# THE LUMBERJACK

Serving the Humboldt State campus and community since 1929

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# A grand opening

Green and Gold open kicks off track and field season

Track & Field

by Javier Rojas

On Saturday afternoon at Redwood Bowl, dozens of track and field athletes assembled in the pouring rain, dressed in short shorts and thin mesh uniforms to compete for local bragging rights and a spot on the bus.

The Green & Gold Open is an annual event, where Humboldt State track and field athletes demonstrate their potential and shake off preseason jitters. The competition is not organized by the California Collegiate Athletic Association.

Teammates compete against each other, nearby colleges, alumni and a few standouts from Humboldt County high schools. College of the Redwoods and Oregon Institute of Technology also participated this year.

"The kids run hard and a lot of times it serves as an indicator of who's going to travel because we only have so many spots on the bus and that will round out our trav-

eling team," head track and field coach Scott Pesch said.

For 22-year-old Viet Duong, the season opener means months of training and hard work finally coming into play. Duong is a freshman and has already started off on a good note. He won the shot put competition with a throw of 44 feet and placed second in the discus event. Duong has many expectations for himself this season but he is focused on one particular goal.

"To finally break the school record of 53 feet at shot put," Duong said. "This is just the beginning of what I hope is a great season."

On the women's side of the shot put competition, freshman Ashley Ross had a very solid performance for her first event. Ross placed fourth in the shot put event with her best mark of nearly 30 feet. The communication major said she was eager to get the season started.

"It's been long awaited and I want to place high in the CCAA standing this season," Ross said.

See Green and Gold on page 11



HSU high jumper Dominique Pearson soars over the bar. | Sebastian Hedberg



See page 12 for Instant beach party: just add water

### Word on the street:

What is your opinion on online classes?



Erik Daniels, 20, Environmental Science

"Online classes are a bit of an excuse for regular classes because they give the opportunity to get the credits without getting the full hands-on learning experience."

Andres Alcocer, 20, Anthropology

"I kind of don't like them. I like one-on-one with professors. When they put stuff online it could get confusing and you don't know what homework to do or if you need help you can't just go to the professor."



Mika Samoy, 19. Environmental Science

"I think online classes could be the same as sitting classes just depending on the class."

Christopher Orelllana, 19, Biology

"Certain classes should be online. If it's a math class, i think it's kind of hard because some people like to learn and discuss how to do a problem and solve an equation. I dont think you can do a chem class online or anything else like that."



See HSU Online classes expand on page 8

### **Real education on incarceration**

Sociology club to host Criminal Justice Dialogue

Campus hy Caledonia Gerner

The prison industrial complex is one way to look at the criminal justice system. Instead of being an institution that solely protects the public, it is being used to create a profit for private companies.

Humboldt State sociology professor Renee Byrd emphasized the importance of being aware and sharing knowledge about the criminal justice system and the increase of incarceration in the past couple of decades.

"We have moved from incarcerating 300,000 people in the U.S. to incarcerating 2.3 million," Byrd said. "I think students and other people can help spread awareness first by learning as much as they can and then sharing that with family and with friends."

family and with friends."

Kelsey Reedy, head of the sociology club, is in charge of setting up the Criminal Justice System Dialogue from March 5 through 7 on campus. This free event will be held in the Goodwin Forum by day and Native Forum at night. The

theme of this event is grassroots resistance to the prison Industrial complex.

Grassroots resistance is when groups and communities work together starting at the root of an idea or problem and work to create change.

The point of this dialogue is to look at alternatives to incarceration such as group therapy and a reevaluation of the types of people put into the prison system.

One of the activities that will be included at the event is a "know your rights training." This will inform people on what they do and do not have the power to do when it comes to police interaction.

"I want our community and student body to be aware of the criminal justice system and that there is another way to look at it," Reedy said.

Many people in the U.S. think the criminal justice system protects society, while criminals are bad people that should be locked away. These statements assume all criminals are the same, but there are substantial differences between a teenager who steals

See Criminal justice on page 4

WEATHER

















INSIDE STORIES

 A melting pot for government jobs pg. 5  Public mural program paints for progress pg. 6 • Bringing global issues home pg. 9

### Papua New Guinea

There was an outbreak of violence at a center on Manus Island in the Pacific Ocean where Australia houses refugees seeking asylum to their country. One person is reported to have died and at least 70 others have been injured. This facility was investigated by the U.N. and found the refugees were imprisoned on this island against their will and kept in poor living conditions.

In Ukraine's escalating conflict, at least 13 people died on Tuesday including seven demonstrators and six policemen. The riots started when protesters demanded more European integration and the resignation of President Viktor Yanukovych. Police used stun grenades and water cannons against protesters, and there were reports of civilians killed by gunshots. Protesters were reported using rocks, bats and fire bombs.

### /enezueld

Venezuelan opposition leader Leopoldo Lopez turned himself in on Tuesday claiming, "I have nothing to hide." Lopez is charged with murder and terrorism which he denies. Lopez and his fellow supporters reject current leader Nicolas Maduro, who took over for the deceased leader Hugo Chavez, accusing him of crime, corruption and product shortages.



### South Sudan

Rebel forces in Southern Sudan attacked and attempted to take control of the oil town Malakal. The town which was at one point mostly controlled by the rebels is now under governmental forces control. Both sides had agreed to a ceasefire on Jan. 23, but both have accused each other of breaking the cease fire.

Multiple car bombs detonated across the country including five in the capital city of Baghdad. At least 26 people died and 53 were injured, and the previous day 23 were killed and 94 were injured from explosions in Baghdad. There have been 470 people killed from clashes this month and 1,450 since the start of the

Compiled and written by Israel LeFrak

Sources: The Independent, The Guardian, World Socialist Web Site, Al Jazeera



Compiled and written by Israel LeFrak

Green check mark on a building. Officer determined that it wasn't vandalism, it was construction paper with a Facebook link. I hate when people post crap on my wall.

Juvenile female intoxicated in a room that was not hers. Go get drunk in your own crib.

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February 14 03: 10 Male subject yelling in forest.

He was heard saying, "If you keep barking, I'm going to start bit-

February 15 07:39 Proof Valentine's Day is a scam.

A loud argument between a couple was mediated.

Out-of-town driver stopped for driving in the wrong direction on a one way street. 3.30 They knew the driver was from out of town because their car had no bumper stickers, no dogs riding shotgun and the simple fact that they weren't riding a yak.

Female subject attempting to control traffic became argumentative February 17 07:53 with officers when contacted. A woman is never wrong.



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### Reward offered in case of poisoned dog A \$2,500 reward is being ulant found in rat baits. The poison-

offered for information that helps catch the person/s responsible for the death of a 10-year-old Labrador mix named Nxyo. The dog was found poisoned in Blue Lake on Feb. 2.

According to a Times-Standard article, Nxyo's owner, Mourad Gabriel, said that the dog was heard barking in the backyard during the evening, but it was not necessarily of any concern. The dog was let of back into the house and was found in the morning having seizures.

Nyxo was brought to a veterinarian in Arcata where the doctor was unable to save him. a necropsy performed at UC Davis found that the dog had been poisoned by concentrated brodifacoum, an anticoag-

ing is considered to be highly suspicious for multiple reasons. The dog vomited up red meat that was not fed to him by his owner. Furthermore, Gabriel is currently conducting a study on the effects brodifacoum poisoning on local wildlife as a

result of the poison's use in large-scale outdoor marijuana grows in the region.

"The evidence strongly The Times-Standard said that suggests that this malicious poisoning is tied to Gabriel's research," Jonathan Evans, toxics and endangered species campaign director at the

Single-use plastic bags eliminated from campus



Center of Biological Diversity said in a press release. "If that is true we condemn the use of violence to silence any scientist, researcher, or citizen whose work aims to conserve wildlife."

Open Daily at Noon!





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by March.

Friday Feb. 21st



**Missing Links Records Presents** Soul Night 9:00pm \$5

Saturday Feb. 22

**Tuesday Feb.25th Cribbage Tournament** 7:00pm \$5

Hillstomp Arann Harrís 9:30pm \$10 facebook WWW.HumBrews



HSU is following in the footsteps of the city of Arcata, which voted to phase out plastic bag sales last December. That ordinance

ership as a sustainable campus."

universities in the nation to fully eliminate sin-

gle-use plastic bags on campus. The process

of phasing out the bags, which began at the

beginning of February, will be fully enacted

prove our community, and [am] committed to

taking steps here on campus to minimize our

impact on the environment," HSU President

Rollin Richmond said in a press release. "This

is the latest example of Humboldt State's lead-

"I am proud of our students' work to im-

HSU has become one of a small handful of will be in full effect this August, with local retailers charging 10 cents for each paper bag used. The charge will be the same on campus for paper bags. As in local stores, small paper bags will be available free of charge. Both ordinances are intended to motivate consumers to make the switch to reusable shopping bags. According to the press release, a study conducted at HSU named the "Arcata Plastic Bag Project" showed that Arcata residents used 3 to 5 million single-use plastic bags annually. Approximately 12 million barrels of oil are required to manufacture the bags used by Amer-

Compiled and written by Karl Holappa

icans every year.

# Administration considers success fee

Sonoma State University

by Katie McDonagh & Kayla Galloway - Sonoma State Star

Published: Tuesday, January 28, 2014

Provost Andrew Rogerson and President Ruben Armiñana are heading ongoing university-wide discussions to explore the introduction of an Academic Success fee, which could be implemented as early as fall 2014.

The fee would be classified as a Category II, campus-based mandatory fee and would only be used for academic purposes such as increasing class availability, improving both academic and career advising, and introducing scholarship opportunities. Rogerson said class availability measures, such as hiring more faculty and opening more class sections for bottleneck courses, is his topmost pri-

Though both Rogerson and Armiñana insist the fee is not set in stone and is contingent on university discussions, both have used an estimate of \$250 a semester – or \$500 a year – as a placeholder. According to Rogerson, this would amount to \$4.2 million extra a year to go toward academics.

