's why it's very personal for me for HSIs to do well. I don't think they're doing as good as they can and I want them to do better when serving Latino students."

The Hispanic faculty at HSU has been somewhere between 4-5 percent the last couple of years, is that a problem?

"Humboldt State is not unique in that sense. HSIs are HSIs because they're diverse at the student level, and some of my recent work shows that they're actually not diverse at the graduate level. It's not just the faculty that represents the students but also administrators. Are we doing a good job at encouraging Latino students to go to graduate programs, that's my narrative now and I'll talk about that at Humboldt. It is a problem, whether or not you can serve students. Your faculty, administrators and graduate students have to come to reflect the undergraduate population."

What does it mean to serve Hispanic students?

"This is the core of my work – what does it mean. If there was one question I was trying to answer every day of my life, it is that question. It's multidimensional and it's not just one thing. For administrators,

I spend a lot of time on the organizational structure and that being a colonial structure. You can't serve colonized people within a colonial structure and not only is it about the admissions process but also about the curriculum structure; what are you teaching. How are you getting folks on board to serve Latino students? They have to have a reason for the most part because that's just the way faculty and staff are – you have to be motivated to actually do it. Also, are people being held accountable when bad things happen like racism? Is the institution holding people accountable for being racist? For me, that's the big thing, what are you doing organizationally to become more Hispanic serving."

Why do you think there is a gap between Hispanic enrollment and Hispanic serving?

"Most institutions are Hispanic enrolling. Most people at HSIs believe they're Hispanic enrolling – I've never met anyone that's said "yeah we're Hispanic serving, we're doing such a good job." Nobody says that. But you have to be doing something good because you're enrolling them and that's a good thing – Humboldt has got to be doing something to get Latino students up to Humboldt. The gap is huge and most people recognize the gap and that's where all of my work has been, how do we fill the gap. I don't think there's a model HSI out there and I discourage people from looking for one because there's not one. Every institution needs to be their own HSI."



Dr. Gina Ann Garcia is an assistant professor in the department of Administrative and Policy Studies at the University of Pittsburgh, where she teaches master's and doctoral students pursuing degrees in higher education and student affairs. Garcia will visit HSU on May 2nd to talk about what it means to be a Hispanic Serving Institution (HSI). | Photo courtesy of Gina.

Why is it important to have these conversations?

"It's important to have these conversations because if not, then we're going to continue to be Hispanic enrolling and not serving. Or, in reality, we are going to continue to be whiter institutions. The conversations need to happen, or we're not going to transform institutions."

If HSU is serious about serving Hispanic students, then who

needs to come to your talk?

"Administrators, the president and deans, because they can make the changes. Faculty, because students can avoid every single space on campus except the classrooms. Students as well, they need to be vocal and voice their concerns and say 'that's not good enough.' Campus police too, the chief of police, librarians, and institutional researchers. Also the university advancement people. But for sure the administrators, they have to be involved."



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AACAE Searches For New Director

Emergency hire Chryste Johnson leaves April 30

by Jose Herrera

The African American Center for Academic Excellence (AACAE) searches for a new and permanent coordinator before the end of April when emergency hire Chryste Johnson's term is finished.

Johnson was brought on and took on the role as interim director for the AACAE in January.

Dr. Corliss P. Bennett, director of Cultural Centers for Academic Excellence, steps in occasionally to help move programs forward, said Interim Vice President of Student Affairs Wayne Brumfield.

Almost a year...interim director people working the center. The director Carlson Bennet has stepped in and she's stepped in to help to move programs forward. We had one before and that person is not here anymore. It's been hard fulfilling the positions, like the MCC.

"It's always difficult when you don't have a person managing in the place of the director," Brumfield said. "We are working

hard ...it's not an easy thing and sometimes it's a difficult challenge to find that person. We don't stop we move forward. So that we can have continuity."

Humboldt State University posted the advertisement on their Human Resources and Academic Personnel Services web page on March 28. Applicants must send the required documents on or before 11:59 p.m. on April 11, according to the job description.

In case that HSU does not get an ideal applicant processed and hired by the end of April, Brumfield said that they will have someone leading AACAE to ensure that the students and center can finish the semester.

"Absolutely, and I am the plan," Brumfield said. "I would be doing an exit strategy with Chryste like I've done with the other centers."

He said that he will be the interim who'll be directing and helping while the AACAE gets through the final events of the year, especially graduation.

"We are looking forward to welcoming a new director," Brumfield said. "And providing the support that students deserve."



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Cesar Chavez remembered on holiday

Film event honors and examines a civil rights champion

by Sam Ramirez

The setting sun's cascading light illuminated a display of Latinx culture and history at an event honoring César Chávez, hosted by the Latinx Center for Academic Excellence (LCAE), on the evening of March 28.

"With César Chávez National Holiday taking place, the Latinx [Center] and La Comunidad (Freshmexn Dorms) partnered together to showcase this biopic screening to students and the general public as it is an honor to have a feature film on his life," Ivanna Tejeda, a LCAE volunteer said.

The couch-filled room was arranged to create an environment that encourages conversation, where 20-30 students came together for the event. By the time the film "César Chávez" by Diego Luna started, a few students had already

enjoyed two cups of corn, called esquites.

The film explains the struggles and tribulations César Chávez had to encounter to get his United Farm Workers (UFW) members the rights they were promised under the law. Scenes of how the first strike was inspired, the evolution of strategies and the granting of rights to migrant farm hands played across the screen.

It wasn't until after the film's screening that a discussion hosted by Caia Santana and Tejeda addressed Chávez's shortcomings. The discussion took a critical look at Chávez as a leader, highlighting some of the problematic parts of his activism.

Tejeda spoke about the community motivating Chávez and the influence that less recognized people had on the



From left-right: Ilee Tejeda, Caia Santana, who hosted and moderated the end discussion, and Natalia Ruiz who set up the room and brought food | Photo by Sam Ramirez

movement for farm workers' rights, such as the Filipinx leaders who first initiated the protest.

"Our goal was to shed light on those things, engage the audience to reflect on the pros and cons of things, and to overall stimulate critical thinking and analysis of our leaders, and learn from their successes and failures," Tejeda said.

Santana discussed where the line is drawn when glorified heroes' wrongdoings come to the surface, and the threshold that makes someone "cancelled." Other figures brought up included R. Kelly, XXXtentacion and Ghandi.

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Outpour of Support for David Josiah Lawson

March vigil united community after criminal grand jury decision
by Meg Bezak

People linked arms and stood in solidarity with Charmaine to honor her son, David Josiah Lawson on March 15. One by one and in groups Arcata community members left flowers, messages of support, and gathered around Charmaine during the monthly vigil.

For almost two years, Josiah's murder case has been passed back and forth between the Arcata Police Department and the District Attorney's office. However, on March 13 a criminal grand jury declined to indict any charges on anyone for Josiah's death.

"Thursday's decision doesn't end," Charmaine Lawson, Josiah's mother, said to a crowd on the steps of the Humboldt County Courthouse. "[District Attorney] Maggie Fleming, I hope you can hear me. You have me fighting harder now...I'm not giving up on my child."

The vigil was the 23rd in an ongoing series organized by a community seeking justice after the Humboldt State University

“If you got power out there and you haven't been in this fight, get in this fight, or just get out of the way.”

-Michihiro Clark Sugata
Sociology professor at HSU

student was murdered at an off-campus party in April of 2017.

Community members and students listened to Charmaine, community leaders, and acquaintances of the Lawson family speak of the court's decision. Among the speakers was HSU sociology professor Michihiro Clark Sugata, Ph.D., who called on administration at HSU to take action.

"If you got power out there and you haven't been in this fight, get in this fight, or just get out of the way," Sugata said.



Hundreds of people showed up on March 15 vigil for David Josiah Lawson at the Humboldt County Courthouse in Eureka. | Photo by Victoria Nazario.

2 Year Vigil for David Josiah Lawson on April 15
from 6:30 p.m. to 7:30 p.m. at the Arcata Plaza.

Letter to the editor: Rex Bohn must resign

Recently, I was informed that Supervisor Rex Bohn made a statement at a non-profit fundraiser about Mexican food, asking if it was authentic enough to "make you want to go out and steal hub caps." Several reliable sources directly heard the comment.

Nationally, radio commentators, professional coaches, actors, and others in the public eye were forced to resign, or were terminated, for making racist, homophobic, or sexist comments. Their removals were positive moves. Hate words have no place in the public discourse. They dehumanize and incite discriminatory behavior.

But most of us know this. Why would we allow a powerful, local elected official to get away with something like this?

