

THE LUMBERJACK

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Crossed sticks and hard licks

HSU lacrosse team gets in gear for new season

Campus | by Annamarie Rodriguez

A whistle goes off and a fight for a lacrosse ball begins. As lacrosse sticks clang against each other a surge of adrenaline kicks in and it is time to score.

The main object of the game: pass, carry, and shoot the lacrosse ball as many times as possible without letting the opposing team score.

Defensive player and captain, Jack Woerner, 24, has played lacrosse since high school. What makes the sport fun for him is the knowledge he has developed over the years from the sport.

“Having awareness of where I’m at on the field and knowing how to stop them (the defense)” 24-year-old Woerner said.

There are four positions on the field: midfield, attack, defense and goalie. The midfield plays both offense and defense covering the entire field. The attackers strictly play on offense and their role is to be involved in making goals. The defense’s job is to keep the opposing team from scoring. The goalie is the last defender on the field. They do everything necessary to keep the opposite team from scoring and is expected to guide the team.

“The goalie is like the quarterback of the defense,” Woerner said. “They can see the entire



Captain Danny Baylok knocks over his opponent while cradling the ball. | Louis Ramirez

field.”

With a roster of only 14-15 players and only 10 players allowed on the field at a time from each team, substitutions become very limited. Players in turn have to work harder on the field. The Jacks had their first home competition on Saturday Feb. 14 at the College Creek Field. The final score was 23-11 loss for

Humboldt against Saint Marys.

The men wear helmets, shoulder pads, elbow pads and gloves because lacrosse is a contact sport. Aside from their positions, their equipment is also different. A defensive player plays with a 6 ft. pole. Whereas an offensive player attacks with a 3 ft. pole.

Daniel Balok, an attacker and captain for the Humboldt State

Jacks, has played since the 5th grade and is accustomed to the sport.

“You have to be comfortable with the ball,” Balok said.

As an attacker, Balok likes the competitive aspect of the sport. He has to get through the defense, which involves a lot of contact with the opposing team’s defense. *continued on page ten*

Coordinating Excellence

Campus | by Paul Matli

Adrienne Raymond devised a new plan to assist first generation students of color. So the African American Center for Academic Excellence (AACAE) was created.

Raymond is the director of the Indian Tribal Education and Personnel Program (ITEPP).

“We created this center because we knew first generation students of color weren’t getting as much help as they deserved,” Raymond said. “Having programs like ITEPP (Tribal Education and Personnel Program), INRSEP (Indian Natural Resources, Science and Engineering Program) and the Multicultural Center already on campus made it easier for us to implement a new center.”

Although the African American Center for Academic Excellence will not be in effect until April, Raymond said the program directors are working hard to make sure it is off and running. On Feb. 9 the program welcomed Dr. John Johnson as the new AACAE coordinator.

“I have a long history of advocacy for underrepresented students in higher education,” Johnson said. “A bulk of my research was focused on the experiences of black students attending predominantly white academic institutions and strategies to support their recruitment and retention.”

Johnson attended both Temple University and Penn State University where *continued on page four*

Once a musician, always a musician

After a lifetime of performing, professor Eugene Novotney finds creative happiness in Humboldt



Outstanding professor Eugene Novotney explains how a steel drum has 26 notes during his lecture “The Rhythm and the Reason: The Steelpan Tradition of Trinidad and Tobago” on Tuesday in the Van Duzer Theatre. | Louis Ramirez

Campus | by Berenice Ceja

Eugene Novotney jumps out of his seat and points to a picture of his five-year-old self playing a drum set.

“I started studying music when I was five years old. My parents weren’t musicians, but loved music,” Novotney said. “They recognized some talent in me.”

Novotney, professor of music and director of percussion studies at Humboldt State, is the most recent recipient for the Outstanding Professor Award at HSU for the 2013-14 academic year.

After majoring in music and achieving his dream job as a professional performer, Novotney found a career that made him happy and gave him the freedom to unleash his creativity.

Novotney, 54, has been

teaching at HSU since 1985.

“When I first arrived at Humboldt I wasn’t certain I was gonna make it through my first year,” Novotney said. “By the time I finished my first year here I realized that this place could offer me everything I ever dreamed of having.”

Neil Bost, a 23-year-old music major with a percussion performance and education emphasis, has been a student of Novotney for about six years.

“Eugene is the type of professor that encourages his students through sincere, heartfelt inspiration. You want to do well in his classes and ensembles because you can tell he really cares about what he’s teaching,” Bost said. “Eugene is a passionate teacher that has the ability to draw out the same passion from his stu-

Word on the street MENU

If you had your own food truck, what would you serve?

	Rachel McCain, 26, wildlife, junior “I would serve Mexican, for sure.”	\$2.18
	Augustin Padilla, 20, marketing, junior “I’d probably sell falafels.”	\$2.18
	Ariana Navarro, 20, communication, sophomore “Italian on the go.”	\$2.18
	Samantha Taylor, 19, psychology, freshman “Probably acai bowls!”	\$2.18
	Jose Ordonez, 19, kinesiology, sophomore “Tacos, burritos and quesadillas.”	\$2.18
	Diego Loza, 19, business/accounting, sophomore “I would serve ceviche - mexican seafood.”	\$2.18

Check out ‘A revolution is simemring’ on pg. 5 to read about a group of students hoping to open their own campus food truck

Compiled by Jami Eiring and Sarah Bradbury

dents.”

Novotney grew up in Cleveland, Ohio where he said people did one of two things, sports or music.

“I loved them both (sports and music), but I was better at music,” Novotney said.

In Ohio, Novotney was surrounded by music and fascinated by rhythm. His parents saw his talent and rather than squelching it, they encouraged him.

Novotney received his undergraduate degree from the Cincinnati Conservatory of Music. He then went on to receive

a master of music degree and doctorate of musical arts degree from the University of Illinois, with emphases in percussion, composition and ethnomusicology.

“Before HSU and after my masters I was actually trying to make a living as a professional performer,” Novotney said.

Novotney performed with the Cleveland Chamber Symphony which kept him active in the classical music scene. This opened up opportunities for him in the commercial music

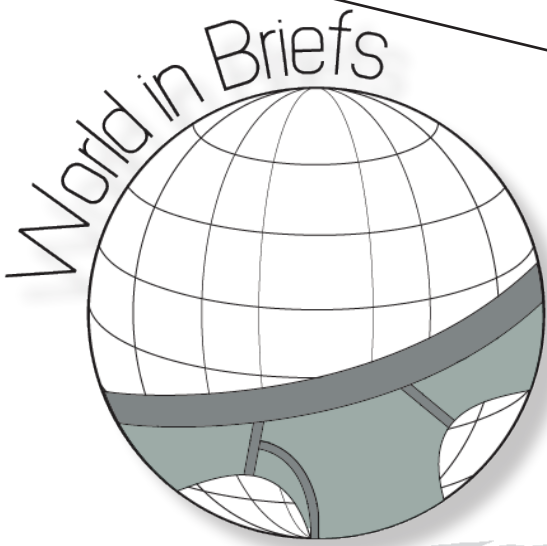
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Weather

	Thursday	60°
	Friday	61°
	Saturday	61°
	Sunday	66°

Source: National Weather Service



Mars

One hundred people were announced as the finalists for a one way trip to Mars. They were selected by Mars One out of 200,000 applicants and will be narrowed down to 24 finalists who will be sent in groups every two years, from starting in 2024, with the intention of establishing a colony. The journey is expected to take approximately seven months and if the landing proves successful, the current technology would allow them to survive for only 68 days.