"More students should graduate between four to five years," said Rogerson, adding that the fee would guarantee a reduction of the time it takes to graduate. "Although \$2,000 extra sounds like a lot for students, [they] are going to save money compared to the \$18,000 [they] spend staying an extra year at Sonoma State."

This potential fee increase comes off the heels ents. of Governor Jerry Brown's budget proposal for the 2014-15 fiscal year. His budget provides \$2.47 billion for the California State University, a 6.3 percent increase from last year. It also promises no visible tuition increases. But it fell short of the \$2.6 billion the CSU had requested in November.

"The CSU is unable, from a funding perspective, to provide enough classes for [students]," said Armiñana. "And I don't see that changing in the next couple of years."

Armiñana told the STAR he did not believe the fee would drive out cultural diversity, calling the theory "an empty argument" that "has never proven to be true."

"If a small change [in tuition] gives you the number and type of classes needed to graduate in four years or so and saves you another semester or year, the savings to the student would be about \$17,000 a year or more," he said. "That would be an incentive for all the students, including those from diverse backgrounds, to attend SSU. We might even become more attractive to all students who want to move on with their careers."

However, Susan Gutierrez, director of Financial Aid at Sonoma State, said the fee increase would not be covered by student loans alone.

"We don't have other programs that would step in to cover that fee," said Gutierrez. "Because the loans that are available to students in their own name only cover the cost of a CSU education (\$5,472 for full-time undergraduates), the maximum amount a student could take for an academic year would not increase."

She did say that parents with PLUS loans – loans meant to cover education expenses up to the cost of attendance minus all other financial assistance - would be eligible to take out more money, since mandatory campus-based fees are considered when Financial Aid sets a maximum loan amount for par-

Rogerson acknowledged the lack of financial aid coverage for students unable to utilize parent PLUS loans as a disadvantage of the fee.

"This will be painful to some students," he told the Associated Students Senate last Friday. "It will hurt some students more than others. But if they're

getting out with a faster degree, [one] could argue it offsets [that extra cost]."

Rogerson said he has had multiple discussions about the fee with students and faculty since November 2013. He hopes to host on-campus discussions, such as town hall meetings, to get as much student input as possible.

"Associated Students is thinking about how to engage students in this conversation," said Director of Associated Students Erik Dickson. The Associated Students will devote time to discuss the subject at their next open meeting this Friday.

Under California State University Executive Order 1054, there are two ways in which Armiñana, with the help of the Campus Fee Advisory Committee, may implement this fee. The preferred method of CSU is by referendum via campus-wide vote, such as the vote to build the Student Center. The second method would be an alternative consultation, requiring Armiñana to seek a representative sample of students to make the decision.

Both Armiñana and Rogerson said each process would be transparent, inviting all students to provide feedback. They added, however, that referendums tend to have a low turnout of students, implying it was not the best option.

They also plan to release a "white sheet" to the public in the near future, which would document exactly where the proposed money would go. This would occur before the decision of whether or not to implement the fee would be reached.

> This article was provided by the Sonoma State Star through the California Student News Organization - a student run news wire

### Campus waits for success fee decision

by Claudia Jambor - Sonoma State Star Published: Tuesday, February 18, 2014

The white sheet outlining the proposed Academic Success Fee, which was last estimated at \$250 a semester to and would ensure more classon to Sonoma State Universi- Beach to discuss the fee. ty President Ruben Armiñana last weekend. Armiñana, Pro- been released to the public. Chief Financial Officer Larry Furukawa-Schlereth met to the public if administrawith CSU Chancellor Timothy

es, was completed and passed P. White on Monday in Long

The white sheet has not vost Andrew Rogerson and Rogerson said that the white sheet will only be released tion chooses to proceed with alternative consultation, in which Armiñana would meet with a representative sample of the campus as well as the Fee Advisory Committee. Otherwise, discussion of the fee will be dropped altogeth-

Susan Gutierrez, director of Financial Aid at Sonoma State University, calculated if the fee is implemented, an increase of 6.9 percent would result on current total registration fees.

This article was provided by the Sonoma State Star through the California Student News Organization a student run news wire service.

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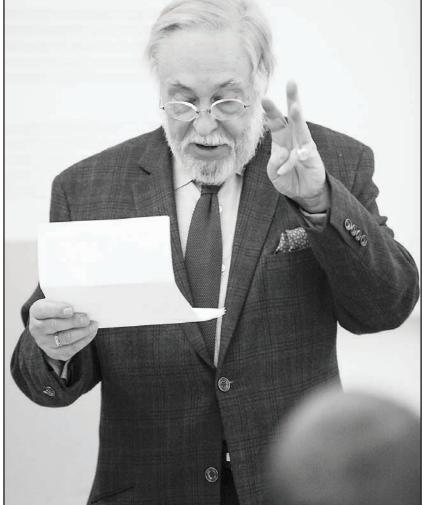
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[Sonoma State] President Ruben Armiñana visited the STAR to discuss various issues, including the possible fee | Photo by Connor Gibson | Provided by Sonoma State Star

UPDATE: If approved, Fullerton, San Diego State, Dominguez Hills and Sonoma State would make a total of 13 of 23 CSU campuses to implement these fees. Known as a Student Success Fee, Category II fee, Student Success Initiative or the initial Mandatory Materials, Services and Facilities Fee, the Executive Orders come from the Chancellor's Office and are traceable as far back as EO # 1035, implemented on June 26, 2008.

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# Community to discuss alternatives to current prison system

Continued from page 1

some food and a man who murders.

"Everything that we know is built on a single voice, and there are so many views out there," Reedy said. "This will give you a reality of the judicial system but it will also give you hope that we do have alternatives, that there are other stories."

There are many people from the community that are coming to speak about their impact and knowledge on the criminal justice system at this event. Some of the speakers include William Damiano, chief of probation for Humboldt County, Sasha Marini from Teen Court, Gary Sokolow, College of the Redwoods Administration of Justice Department Pro-

fessor, and a panel of previously incarcerated people that will share their stories.

Alina Randall is a graduate sociology student

Even if you think this event has nothing to do with you, there is something you can see and benefit from.

—Alina Randall Sociology

> and member of the sociology club. Randall said there were many reasons students and community members should come to this event.

"Even if you think this event has nothing to do with you, there is something you can see and benefit from," Randall said.

Randall feels it is hard to find opportunities to learn about the criminal justice system, and because of that people form opinions based on what they see in the media. She also mentioned most people do not know the crime rate is going down, or what crimes people are actually getting locked up for.

The criminal justice system affects lots of people in the U.S. right now and this event will help raise awareness on aspects of the criminal justice system many people may not know about.

"I think there are a lot of misconceptions about the criminal justice system," Randall said. "This will give students a chance to get to know other students affected by the criminal justice system, you will learn more about your peers."

Caledonia Gerner may be contacted at the jack@humboldt.edu

# Plasticware to aspenware

### New utensils to prevent waste

Campus

### by Madi C. Whaley

The Depot and the College Creek Marketplace switched from disposable plasticware to Aspenware wooden utensils this semester. A collaboration between last year's environmental science Capstone Seminar students, Facilities Management, and Dining, led to the decision to switch over.

The Humboldt State environmental science Capstone Seminar asks environmental science seniors to work together in a pseudo-professional setting. They researched alternatives to previously used plastic utensils and presented the information to Facilities Management and Housing. Housing made the final decision to use Aspenware.

Students seem to have mixed reactions toward the switch in utensils. Nineteen-year-old kinesiology major Megan Lombardo has found faults in Aspenware.

"I don't like the taste of wood in my mouth when I'm eating food," Lombardo said. "They're compostable, but they're not easily reusable. I used to reuse the plastic ones."

While not everyone seems satisfied, 18-year-old forestry major Jensen Green welcomes the change.

"I think it's a good idea," Green said.
"I also think they should use bamboo or other composting [materials]."

Facilities Management Sustainability Director Tall Chief Comet acknowledges there have been complaints about the spoons not being deep enough. Comet said this change was made in an effort to further HSU's mission to protect the environment.

"Although [the utensils] may only be used once or may not have a really long lifespan, at least they're materials that could either be recycled or decompose quickly instead of being in a landfill for in theory hundreds of years," Comet said.

According to Comet these products are more expensive than the plastic utensils, however from an ecological standpoint the environmental benefits seem to outweigh the costs.

"If you also look at the associated environmen-



Biodegradable Aspenware utensils have replaced plastic cutlery. | Rebekah Staub

tal impacts of petroleum extraction and manufacturing, those environmental costs are much higher than trying to use something like a renewable resource wood product," Comet said.

Aspenware composts in about 45-60 days. It is

composed mainly of Canada logging companies' waste woods from aspen, poplar and birch trees according to Comet. These trees reseed and grow quickly and are grown in British Columbia, Canada, the same place that Aspenware is produced.

There are other compostable materials like potato and bamboo being used for disposable utensils, however Aspenware posed as the best option in the eyes of Dining, Facilities Management, and the Capstone students.

"The other products that would be a competitor to this product are made out of materials that are technically compostable, but require a high-heat composting process which we're not likely to encounter up in this area," Comet said. "It involves a lot more time and energy inputs, either from hotter sun conditions, or from actually introducing heat into the process for them to break down."

Dining Services Director Ron Rudebock explains the price differences between the plasticware and Aspenware.

"The Aspenware comes in a case with 1,000 pieces and is about \$65 per case," Rudebock said. "The black plastic cutlery that we had been using was packed 24 sleeves of 40 per case and cost a little over \$32 per case."

Senior Communications Officer Paul Mann said the monetary costs HSU paid for plasticware may be lower, but Aspenware is still the more valuable option. Given the long-term environmental impacts of those products a monetary value cannot necessarily be attributed

"The unit costs associated with manufacturing are called by economists, 'economies of scale,'" Mann said. "With the manufacture of plastics, you can produce millions and millions and millions over a very short period of time ... and that's where you kind of gain economies of scale, but there are faults because they don't take into account the lifetime cost."