Mr. Bohn may say that he was "only joking." Not only is this kind of "joking" hurtful to me and to members of my community, but it fuels the current villainization of Mexican and Latinx people. His statement means that we are all criminals. Mr. Bohn should know that jokes

re-enforce cultural attitudes, practices, and policies that treat an entire community like criminals.

Such joking should no longer be tolerated in Humboldt County. Mr. Bohn is unqualified to represent me, and other Mexican and Latinx constituents in District 1.

Sincerely,
Renee Saucedo
Eureka resident
Centro del Pueblo

On Tuesday, April 16, Central del Pueblo will be organizing at the Humboldt County Board of Supervisors Meeting 8:30 a.m. for public comment at the County Courthouse in Eureka, according to their Facebook page.

Carta para el editor: Rex Bohn debe resignar

Recientemente, me informaron que el supervisor Rex Bohn hizo una declaración en un recaudación de fondos sin fines de lucro sobre la comida mexicana, preguntando si era lo suficientemente auténtica como para "hacer que quieras salir y robar tapacubos". Varias fuentes confiables escucharon directamente el comentario.

A nivel nacional, comentaristas de radio, entrenadores profesionales, actores y otros en el ojo público fueron obligados a renunciar, o fueron despedidos, por hacer comentarios racistas, homofóbicos o sexistas. Sus destituciones fueron movimientos positivos. Palabras de odio no tienen lugar en el discurso público. Deshumanizan e incitan conductas discriminatorias.

Pero la mayoría de nosotros sabemos esto. ¿Por qué permitiríamos que un poderoso funcionario electo local se salga con la suya con algo como esto?

El señor Bohn puede decir que "sólo estaba bromeando".

Este tipo de "broma" no sólo es hiriente para mí y para los miembros de mi comunidad, sino que también estimula la

actual villanización de las personas mexicanas y latinas. Su declaración significa que todos somos criminales. El Sr. Bohn debe saber que los chistes refuerzan las actitudes culturales, las prácticas y las políticas que tratan a toda una comunidad como criminales.

Tales bromas ya no deberían ser toleradas en el condado de Humboldt. El Sr. Bohn no está calificado para representarme a mí, ni a otros constituyentes mexicanos y latinos en el Distrito 1.

Sinceramente,
Renee Saucedo
Residente de Eureka
Centro del Pueblo

El martes 16 de abril, Central del Pueblo se organizará en la reunión de la Junta de Supervisores del Condado de Humboldt a las 8:30 a.m. para comentarios del público en el Palacio de Justicia del Condado en Eureka, de acuerdo con su página de Facebook.

The Story Behind ‘Spear Avenue’

A documentary about David Josiah Lawson, who was fatally stabbed in 2017

by Vanessa Flores

“Spear Avenue,” a documentary that is currently being filmed by a group of HSU students, is set to be based on the story of David Josiah Lawson, a 19-year-old HSU student, who was fatally stabbed on April 15, 2017 at an off-campus party.

Lawson’s death has sparked unrest, protests and conversations about injustices toward people of color in Humboldt County.

Isaiah Alexander, the director and a film major at HSU, began having thoughts about putting together a documentary with the purpose of letting people know Josiah’s name – what occurred the night he was murdered and what’s continued to happen.

“I feel that what we go through as students of color, the harassments we have to go through – the blatant bias, prejudice and racism that we have to go through, not many people know about,” Alexander said.

Alongside Alexander the film team consists of Jazmin Sandoval, Cameron Rodriguez, Nathalie Rivera, Stan Smith, Diana Renoj, and Cynthia Gaspar – all HSU students.

Producer Sandoval, who is also a film major, said she joined Alexander in making the documentary because of her passion for social justice, and to shed light and truth about how a student of color in the CSU system was murdered.

“This could have been any one of us, and we realize that. We live in a time where people of color are targeted, harassed, and murdered because of the color of their skin,” Sandoval said.

Alexander recalls hearing about Josiah’s murder from a friend and reading an article online.

“When I saw a picture of his face, I identified with him,” Alexander said. “We’re both black young men. Finding out later that it was racially motivated and seeing how other people reacted was a bitter taste but it wasn’t surprising because we’re here.”

Uncertainty at HSU

Alexander, who arrived at HSU in the fall 2015 as a freshmen, vividly remembers a beautiful campus environment, but in just a short period of time he realized there were issues that also surrounded the university that no one had ever warned him about.

“I’ve never been called n***er blatantly, before I came up here, and there was a time where I was walking with my friends



Cameron Rodriguez, Isaiah Alexander, Jazmin Sandoval and Nathalie Rivera covered the March 15 vigil for David Josiah Lawson at the Humboldt County Courthouse in Eureka. The group of HSU students are filming a documentary for Lawson’s case. | Photo by Victoria Nazario

after getting a haircut, and a truck drove by and yelled out ‘n***ers,’” Alexander said. “That was the first, I was like ‘damn’ and I hadn’t been in Humboldt County long.”

An issue that many students have brought up, regarding HSU recruiting students of color without a forewarning of the dangers these students will endure.

The Eureka NAACP early last year in a press release, called for the university to ‘stop recruiting students from communities of color until substantial support is implemented.’

“If we can put pressure on HSU so that they can start implementing institutions

that will keep students of color safe or letting people know before they come up here, how the environment is – if we can evoke that type of change, that’s what we are aiming for,” Alexander said.

The final cut

Some 280 miles south of HSU, at Sacramento State University, Lawson’s murder was also felt by a student there.

According to KHSU.org, Courtney Wagner who learned about Lawson’s murder through a friend at HSU, decided to investigate it through a documentary when her local news outlets failed to report

“This could have been any one of us, and we realize that. We live in a time where people of color are targeted, harassed, and murdered because of the color of their skin.

Jazmine Sandoval
-HSU Student and Filmmaker

on it. The 25 minute film released in early 2018, which also explores the safety of students of color in Arcata.

Back at HSU, Alexander and his team are taking it one step at a time. Josiah and his mother Charmaine Lawson, are the heart of the documentary and the reason the team keeps on pushing.

“We really want to thank Charmaine for her advocacy and activism in seeking justice for not only her son but for the other injustices in Humboldt County that have not been solved,” Sandoval said. “Her wishes, love and light are at the forefront of every choice we make in this movie.”

The documentary titled “Spear Avenue” has an anticipated run time of 15 minutes, but for Alexander that’s just not adequate.

“We’re not going to give it justice by only giving it 15 minutes. It needs more time,” he said.

Alexander hopes to send the final piece to production companies in order to get funding to make it a full production, and the attention it needs.

A public screening will be held on May 16th, at HSU in Gist Hall 225 from 12:40-2:30 PM.

Editor’s note: Cameron Rodriguez and Nathalie Rivera are former and or currently contributing writers of El Leñador.

Existing Between Artist and Student

An artist of multiple mediums balances
life between Oakland and
Humboldt State University student life

by Lori Neshovska

Jhsiri “Siri” Emerson-Massey does more than just rap.

Even though her last name holds a reputation in the genre, the Humboldt State University student prefers the term “artist” and expresses herself in more ways than one.

With roots in Black and Asian heritage, the Oakland native is harnessing her platform to make change in the community. As an artist of color, she sees a need to prioritize art alongside education.

“A lot of P.O.C. have a generational hold where they don’t take their education seriously. I don’t fault my people for that,” she said. “The way we look at things is because of history, and it translates into the future.”

Most of her work in music has been at her home base. She spent her spring break in the Bay Area, mixing music at parties under her DJ name, DJ Mouse Twat, and hosting club events.

Even when she has a break from school, the 21-year-old keeps herself busy and doesn’t lose artistic momentum.

“If you’re a creative person, you are going to create,” she said. “I’m a city kid, I’m always doing stuff.”

From Oakland to the redwoods

In the HSU ceramics lab, she brushes a layer of underglaze onto a clay figure

she sculpted. Instead of the monochrome streetwear she glistens in on stage, she wears loose, printed pants, a black tee and beanie.

“I come here to get my rehab on,” Siri said. “Doing art in the city is different than doing art out here. It can be stressful, but once you’re done it’s rewarding.”

Siri moved to Humboldt right after she graduated high school in 2015. After four years at HSU, Siri is participating in the May graduation ceremony. In December, she will receive her bachelor’s degree in art education.