Myanmar

Myanmar declared a state of emergency on Tuesday due to fighting between the army and Kokang rebels which forced thousands to flee from the gunfire and airstrikes into China. Refugees found shelter at a monastery 85 miles south of the fight and after 30,000 fled to Beijing, China, the country increased border control.

Brazil

The Cantareira reservoir system that supplies Sao Paulo, Brazil's largest city, has dropped below 10 percent of its usual capacity, but state and local governments have been slow to acknowledge the crisis. Many communities have been on strict water rationing programs for months with citizens lining up at emergency wells sometimes twice daily. Sao Paulo has an open sewer system, which means the rivers that would normally alleviate the problem are too polluted to be used. Scientists say that in the past the dense rainforest would pull in moisture but with continued deforestation there has been a notable decrease in rainfall. Ultimately creating a cloud of hot air around the city that cannot be moved.

Australia

The new labor government has plans to cut the nitrogen pollution in the Great Barrier Reef 80 percent by 2025 and reduce the suspended sediment affecting the reef by 50 percent. The Queensland government might create new laws to prevent the pollution from causing the ecosystem to enter the "danger" zone.

Sources: CNN, Al Jazeera, The Guardian



UPD BYTES

Compiled by Ian Bradley

Feb. 10
23:52

Male subject appears to be intoxicated and was vomiting on the front steps of the library.
He wanted to read "50 Shades of Grey" before he saw the movie.

Feb. 12
11:30

Stop sign facing the wrong direction.
Go home stop sign, you are drunk.

Feb. 12
15:19

Marker on the wall of the men's restroom.
Take that establishment!

Feb. 13
16:43

Housing staff reported a UPS package arrived in the mailroom smelling heavily of marijuana.
The staff reportedly did not mind, they just wanted their share.

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Wednesday February 18
Sci Fi Night II. The Brainiac
(1962)
Doors @ 6 p.m. All ages, Free
w/\$5 food & bev purchase.

Thursday February 19
Zion I
Doors @ 9 PM, \$20 @ Door, \$18
adv tix @ Wildberries/People's
Records/The Works, 21+.

Friday February 20
The Big Lebowski (1998)
Doors @ 7:30 PM, Movie @ 8 PM,
Tix \$5, Rated R.

Saturday February 21
Random Acts Of Comedy
Doors @ 7:30 pm, Show @ 8 pm,
\$6 @ door, All ages.

Sunday February 22
Giraffage
Doors @ 9:30 PM, \$15 lim adv
tix, \$20 adv tix @ Wildberries/
People's Records/The Works,
\$25 gen adm, 21+

Wednesday February 25
Sci Fi Night II. Warriors of the
Wasteland (1983)
Doors @ 6 p.m. All ages, Free
w/\$5 food & bev purchase.

Sunday March 1
The Dark Crystal (1982)
Doors @ 5:30 PM, Movie @ 6
PM, Tix \$5, Rated PG.



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Students return to the Native American Forum

Administration leaves decision up to professors

Campus | by Tyler Coley

Five classes scheduled for the Native American Forum this semester were moved due to the student occupation. Not all were pleased.

Student Samyrha Saba started a petition to move her soils class back.

“The first day of class when I was in an overcrowded situation with students standing up, students sitting on the floor, and people being transitioned to this space not even knowing why or how long we would be here,” Saba said. “I thought we needed to create a petition because we need a comfortable learning space.”

One hundred students from Saba’s class signed the petition voicing their complaints about the lack of accommodating tables and chairs for the people in the room. Others commented on the petition about their desire to support the occupation.

In the process of waiting for the petition to be addressed administration made decisions elsewhere that would give professors the okay to move their classes back.

On Feb. 10 the associate vice president for marketing and communications, Frank Whitlatch said the interim provost, Jenny Zorn, talked with the deans about the use of the native forum.

“The bottom line is this: professors who want to teach their classes, as originally scheduled, in the Native American Forum can do so,” Whitlatch said. “They are encouraged to determine that they can do so without undue external pressure to alter the content of their curriculum.”

This initial conversation took place sometime around Feb. 5.

The “alteration of their curriculum” Whitlatch mentioned,

lies at the heart of why the classes were moved in the first place.

An email from the Unified Students of Humboldt hours before the start of class on the first day of semester in part stated that classes in the native forum “should comport themselves with the quality of education that is relatable to Indigenous Students.” It then stated that professors could teach there only if they agreed to comply with the request.

In response Zorn sent an email to the faculty stating, “Based on feedback from some faculty and students who were uncomfortable and intimidated by the educational environment in the room, as provost I made the decision to relocate classes. This was done to protect the academic freedom of the faculty and students within a supportive learning and educational environment.”

With the freedom for professors to move back, the decision is up to them now. The classes include psychology, music, forestry, wildlife and environmental science and management.

“We will return to native forum assuming they put a document projection back in the room,” Sabas soils professor Nathan Swenson said.

Music professor Dan Aldeg said that due to the nature of his class, history of American rock music, he did not feel respectful holding his class in the forum because of requests to incorporate indigenous teachings by the students.

“It’s not something I can really do with the class that I am teaching and what I can only assume is a strange vibe with people there occupying that space and trying to hold a class,” Aldeg said. “At least at this point I’m planning to use the Goodwin

Forum.”

Tim Arams’ wildlife class was the first class to be held in the Native American Forum back when the occupation started.

“Right at 8 a.m. the class started and the guy at the front started shaking his shaker and singing a Native American song,” Aram said. “It was pretty cool.”

After the class applauded and some of the occupying students made a speech, Aram said his professor, Tim Bean, then addressed the occupying students.

“Tim Bean went up and said thank you for sharing with us and shared how wildlife was in all cultures,” Aram said. “He asked what animals meant in their culture.”

The wildlife class moved back to the forum last week where professor Bean has opened up the first fifteen minutes of class to incorporate indigenous-centered discussion.

While the forum sat void of its original classes until recently, Native American studies classes and other educational activities from outside the university have been utilizing the space consistently throughout the occupation and continue to do so.

As the occupation moves on professors will continue to decide if classes can be held in the native forum or not.