While the functionality of Aspenware is not preferable to all students, 18-year-old environmental resource engineering major Braden Nichols supports HSU in its efforts to be more environmentally-friendly.

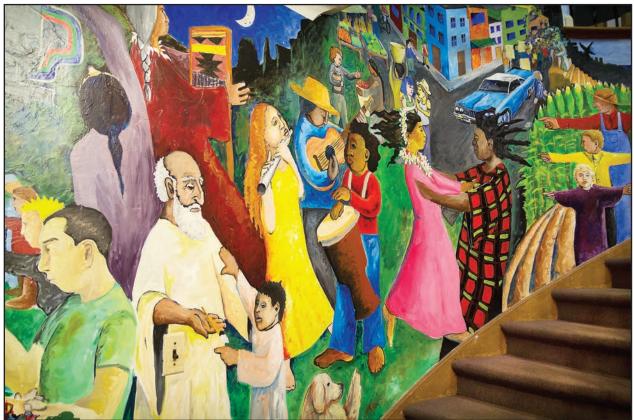
"I think it's cool, actually," Nichols said. "Some people might not, but I think that it's more eco-friendly."

Madi C. Whaley may be contacted at thejack@humboldt.edu

Wednesday, February 19, 2014 5

# A melting pot for government jobs

Multicultural Center to promote career opportunities



The Multicultural Center and the Black Student Union will help to promote Federal jobs available for students. I Manuel Orbegozo

I was definitely interested

in finding more information

about the opportunities that

are available.

Campus

by Tina Sampay

To help inform students about federal jobs and programs available for the summer, the

Multicultural Center is hosting an event on Feb. 27 in the Great Hall from 6 p.m. to 8 p.m.

According to a representative from the Multicultural Center, the Forest Service is coming to recruit Latino and African-American students to help diversify their program.

Stephen Thomas is a representative for the Forest Service who came to visit Humboldt State during a career fair held on Feb. 13.

"The U.S. Forest

Service is an equal-opportunity provider and employer that is funded through taxpayers dollars," Thomas said.

- Leanne Cohn

Wildlife

The Forest Service offers a variety of employment opportunities ranging from student programs, volunteer programs and full-time employment.

"I came up through the student program when I was a student at the University of Tennessee," Thomas said. "Afterwards I was able to attain a permanent position through the Forest Service and I am now a manager who helps students get jobs."

Some of the jobs that the Forest Service provides through the student summer program include: firefighter jobs, forestry techs, range aid, clerks, hydrologic aids, park rang-

ers, information receptionist, engineer equipment operators and many more.

There are also internship opportunities available that are not typical office jobs. Trees and nature would be the scenery during the Forest Service internship, and the Forest Service representative says it is one of the most rewarding and fulfilling experiences a student can have.

Leanne Cohn who is a third-year wildlife major seemed to be interested in the For-

est Service program.

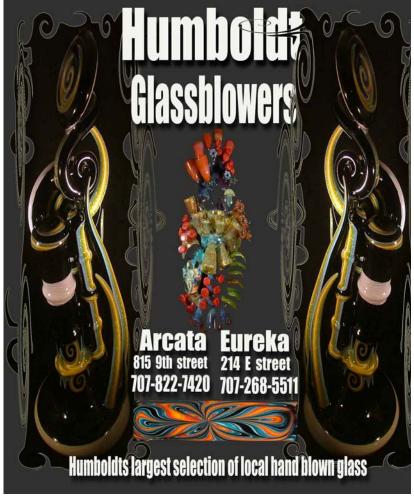
"I was definitely interested in finding more information about the opportunities that are available," Cohn said. "Also I wasn't pressured into bringing a resume or anything so that also helped me to make the decision on whether I wanted to go or not."

In order to qualify for the program students need a GPA of 2.0 or above, must currently be enrolled in an accredited school with a minimum of 6 units and must be eligible to work in the U.S.

Tina Sampay may be contacted at the jack@humboldt.edu

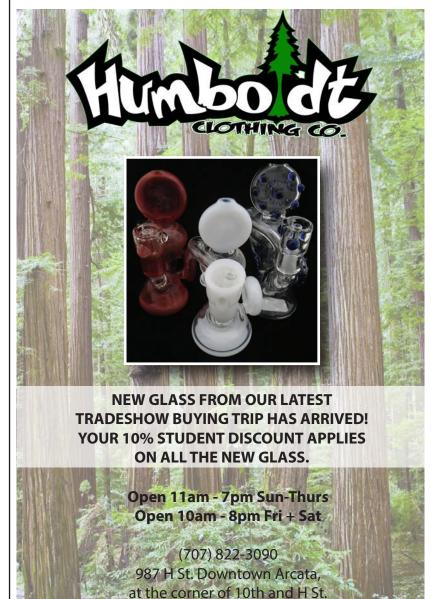
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# Public mural program paints for progress

Local youth bring color to Old Town Eureka



Local artist Duane Flatmo and students from the Rural Burl Mural Bureau have brightened up the gray walls of downtown Eureka. I Patrick Evans

<u>Community</u> by Henry Faust

Since 1994 the Rural Burl Mural Bureau has been brushing life into the forgotten walls of Old Town Eureka. The bureau is a class held for local youth who seek an artistic outlet through painting murals.

In association with the Ink People Center of the Arts, a Eureka-based nonprofit, the bureau's classes are intended for youth between the ages of 14 and 24. Although the program provides all the art materials and space, the students do a majority of the painting.

"Painting murals is quite the performance art, people are walking by and watching your artwork advance from nothing into something," said Kati Tex-

Local artist Duane Flatmo initially created the Mural Bureau as a redevelopment project for Old Town Eureka. The bureau aims to revitalize Eureka with public murals that create economic opportunities and eliminate graffiti.

The bureau has been dormant for the past year but plans to reopen in June for a new mural.

According to Texas, a typical public mural can cost between \$15,000 and \$25,000 if a professional muralist is hired. However, the bureau opts to paint murals for free.

"Not only are taggers less likely to paint on a wall that has art on it, but a lot of times it would be the taggers themselves working on the mural bureau projects," Texas said.

Students in the class receive some artistic instruction from Texas, but the bulk of their learning comes from hands-on painting.

Crowds often form around the students when they are painting murals. curiosity. He has fond memories of Texas said that the crowds allow shy students to overcome their social anxiety.

"Some of our artists tend to be more introverted people who dive into their sketchbook. They create art as a means to alleviate social anxiety," Texas said.

Even though the bureau was initially created to increase foot traffic and tourism, it has provided a means for many of the artistically inspired individuals in the community to apply their creativity.

"I could pretty much guarantee if you see a mural going up in Humboldt, one of the Mural Bureau painters had something to do with it," Texas said.

The mural at the Cypress Grove Chevre is currently being restored by a former bureau student, Lucas Thornton, a painter and Eureka native.

Thornton joined the Bureau when he was fifteen years old, and left the program seven years later. He noted that local kids sometimes have a hard time finding their niche.

The program, Thornton said, was meant to be an uplifting class for troubled youth who could rediscover themselves through painting.

"A lot of people are scared to give up a steady paycheck in order to pursue art. I think you gotta just step into the hot water and go for it," Thornton said.

Thornton joined the bureau out of

the program's more controversial murals, called Inharmonious.

Arevalo described the Inharmonious mural as a collaborative project where each student drew their favorite cartoon characters and they were collected into one long comic strip.

> Arevalo explained that the mural was named Inharmonious because a few folks in Old Town Eureka objected to the mural design, claiming it was inconsistent with Eureka's Victorian-seaport village theme.

> Arevalo is currently working on mural commissions in Vancouver, British Columbia. He graduated from Humboldt State in 2008 as a studio art major.

> "I still get comments about the murals from people. I still hear peo ple talking about how fun it is to see the murals, and how they brighten people's days," Arevalo said.

Whether they were painting giant squid or giraffe in tuxedos, Bureau members have made a mark in their community.

"There's a future in mural painting. I got to have a painting that will hopefully last longer than I will, and people will continue to enjoy. Maybe some other young kid will see me painting and say, 'Wow, I can do that,'" Thornton said.

> Henry Faust may be contacted at thejack@humboldt.edu

### Sometimes I just wanted to hang out and paint all day, and sometimes we did.

 Lucas Thornton Eureka muralist

> time well spent painting murals in his teenage years.

> "Hanging out with friends, painting, laughing and listening to good music. Two hours a day for two times a week was almost not enough. Sometimes I just wanted to hang out and paint all day, and sometimes we did," Thornton

> Former bureau student, Willoughby Arevalo, can recall working on one of

### 16<sup>th</sup> Annual **International Latino** Film Festival

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(Movies shown in Spanish with English subtitles)

Cost: Tickets \$6/students & seniors \$10/ adults.

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# Building from the ground-up

### Summer program offers unique learning experience for students

Campus

by Madi C. Whaley

Camille Penny never thought about eating a chicken foot. But one day during a lunch break from Practivistas Dominicana, a native Dominican worker offered her one.

"Oh my god, this is really happening," Penny recalls thinking. "I have no idea what to do with it — I'm totally out of my element."

This is not an unusual day for Practivistas volunteers. The program gives students a chance to experience new cultures and introduce sustainable technologies to communities that need them.

Volunteers work on projects like building schoolrooms out of plastic bottles and broken tile, creating rainwater catchments to make water more easily accessible, and generating solar power.

Practivistas Dominicana is a program directed by environmental resource engineering professor Lonny Grafman. For six weeks, stuto meet with Grafman and the Humboldt State students. Then, a larger community meeting takes place.

According to Grafman, these meetings numbered around 70 to 80 people last year. These meetings are where the brainstorming starts to happen.

"What are our top needs?" Grafman asks. "What are our top resources? We get those up on the board, and then we start prioritizing. We start looking for needs and resources that can combine well with what our talents are."