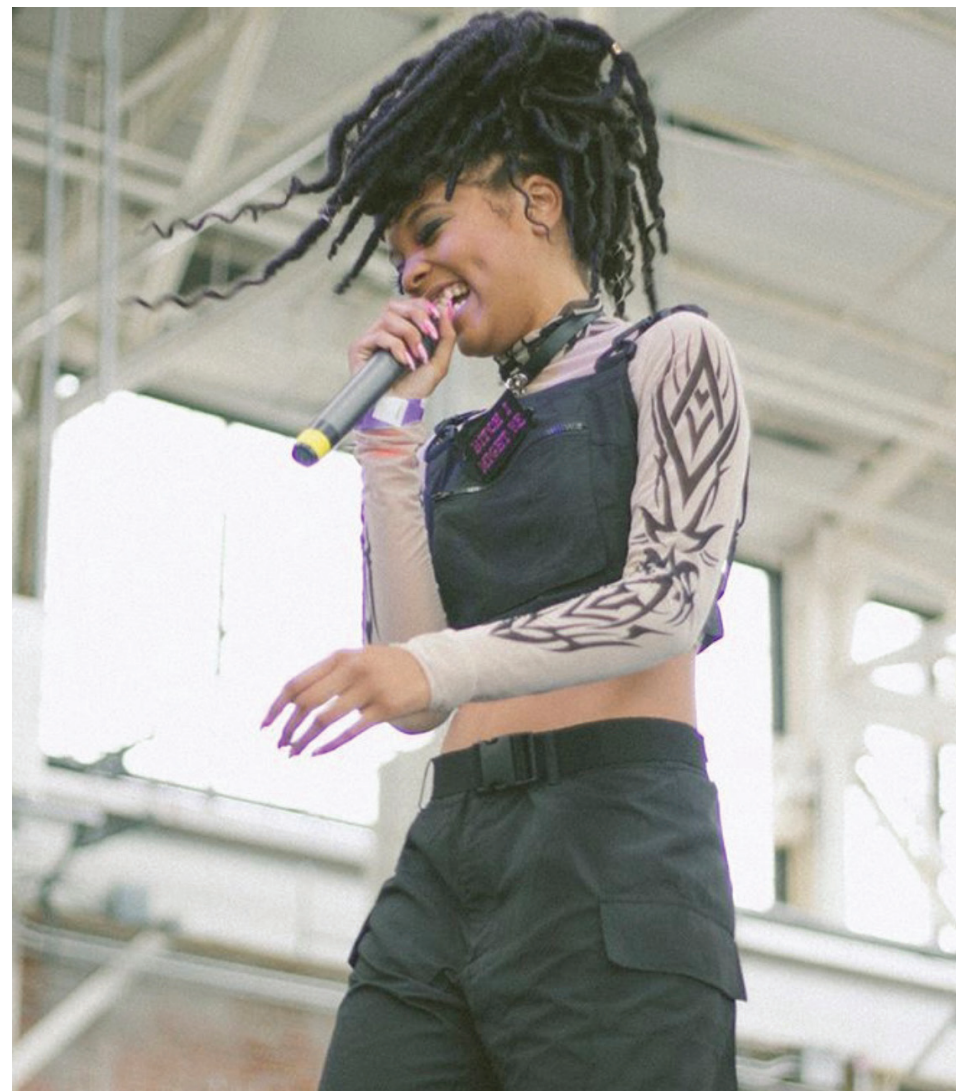
She focuses on making art for school during the week and takes a seven-hour bus ride home every other week to work on her music.

Both of her parents are college graduates and growing up in a family of artists and musicians, Siri was raised to see the value in both art and education.

“A lot of people don’t see art as profitable. We think of it as just a hobby and you can make it a lifestyle,” she said. “We are forced to take science and math, but art is just as important.”

Hip-Hop heritage

Her parents, Tajai Massey and Acacia Emerson, instilled the importance of art in her at an early age by being both artists and college graduates.



Jhsiri Emerson-Massey performs at Feels 6, an art and music exhibition on June 16, 2018 in Richmond, Calif. | Photo courtesy of Saliha Saadiq

Her mother draws, sings and crafts handmade upcycled furniture – like a TV console made from pallets in Siri’s apartment in Arcata.

Siri’s father, Tajai Massey is a rapper and started the hip-hop group Souls of Mischief in the early 90s. The team of rappers also belong to the Hieroglyphics Crew and have become a staple of underground hip-hop, especially in Oakland.

Raised alongside the Hiero legacy, expectations of Siri’s musical success were high.

“People group me with my dad because of lineage and think I’m some sort of music prodigy,” Siri said. “I have no problem with that, because it’s a dope lineage to be part of, but I do a lot of other things too.”

Projects and visions

Her first project, G.L.O.E. or Give Love Over Everything came out in 2016. She writes lyrics and music for songs and links up with producers through Twitter for the beat.

The multifaceted project is a layer of brutal rhymes and bars on top of rhyth-

“A lot of people don’t see art as profitable. We think of it as just a hobby and you can make it a **lifestyle**. We are forced to take science and math, but **art is just as important**.”

—Siri Emerson-Massey



The young artist Jhsiri "Siri" Emerson-Massey worked with Bay Area company, Hella Avenues, over spring break to promote their new T-shirt release. | Photo courtesy of Avery Rangel

mic and sultry beats. The juxtaposition is striking. Since then, she has not released a project, but is constantly creating.

"I try to make new stuff every time I go home, but I don't want to just be putting things out," she said. "I hold on to my art a lot, it's a bad habit. You don't grow if you stay in the same position."

Her time at Humboldt State has helped her grow as a person and an artist, and she is not sure she wants to leave the student life behind after she graduates.

"School's easier than real life. When you graduate, shit hits the fan and you gotta figure it out," she said. "However long it takes to figure myself out."

Before she starts "real life," Siri wants

to travel the world and visit places like Japan and China.

Her dream is to apply her learned experiences to her Oakland community. Siri wants to use her degree to start an art education non-profit.

The organization would provide kids with opportunities to experience and learn about art - something she realizes not every parent instills in their child as her's did.

"I want to re-establish the importance of education in our communities. You don't only have to be one thing, you can use all those skills," Siri said. "You can make music and also go to school for business."

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Film Reviews: Jordan Peele's 'Us' gets some love

Immerse with 'Us'

Peele's latest horror movie creates endless possibilities

by Cameron Rodriguez

From the atmospheric opening of "Us," to the spine-tingling closing - we are consistently reminded "to be careful."

This film authentically builds a mythos; whether the mythos is completely sound, is up to the viewer.

I must say that it is quite refreshing to see a mainly Black cast in a horror film. Personally, it added to the tension, however, I feel like that tension kind of dissipated once the true plot was revealed.

Does the film stretch logic at times? Possibly.

Does the film require more logic than any prior horror film that has done the same? No.

Lupita Nyong'o's performance as Adelaide and as Red, is mesmerizing as always and delivers an almost hypnotic performance.

No, seriously. Her performance in its syntax is reminiscent of Black folklore.

Winston Duke who plays Gabe and Abraham, acts as the comedy relief in needed and not-quite-required moments of the film. Actress Shahadi Wright Joseph who plays Zora and Umbrae and actor Evan Alex who plays Jason and Pluto deliver serviceable performances.

The dialogue used by each character is sometimes absurd, but towards the end - it helps ground the world that the film's creator - Jordan Peele, was going for.

I loved the visual nuances within almost every shot and sequence. The use of music and its score is almost legendary. This feels like a story ripe for expansion.

Admittedly so, the concept of the film is not quite original but the ideas are.

Like I said early on, from the beginning to the end, is where the possibilities are literally and figuratively endless.



Winston Duke, Shahadi Wright Joseph, Evan Alex, and Lupita Nyong'o depict two very different families in "Us" (2019). | Photo courtesy of Claudette Barius/ Universal Pictures.

Don't knock 'Us', until you try it

Peele continues to think outside the box

by Dajonea Robinson

Warning, spoilers may occur:

The movie "Us," written and produced by Jordan Peele, is a unique entity within itself. This movie is definitely a psychological thriller and it will keep you on the edge of your seat.

It should not be compared to the movie "Get Out," also created by Peele. It should be judged on its own as the original thought provoking masterpiece that it is.

Some audiences may have to watch it twice to fully pick up on the subtle hints and foreshadowing that are laced throughout the movie.

I won't expose and spoil major plot points for you all, but just pay attention because the answers are in your face.

The soundtrack for this movie was impeccable and very creative. Remixing a classic, "I got 5 On It" into something bone-chilling, was pure genius.

Often times we hear horror soundtracks flipped into catchy hits but not the opposite.

What a creepy twist.

I may have a biased view since I am a Black woman but, I wholeheartedly appreciate the positive image the Wilson family upheld, even while in crisis! They weren't the stereotypical half-assed Black family you'd see in almost any given movie.