“It’s really an opportunity to open the dialogue of native communities and native perspective,” Saba said. “Why not here on native land, in an institution that supposedly respects native studies why not be open to this as an opportunity and not a challenge to education.”

Tyler Coley may be contacted at thejack@humboldt.edu

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In HSU’s hands: the next 5 years

Strategically planning success, resources and diversity

Campus | by Eduardo Madrigal

Last Friday, students came together with faculty and staff to map out the future of Humboldt State.

HSU hosted a workshop in the Great Hall open to students and faculty in order to form a strategic plan for the university. The entire HSU community was invited to participate via email.

Co-chairs of the HSU Strategic Planning Steering Committee, which consists of president Lisa Rossbacher and chair of the University Senate and the department of politics, Noah Zerbe, said they hope this new plan will guide the university for the next five years.

“The timing of my coming in as the president and the need to initiate a new strategic planning process, I’m just lucky that they came together,” Rossbacher said.

The goal of the meeting was to increase student success and academic excellence, to ensure resources to fulfill

the university’s mission and to support an inclusive and diverse community.

The workshop was coordinated by Mary Gelinas, the organization development consultant. It followed a “world café” dynamic invented by a friend of Gelinas, Juanita Brown.

In the world café workshops, small groups of four or five people sit at a table and respond to a question with 20 minute conversations. They then write down the ideas on large pieces of paper. At the end of the rounds, the groups rotate to new tables and build upon the last group’s ideas.

“I love it because it’s a way of creating collective wisdom,” Gelinas said. “It’s like we are all creating something together.”

The groups discussed topics such as diversification of campus faculty, staff and administration, program funding, collaboration with local communities and tribal nations and student success.

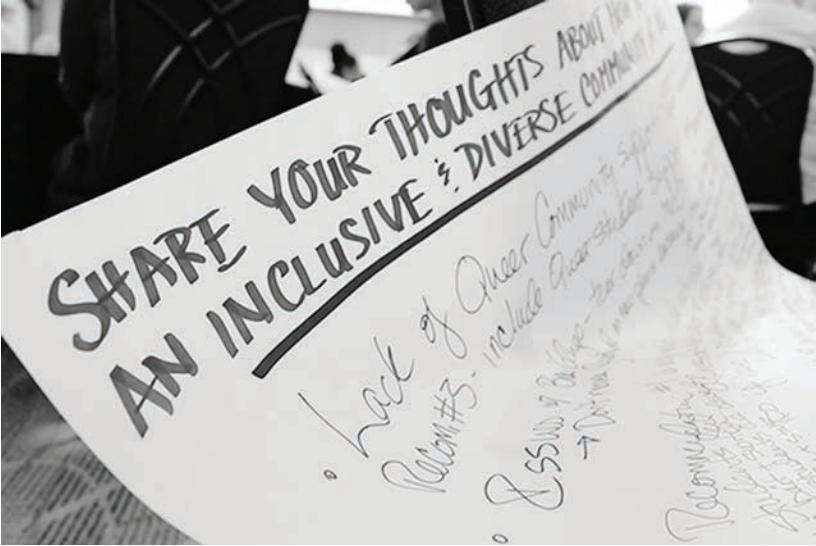
Task forces made up of students, faculty and staff will incorporate the ideas into the strategic plan. After recommendations are made a draft will be sent to the Steering Committee headed by Rossbacher and Zerbe.

The Steering Committee will review and package the draft for circulation to the campus community and the university senate to get their feedback. Based on the feedback a final version of the strategic plan will be drafted and submitted to the senate for ratification.

Rossbacher said she hopes the final draft of the plan will be ready before commencement.

“I hope that we can come up with a plan in which people can see their own goals and priorities reflected in the priorities of the institution,” Zerbe said.

Eduardo Madrigal may be contacted at thejack@humboldt.edu



Humboldt State students listed their thoughts on issues they want addressed on campus at the strategic planning workshop held in the Great Hall on Friday Feb. 13th | Eduardo Madrigal



New leader for the African American Center for Academic Excellence

continued from page one

he earned his undergraduate degree in psychology. He moved onto Ball State University where he received his masters degree in educational psychology. Then he completed his Ph.D. in social psychology at University of California, Santa Cruz.

“After spending a couple of years as a faculty member I knew my true passion was for working with students more directly and having a stable role in their academic career as they progress through the education pipeline,” Johnson said.

Raymond said the new program is designed to give students the best opportunity to succeed in college and in their respected fields.

“As professionals our job is

to provide the students with the best resources and opportunities to enhance the gifts they were born with,” Raymond said.

Raymond said Johnson has extensive expertise in designing and implementing similar programs at different campuses across the nation and will be an outstanding mentor to Humboldt State students.

Johnson previously served as director of the Institute of Black Culture at the University of Florida and coordinated the Fiat Lux Scholars program at the UC Merced, which Johnson said is similar to HSU’s Education Opportunity Program (EOP).

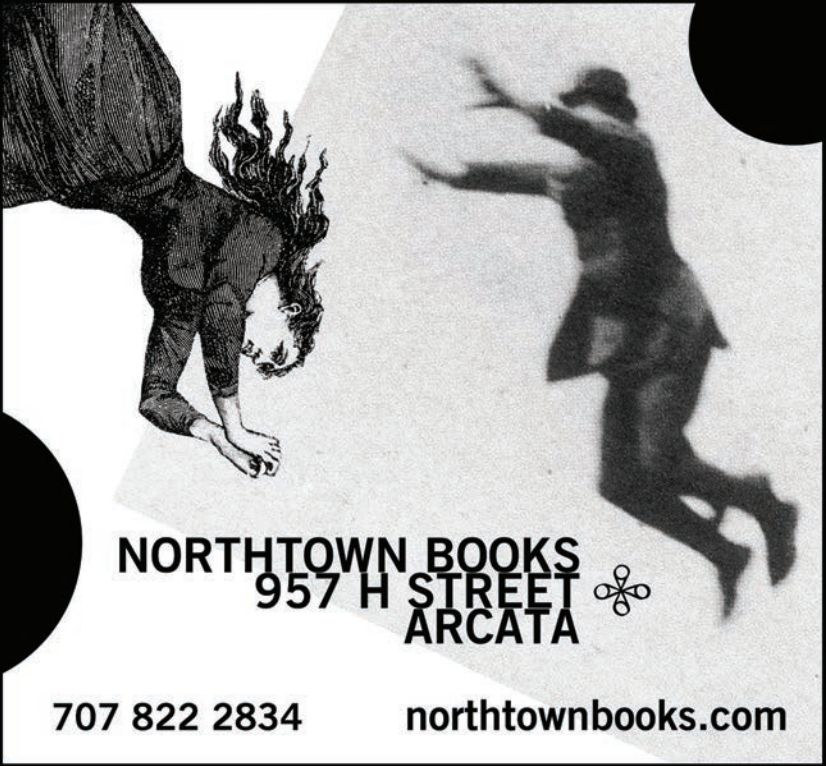
“We do not have all the coordinators hired yet,” Raymond said. “However, we are in the process of hiring and training student leaders who

are interested in working at the center.”