It is hard work from there on out. Students attend school at UNIBE, taking sustainable technology and Spanish classes a few days a week and work on these construction projects the other days. While it may be tough, the students who participate find it deeply rewarding.

"The experience was overwhelming," Penny says. "It was just an incredibly intense constant, full-immersion experience into a language and a culture, an environment, and a

HSU student Camille Penny and Las Malvinas builder Gregorio Cruz Espinal take part in building a local pharmacy with the "HullKrete" blocks they helped invent. I Provided by Lonny Grafman

dents stay with host families around UNIBE, a university in the Dominican Republic where they attend school, all the while working with the local community on green building proj-

Penny, a two-time veteran of the Practivistas, explains the start-from-scratch approach that they take to their projects.

"We're service learning — we have no clue what the project is when we get there," Penny said. "We don't know how to do it once we find out what it is. So, we're on the ground working with local community members."

Members do not arrive in the Dominican Republic with a set plan. They meet the locals and decide how to best introduce green technologies that solve a specific problem facing the community.

Grafman works in collaboration with Dominican Colectivo Revark architects, UNIBE University, and Juntos de Vecinos to make Prictivistas projects a reality.

Grafman explained the process of creating projects with the local Dominican community. Juntos de Vecinos, a community group that functions like a city council, is the first

learning style that was pretty much complete-

The cultural barriers pose as an extra challenge for all members of the project, but the goals are realized nonetheless.

"[Communicating] was hilarious — it was like constant charades and pantomiming," Penny said. "Everybody's really helpful and you get by, and I learned what I needed to learn really fast, just to get the job done and get my point across. And everybody's so warm and good-natured that there's endless amounts of patience and as long as you keep a smile on your face, it's fun."

Ultimately, the challenges and triumphs prompt growth in those involved.

"I learn new things that I couldn't have even predicted," Grafman says. "The main thing is a reaffirmation that community is coming together, and this breaking down [of] silos of academia and community, for sure gets the most learning and the most impact."

> Madi C. Whaley may be contacted at thejack@humboldt.edu







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# Online classes expanded at HSU

A new offering of elearning opportunities

### Campus

### by Natalya Estrada

The hardest part about being a college student is getting out of bed early enough to make it to class on time.

Humboldt State now offers improved online classes which, according to Geoff Cain of the College of eLearning & Extended Education at HSU, represent a major expansion of classes.

Cain, the director of academic technology, reviewed surveys from 1,600 students on why they opt for online classes and he explained that the reason students like online courses is because of schedule flexibility. Online classes are also praised for their environmental benefits.

"Fuel economy is one thing students tend to like about online classes, and many students hate looking for parking on campus,"

An online class does more than provide 24-hour access to a class. Cain is certain that classes online can be more affordable too.

"There's Biology 102L, which is one of the first completely online biology classes," Cain said. "This class uses openly licensed textbooks which allow students to forgo buying textbooks, saving paper by using a completely free online version instead. Students also save money on printing because all of their assignments are turned in online."

Students have mixed feelings about doing classes online. Anthropology major Elaine Lockwood thinks that the courses are helpful, but they also cause a lot of stress. Lockwood said, "I don't know if anyone else has this problem, but sometimes I forget I have that class."

Lockwood still believes that the classes were convenient and flexible, however she expressed that it was easier to procrastinate especially when she couldn't remember when the deadlines for class were.

Conversely, history major Mitchell Dail said that online courses were classes he was looking forward to when he works toward his teaching credentials.

"It's simple. It's easier than going to class and taking notes because you can take as much time as you need to work everything out," Dail said. "I don't have to wait in a class for an hour or so, and if I want to get ahead of the game, online classes are a good way

Three of HSU's online courses won awards

from the California State University Chancellor and are part of the Quality Online Learning and Teaching Program (QOLT). With this, faculty members and instructional designers for the courses are evaluated to provide guidance and feedback to the instructors. The QOLT Program was developed to recognize and share exemplary practices in CSU hybrid and online courses.

Cain is confident in the new online programs because of what he calls "superior customer service" that both students and faculty receive from the HSU Moodle Office, which is run by Bill Bateman.

In addition to running Moodle for regular courses, Bateman and his team are available to answer any questions from students and faculty regarding every course that requires Moodle. Recently they have expanded their help to matters involving online courses. Students have the option of calling, emailing or dropping by the Moodle Office, which is on the third floor of the library in room 315, to

"We help 100 percent of our students and faculty," Bateman said, "and if we don't know the answer we know who to send them to."

Bateman said online classes are often more labor and resource intensive and they require people to use the correct software and web browsers if they want their work to function properly online.

"If you're a Mac user, I'd say always use Firefox because Safari doesn't always work on Moodle," Bateman said. He also said students and professors may have a more difficult time connecting with each other because most of the time, there is no face-to-face interaction between them and that causes a block because everything is done online.

"They come to us, or we go to them to help with problems," Bateman said.

He added that Moodle is the Local Network Service for HSU and will always be available for both students and instructors in case serious online problems occur. Bateman is confident that online courses will not be a significant problem for anyone and encourages everyone to get help from the Moodle Office when courses are not working.

"We've been down 45 minutes in the last three years," Bateman said.

> Natalva Estrada may be contacted at thejack@humboldt.edu













Wednesday, February 19, 2014

# Bringing global issues home

Films show beauty exists beyond controversy



Moss grows on a tree branch in the woods near the HSU campus. | Patrick Evans

### Campus

### by Robin March

The California Legacy Project's new films depict privileged views of nature. Through detailed shots of salamanders, berries, and trees flourishing in lush pine beds, it hopes to create a loving bond from humankind to nature that promotes conservation and protection.

David Scheerer, a film professor at Humboldt State has worked with the California Legacy Project (CLP) to create five documentaries focused on different ecological ranges and natural environments in the state. Each one showcases the beauty of a different region of California: the coastal redwood forests, Point Reyes Regional Preserve, the Anza Borrego Desert, the Los Angeles Basin and Baldwin Hills, and the Lassen Volcano.

Scheerer wishes to inspire viewers and help them become more aware of the various ecological ranges dispersed throughout California. He hopes to cause a rise to action in the fight against glob-

al warming. With high definition cameras, an original soundtrack, and narration by Jane Fonda, Scheerer believes that his films will offer audiences a look at California's natural beauties that they may have never seen before.

CLP is a multimedia organization that is specializing their talents to create a new form of environmental education. The films use high-definition cameras to capture rich visuals and use storytelling woven within the scenes in hopes that nature's elegance will inspire viewers to seek environmentally friendly

"The mission is to create films that would make people want to see these places themselves," Scheerer, who directed the films, said. "We want to compel people emotionally."

Scheerer says that the main motivation of the films he worked on for CLP as well as other projects is to show the planet's beauty in its natural way. The scenes of filaments twirling individually in sync

atop starfish skin allow viewers to reconnect with a piece of nature they may have forgotten existed.

CLP and Scheerer aim to remind humans that they are connected to the natural phenomenons constantly surrounding them.

CLP showcased two of their 30-minute documentaries Feb. 12 in the Van Duzer Theatre. The audience was transported from their seats to the lost-world-like forest at the tops of the coastal redwood trees and to the tropical kelp forests dancing beneath the waves of the Points Reyes Regional Preserve.

HSU already has a large group of students who seek reconnection with nature. With nearly two dozen environmental clubs on campus, many students, faculty and community members involved already have an appreciation of the natural beauty they find blessed to have surrounding them.

> Robin March may be contacted at thejack@humboldt.edu



Majestic forests are just within reach of HSU students. | Patrick Evans

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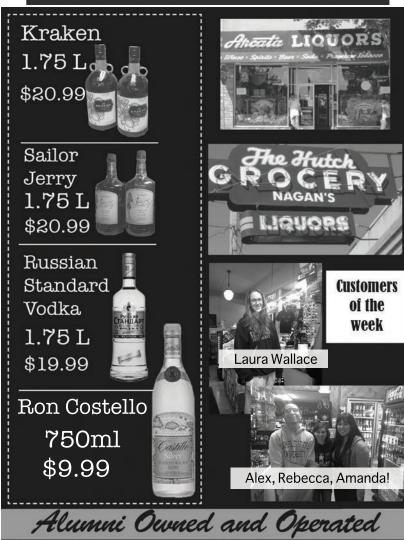
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# Seoul searching on the court

HSU basketball player finds new identity in America



Shing found her mother's Olympic experience to be interesting once she grew up. I Manuel Orbegozc

### Women's Basketball

### by Katelyn Roudebush

Growing up in the capital city of Seoul, South Korea, Jae Young Shin was known as the daughter of Hwa Soon Kim, a silver medalist in the 1984 Olympic Games for the national women's basketball team. Today, she is known simply as the starting shooting guard for the Humboldt State Lumberjacks and fits the mold of a typical college student.

Although people often ask Shin what living in her mother's shadow is like, she does not see it that way.

"I think it's awesome to be known as Kim's daughter, not everyone has an olympian as a mother," Shin said.

Her mother's passion for the sport ignited Shin's own desire to play competitive basketball. So in 2005, Shin moved with her mother and sister to America — putting tension on her family life.

Kim moved Jae Young Shin and her older sister Jae Eun Shin to Bellevue, Wash. to provide her daughters with a better education and a more competitive basketball environment. They planned to live in America for one year while their father, Yong Hoon Shin, stayed behind to work in Korea and support his family.

"My mom and dad never separated, but they had to separate, that was the hardest part for my family," Jae Young Shin said. "It was the biggest sacrifice my parents made for us."

During her impressionable teenage years in the United States, Jae Young Shin absorbed American culture and developed a taste for action movies and Starbucks coffee.

HSU teammate and close friend Ashlynn Cox caught on to Shin's coffee addiction and finds it an amusing part of her personality.

"She's really obsessed, she drives to Starbucks every day," Cox said.

While playing basketball in her home country, Shin was required to cut her hair into a tight, uniform bowl cut, the traditional style of Korean female athletes. Now the 21-year-old junior's hair bounces up and down the court in the form of a long, light brown ponytail.