Honestly, this may have been the only well rounded Black family that I have personally seen in any horror or thriller movie. You know that uncanny coincidence of how most Black characters mostly die in any given movie?

Well, you'll be surprised with this one. Peele has continuously thought outside of the box when it comes to the horror genre and I love it. I will continue to watch any movie he produces for its creativity alone.

I am so tired of the lack of thought and originality that I've seen countless times in horror movies. "Us" rubs you in a way that is entirely different.

I had some questions after leaving the movie like most people. If a movie doesn't

“ This movie is definitely a psychological thriller and it will keep you on the edge of your seat.”

leave you questioning things, it failed.

Often times we have expectations of what a movie should be like before we watch it. If you go in with an open mind, you won't be disappointed with the movie.

Some people felt that "Us" was a major let down while others thought it was a masterpiece.

Ultimately the choice is yours whether or not you choose to watch it. All I can say is, don't knock it until you try it.



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CASIN
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Cultures Root Casamiento's Global Flavors

Food cart unites first-generation humanitarian Jennifer Be's passion for cooking and lifestyle

by Lora Neshovska

Jennifer Be is a hidden gem in the local food scene.

You can find her at Arts Alive! in Eureka every first Saturday selling tamales and banh mi sandwiches from her food cart Casamiento. If you miss her, Casamiento caters orders as small as dinner for two to parties hosting as many as 300 people.

Casamiento, which translates to marriage in Spanish, is where all of Be's dream began. After her parents fled war and violence from their native countries of Cambodia and El Salvador, they met in Riverside, California and married in 1982.

Jennifer Be is the first-generation fruit of love to her international parents.

From Riverside, Be was drawn to Humboldt's environmental focus and community culture. With a background in culinary, she set her mind on opening a food cart in her new home of Eureka.

Unlike in southern California, this style of serving food is uncommon in Humboldt. Her dream was met with skepticism from local business owners and officials.

"They didn't know how to support a dream they never knew," she said. "That comes with anything you are trying to build that there is no blueprint for."

Culture crops

One of Be's earliest memories of her family's cultural intersection was a disagreement about the flavor of frijoles, or beans.

In El Salvador, beans are served as a savory side dish. In Cambodia, red beans are typically sweetened and used for desserts. This cultural flavor clash made Be realize she could merge the global flavors together while still doing their individual cultures justice.

Be has paved her own path in the process of opening the Casamiento food cart. Now that her vision is a reality, she is proud to greet Casamiento's customers with "hola" in Spanish or "អំបាញ់ស្រូវ," in Khmer, the national language of Cambodia and serve them both food and culture.

"Casamiento is a platform to connect the community through culture," she said. "It's important to not shock people into change but rather hold their hand."

Feeding the soul

In her culinary practice, Be marries the two countries' flavors and cuisines, as well as her passion for serving and healing.

She uses organic produce and is even working with Mulligan Farms in Laytonville to grow daikon radish specifically for



Jennifer Be makes kroeung in her Eureka kitchen to prepare and marinate the meat for her international food cart, Casamiento. | Photo by Lori Neshovska

Casamiento. Ingredients like these are hard to grow in Humboldt County, so sourcing them locally guarantees quality for Be and her customers.

Cooking with trusted ingredients is a priority to both Casamiento's business model and Be's lifestyle.

"I am not doing it to make money," Be said. "I cook with health in mind and to feed the soul."

While most of her time goes to keeping her dream of Casamiento alive, she feeds her inner humanitarian by being an active voice in the community. She is a committee member of Womxn Creating Community for Power and has worked with the Humboldt Area Foundation, Black Humboldt and Changing Tides.

Instead of giving up on her dream, Be actively takes on opportunities to collaborate and learn from fellow citizens and business owners.

"Where the magic lives is in things we haven't done before," she said.

“Casamiento is a platform to connect the community through culture.”

Jennifer Be
Owner of Casamiento

What's on the Menu?

Casamiento's menu consists of banh mi sandwiches, native to Vietnam, as well as Salvadorian tamales.

Bahn mis are baguettes cut lengthwise, filled with fresh jalapenos, cucumbers, pickled daikon radish and carrots, cilantro and fresh-off-the-grill meat. Jennifer Be adds a twist to the banh mi recipe by marinating her meat in kroeung, a lemongrass paste she makes from scratch.

Along with chopped lemongrass

shoots, she blends up fresh turmeric, de-stemmed kaffir lime leaves, garlic, shallots and ginger. The mixture is a chunky, colorful blend used as a base for many Khmer dishes.

Tamales are essentially a South American corn dog - stuffed corn dough wrapped in corn husks.

Casamiento offers the two dishes with meat, like the traditional recipes, and has vegan options for both.

Las Culturas Arraigan los Sabores Globales de Casamiento

El carrito de comida une la pasión humanitaria de primera generación de Jennifer Be por la cocina y el estilo de vida

por Lora Neshovska
traducido por Ma Salazar



Izquierda: Las hojas de lima kaffir son uno de los ingredientes principales de Kroeung, utilizado en una variedad de comidas del sudeste de Asia, así como en un marinado para los platillos de carne de Casamiento. **Derecha:** Para hacer Kroeung, Be combina jengibre picado, cúrcuma fresca, chalotes, hierba de limón y hojas de lima kaffir. | Fotos por Lori Neshovska

Jennifer Be es una joya escondida en la escena de la comida local.

Puedes encontrarla en Arts Alive! en Eureka cada primer sábado vendiendo tamales y sándwiches de banh mi de su carrito de comida Casamiento. Si no la alcanzas, Casamiento atiende pedidos tan pequeños como cenas para dos personas o para fiestas de hasta 300 personas.

Casamiento, que se traduce a matrimonio en español, es dónde comenzó todo el sueño de Be. Después de que sus padres huyeron de la guerra y la violencia de sus países nativos de Camboya y El Salvador, se reunieron en Riverside, California, y se casaron en 1982.

Jennifer Be es el fruto de amor de primera generación para sus padres internacionales.

Desde Riverside, Be se sintió atraída por el enfoque ambiental y la cultura comunitaria de Humboldt. Con experiencia en gastronomía, se propuso abrir un carrito de comida en su nuevo hogar de Eureka.

A diferencia del sur de California, este estilo de servir comida es poco común en Humboldt. Su sueño fue recibido con escepticismo por parte de empresarios y funcionarios locales.

“No sabían cómo apoyar un sueño que nunca conocieron,” dijo. “Eso pasa con lo que sea que intentes construir para el cual no hay un plan.”

Cultivos de cultura

Uno de los primeros recuerdos de Be de la intersección cultural de su familia fue un

“Casamiento es una plataforma para conectar a la comunidad a través de la cultura.”

Jennifer Be
Owner of Casamiento

desacuerdo sobre el sabor de los frijoles.

En El Salvador, los frijoles se sirven como guarnición salada. En Camboya, los frijoles rojos generalmente se endulzan y se usan para los postres. Este choque cultural de sabores hizo que se dieran cuenta de que podía fusionar los sabores globales y seguir haciendo justicia a sus culturas individuales.

Be ha allanado su propio camino en el proceso de abrir el carrito de comida Casamiento. Ahora que su visión es una realidad, se enorgullece de saludar a los clientes de Casamiento con un “hola” en español o “ជំរាបសួរ”, “en jemer, el idioma nacional de Camboya, y brindarles comida y cultura.

“Casamiento es una plataforma para conectar a la comunidad a través de la cultura,” ella dijo. “Es importante no impactar a la gente con el cambio, sino más bien mantener su mano.”

Alimentando el alma

En su práctica culinaria, Be casa los sabores y las cocinas de sus países, igual como su pasión por el servicio y la curación.

Ella usa productos orgánicos e incluso

está trabajando con Mulligan Farms en Laytonville para cultivar el rábano daikon específicamente para Casamiento. Ingredientes como estos son difíciles de cultivar en el condado de Humboldt, por lo que abastecerse localmente garantiza la calidad para Be y sus clientes.

Cocinar con ingredientes confiables es una prioridad tanto para el modelo de negocio de Casamiento como para el estilo de vida

de Be.

“No lo estoy haciendo para ganar dinero,” Be dijo. “Cocino pensando en la salud y para alimentar el alma.”

Mientras la mayor parte de su tiempo se dedica a mantener vivo su sueño de Casamiento, ella alimenta a su ser humanitario interno siendo una voz activa en la comunidad. Es miembro del comité de Womxn Creating Community for Power y ha trabajado con Humboldt Area Foundation, Black Humboldt y Changing Tides.