Radha Webley, who is the director of diversity and inclusion, took recommendations and hired Dr. Johnson but was unavailable to comment.

“He was brought to campus, shared lunch with students, presented an open forum for students, administration, faculty and staff,” Raymond said. “The general consensus around campus was to hire him. So Radha Webley took the initiative and offered him the position as AACAE coordinator.”


Paul Matli may be contacted at thejack@humboldt.edu



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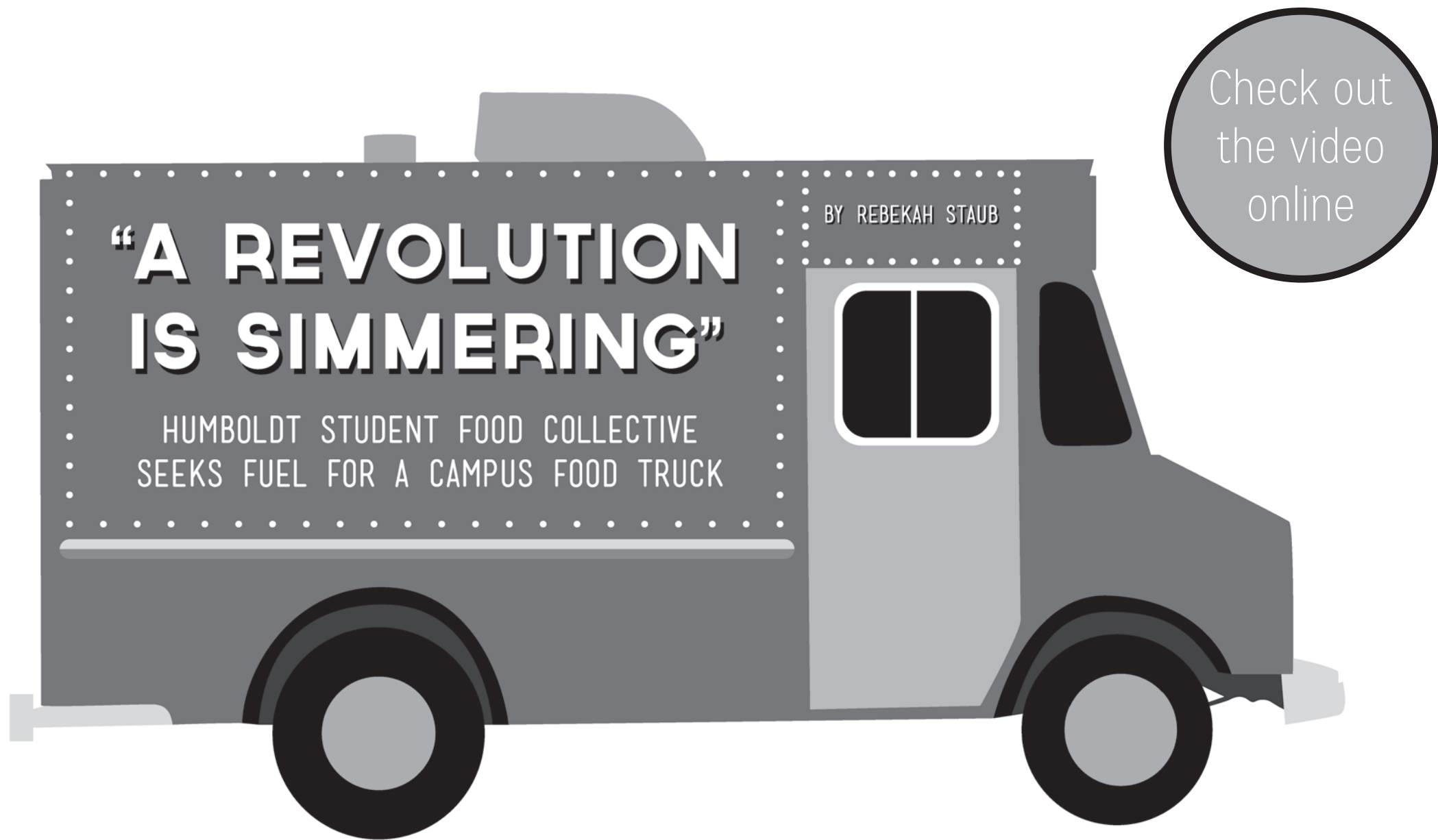
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When Cassandra Kelly came to Humboldt State in 2009 she was upset because she was vegan and hoped to find more food options on campus.

“My diet has changed since then but I still hardly eat on campus,” Kelly said.

Kelly, 24, is now president of the Humboldt Student Food Collective (HumSFC), a group of students and faculty who want to bring better food to HSU’s campus with a food truck.

HumSFC has strived to create a vegetarian, vegan and gluten-free food truck for the past five years, but obstacles like finances and dwindling group members have delayed its success. This time, however, the club plans on revving up its food truck by December 2015.

“This is not just starting a club, it’s starting a business,” Kelly said. “It has taken a lot of energy to invest in creating the business plan.”

The food truck would serve fresh, local, organic and environmentally sound food for affordable prices. It would cook most of its ingredients from local farms and would be parked at a specific spot on campus.

Eric Recchia, 28, has been a part of HumSFC since 2011. Recchia graduated from HSU in 2013 with an economics degree but is still working to push the food truck along.

“I hope that it will be a good example for students who are going to school now to feel inspired and know how to run a co-op (cooperative) in the future,” Recchia said.

HumSFC was founded in 2010 after the Cooperative Food Empowerment Directive (CoFED) reached out to sustainability clubs at HSU. CoFED is a group that teaches campuses how to build cooperatively-run food businesses. They invited students on a week long summer retreat and the attendees ended up organizing a food collective. But then those students graduated.

“By the time most students get involved and are able to help out with the actual project they graduate within a year,” Recchia

said. “We spend half our time each semester trying to recruit new people just to keep it going.”

The original plan was to put a natural eatery in the empty space on the top floor of the University Center, but dining services already had the space reserved for what is now Windows Cafe. This led HumSFC to modify their plan to a food truck.

“There is a demand for something like this,” Recchia said. “Just like at a place like CCAT (Campus Center for Appropriate Technology), people want to get their hands dirty and get paid to be a gardener. As long as people are eager for something like this they will come.”

HumSFC applied for Economic Fuel, a start up competition funded by local business supporters two years in a row. Much to their dismay they did not win and no money came through.

“Five to six of us basically spent our entire spring break putting a business plan together two years in a row,” Recchia said. “After the second time we tried for the Economic Fuel prize and didn’t get it we took a moment to analyze and strategize how we could better move forward. Now we are poised in a great spot.”