As a child, Shin's mother coached her in bas-

ketball and instilled a dedication for the sport.

"It was really all about my mom, she coached me when I was young," Shin said. "Being around her got me to play."

Although Shin's mother taught her to play basketball at an early age, not all Korean schools in Seoul offer basketball programs. She transferred to a school with a basketball team in the 4th grade.

As a child, her family lived on the 12th floor of a high-rise apartment building which she referred to as a house because she said there are no traditional houses in Seoul. Her family still lives there today.

Being away from her family, especially her father, is difficult for her. Shin lost her grandmother and grandfather while she was away. Shin, her mother and her sister were unable to fly home for the funerals.

"I wasn't able to go back. School, basketball, visa, all of that held me from going," Shin said. "It was really hard for us."

Although it was difficult being away from home, she continued exploring her passion by playing four years of basketball at Mercer Island high school in Washington.

During her senior year, Shin was nominated for the McDonald's All American Game in 2011. The game consists of 20 players chosen from around the United States based on talent. Although Shin was not chosen, she said the consideration was still an honor.

After high school, the 5-foot-7 inch guard, attended the University of Louisiana Monroe where she played Division I basketball. But after two years of sitting on the bench Shin felt like Louisiana wasn't the place for her.

"I wanted to play more, I was the 6th person on the bench and I only played 13 minutes a game," she said.

After hearing about HSU from her former high school teammates Catie Richards and Kayla Williams, she knew it was the right school.

HSU women's head basketball coach, Joddie Gleason explained that because Shin was in Louisiana, they watched film of her playing rather than a live tryout. They were so impressed, they offered her a scholarship.

"She's been great," Gleason said. "She's

very nurturing and warm and reaches out to the younger teammates."

Transferring from a Division I school to Humboldt gave her good experience, but was not as different as she expected.

"Division I is a lot bigger, taller, faster," Shin said. "But our league is very competitive, so there's not that big of a difference."

Cox said that at first Shin was quiet, but that the more the team got to know her, the more she opened up. She described her as being focused, determined and passionate.

"When she gets interested in something and focuses on it she learns everything about it," Cox said. "She's very observant."

Cox explained that although Shin is from South Korea she knows more about American culture than the girls on the team and is always willing to answer any questions anyone has about her own culture.

Shin may have bonded with her team members but she still deals with homesickness. Last year Shin's mother and sister moved back to South Korea, leaving her alone in the United States

"It sucks, especially after a good game when all my teammates walk out with their families and I'm alone," Shin said.

Last summer she returned to Seoul for a family visit. But when she returned, the place she once called home felt unfamiliar.

"When I went back it felt odd because I felt like I didn't belong anymore," Shin said.

Although she no longer has family in the United States, her teammates are filling the void.

"I consider the team my family, they are always there to take care of me," she said.

Shin becomes a senior next year, but the mild-mannered young woman from Seoul, who loves the Fast & the Furious series and Starbucks coffee hasn't decided where to call home after graduation.

"I have a difficult time with planning my future," Shin said. "I don't know if I want to go back and play or stay in the states, but one thing I do know is I don't want to stop playing basketball until I am fully ready to."

Katelyn Roudebush may be contacted at thejack@humboldt.edu

Krivulka both placed first in the hammer and discus throws.

The track team also had its bright spots. Defending CCAA 400-meter champion Fred Rosser won the 400-meter with a time of 56.5 seconds and the 110-meter hurdles with a time of 15.8 seconds.

the 1600-meter race with a for the team's heptathletes. time of 5 minutes 23 seconds. The 21-year-old said the event begin competition at the Kim would be a sample of what the Duyst Invitational in Turlock on season would bring.

"I get to see how out of shape we are," Bath said. "I want to see us do well at con-

Chester O'Neal and Kaytee ference and since its my last season I'm just trying to go out and have fun."

The day ended with the 4x4 log relay, an HSU tradition where teams handoff large branches in place of track ba-

The first conference event of the season will be on Feb. Jessica Bath placed first in 28 at the Chico Multi-Event The remainder of the team will March 1.

> Javier Rojas may be contacted at thejack@humboldt.edu



HSU athlete Alyssabeth DeJerez launches a shot put. I Sebastian Hedberg

# **HSU** throwers dazzle coaches



Oregon Institute of Technology pole vaulter prepares for her attempt. | Sebastian Hedberg



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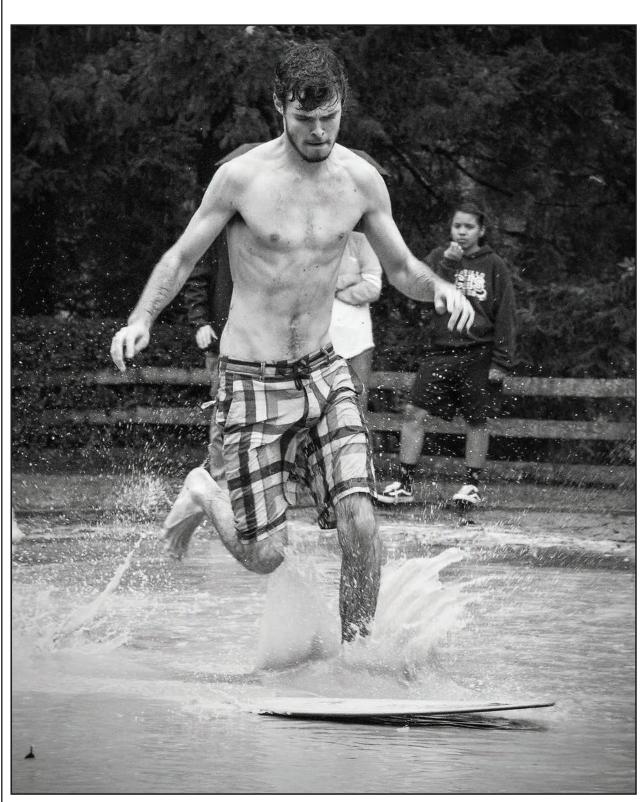
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### Instant beach party: just add water

Students get creative on a rainy day



Jack Ingram chases down his skimboard. I John Ferrara **Skimboarding** 

### by John Ferrara

While most students reached for their umbrellas on Thursday afternoon, a small group of friends changed into beach clothes and transformed the rain-soaked volleyball court near Redwood Hall into a spontaneous beach party.

Rain poured as the flatland surfers glided across the shallow waters on their skimboards while onlookers pumped their smartphones full blast to the tunes of legendary surf rocker Dick Dale.

"Man, we should have thought of that," passers-by said as they continued on their way.

Skimboards in hand, the thrill seekers lurched into the flooded sand pit and with a flick of the wrist they skipped their small, wooden boards across the surface water. Chasing closely behind,

they jumped, planted, swooshed and carved across the water as small wakes licked up behind them

With no official title, they jokingly refer to themselves as the "Humboldt Skimboard Club."

"I'm the club president ... starting today," skimboarder Jack Ingram said.

Defiant of airborne illness, they vowed to return for the next day.

Although the volleyball court remained empty Friday, it should be remembered that a group of HSU students took initiative, acted upon their rainy day boredom and did something special.

John Ferrara may be contacted at the jack@humboldt.edu

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# i el ENADOR





Why do you Check-it?

Photographs by: Stacey De Marcos

Artículo de fondo

# RISS y programas de inclusión y diversidad en HSU Su universidad, su voz

por: Adrian Barbuzza

Esfuerzos para crear un clima inclusivo entre los estudiantes de Humboldt State University, continúa expandiendo los planes de progreso este semestre.

La oficina de Retention Inclusion Student Services (RISS), localizada en el primer piso de Gist Hall, fue inaugurada a principios del año. RISS se enfoca en incluir y asegurar el éxito de estudiantes de color poco representados, con el objetivo de aumentar la tasa de retención y graduación. Grace Cardenas Leal fue nombrada directora de Centers for Academic Excellence en RISS hace un mes. Con 16 años experiencia en educación superior, Leal quiere ver cambios en las estadísticas de retención y el éxito académico para que los estudiantes se gradúen y tengan éxito en la vida.

RISS es parte de la reorganización que se enfoca en el éxito e inclusividad de estudiantes de todo culturas. Los programas creados por la RISS van a "RISS y Office of Diversity and Inclusion tiene un gol en común y es como mejor soportar una escuela diversa" ser centros de la excelencia académica, enfocados en las comunidades africano-americano, nativo americano, latina/latino americano, y asiática e islas del pacífico que ayudan académicamente con apoyo cultural.

Los estudiantes indocumentados no tienen una sede que los represente, ni tampoco un líder estudiantil o administrativo que los guíe. El club Finding Resources and Empowerment through Education a luchado para

conseguir y distribuir recursos para estos estudiantes desde el año 2012. F.R.E.E. pide que haya un coordinador, una sede segura, vivienda accesible, una página web que instruya a los estudiantes en el proceso de aplicación y links para recursos financieros.

continuado en pagina 15, lea Su Escuela, Su voz

### Nuestra Voz

Q: What does a border symbolize to you?



Casey Melligan, 24, EMP: Planning

"Borders are things that determine divisions of social construct."



Jessie Holtz, 21, EMP: Environmental Education and Interpretation

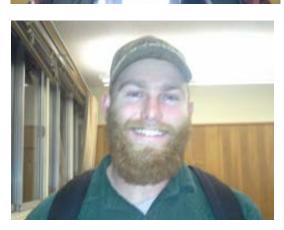
"Lack of freedom."



Check-it

Bystander intervention

Check-it volunteer chalking to spread the word before the big event this friday.





Compiled by: Elizabeth Soto

Kevin Grevenkamp, 21, EMP: Recreation

"The edge of something. Some sort of perimeter that outlines and or separates something from something else."

Miguel Angel Anaya, 23, Psychology

"A border symbolizes a wall, an obstacle between different classes. It is something difficult to cross but when done is a relief. Humans should just be seen as humans not seen by ethnicities or religion. Just as humans in order for there to be peace."



acey De Marcos Check-it volunteer photographing event logo around campus.