En lugar de renunciar a su sueño, Be aprovecha activamente las oportunidades para colaborar y aprender de sus compañeros ciudadanos y dueños de negocios.

“Dónde la magia vive es en las cosas que no hemos hecho antes,” dijo.

¿Que esta en el menu?

El menú de Casamiento consiste en sándwiches banh mi, nativos de Vietnam, así como tamales salvadoreños.

Los **Bahn mis** son baguettes cortados a lo largo, rellenos con jalapeños frescos, pepinos, rábano daikon en escabeche y zanahorias, cilantro y carne fresca de la parrilla. Jennifer Be le da un toque personal a la receta de banh mi al marinar su carne en kroeung, una pasta de hierba de limón que prepara desde cero.

Junto con los brotes de limoncillo

picados, ella mezcla la cúrcuma fresca, las hojas de lima kaffir, el ajo, los chalotes y el jengibre. La mixtura es una mezcla gruesa y colorida que se usa como base para muchos platos Khmer.

Los **tamales** son esencialmente una masa de maíz rellena de una banderilla de América del Sur envuelta en hojas de maíz.

Casamiento ofrece los dos platos con carne, como las recetas tradicionales, y tiene opciones veganas para ambos.

I Paved My Way Through

First generation students of color deserve more

by Victoria Nazario

College is not easy.

Being a woman in a male-dominated field of study, being a person of color in a predominantly white campus, or coming from a family who has no high school experience are all things that add layers to an already challenging college experience.

I am a first generation student of color and I had to pave my way to and through college.

I had no clue what I was doing. There was no guidance for me as a freshman.

But I still moved 600 miles away from home to pursue my education and take advantage of the opportunities my parents never had. It takes a 12 hour drive to get back to my family and support system.

I was scared and I struggled.

I had to face many obstacles in order to succeed and navigate my

way through college.

I had to submit myself to debt before I learned that I had a financial aid advisor.

I had to fail my first exam to learn what office hours were.

I had to take the wrong courses to learn that I had an academic advisor.

I cried and I struggled because I did not have the support system at college like I did at home.

It wasn't until two years later that I found my community. It took me nearly half of my college career for me to find people that I could relate to.

And unfortunately, some people come to Humboldt State University and never find their community.

Some people come to HSU and do not realize that a piece of their college tuition goes to the resources on campus that they have not been taking advantage of.

It shouldn't be this way, HSU. We are

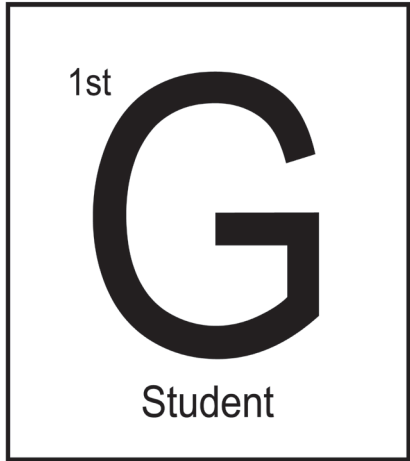
recruiting these students in from hundreds of miles away and we are not serving them.

Now, I'm not saying that HSU does not have the support mechanisms in place, but if students are not using these resources then we are not serving our students.

We are letting our first generation students of color fall through the cracks and HSU needs to figure out how to reach them and accommodate them.

And as for students, don't suffer in silence. There is still time to take advantage of those resources that HSU has failed to get you to use.

(Refer to page 14 & 15 for an interactive resource map on student resources or visit <https://wellbeing.humboldt.edu/wellbeing-map-0> for more information)



Graphic by Jazmine Mendoza

Yo pavimenté mi camino

Estudiantes de color de primera generación merecen más

por Victoria Nazario

traducido por Jovanny Guiterrez

La universidad no es fácil.

Ser una mujer en un campo de estudio dominado por hombres, ser una persona de color es un campus predominantemente blanco o provenir de una familia que no tiene experiencia en la escuela secundaria son cosas que agregan capas a una experiencia universitaria ya desafiante.

Soy una estudiante de color de primera generación y tuve que pavimentar mi camino a través de la universidad.

No tenía ni idea de lo que estaba haciendo. No hubo orientación para mí como estudiante de primer año.

Pero aún así me mudé a 600 millas lejos de casa para continuar mi educación y tomar ventaja de las oportunidades que mis padres nunca tuvieron. Se toma 12 horas de manejo

en llegar a mi familia y sistema de apoyo.

Tenía miedo y batallé.

Tuve que enfrentar muchos obstáculos para tener éxito y navegar mi camino por la universidad.

Tuve que endeudarme antes de enterarme de que tenía un asesor de ayuda financiera.

Tuve que reprobar mi primer examen para saber qué eran las horas de oficina.

Tuve que tomar cursos equivocados para aprender que tenía un asesor académico.

Lloré y batallé porque no tenía el sistema de apoyo en la universidad como lo tenía en casa.

No fue hasta dos años después que encontré a mi comunidad. Me tomó casi la mitad de mi carrera

universitaria para encontrar a personas con las que me pudiera relacionar.

Y desafortunadamente, algunas personas vienen a la Universidad Estatal de Humboldt y nunca encuentran su comunidad.

Algunas personas vienen a HSU y no se dan cuenta que una parte de su colegiatura se va a los recursos en el campus de los cuales no han tomado ventaja.

No debería ser de esta manera, HSU. Estamos reclutando a estos estudiantes a cientos de millas de distancia y no les estamos sirviendo.

Estamos dejando que nuestros estudiantes de color de primera generación caigan a través de las grietas y HSU necesita descubrir cómo llegar a ellos y acomodarlos.

Y en cuanto a los estudiantes, no sufran en silencio. Aún hay tiempo para tomar ventaja de los recursos que HSU no ha logrado que usen.

(Consulte a la página 14 y 15 para un mapa interactivo de recursos sobre los recursos de los estudiantes o visite <https://wellbeing.humboldt.edu/wellbeing-map-0> para más información.)

Letter to the Editor

U.S. Hands off Venezuela

by Nathaniel McGuigan

As many people are aware, Venezuela has recently been in the mainstream media.

However, very little facts have been reported with very little historical analysis. So, what are the facts?

In 1522, Spain colonized the territory now known as Venezuela committing genocide and repressing African and indigenous populations. This lasted until 1830 when Venezuela gained independence from Spain under the leadership of Simon Bolivar.

However, the passage of the Monroe Doctrine in 1823 allowed the U.S. to politically and economically control countries in Latin America. Through U.S. imperialism, the capitalist exploitation of Venezuela created unstable conditions characterized by extreme poverty, lack of healthcare, lack of education, etc.

This was sustained by installing puppet dictatorships to repress any popular uprisings, such as the Caracazo (1989), against the U.S. backed regime.

In 1998, Venezuela underwent a period of profound change and transformation known as the Bolivarian Revolution.

Under the leadership of Hugo Chavez and now President Maduro, Venezuelans have fought to preserve their country's independence and build a socialist society where poor and working class people have the power to collectively make decisions and create programs that benefit their communities.

There have been many accomplishments under the Bolivarian Revolution which has been reported by journalists, such as Abby Martin from the Empire Files. These accomplishments include:

- Free health care, which has helped restore the vision of over 50,000 patients
- Reintegration of over 400,000 youth dropouts back into high school
- Elimination of illiteracy and free education
- Redistribution of land to indigenous peoples
- 30% Minimum wage increase
- Food distribution to over 2.5 million families
- 2 million housing units built for the poor

Despite these accomplishments, the Bolivarian Revolution has been under constant attack from the U.S. and Venezuela's wealthy elites. They have instituted a number of tactics to overthrow the Bolivarian Revolution, including economic sanctions (such as blocking food and medicine) which are deliberately designed to break the will of working class Venezuelans.

In the past few months the U.S. has been backing a right wing coup in Venezuela aiming to oust President Maduro.

However, immediately following this attempt, the Venezuelan people and people around the world have stood up to denounce the United States' attempt to overthrow President Maduro and the Bolivarian Revolution.



Party for Socialism and Liberation demonstrated on the quad and dropped a flag denouncing US involvement in Venezuela | Photo by Mikaylah Rivas

Currently the U.S.-backed coup in Venezuela has failed, but the U.S. is aiming to utilize their last remaining option, military intervention.

In fact, U.S. war-mongers are utilizing the same language and tactics that have brought the U.S. into war with Iraq and other countries, which has caused severe devastation to the people of those countries and U.S. working class citizens.