The group has held workshops, events and food giveaways to raise money for their idea. They had a gala dinner for HSU staff members, students and local farmers.

When the food collective had around 20 members they hosted a quinoa threshold workshop. Students harvested quinoa and then threshed it, which is the process of separating the grain from the plant.

So far, the food collective has raised \$15,000 in grants and donations for the truck.

Alicia Powell, who graduated in 2013, was a previous president of the food collective. Powell said their biggest obstacle was funding.

“If we had been able to raise the money you could be eating yummy, local, sustainable food on campus by now,” Powell said. “I don’t ever want to bash dining services but I think since I had to

be on the campus for 12 hours I would love to get some organic, cheap food.”

Like many students who come to HSU, Kelly has worked to improve the types of food that go into her body. For Kelly it is important to eat wholesome food. Sometimes on-campus dining services do not heed to her nutritious desires.

“I lived in the dorms and can clearly remember that for finals week my first semester up here, The J had all fried food,” Kelly said. “It did not seem like food that would fuel my brain.”

Recchia said it is easier for a group of students to get together and start a food truck that caters to the small amount of students with a more particular diet than dining services.

“It is on a more feasible scale than radically shifting everything everyone knows to be the food at Humboldt,” Recchia said. “I’m sure a lot of students come to HSU with the classic American diet. Dining services have to cater to those people. They’re locked into distributing contracts with Sysco operations.”

Ron Rudebock, director of dining services, helped the food collective with their idea a few years ago. He said he would be glad to be a resource for them.

“Any major metropolitan area has been rich with food trucks and the creativity behind them has been unreal,” Rudebock said. “Up here it is more challenging because of the population base and the financial base.”

Rudebock said HSU dining services is a non-profit, revenue-generated business. It does not have adequate finances to adhere to every diverse diet of 8,500 students, though they are aware of the challenge. HSU changed their eggs to cage-free eggs in 2010 because of student response.

“It’s great the students were interested in doing something instead of complaining,” Rudebock said.

In 2012, HSU ranked seventh out of the most vegan friendly colleges in the U.S. according to peta2, the youth animal rights program at People for the Ethical

cal Treatment of Animals (PETA). Kelly said being gluten-free was a trend when she was a freshman and Recchia explained the industrial food system is behind the times.

“I’m sure they deserve that, but HumSFC can be the group on campus that can respond more quickly to changing student demands more easily than HSU dining services,” Recchia said.

Kelly said not only is creating a small business part of being a good community member, but for people who hope to stay in Humboldt County they are most likely required to have an entrepreneurial mindset.

“I know there are a lot of students here that wish to stay after they graduate, but jobs are limited. Having a successful business model and implementing it on campus is a beautiful way for students to gain skills to do something like this,” Kelly said.

Alicia Abrego, an ecological restoration major, is one of the seven group members of HumSFC today. She said a food truck is a way to offer sustainable, local food and reach out to students.

“It’s kind of a way to be like, ‘We’re not alone, we can do this,’” Abrego said.

The food collective is beginning their efforts of obtaining a small business license with a business naming competition. They are asking students to join their efforts and send witty names that reflect their goal of bringing better food to HSU.

“We’re on the forefront and we’re just going to be the group on campus to strive to make dining services that much better,” Kelly said. “I know we can at least get a food truck by December 2015, and if we do that then I am definitely going to stick around here and make the business part of it happen.”

If you want to be in the business-naming competition or are interested in joining HumSFC, send your ideas and inquiries to info@humsfc.org.

❖ A blossoming business ❖

Humboldt’s first cider company has a grander opening than expected

Community | by Michael Roccaforte

A new watering hole has opened its doors. Local drinkers crammed in line for up to 30 minutes to taste Eureka’s freshest addition.

Humboldt Cider Company held the grand opening for its tasting room on Valentine’s Day 2015. It was founded by Darren Cartledge, Michelle Cartledge and Jamie Ashdon.

The team was well prepared and loaded with multiple tons of locally sourced apples by fall 2014. Humboldt’s first cider company opened its bright red building at the Redwood Acres fairgrounds in Eureka, California.

“The cider is fabulous. It’s nice to have something new in the neighborhood,” Dave Hayes, 49, of Eureka said.

Humboldt Cider Company keeps a variety of flavors on hand. They also have a tap with non-alcoholic apple juice for the young ones who tag along with their parents. The ciders feature different apples that yield different flavor profiles. The founders

ferment many combos of fruit juices. They do not limit themselves to the apple.

“I’m having the pineapple,” Hayes said.

Heather Legg, 38, of Eureka was drinking the “Sierra Beauty” cider. The name references the kind of apples in the batch.

“I’m gluten-free. I’m allergic to wheat,” Legg said. “I’m really excited about having a cider company that’s local.”

The wheat content in beer creates a problem for gluten-free dieters. Cider is also a choice that is less filling than beer, regardless of dietary restrictions.

The buzz that circulated the opening of the tasting room brought in waves of customers throughout the day.

“We knew it was going to be busy just by the social media interaction,” Darren Cartledge, the 38-year-old co-founder, said. “It’s doubled what we thought it was going to be, maybe even more. It’s madness actually.”

Cartledge also owns The Local Beer Bar in Eureka. He said



Darren Cartledge (left), Michelle Cartledge (middle) and Jamie Ashdon founded Humboldt Cider Company after raising almost \$38,000 on Kickstarter.com | Provided by Humboldt Cider Company



The Humboldt Cider Company tasting room is located at Redwood Acres Fairground in Eureka, California. | Provided by Humboldt Cider Company



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he wanted a cider company before he opened The Local, but he did not know how to make the good stuff. When he saw the demand for cider at The Local, he started running more experiments on it with his friends who grow apples in Hoopa, California.

Murmurs about a cider company started popping up in late 2014. At that time the founders had only planned to sell kegs to

other businesses. Kickstarter.com, a website that is open to funding from the public, made a dramatic change to their business plan.

“Without the Kickstarter we wouldn’t have the tasting room,” Cartledge said. “We wouldn’t be having this day.”

The Kickstarter campaign raised almost \$38,000 in 45 days. People who came to the grand opening were excited to

see this plan come full circle. The names who donated to the Kickstarter are drawn onto “The Founder’s Wall” next to the bar.

“We couldn’t have done it without them, honestly,” Cartledge said. “It would have taken so much longer to get where we’re at, and we’re forever grateful.”

Michael Roccaforte may be contacted at thejack@humboldt.edu

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Sweet potatoes never seemed so good

Community | by Katelyn Roudebush

I love sweet potatoes but like many of you, have only eaten them on Thanksgiving smothered in an excessive amount of marshmallows and brown sugar. Not too long ago I was feeling creative and decided to make simple mashed sweet potatoes. The next morning as I opened my fridge a giant tub of leftovers was staring back at me so I decided there was only one thing I could do: make sweet potato pancakes.