Photographs by: Stacey De Marcos

Check-it is a bystander consent event under the umbrella of the Consent Program. It's main goal is to create a consent oriented culture at HSU. The project has a facebook page where they are inviting all HSU students to get involved and share a picture or a short video on why they check-it.

Juan Samaniego, 22, history education major a volunteer for the movement believes that violence especially sexualized violence should not be present because it affects the future.

"I check-it because I have the opportunity of turning a negative into a positive picture," Samaniego said.

Samaniego also mentioned students should keep their eyes open for future events from Check-it.



### Trapos sucios de dictaduras maquiavélicas Del chavismo a la oposición con censura

por: Manuel J. Orbegozo

Cuenta la leyenda que en un intento de silenciar al cantautor chileno Víctor Jara, los militares le cortaron la lengua y le fracturaron los dedos. Fue entonces que entre burlas y desafíos, Jara, reconocido comunista y enemigo del régimen militar de Augusto Pinochet, fue obligado a cantar. Con la fuerza y rigor que caracterizaba su música e ideología, Jara logró entonar una melodía. Los militares, sorprendidos y vomitando espuma, optaron por acribillarlo a balazos, acabando así con su último hilo de voz, motor de su lucha contra la injusticia.

En los 27 años que duró el régimen militar en Chile, el dictador Pinochet tuvo como leitmotif acabar con cualquier revoltoso que insinuara una ideología contraria. Más de 3,000 personas fueron asesinadas, sin dejar de lado a los más de 40,000 civiles que fueron torturados inhumanamente en indiscutibles campos de concentración.

Algunos testimonios que dan prueba a la masacre vivida en América Latina vieron la luz una década después. Documentos como los "Archivos del Terror" en Paraguay, espeluznantes recuentos de las 50,000 asesinatos durante el régimen del dictador Adolfo Stroessner, demuestran que la violencia fue una imprescindible medida para asegurar el poder.

En estas dictaduras de antaño, promovidas por el imperialismo, se demuestra que la ambición desmesurada impulsó el delito contra la libertad de expresión y democracia, la violencia y la represión.

El nuevo milenio nos trajo una de las dictaduras izquierdistas más controversiales de todos los tiempos. En la última década hemos sido testigos de lo bueno, lo malo y lo feo de una dictadura de izquierda casi inquebrantable: El régimen de Hugo Chávez en Venezuela.

Chávez no fue tan malévolo como la prensa y los gobiernos capitalistas lo pintaron. El comandante fue capaz de reducir la pobreza absoluta de su país a un 70 porciento menos, aumentó el número de empleos y por primera vez

millones de venezolanos tuvieron acceso a un sistema de salud, según fuentes de Univisión Noticias.

Su gobierno fue relativamente bueno si se examina la reducción de desigualdad socioeconómica en el país. Durante 14 años el pueblo lo quiso ver en el poder, y el marzo pasado muchos lloraron su muerte. Esa es la verdad de lo bueno del gobierno de Chávez.

Pero también existió la injusticia. Masacres como los asesinatos de miembros de la oposición en Puente LLaguno y la matanza de la Plaza Altamira en 2002, son algunos de los sucesos violentos que ensuciaron las manos del dictador Chávez.

Existió el abuso de poder, la intimidación y hostigación política, pero sobretodo el atropello al derecho de libertad de expresión. Habiendo tomado las riendas del país tras la muerte de Chávez, Nicolás Maduro sigue cometido los graves errores del chavismo. En las últimas semanas, 11 diarios dejaron de imprimir por la restricción del papel, distintos medios de

comunicación como el canal NTN2 fueron sacados del aire durante las protestas contra Maduro por publicar evidencia de la arremetida contra los estudiantes y opositores.

Tiene sentido esperar esto de una dictadura militar. A menudo los opositores de un régimen autoritario son etiquetados como guerrilleros, fascistas y chupamedias de los imperios capitalistas. Son los enemigos del estado y conforman una amenaza considerada escoria politica. En estos casos se es nacionalista o traidor.

Si bien los apelativos pueden aplicar o no a los opositores, esto no justifica las torturas y crímenes de lesa humanidad contra ellos. Los verdugos se vuelven inquisidores, y los barrotes apresan una diversidad de opiniones necesarias para una democracia.

Pero aquí el charco más fangoso es el atentado contra el propio pueblo venezolano. ¿Cómo pudieron los autodenominados defensores del pueblo ordenar la ejecución tantos compatriotas? ¿Como pudo el chavismo olvidar por completo la frase de su mayor ejemplo a seguir, el "Libertador de América" Simón Bolívar, "Maldito el soldado que le dispara a su pueblo"?

No estamos lejos de la utopía que es el respeto a la vida. Sea o no una dictadura maquiavélica, existan o no opositores, el gobierno no puede caer en la tiranía de suprimir las opiniones o gustos opuestas de su grey, cometiendo crímenes y censurando voces en nombre de la paz y la democracia. Eso no es más que una falacia inescrupulosa que casi siempre queda impune.

Pero el mundo esta mal hecho y la injusticia es una insuficiencia de la vida. Con el tiempo esperemos ver a líderes latinoamericanos más tolerantes y equitativos. Hasta entonces, como dijo el poeta Cesar Vallejo, "Hay, hermanos, muchísimo que hacer".

Manuel J. Orbegozo puede ser contactado a: el-lenador@humboldt.edu

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# Mi cocina, mi sazón



### Ingredients

1 can sweetened condensed milk (label removed)

- 2 1/4 cups all-purpose flour
- 1/8 teaspoon kosher salt
- 1 cup unsalted butter, room temperature
- 1/2 cup fine granulated sugar
- 1 teaspoon pure vanilla extract



# ALFAJORES

### Instructions

- 1. In a large pot, fill with water to cover the can of sweetened condensed milk. Over high heat, bring to a boil Let simmer for 2 1/2 to 3 hours, making sure to add more water as necessary. Remove the can of dulce de leche from the water and let cool to room temperature.
- 2. Preheat oven to 350 F. In a medium bowl combine flour and salt. In a stand-up mixer cream together butter, sugar and vanilla extract for 3-4 minutes, mixture will turn light and fluffy. As mixer is going, add in flour and mix until combined. Shape into a disc, wrap in plastic and refrigerate for 30 minutes.
- 3. On a heavily floured surface, roll out the dough to 1/2-inch thickness. The dough will be a little sticky so be sure to flour your roller, too. Using a 1 1/2-inch round cutter, cut out shortbread cookies and place on baking sheet. Poke a series of three holes, using a fork, in the center of each cookie.
- 4. Transfer cookies to oven and bake for 12-15 minutes, or until edges are slightly golden brown. Let cool on wire rack. To assemble the sandwiches, open the can of dulce de lece. Lay half of the shortbread cookies bottom-side up. Spread about 1/2 teaspoon of dulce de leche on one half of the cookies. Top with the other half and lightly press down until you've gone through all the cookies.

Recipe Courtesy of www.acozykitchen.com

### Su universidad, su voz

Un equipo operativo para incluir y ayudar a estudiantes indocumentados fue creado como resultado de dos metas propuestas por FREE.

Este semestre, FREE está creando una pagina web con información para estudiantes indocumentados. Como resultado del equipo operativo, FREE va tener una oficina en RISS que va ser usada como una biblioteca.

Samuel Romero, miembro de FREE, dijo que aunque el club ya haya obtenido una biblioteca, y un sitio de web, FREE seguirá luchando conseguir más recursos como becas para estudiantes indocumentados.

RISS y la oficina de Diversity and Inclusion tiene como meta ser el soporte de un campus con diversidad. "Office of Diversity miran la diversidad, equidad inclusión aquí en la universidad," dijo directora Radha Webley. Los datos sobre la diversidad, equidad e inclusion que fueron recogidos durante tres años similares. ODI quiere integrar los resueltos para mejorar la experiencia para todo los estudiantes. Como tener mas diversidad entre profesores y facultad, de sobresalir y un campus inclusivo de la diversidad.

Un plan en progreso para apoyar al éxito académico de los estudiantes esta en la aplicación de HSU para ser un Hispanic Serving Institution. Con este título, HSU puede aplicar para una beca de HSI.

El proceso para volverse un HSI y recibir una beca tomará tiempo.

Los estudiantes Gema Quiroz-Torres, Dorian Romero y Lucina (need to check last name) van albergar un diálogo sobre HSI y lo que implica para HSU. Reserven las fechas 12 y 25 de marzo y el 10 de abril para participar la charla. En los otros dos discursos se en la voz de los estudiantes. La voz de los estudiantes colectada de los discursos lo van a presentar a ODI y RISS para que incorporen los deseos de los estudiantes en programas futuros.

En la primera parte del diálogo, los estudiantes piden tener la presencia de un representativo de ODI o RISS con la autoridad para hablar y responder preguntas sobre HSI. Los dos últimos diálogos se enfocará en presentar la voz estudiantil a la administración.

Aunque el lugar y el

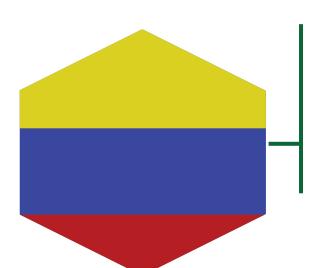
tiempo no estan definidos, los estudiantes pueden contactar al Multicultural Center para más información.

La preocupación de Quiroz-Torres es que la voz del estudiante no será escuchada. Estos diálogos dan oportunidad para que la voz de los estudiantes sea oída y tomada en cuenta en los planes para mejorar la experiencia en la universidad.