The threat of a war has sparked the growth of an antiwar movement around the world, including Humboldt County. As a community of mostly working class and progressive people, it is important that we stand up to the U.S. war machine by joining the anti-war movement to defend the Venezuelan people, the Bolivarian Revolution and President Maduro.

It is time to say "Hands off Venezuela" and join the anti-war movement in Humboldt County.

Nathaniel McGuigan

Regional Mecha Co-Chair - Northern California

Party for Socialism and Liberation - Humboldt

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Alcohol Intensifies Toxic Masculinity in Latinx Relationships

Check yourself before taking another sip; too much alcohol can cause more damage than you think

by Jazmine Mendoza

Drinking alcohol can often give us that confidence to create new relationships, friendships and dance like no one is watching, but alcohol can also be the culprit of unimaginable toxicity.

When drinking gets out of hand, unresolved traumas and resentments surface and bring about new problems.

Toxic Masculinity

Very early on boys are taught not to express vulnerability, and instead, are given a responsibility to stay strong and in power even when they may not know what that looks like.

There is a long history of drinking in Latinx culture, particularly among men as a means to “man up.” This exaggerated masculinity in the form of aggressive male pride is called *machismo*. Aggressive hypermasculinity is projected as an obsession with status, power, and control at any cost.

Many men feel forced to repress their emotions which can result in the denial of a variety of unaddressed traumas and leave personal issues unresolved. This can often lead to states of depression among other unhealthy behaviors that develop.

Those behaviors are then expressed through dissociation, violence, and self-medication that then leads to abuse of drugs and alcohol, according to Robert Peralta in his article, “At the Intersection of Interpersonal Violence, Masculinity, and Alcohol Use: The Experiences of Heterosexual Male Perpetrators of Intimate Partner Violence.”

Latinx households

Having our land and homes stripped away from us and running us out of our countries is bound to bring trauma of one sort with no reparations in sight. People in our Latinx communities are at a higher risk of coping with unhealthy mechanisms.

“Many Latinos are situated in areas that are poverty-stricken, with poor educational systems, poor access to

health care, and an internalized lived experience that potentially shifts from one of *orgullo* (pride), to one of feeling misunderstood and ostracized,” Christauria Welland said in her book, “Healing from Violence: Latino Men’s Journey to a New Masculinity.”

Violence in relationships

When love comes into the picture, we feel reformed only to have wounds emerge in our relationships. So along come unhealthy coping mechanisms like more drinking and anger, often lashed out on those closest to us.

Consistently drinking with friends and relatives helps enable both recognized or unrecognized toxic behavior to continue around us.

“For farmworkers and in some cases, urban immigrant laborers, ethnographic and other studies have described the phenomenon of heavy drinking in groups as a common way for males to socialize fermented by a lack of alternative recreational options,” Organista Worby said in the book, “Alcohol Use Among Male Laborers.”

This is when violence and abuse, whether it be emotional or physical, come into the picture.

“Nearly 5.3 million incidents of Intimate Personal Violence occur each year in the United States among women ages 18 and older,” Welland wrote in her book. “Most assaults are ‘relatively minor’ [and] consist of pushing, grabbing, shoving, slapping and hitting.”

Staying healthy

It is essential to learn the early signs of emotional and physical violence amongst our partners and friends. Start talking to friends and mentors, creating spaces where learning and growing are encouraged in order to maintain safe and healthy mindsets. This can help us address and solve problems when they arise. Sometimes that may require people to step away from the situation, but at least that



Graphic by Jazmine Mendoza

Seeking help ?

HSU Campus Advocate Team (North Coast Rape Crisis Team)

Phone: (707) 445-2881

HSU Health Education

Phone: (707) 826-5228
hsuphe@humboldt.edu

HSU CAPS

Student Health Center
Phone: (707) 826-3236
(includes after-hours phone support)

Behavioral and Social Sciences
Phone: (707) 826-3921
Inexpensive Couples Therapy Available for non-students also
email: hsupcaps@humboldt.edu

stops enabling toxic behavior.

Drinking is not an excuse for people to be shitty to each other and we should help each other seek healthy, professional help to outgrow stigmas and generational family trauma.

The sooner we can address the problems in our personal lives and our community, the sooner we may break the patterns within our communities and future generations.

El alcohol intensifica la masculinidad tóxica en las relaciones latinas

Echando un vistazo a que tan común la masculinidad tóxica es aumentada por el alcoholismo

por Jazmine Mendoza / traducido por Ma Salazar

A menudo, el consumo de alcohol puede darnos esa confianza para crear nuevas relaciones, amistades y bailar como si nadie estuviera mirando, pero el alcohol también puede ser el culpable de una toxicidad inimaginable.

Masculinidad tóxica

Desde muy temprano, a los niños se les enseña a no expresar la vulnerabilidad y, en cambio, se les da la responsabilidad de mantenerse fuertes y en el poder, incluso aún cuando puedan no saber cómo se ve eso.

Hay una larga historia de consumo de alcohol en la cultura latina, particularmente entre los hombres. Esta masculinidad exagerada en la forma de un orgullo masculino agresivo se llama machismo. La hipermasculinidad agresiva se proyecta como una obsesión con el estado, el poder y el control a cualquier costo.

Muchos hombres se sienten obligados a reprimir sus emociones, lo que puede resultar en la negación de una variedad de traumas no tomados en cuenta y dejar problemas personales irresueltos. Esto a menudo puede llevar a estados de

luego a través de la disociación, la violencia y la automedicación que luego conduce al abuso de drogas y el consumo de alcohol, según Robert Peralta en su artículo, "En la intersección de la violencia interpersonal, la masculinidad, y el uso de alcohol: Las experiencias de hombres heterosexuales perpetradores de violencia de pareja íntima."

Hogares latinos

Tener nuestra tierra y nuestras casas despojadas de nosotros y de nuestros países está obligado a provocar un trauma de un tipo sin reparaciones a la vista. Las personas en nuestras comunidades latinas tienen un mayor riesgo de enfrentar mecanismos poco saludables.

"Muchos latinos están situados en áreas que son muy pobre, con sistemas educativos pobres, la falta de acceso a servicios de salud, y una experiencia vivida interiorizada que potencialmente se desplaza de uno de orgullo, a uno de sentirse incomprendido y ostracizado," Christauria Welland dijo en su libro, "Sanando de la violencia: el viaje de los hombres latinos hacia una nueva masculinidad."

Violencia en las relaciones

Cuando el amor entra en escena, nos sentimos reformados sólo para que surjan heridas en nuestras relaciones. Entonces, a lo largo de la historia, aparecen mecanismos de afrontamiento poco saludables, como beber y enfadarse, a menudo atacando a quienes están más cerca de nosotros.

Beber constantemente con amigos y familiares ayuda a permitir que tanto el comportamiento tóxico reconocido como el no reconocido continúen a nuestro alrededor.

"Para los trabajadores agrícolas y en algunos casos, los trabajadores

migrantes urbanos, etnográficos y otros estudios han descrito el fenómeno del consumo excesivo de alcohol en grupos como una forma común para que los hombres se socialicen fermentados por la falta de opciones recreativas alternativas," dijo Organista Worby en el libro, "Uso de alcohol entre trabajadores masculinos."

Esto es cuando la violencia y el abuso, ya sea emocional o físico, entran en escena.

"Cerca de 5.3 millones de incidentes de violencia personal íntima ocurren cada año en los Estados Unidos entre mujeres mayores de 18 años," escribió Welland en su libro. "La mayoría de los asaltos son 'relativamente menores' [y] consisten en empujar, agarrar, empujar, abofetear y golpear."

Manteniendo la salud

Es esencial aprender los primeros signos de violencia emocional y física entre nuestros compañeros y amigos. Comience a hablar con amigos y mentores, creando espacios donde se fomente el aprendizaje y el crecimiento para mantener una mentalidad segura y saludable. Esto puede ayudarnos a abordar y resolver problemas cuando surjan. A veces, eso puede requerir que las personas se alejen de la situación, pero al menos eso deja de permitir el comportamiento tóxico.

Beber no es una excusa para que las personas sean una mierda entre sí y debemos ayudarnos mutuamente a buscar ayuda profesional y saludable para superar los estigmas y el trauma familiar generacional.

Cuanto más temprano podamos abordar los problemas en nuestras vidas personales y en nuestra comunidad, más temprano podremos romper los patrones dentro de nuestras comunidades y futuras generaciones.



Graficó por Jazmine Mendoza

¿Estas buscando ayuda?