- Ingredients:
- Leftover mashed sweet potatoes
 - Salt & pepper for taste
 - One or two eggs
 - A little bit of flour
 - Cinnamon for taste
 - 2 Tbs. of vegetable oil (canola works fine)

Pre-step: When making the mashed sweet potatoes add milk (coconut or soy is also fine), butter, salt, pepper, brown sugar or whatever you prefer. These will add more flavor to your pancake.

1. Scoop the mashed sweet potatoes into a large mixing bowl. Depending on how much you have leftover, add one or two eggs. Whisk, adding a pinch of flour at a time to the bowl until the mixture thickens and resembles pancake batter.
 2. For extra flavor sprinkle a little cinnamon and add a pinch of salt to the batter.
 3. Next, heat the oil over medium flame in a small frying pan. Once the oil is hot add the pancakes one at a time letting each side cook for a minute or until golden brown.
 4. As soon as you take the pancakes from the oil place on a plate lined with paper towels to soak up the extra oil. Eat immediately.
- Serve with a side of eggs and bacon or eat them alone. If you want to make the pancakes even sweeter, top with powdered sugar or maple syrup. Enjoy.

Katelyn Roudebush may be contacted at thejack@humboldt.edu



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Surrounded by music and
fascinated by rhythm

Eugene Novotney playing a drumset in 1968. | Photo provided by Eugene Novotney

continued from page one

world by playing percussion for some national touring acts.

"My first professional employment was playing percussion with Florence Henderson and Jim Nabors," Novotney said. "They were TV stars who were also singers, so it was a funny situation to find myself in, but it was still a professional gig with a high musical standard."

That gig opened even more doors for Novotney. He went on to play percussion for "A Chorus Line," a famous Broadway musical in New York City.

"While playing with 'A Chorus Line' I realized I was happiest when I was in a creative environment that allowed me to pursue my music," Novotney said.

Novotney decided his creativity was encouraged most when he was in an academic environment so he pursued a career at a university.

"Even though my first dream was to be a professional performer, when I achieved that dream I realized I would be happier in an academic environment because the academic environment gave me unlimited freedom for my creativity without the limitations of the commercial world," Novotney said.

Novotney does not think of himself working at HSU, but instead as one continuation of his desire to be a musician. Novotney loves the university environment, the stimulation and the community. After 50 years, he still identifies as a musician rather than a professor.

"I often tell people that if we were to sit next to each other in an airplane and started talking and you would ask me what I do I would answer, 'I'm a musician,'" Novotney said. "If you ask me where I work then I would tell you, 'as a professor at Humboldt State.'"

For Novotney, music is an art form and not a trend. He agrees that throughout the history of

civilization all peoples have decided that music is important enough to keep around.

"I find value in music and I'm not alone. That's what's kept me going," Novotney said.

He believes being a teacher in the arts means to inspire somebody to find their own creativity.

Niamh Mercer, 21, a music performance major, has been a student of Novotney for four years. Not only is he her profes-

day," Novotney said. "I feel that any type of recognition is not synonymous with closure, it's exactly the opposite. More than anything it inspires me to remain vital."

As a young musician in high school, Novotney had the opportunity to perform with William D. Revelli, a music conductor. Before an important performance Revelli said something to the group that Novotney has never forgotten; "You are only as good as your last performance."

"I think that music, just like teaching, is not a field where you rest on your success. So if anything recognition just brings a sense of purpose that you must continue to do what you believe in," Novotney said. "And even more than you must, but that you actually have a responsibility to continue."

As a piece of advice for music majors and musician hopefuls, he says that a career in the arts is not a race but an endurance test. It is

not about achieving something quick, but to achieve something that creates value and is sustainable for a long period of time.

"The rewards you get as an artist never come quick, but you can be sure that when rewards come it is never for something you just thought of or did yesterday, genuinely and always, always, they come for something you've been doing a long time," Novotney said.

After being a professor at HSU for 30 years, Novotney believes that staying at a job for so long is done by doing something you love.

"I still get the same feelings from music that I had way back when I was five years old," Novotney said. "There is not much else that I was doing at five that I still enjoy today."

"Even though my first dream was to be a professional performer, when I achieved that dream I realized I would be happier in an academic environment"

— Eugene Novotney, 54

sor but also her academic advisor.

"One piece of advice that Eugene has given is that the hardest part of music and life are transitions. He has said this countless times and it always rings true," Mercer said. "What I've taken from Eugene's advice is to have a solid foundation from which to build upon whether in life or in music, and to prepare yourself by having a diverse amount of knowledge and skill."

Novotney has been recognized over the years with many awards. In 2006 he received the Wang Family Excellence Award from the California State University Trustees for his contributions and achievements in his academic discipline. In 2013 he advanced to the quarter-finals of the Grammy's National Music Educator Award.

"It's obviously really rewarding to be recognized, but I'm still just coming to work every-

Berenice Ceja may be contacted at
thejack@humboldt.edu

An optimistic opening

Track & Field take and make their marks

Campus | by Tyler Coley

While couples went out on their Valentine's dates last Saturday one couple, Kate Earle and Teigan Eilers, spent the day breaking school records, starting off another season of track and field for the Humboldt State Lumberjacks.

The whole team, totaling 90 athletes, broke in their season with some inner team and community competition at the Green and Gold meet at Redwood Bowl. With the pre-spring sun out it made for a pleasant day of jumping, running and throwing.

One of the major highlights of the day was the marks Earle, 22, biological grad student put up in multiple events. The senior grad student's main event is the Heptathlon. This event is a composition of seven events which include 100-meter hurdles, 200-meter dash, 800-meter dash, long jump, high jump, javelin and shot put.

"I feel great, (my jump) was 19 feet; it was a school record." Earle said after her long jump. "It was originally 18'11 so I beat it by about an inch, it's a great way to start the season."

The 19-foot mark is also the National Collegiate Athletic Association provisional qualifying mark. Earle later met the provisional mark for the high jump clearing 5'6", placing her second in the HSU all time records.

"I love coming out here, busting my butt every day, coming to a meet and showing that I worked hard." Earle said. "It's reaffirming to me, it makes everyday worth it when you come here to train."

Earle also ran a 12.44 in the 100-meter dash placing her at fifth place on the HSU all time record along with a 14.71 in the 100-meter hurdles. This record placed her at second in HSU history.

Earle's boyfriend, Teigan Eilers, a kinesiology major, recently came off a season of redshirting. When an athlete

redshirts a season they are on the team and allowed to practice, however, the athlete is not allowed to be a part of any events. Eilers focused on

a similar event, the decathlon, a compilation of 10 events.

"Right now my first step is to break the school record and then hit the national qual-

ifying mark. "[I] got to do that before I can do anything," Eilers said.

Senior and physical therapy major Fred Rosser's, 22, focus is the 400-meter hurdles. Along with Eilers, he also looks forward to going to nationals again this year for his last season of track at HSU.