Adrian Barbuzza puede ser contactado a: el-lenador@humboldt.edu

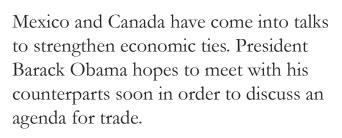
### Latinoamérica en las noticias

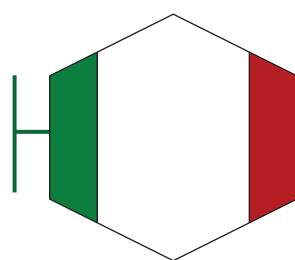
### Colombia



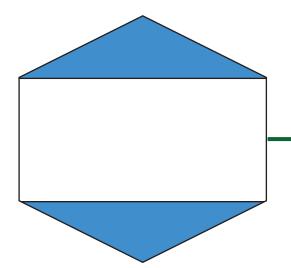
A full investigation has gone underway in Columbia after it was discovered that numerous amounts of corruption has taken place within the army. Evidence of army leaders accepting bribes in the form of currency have been brought to light by taped phone calls. President Juan Manuel Santos is outraged by the recent events and promises that justice will be served.

### Mexico



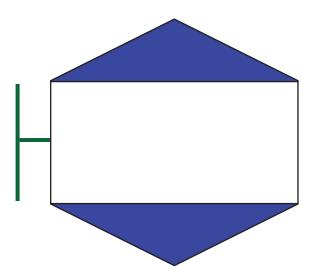


### Honduras



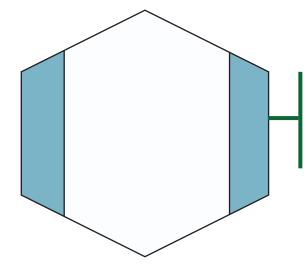
Honduras has failed on the investigation of ongoing killings known as land battles in rural areas. Police account depict little visits to the crime scene and hardly any type of questioning has been present.

### El Salvador



El Salvador is set to open voting booths on Sunday with anxious civilians waiting to their ballot. The polls seem to be a tight race between Salvador Sanchez Ceren and Antonio Saca.

### Guatemala



Leopoldo Lopez has turned himself him in

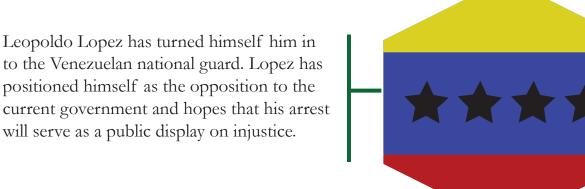
to the Venezuelan national guard. Lopez has positioned himself as the opposition to the

will serve as a public display on injustice.

Eight people were slaughtered in Villa Nueva, Guatemala on Feb. 18. Police have reported that the culprits had fled on motorcycles.



Venezuela



dvnkjdf bklcvm,

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### **Upcoming Events** FEBRUARY- MARCH

### Q-Fest: Audre Lorde, The **Berlin Years**

Wed, Feb 19th 6-9:00pm @ GH 218

Check-it Launch Party Fri, Feb 21th 8-12:00pm @, **KBR** 

### **International Cultural Festival**

Sat, Feb 23rd 1:00pm @ Karshner Lounge/KBR

React to Film Who is Dayani Cristal Wed, Feb 26th 7-9:00pm @ GH 218

### Exploring Careers in U.S. Government

Thurs, Feb 27th 6-8:00pm (a) Great Hall

Women's Herstory Month Sat, Mar 1st-Mon, Mar 31st

Celebracion Latina Mon, Mar 3rd-Fri, Mar 7th

Celebracion Latina Keynote Mon, Mar 3rd 5-8:00pm @ **KBR** 

**Celebracion Latina** Workshop Wed, Mar 5th 5-8:00pm @ **KBR** 

BSU: Hip-Hop for change: Remember, Resist, Recreate Thurs and Fri, March 27th Guest Speaker Dr. Halifu Osumare

and Jasiri X

Wednesday, February 19, 2014

Up here in the northwestern United States we are proud of our coastline. It has a divine combination of rocky and sandy beaches, the scenic view is unmatched. It houses a variety of majestic sea and land-dwelling creatures. Also it will soon hold the training and weapon testing of our nation's Navy ...?

On March 6 in Eureka, the Navy will hold a meeting to discuss its impending plans to set up camp along the northwest coast of the United States. They will be doing so to start a five-year Northwest Training and Testing program.

The plan the Navy has created is to help America defend itself against enemies and protect the nation's freedom. Though we at The Lumberjack believe in our country keeping up to date with defense, we do not agree with training on our coast.

The meeting on March 6 will go over the Navy's plans for its five-year stay and 2,000 page Environmental Impact Statement about possible environmental damage. After the meeting the Navy will leave public discussion and comments open about the issue until March 25.

We here at The Lumberjack are curious how long this information has been available to the public. Is the public expected to digest 2,000 pages of potential environ- mental harm before a deadline of a little over a month? If the public is able get in-

formed and respond with comment, what will haptheir comments?

The Navy has set up a website, nwtteis. com, that gives the

public a link to the Environmental Impact Statement. It discusses the Navy's plans on the coast and it gives the public a place to comment.

website The is informative, but in a vague way. The Navy wants to help conserve and protect the environment, but they do not actually say how. The only example they talk about is keeping an eye out for sea life, trying to avoid them and being quiet.

The website gives extensive detail about the new sonar technology that the Navy needs to test and train with. It discusses how they will work and limit the effects on wildlife. It all seems quite thorough. There are promotional videos, infographics and images of wildlife throughout.

> Then, in a the section entitled "The Navy's Proposed Action," are two paragraphs about weapon testing. The paragraphs state that it is necessary to test explo-

> > sives and other weapons. They do not explain how they will test them or the effects of these tests, just that they have to.

Mid-December the Navy sent a letter to the National Marine Fisheries Service. The letter sought permission to potentially harm or kill marine wildlife. The public comment period on this letter ends on Feb. 28.

The fluff surrounding the Navy's efforts to be environmental stewards seems to be masking the reality. The fact that so little information and news is circulating about this program is only more disconcerting.

The Navy talks about its need to keep America free. They talk about preparing for enemies and keeping up defenses, but what about the safety of the land we are trying so hard to defend? Is it worth it if we destroy what we



# Why I deleted my Facebook account

valid

with

by Bryn Robertson

Now, before I sound like a pompous jerk, let me explain. Facebook is fun. Few things can grab my attention and hold it for hours. Facebook can transform snapshots of my sister's best friend's Dad's dog into an important enough event that I will forget to eat dinner or show up late to biology. If Facebook were meth, I'd have no teeth left.

For years I had an account, and, like most everyone else, I used it religiously. I loved that I could communicate to a network of friends through single-sentence status updates, presenting

Reason for leaving

(Required)

them my most clever, funny self as a glorious representation of my everyday persona. I enjoyed the safety I felt behind my laptop screen, feeding off the confidence Facebook gave me to

message people I'd never have the guts to talk to in person.

Yet after years of "liking" my ex-boyfriend's new girl's profile pics and manicuring my own in an unintentionally competitive move, I just lost interest. I woke up one day and didn't feel like logging in. The way one wakes up with a sore throat and a fever, one day I just felt different.

I've been offline for about five months, but unlike meth, I had zero cravings and no desire to go back. Instead, I felt pretty much the same. The gaping hole I imagined I'd feel never came and as far as I could tell, my life continued as it previously had, pre-deactiva-

What I didn't realize is that the effects of living sans-account were real. I found myself less irritated while on hold with AT&T. Reading textbooks got easier, as did the newspaper. By cutting out my exposure to a constant stream of abbreviated, superficial interactions, my patience for the world finally crept out of the crevice in which it had been hiding and made itself an apparent part of my personality.

When I talk to my friends, which is undeniably less often, I have more to share with them. At the bar a week ago, one of those friends asked me to help her talk to a guy she liked but felt nervous around. She described me as a "good conversationalist," something I never realized could be

I receive too many emails, invitations and requests from Facebook

OI have another Facebook account.

OI don't find Facebook useful.

I don't feel safe on Facebook.

This is temporary. I'll be back.

My account was hacked.

OI have a privacy concern.

library café.

I spend too much time using Facebook.

I don't understand how to use Facebook.

such a great compliment. A week

later, a terrifyingly attractive guy

gave me the same compliment

after we'd exchanged a few fun-

ny words about his tattoo in the

ence is different. I also know that

as a journalism major, I'm already

hyperconscious of my interper-

sonal skills. But the more distance

I get from Facebook, the more

aware I become of my genera-

tion's subconscious dependence

provide a miraculous networking

service on a global scale, some-

thing worth appreciating, it also

presents the temptation to slip

into a state of restless, insatiable

apathy. It's acceptable to blow

people off now more than ever be-

While Facebook functions to

I know that everyone's experi-

fore, spend hours stalking crushes, and use the "like" button as a tool of passive aggressive irony. It's everyone's newfound refusal to experience vulnerability and meaningful communication, and it isn't going away.

Harvard graduate and writer Charlotte Lieberman recently published an article on the ways cyber networking hinders modern relationships titled "Why College Dating is So Screwed Up." In her article, Lieberman describes her frustration with the passive communication epidemic. She describes getting dressed up to "maybe run into" a guy from class who had texted her the ambigu-

ous pseudo-invitation earlier that week. Unsurprisingly, Lieberman never met up with him, despite a few carefully calculated question mark texts ("??") she had hoped would express her inter-

est in seeing him without making herself seem like a crazy, needy, psycho bitch with a million cats and an itching ring finger.

Though Lieberman talks mostly about texting and Instagram as sources of the "generational handicap," I think Facebook falls into that category too. In a culture based around stringless hookups and constant sensory stimulation, going on a date, or even making small talk, feels unique. I can't blame Facebook entirely for the death of charm and patience anymore than I can blame myself for it, but I can say I've never been more connected with people since I disconnected from Facebook.

Bryn Robertson may be contacted at thejack@humboldt.edu

### Letter to the editor

Dear Jack Sherwood,

I'm really glad that you have an interest in exploring topics of gender roles, sexuality and mutual respect. In your latest article about chivalry, you express confusion about how to treat women and what women expect from their romantic partners.