**HSU Campus Advocate Team
(North Coast Rape Crisis Team)**

Teléfono: (707) 445-2881

**Educación para la salud de
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HSU CAPS

SHC: (707) 826-3236 (incluye asistencia telefónica fuera de horario)

BSS: (707) 826-3921

Terapia de pareja económica Disponible para no estudiantes también

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depresión entre otras conductas poco saludables que se desarrollan.

Esos comportamientos se expresan

The Allies Around Me

A lesson in support of diverse communities

by Alexis R. Parra

Racism and bullying is still very much alive. It happens everyday in our communities. And allies are needed now more than ever.

I am a Mexican queer woman and I need all the allies I can get. Everyone closest to me in my life is an ally, not just to me, but to these groups that I identify with.

I am an ally as well to those who need one.

The most important quality that an ally has to have is to be a good listener. Allies listen to your friends who are LGBTQ+, who are underrepresented or members of disenfranchised communities.

Be free of judgement when you're lending an ear.

Allies have to be honest and sincere when a friend is going through something or telling them about their struggles. It's difficult and taxing having to open old wounds and share intimate details of our lives with people who ignore our pain, who might turn on us, deport us, or hurt us.

The more honest and sincere an ally is, the more comfortable their friends will be when sharing things. Not only that, but they

will know whether or not they can share certain aspects of their life.

One of the biggest things I notice in a person who claims to be an ally is whether they stand with their friend and stand up for them, or whether they stand over them.

An ally should be able to speak up for their friend, but not speak for them.

Don't speak on the struggles of any individual who suffers injustice because of race, immigration status, sexuality, religion or gender when you haven't lived their experiences yourself.

The minute you speak over someone else's struggles is the same minute you are taking it away from them.

People of different minorities, sexual orientations and abilities go through different struggles. We can't speak for everyone even if we are a part of the same group. You can only speak for yourself.

Allies are part of what will help make the world more accepting of diversity. The more allies there are, the easier it will be to come out, not risk deportation and be safe in the world.

So ask yourself, are you an ally?

Graphic by Ashley Ramirez

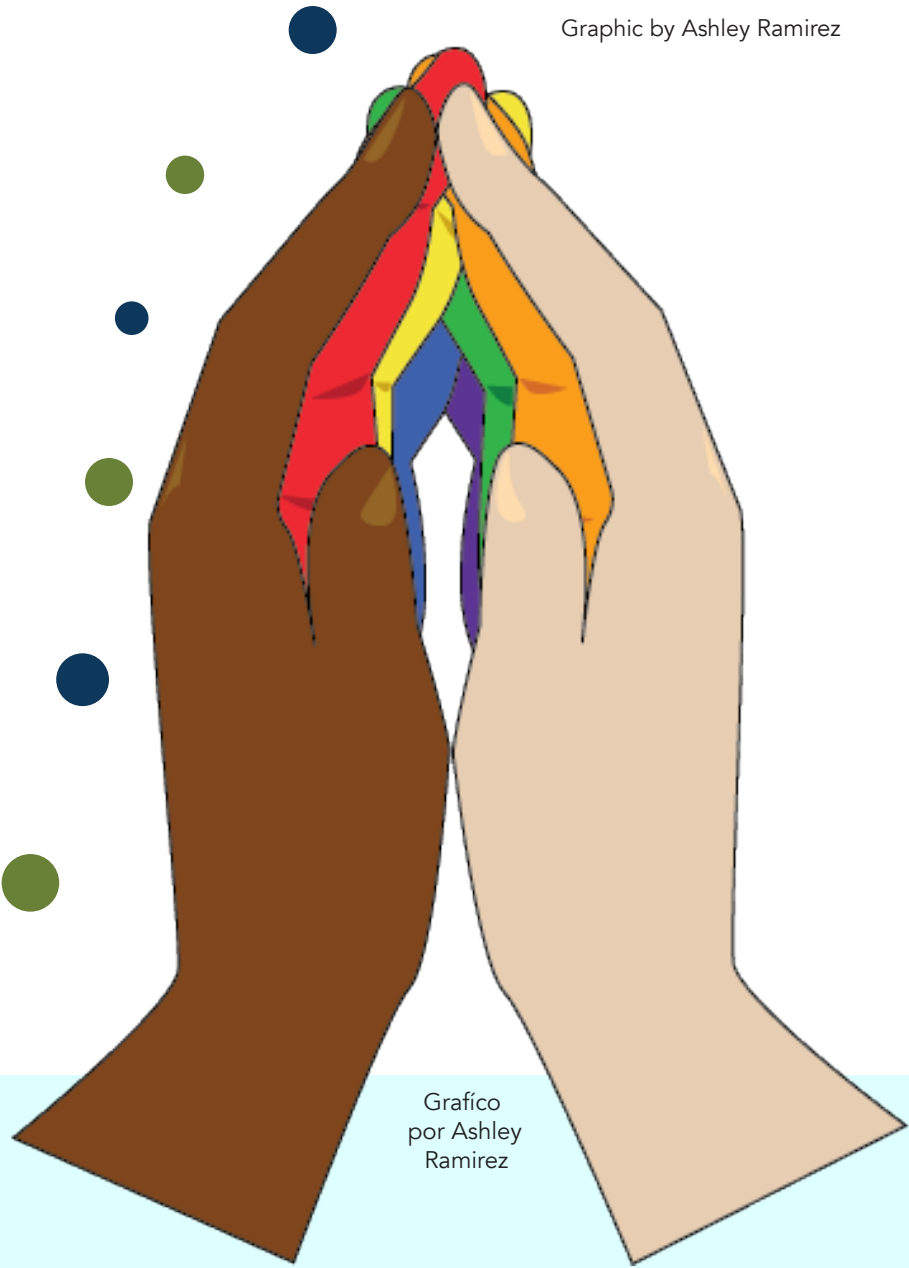


Grafico por Ashley Ramirez

Los aliados a mi alrededor

Una lección en apoyo a comunidades diversas

por Alexis R. Parra y traducido por Jovanny Gutiérrez

El racismo y el bullying siguen muy vivos. Sucede todos los días en nuestras comunidades. Y ahora, se necesitan más aliados que nunca.

Soy una mujer queer mexicana y necesito a todos los aliados que pueda conseguir. Todos los más cercanos a mí en mi vida son un aliado, no sólo para mí, sino para estos grupos con los que me identifico.

Soy una aliada también para aquellos que lo necesitan.

Los cualidad más importante que un aliado debe tener es ser un buen oyente. Los aliados escuchan a tus amigos que

son LGBTQ+, que están subrepresentados o miembros de comunidades marginadas.

Sé libre de juicios cuando prestes un oído.

Los aliados deben ser honestos y sinceros cuando un amigo está pasando por algo o contándoles sobre sus problemas. Es difícil y agotador tener que abrir viejas heridas y compartir detalles íntimos de nuestras vidas con personas que ignora nuestro dolor, que podrían atacarnos, deportarnos o lastimarnos.

Cuanto más honesto y sincero que sea un aliado, más cómodo se sentirá su amigo al compartir cosas. No sólo eso,

sino que también sabrán si pueden o no compartir ciertos aspectos de su vida.

Una de las cosas más importantes que observo en una persona que dice ser un aliado es si se levantan con sus amigos y los defienden, o si se levantan contra ellos.

Un aliado debe poder hablar en nombre de su amigo, pero no hablar por ellos.

No hables sobre las luchas de cualquier persona que sufre una injusticia por motivos de raza, estatus migratorio, sexualidad, religión o género cuando no ha vivido sus experiencias usted mismo.

El momento en el que hablas sobre las

dificultades de otras personas es el mismo momento en que se las estás quitando.

Personas de diferentes minorías, orientaciones sexuales y habilidades pasan por distintas luchas. No podemos hablar por todos, incluso si somos parte del mismo grupo. Sólo puedes hablar por ti mismo.

Los aliados son una parte de lo que ayudará a que el mundo acepte más a las personas diversas. Cuantos más aliados haya, más fácil será salir, no correr el riesgo de deportación y estar a salvo en el mundo.

Entonces pregúntate, ¿eres un aliado?

Bilingual News

El Leñador
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KHSU 90.5 FM
Sabor Latino, Sunday noon - 2p.m.
Latino USA. Friday, 1:30 p.m. - 2p.m.