"I made it to nationals last year, made 17th place, it was a really good experience," Rosser said. "I'm hoping to go back there and make top eight, if not number one."

Senior and criminology major, Viet Duong, 23, is also in his final season. He is one of the top 10 hammer throwers to come through HSU. The events he throws in are the shot put, discus, and javelin.

"What I love about throwing is seeing objects fly as far as they can and then exploding when they land," Duong said. "Hard work and dedica-

tion will always show."

With this first team track meet under their belt the Jacks are prepared to train hard in preparation for a successful season.

"My coach used to say success is always overshadowed by hard work, so you put in the gym and throw out here, success should follow right after," Duong said. "Everybody's working hard, pushing ourselves, hopefully we'll gain some points in conference and try to make it to nationals."

The next home meet will be Saturday Feb 28 at the Redwood Bowl. It will be the last meet held locally for the rest of the season.

Tyler Coley may be contacted at thejack@humboldt.edu



Mia Owens jumps a hurdle during the steeple chase race. | Louis Ramirez



James Hollard lands in the long jump pit. | Louis Ramirez



Viet Duong winds up during the hammer throw at the Green and Gold Meet on Sat. Feb. 14th. | Louis Ramirez

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EDITORIAL

College students hear it all the time: “Manage your time well!” “Don’t procrastinate!”

“There’s no way you can get this all done the night before!”

Some students take it as a personal challenge to continue being as lazy as possible, waiting until the last moment to finish a project or paper.

As journalism students, regardless of our personal motivation, we have come face-to-face with the value of good planning of our educational goals, both short term and long term.

Most journalism courses focus on projects with less emphasis on tests and more hands-on application of the skills we are learning. These require commitment to a schedule, whether it is planning when to shoot video or figuring out when your interviewees are free to sit down with you. This teaches us to better assess the time given for a task. We learn to jump on opportunities lest we run out of time.

This paper is produced as part of a class graded pass or no pass. The stories you read were not given a grade. It is the student staff that reviews them before publication. This allows us much more freedom and gives us much more responsibility. If we miss a story deadline, the quality of the paper is at stake.

Whether or not everything goes as planned we still want to do our best to serve our readers to the best of our ability. This week we hope to have done just that.

The Lumberjack Submission Policy

Send Submissions to The Lumberjack at
thejack@humboldt.edu

Include “Attn: Opinion” in the subject line for submissions.

Guest Columns may not exceed 750 words.

New contributors may be given preference over returning contributors.

Include your name, telephone number, city of residence and affiliation with relevant campus or community organizations

HSU Students: please provide major or class standing.

We also welcome cartoons, spoof articles and other items

Send letters to the editor to
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Include “Attn: Letter” in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

All submissions must be received by 4 p.m. the Friday preceding publication.

All letters and columns may be edited for grammar, spelling and clarity.

We reserve the right to edit pieces that contain libel, slander, hate or discriminatory speech and pieces that may incite violence

Mission Statement

The Lumberjack is a student-run newspaper that reports on the campus and community. We strive to report with accuracy, honesty and originality. We hold ourselves accountable for errors in our reporting. We invite all readers to participate.

This is your newspaper.
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The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published on Wednesdays during the school year. Views and contents of The Lumberjack are those of the author and not necessarily those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-third majority opinion of the editorial staff. Opinions expressed in editorial content and columns are not necessarily those of Humboldt State University. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students or Humboldt State University.

Down with General Education

Campus | by Ciara Emery

There used to be a time when university students could have multiple majors or multiple minors and still be able to graduate on time. Nowadays that is just not possible.

The amount of general education requirements are ridiculously high at the college level. This is not only costing us time and money but also our sanity as students.

Take the physics major as an example. When you add the amount of GE classes to the required major classes you are left with zero extra units for another major or minor. In fact, the scheduling is so tight that the probability of a physics major graduating on time is close to zero.

The most common argument for GE requirements is that they make you a more well rounded person. However, it is important to realize that freedom to participate in multiple disciplines would make students just as well rounded. Only having the ability to learn one subject at the college level does not give a

person exposure to new ideas.

Additionally, certain required classes have some of the highest fail rates. Biology 104 is a general biology class on campus for non-science majors and it is an example of one of these courses. The class is full of people like myself; arts, humanities, and social sciences majors who would rather be anywhere else.

The biology course is three days a week with two lectures and one lab. The amount of terminology is overwhelming and students are often left wondering how the information is going to help them later on in life. When observing the class it is immediately apparent that no one is invested in what their professor is saying.

And why should we be invested?

Even biologists who get sick have go to the doctor. Photosynthesis is not going to help you get a commission to pay the bills. Being able to name the animal kingdom is useless if you are running your own office supply busi-

ness. Knowing all the terms associated with cell division will get you nowhere in the writing process of your next fantasy novel.

People are paying to take classes that have no immediate function in their job path and they are severely uninterested. These kinds of general requirements should be covered more extensively in K-12 education. By the time you get to college you would have a better understanding of your interests and have more time to pursue them.

Since it may take a while for this solution to become a reality you can try and look for a bright side while your brain is getting fried in biology. At least you have better facts to use when debating your grandmother about evolution.

Ciara Emery may be contacted at thejack@humboldt.edu

Love Horoscope 16 - 22 February, 2015

Aries
You keep things platonic during the first half of the week, and keep to yourself later in the week, not unleashing your passionate side until the weekend. If attached, plan for time with your partner then. If single, watch out for major sparks.

Taurus
You crave more freedom than usual during the first half of the week, especially in your relationships, so you prefer some time on your own and away from your loved ones. During the second half of the week, you can be more responsible with them.

Gemini
You feel quite passionate to start the week, and want to spend time getting closer to your loved ones and improving the bonds between you. If attached, dig deep into your partner. If single, don't settle for artificial, superficial, or one-dimensional.

Cancer
You can focus on your relationships during the first half of the week, spending more one-on-one time with your loved ones and supporting them with their problems. If attached, really listen to your partner. If single, go for someone who treats you with respect.

Leo
During the week, you want to be with loved ones, not liking being alone as much. You feel good with loved ones, and they give you the confidence that you need. If attached, give your partner more attention. If single, let your charm do the talking.

Virgo
You start the week in a playful, affectionate mood. If single, let them come to you. During the second half of the week you become more serious about your relationships. If attached, let out your passionate side with your partner over the weekend.

Libra
You want to enjoy the love you have in your life during the first half of the week, and be romantic and affectionate. If single, you're flirtier than usual. Over the weekend, you take things more seriously, and want to show how committed you are.

Scorpio
Later in the week, you want to focus on love, and if attached, you're romantic and affectionate with your partner. If single, you try to keep things casual and not take love too seriously, wanting to enjoy it.

Sagittarius
Over the weekend, you want to have some fun, especially in love. If in a relationship, plan for a fun date night with your partner, and go big. If single, be sociable, put yourself out there, and see who comes to you.