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Community Resources & Organizations

Paso a Paso an organization with bilingual staff that helps connect families with local and state programs, including CalFresh, and Healthy Kids Humboldt. Also proviwdes childbirth education, breast feeding support and parenting classes. All services are free. Office hours vary. Call for an appointment.
Paso a Paso es una organización con personal bilingüe que ayuda a conectar a las familias con programas locales y estatales, incluidos CalFresh y Healthy Kids Humboldt. También ofrece educación sobre el parto, apoyo a la lactancia materna y clases para padres. Todos los servicios son gratis. Las horas de oficina varían. Llame para hacer una cita.
2200 Harrison Ave, Eureka.
(707) 441-4477

Food for People Offers food assistance programs including food pantries, produce markets, and food programs for children. 307 W. 14th St, Eureka (707) 445-3166
www.foodforpeople.org

Catholic Sacred Heart Church Masses in Spanish
Misa de Domingo en Español
Sat- 7:00 p.m., Sun- 12:30 p.m.
2065 Myrtle Ave, Eureka

Catholic St. Joseph Parish Mass in Spanish
Misa de Domingo en Español
Sunday at 12:30 p.m.
14th and N St, Fortuna
(707) 725-1148

Jewish Chabad of Humboldt
413 Bayside Ct, Arcata
707-633-8770

Education

ESL Classes/ Clases De Ingles College of the Redwoods (CR)
Offers ESL courses at its Eureka, Fortuna and Del Norte sites. Complete the online application and contact Adult Education to schedule an appointment. If you are a student with a disability, an English Language Learner, or need assistance completing the application, contact Adult Education to schedule an appointment. All Adult Education classes are free.
CR Ofrece cursos de ESL en sus sitios de Eureka, Fortuna y Del Norte. Complete la solicitud en línea y comuníquese con Educación para Adultos para programar una cita. Si usted es un estudiante con una discapacidad, un estudiante del idioma inglés o necesita ayuda para completar la solicitud, comuníquese con Educación para Adultos para programar una cita. Todas las clases de educación para adultos son gratuitas.
adult-ed@redwoods.edu.
707 476-4520

English Express Jefferson Community Center 1000 B St. Eureka
Tues. & Thurs. 6:00 p.m.–7:30 p.m.

English Express Multi-Generational Center 2280 Newburg Rd. Fortuna
Tuesdays & Thursdays 12:30 – 2:00 p.m. (707) 433-5021

English Express Children’s playgroup provided on-site during EE classes. Southern Humboldt Family Resource Center 344 Humboldt Ave. Redway
Friday 4:30p.m.– 6:00 p.m.

Bilingual K-12 Schools: Fuente Nueva Charter School
1730 Janes Rd, Arcata, (707) 822-3348

Entertainment/Arts

People of Color Group is a space for people of color to gather, reflect, create, and support one another. 1st and 3rd Saturdays 3-5 pm, Corner of 11th & M street, Arcata

Latino Outdoors
Humboldt@latinooutdoors.org
Next event: “Goose Fly Off”, March 2, 5:45 a.m., meet at HSU library circle for ride or 6:30 a.m. at Humboldt Bay Wildlife Refuge campus

North Coast Repertory Theatre
300 Fifth Street
Eureka, CA 95501
(707) 442-NCRT

Ethnic Food Markets

Asian Markets Lao Oriental Market
2908 E St Eureka, 11a.m.- 6 p.m.
every day
(707)-445-1513

Little Japan
2848 F St Eureka, Mon- Sat: 11a.m.-6 p.m.
(707) 798-6003

Vang Chang Market
110 W Wabash Ave, Eureka 9:30 a.m.- 5 p.m. every day
707-443-3559

Oriental Food & Spice
306 W Harris St Eureka, Mon-Sat: 9 a.m. - 5 p.m.
(707) 445-3398

Latino Markets Fregoso’s Market 963 8th St Arcata
Mon-Sat: 9 a.m. - 9 a.m., Sun: 10 a.m. - 7 p.m.
(707) 825-8827

La Pasadita Market
420 N St Eureka
10 a.m. - 9 p.m. every day

El Pueblo Market
312 W. Washington St. Eureka, 10 a.m. - 9 p.m. everyday
(707) 444-0952

El Buen Gusto
802 Broadway St, Eureka
Monday-Friday 10 a.m - 9 p.m.
(707) 798-6290

El Buen Gusto
1640 Main St, Fortuna
9:00 a.m. - 9:00 p.m.
(707) 725-8880

La Chaparrita Market
520 Summer St, Fortuna
9 a.m. - 9 p.m. everyday
(707) 617-2570

Legal Services

The Superior Court of California | County of Humboldt “Self Help Center” A place to get information about your legal rights regardless of income, 421 I Street, Eureka, 9:00 - 2:00 p.m.
(707) 445-7256

Legal Services of Northern California Serving clients with health related legal issues in acquiring and keeping health-care services, 123 Third st Eureka
(707) 445-0866

California Indian Legal Services
324 F St Eureka
(707)443-8397

Social Services

True North organizing network
Supporting individuals from diverse backgrounds and working together for influential change
517 3rd St, Suite 16, Eureka
(707) 572-5530

Seventh Generation Fund Devoted to Indigenous peoples self-determination and the sovereignty of Native nations, 2355 Central Ave. , Suite C, McKinleyville
(707) 825-7640

Centro Del Pueblo A safe space for the raza/indígena community to prosper on the north coast. Culturally, politically, and practically.

10 | miercoles

Ikyav, Píkyav: Making, Re-Making
This two-part exhibition will open with a celebration of the HSU Indian Tribal & Educational Personnel Program (ITEPP)'s 50th anniversary.
12- 5 p.m. | GH 219

11 | jueves

SURRENDERINGS
Annual spring dance concert.
April 11 - 14
7:30-10 p.m. | GH 219

Health Care Justice For All
Lecture on single-payer healthcare.
5 p.m. | KBR

12 | viernes

Cafe Con Chisme
Join us as we sit together and enjoy a hot drink with pan dulce while discussing current events, campus issues, community building strategies and sharing our stories.
3- 4:30 p.m. | NHE 205

Trans Support Group #2
A group inclusive of all gender identities where people can get support, explore gender, and advocate for change on campus.
For additional information, call James at 707-826-323
1 - 2:00 p.m. | NHE 119

13 | sábado

A Celebration of Life
Join us for food and a raffle to celebrate the life of David Josiah Lawson.
4-9 p.m. | Arcata Community Center

Percussion Ensemble & World Percussion
The show will conclude with the World Percussion Group presenting the folkloric dance-drumming of the Ewe Tradition of Ghana, West Africa.
8 - 9:00 p.m. | Fulkerson Recital Hall

14 | domingo

Migrations & Interventions
This two-person multimedia exhibition will explore ideas of place - both the physical and the conceptual.
12-5 p.m. | Reese Bullen Gallery

15 | lunes

Humboldt Int'l Film Fest
A curated selection of past film festival shorts that address sustainability and environmentalism.
7 - 8:30 p.m. | Gist Hall 218

The Havana Club All-Stars
Cuban sounds through a fresh, contemporary lens. Student ticket: \$15
8-10 p.m. | Arkley Center

16 | jueves

MCC 25th Anniversary Gala
Celebrating twenty-five years of student-centered respect of all people along their journey.
5-8 p.m. | KBR

18 | jueves

Art Department Graduates Exhibition
HSU's 2019 Art Graduates Exhibition will be on display from April 18 through Commencement on May 14.
5- 6:30 p.m. | Reese Bullen Gallery



Folklorico dancers prepare for the curtain on April 11 - 14 in the Gist Hall Theater as a part of the SURRENDERINGS spring dance concert. | Photo by Jose Herrera

19 | viernes

Women of Color Conference
Community Health & Wellbeing
12-5 p.m. | LIB 114

Humboldt Int'l Film Fest
Come join us to celebrate the 52nd Humboldt Int'l Film Fest! Tickets available at the Minor Theatre or online at the Minor Theatre or at www.minortheatre.com
6:30 p.m. | The Minor Theatre

23 | martes

Women's Self Defense Class
One day women's self defense class led by Zan Mendonca and Jodie Slack.
5:30-2 8:30 p.m. | KA 202

25 | jueves

Chicano Batman
Chicano Batman play songs that blend Brazilian Tropicalia with early '70s psychedelic soul and the

romantic pop.
Student tickets: \$20
8 p.m. | Arcata Community Center

27 | viernes

CCAT's Mayday 41st Anniversary
Join CCAT to celebrate our 41th Anniversary & Mayday at HSU. Come down for a free tour of the CCAT property, participate in DIY workshops, try organic foods, & enjoy free entertainment.
12 - 7:00 p.m. | CCAT Buck House

28 | sábado

HSU Natural History Museum
Join the fun at the Natural History Museum as we celebrate the last 30 years while looking forward to 40 years.
1- 4:00 p.m. | Natural History Museum

If you have an event you would like featured on the calendar, contact us at: el-lenador@humboldt.edu