Capricorn
You want to get the attention in your relationships, and get support and encouragement from your loved ones this week. You don't have much time to focus on them, but could use some of their help.

Aquarius
You're more intellectual when it comes to love this week, and want to talk things over with loved ones, connecting mentally. If single, you crave a mental connection, especially later in the week.

Pisces
You're a little sensitive and vulnerable with loved ones during the first half of the week, and need them to be gentle with you. You have more strength later in the week, and can wear your heart on



Community | by Ahmed Al-Sakkaf

Most international students from around the world who come to study in the U.S. get a sort of culture shock. For some, the culture shock is mild but for others it is severe. Mine was severe.

I grew up in a typical Yemeni family in the city of Sana'a where talking about sex topics is a huge NO-NO. Homosexuality is also a huge taboo back home.

My first American shock occurred when I arrived at the airport and saw couples kiss in public. Back home emotional expressions between couples is considered something that should be kept private. However, in the seven months I have been here I have come to accept and respect public displays of affection.

When I rode on my first American bus I heard a young man and a female friend of his talking about how a friend of theirs was hooking up with another friend last night after a "ratchet" party. I first wondered what do they mean by "ratchet"? How dare they talk about this topic, I thought.

Having a dog as a pet was also a great shock for me as pets, especially dogs, are not appreciated in Yemen. Seeing a lady kiss her dog was weird and nauseating for me as someone who comes from a part of the world where dogs are only found homeless in the backstreets of neighborhoods.

The most shocking thing for me since I came to the U.S. was learning that not only is homosexuality legal but that it is also acceptable in day to day life. In Yemen, homosexuality is illegal and not socially acceptable between its people as well as the people of the Middle East.

We live in a world full of differences, where everything is objective and nothing is 100 percent right nor 100 percent wrong. We just need to respect and accept the differences between all the cultures of the world.

Ahmed Al-Sakkaf may be contacted at thejack@humboldt.edu

Where is this?



This photo was taken somewhere on the Humboldt State campus. Do you know where? Email your answer to thejack@humboldt.edu with the subject "ATTN: Where is this?"

Last issue's photo was taken outside near the Science A building.

Last Issue's winners

Where Is This?
Raymond Yu

Stumping Lumberjacks
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Stumping Lumberjacks
Weekly Brain Teaser

By Ian Bradley

Compiled by Javier Rojas



Use the image to guess the word or phrase. Pay attention to the size and position of the clues (top/bottom/left/right), repetition, direction (up/down/backwards/forwards), and the style.
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Winners get a \$5 gift certificate from Arcata Scoop. Winners can pick up their prize in our of- fice located in Gist Hall 227.

Trivia Questions

- 1) Where did Eugene Novotney grow up?
- 2) Where will the African American Center for Academic Excellence (AACAE) be located?
- 3) What events did Viet Duong participate in at the Green and Gold open?

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Thursday, Feb.19 – Monday, Feb. 23

Thursday, February 19

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Free

Zap Mama with Antibalas

Collaborating for the first time ever, the pioneering vocalist Zap Mama and Brooklyn-based band Antibalas come together to celebrate the evolution of contemporary African music. From Afrobeat to Afro-pop, Zap Mama offers a crazy kaleidoscope of sound encompassing everything from Pygmy dialects to urban French jazz and hip hop, while Antibalas effortlessly fuses Afrobeat with New York City Latin funk and traditional drumming of Cuba and West Africa.

Thursday: 8:00 p.m.
Van Duzer Theater
Admission: \$35 / \$10 HSU student

Friday, February 20

HSU Film Showcase

HSU filmmakers get their first audience while the public has its first opportunity ever to see new student films at the HSU Film Showcase, on Friday, Feb. 20 at 7 p.m. in the Van Duzer Theatre. Come out and support your fellow students!

Friday: 7:00 p.m.
Van Duzer Theater
Free

Saturday, February 21

International Cultural Festival

Join Humboldt State for the International Cultural Festival, an opportunity for people from various cultures and backgrounds to come together and celebrate diversity. The festival features food, art, dancing, music and displays from around the world.

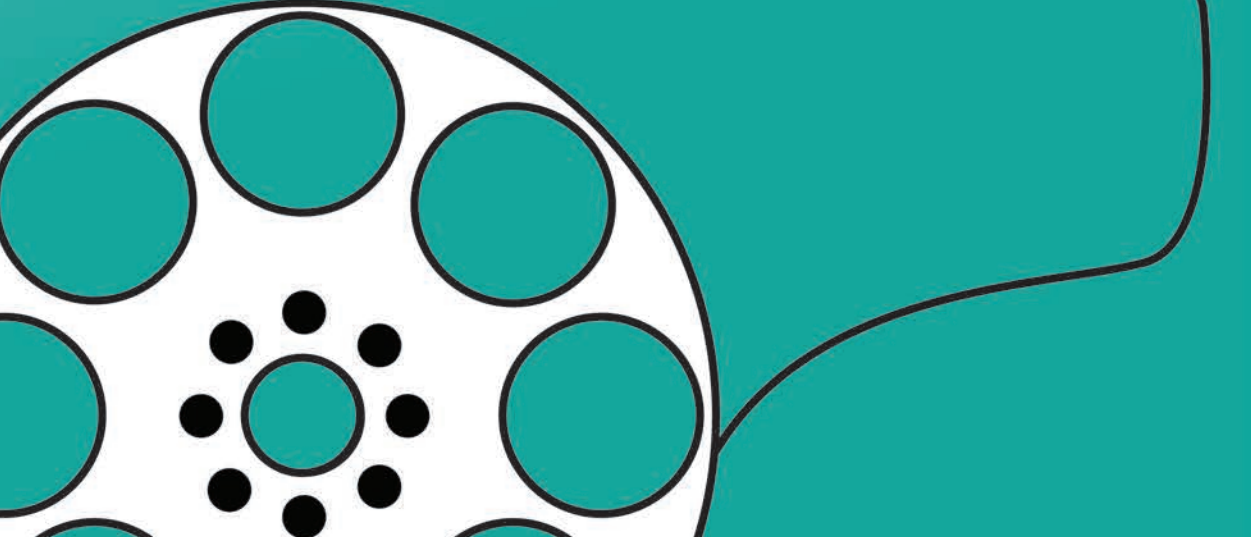
Saturday: 1:00 - 5:00 p.m.
Kate Buchanan Room
Free

Sunday, February 22

Mad River Girls Fastpitch Softball Association

The Mad River Girls Fastpitch Softball Association is hosting its annual assessment Sunday, Feb. 22, 2015 at Humboldt State University. The season's registration closes Saturday, Feb. 28. Assessment for individuals 10-years-old and under begins at 10:30 a.m. Ages 12 and over begin at noon and ages 14-16 begin at 1:30 p.m.

Sunday: 10 a.m. - 3 p.m.
HSU Field House



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