Knights who followed the chivalric code, as you mentioned, "were expected to use their power to protect the weak and defenseless," a.k.a.: women. While chivalry resulted in some women being treated nicely by men, this "courtesy" wasn't due to knights' views of women as equals, but instead knights' views of women as being less-capable beings. This is obviously problematic. You are right, "courtesy does not equate to sexism," but chivalry, by definition, does.

When someone holds a door open for me, I don't think, "Thank you for demonstrating chivalry," but rather, "Thank you for demonstrating respect and politeness." Women don't need chivalry, we need respect and to be considered as equals, as do all humans.

In regards to your girlfriend who expected you "to open doors for her, pay for dinner and walk nearest to the curb to protect her from traffic," I think you are confusing two ideas: respecting a woman, and catering to a woman's every need, the latter being a different thing completely from chivalry, respect, and courtesy. It's more like enabling unhealthy attitudes and expectations, and both men and women experience this in relationships. We must take care of our loved ones, but when we continually sacrifice and get nothing in return, we can become resentful. Lack of reciprocity in a relationship doesn't feel good and is unhealthy for both people, and the relationship.

Relationships require mutual respect and open communication in order to be healthy. Talk to your lover, understand why exactly they may not like when you pay for their meals. When I first started dating my current boyfriend, he always insisted on paying for everything. For a while, I loved it! I would never turn down a free meal from anyone. But after a few weeks, we would have arguments about who paid for dinner. I wanted to buy him dinner because I just wanted to do something nice for him. I said, "You know that feeling you get when you take me out? It feels good right, to buy me dinner? Well, you're denying me that feeling every time you refuse to let me pay." Now, we take turns every time we go out, and it feels great.

There is absolutely no "general rule to follow" when it comes to relationships. Assuming that there is one, assumes that all women are the same. You're not "sexist" for holding doors open for people, but when you treat isolated encounters with women as if they represent the entire female population, you definitely

Respectfully, Mary, senior, English literature



Is your friend a

lesbian? Well she has

short hair, like a boy.

then and was freed from her ho-

mophobia. Asking her now, she

still believes that hair can reflect

sexual preference but at least she

understands that it is not bad to be

long hair, sexual orientation is

not relevant in any way. It's okay

to be curious but it's not okay to

assume someone's sexual prefer-

ences based on their appearance.

drove to Los Angeles to visit me

on New Year's day. This was her

opportunity to meet my family but

to preface this story, she shaved

her head during the summer and it

had grown three inches at most by

the time Christ-

had

told my mom I

was dating any-

one yet and she

assumed that I

had just invited

a platonic friend

over. After the

initial exchange

of names and

awkward

lence, my girlfriend excused her-

self to use the lavatory. I pointed

her in the right direction and my

mom pulled me aside to quietly

I said she wasn't and asked

My mom continued, "Well she

I began to explain that we were

dating and that she isn't lesbian.

Then for the first time in my life

I had a thorough conversation on

sexual preference with my mom.

This incident with my girlfriend

wasn't a big deal because I knew

my mom wasn't trying to offend,

fortable with things they don't

understand. However, there is a

difference between not under-

standing and being prejudiced.

Now my mom is comfortable with

other people's sexual preference.

should believe what we know for

certain. In this case, we need to

stop pointing fingers at women

with short hair or men with long

hair, assuming they are gay. What

if they are? It's not bad and it isn't

Eduardo Barragan may be contacted at

relative to anything.

We shouldn't have to believe what we're told to believe. We

Generally, people aren't com-

ask, "Is your friend a lesbian?"

why she thought that.

she was just curious.

has short hair like a boy."

not

mas came.

Two years ago, my girlfriend

Whether you have short or

### It's not a thing

### Eduardo Barragan

\*Editor's note: This column (and the ones to follow) are of my own experiences and I realize that they are isolated incidents. I wish I could envelop every detail of a concept that I will write about but these topics are far too deep to capture in one short column. However, I recommend having long conversations with peers after reading these columns to find out just how deep they go.

In modern day society, we have set a standard of traditional hairdressing that correlates to gen-

der. According to the norm, typically shorter hair and women have long locks.

I don't believe that our hair reflects our sexual preferences. To be fair, there is de-

viation that falls under the stereotypes that exist in our society but I firmly believe that it is a misconception. If someone does make an assumption of your sexual preferences based on your hairstyle, I wouldn't say it is justified to deliver them a tongue-lashing.

— My mom

These assumptions often happen in the course of homophobia but we all make honest mistakes. When someone makes an assumption try to show them that hair is not relative to sexual preference. If they disagree, resist being upset because they are entitled to their opinion.

My mom is a great example of a person constantly assuming. She was raised as a Roman Catholic by homophobic parents. Because of her environment growing up, she was predisposed to homophobia but now she is more open and understanding than she was before.

When I was 12 I started to associate myself with music of the metal persuasion. I became an avid fan of Metallica, Slayer and Iron Maiden. The music began to influence me enough to where I grew out my hair. When I turned 14, my hair began to reach past my shoulders and my mom hated it. She also hated the music I listened to but she didn't associate it with my hair and on a few occasions called me a "faggot." I am not gay, but she thought I was because I never spent time with girls other than my sisters and my hair was longer than the average boy she is used to seeing.

I loved having long hair to head-bang with so I argued with her for years. Eventually, I cut my hair as a freshman in high school because my mom was the boss. But I didn't stop arguing with her on the topic. Thankfully, she's made gay friends of her own since



### Patriarchy and pixie cuts



Illustration by Dennis Lara-Mejia

### by Tabitha Soden

When female celebrities chop off their locks it ends up on the front page of Internet news. From movie star Emma Watson to geek goddess Felicia Day, many actresses have donned the pixie cut.

These aesthetic changes are often met with outrage from

She looks butch now. Long hair is more attractive. She is just trying to make a statement. Best of them all, she is destroying her

Harry Potter star Emma Watson told a U.K. newspaper, Independent, "I had journalists asking me if this meant I was coming out, if I was a lesbian now. That haircut did make me realise how subjective everyone's opinion is. Some people were crazy for it and some people just thought I'd lost my shit."

Many negative comments online come from males, but women take part too. I have heard women judge men based on their facial hair, as well as judging other women for their choice of cut. So why is it that people feel they have the right to comment on things as trivial as how a woman

Recently I met my fate with the scissors and cut off all the chemically damaged keratin that was holding me back. At first I worried if I was still attractive. I would self-consciously touch my hair, or lack thereof, and wonder

Then I realized how much better I felt. I don't need to do my hair in the morning. When I read a book hair isn't constant-

ly forming a veil between me and the words. I save money on shampoo. And most of all I am no less myself then I was before I cut my hair. But there is still a hesitation and a concern for how others perceive me with my new sparse locks.

A 2001 study in the Journal of Experimental Social Psychology called "Does Women's Hair Signal Reproductive Potential?" suggests that the answer may be in our biology. According to the study, hair is a display of youth and health. The longer the hair the more obvious the display. Facial hair on men is a sign of puberty and sparse amounts may suggest that the male is not a good mate.

This concept is not unique to scientific studies either. In many cultures and religions the hair represents sexuality. Orthodox Jewish women cut their hair when they marry as a signal of modesty. Similarly, Muslim women wear hijabs in front of all men outside of their immediate family. Even Catholic nuns don habits to show their devotion to God.

Though science may excuse gender-specific hair preferences, there is never an excuse for baseless accusations in person or online. A modern-day celebration of individuality needs to replace antiquated ideas of hair length.

Next week's "What a girl deserves" column will go into the issue of plus-size models and our current view on the average-sized woman.

> Tabitha Soden may be contacted at thejack@humboldt.edu

fans.

femininity to punish men.

cut her hair?

why I had cut it all off.

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> This is your newspaper. Be a part of it.

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### Send submissions to Opinion Editor Lauren Voigtlander at liv67@humboldt.edu

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Include "Attn: Opinion" in the subject line for email submissions

Guest columns may not exceed 750 words.

New contributors may be given preference over returning contributors.

Include your name, telephone number, city of residence and affiliation with relevant campus or community organizations

2nd Place Best Infographic

3rd Place General Excellence

3rd Place Best Photo Series

3rd Place Best Sports Story

3rd Place Best Special Section

3rd Place Best Orientation Issue

2nd Place Best Photo Illustration

HSU students: please provide major and class standing. We also welcome cartoons, spoof articles and other items. Send letters to the editor to theiack@humboldt.edu

Include "Attn: Letter" in the subject line for e-mail submissions.

Letters to the editor may not exceed 350 words.

### All submissions must be received by 4 p.m. the Friday preceding publication.

All letters and columns may be edited for grammar, spelling and clarity

We reserve the right to edit pieces that contain libel, slander, hate or discriminatory

### CORRECTIONS

In "G street hair salon vandalized," the line stating, "to the instances ... " the word "To," was to be ommitted.

Image on the column "What a woman deserves" was supposed to be an "LJ" candy heart.





Gist Hall 227 at Humboldt State University, (707) 826-3271

(707) 826-5921

Our office is located in

Advertising

Office Fax Email:



Office: 1st Best Arts & Entertainment Story Fax:

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Wednesday, February 19, 2014 19

# **Uzzles Page**



Where's Rollin?



It is hard enough to find Humboldt State President Rollin Richmond in real life ... but can you find him in The Lumberjack?

Cartoon Rollin is hidden somewhere in the paper. If you find him, email the answer to the jack@ humboldt.edu with the subject "ATTN: Where's Rollin?" Last week's winners

Trivia Questions

Where's Rollin? Elisabeth de Jong

Where Is This? Raven R. Valley

The Lumberjack Trivia: Gary Lester 1. How many utensils come in a single case of Aspenware?

2. What is the name of the Eureka organization that encourages kids to explore their artistic side?

**3.** What is Humboldt State's shot put record?

Winners get a \$5 gift certificate from Arcata Scoop. Winners can pick up their prize in our office located in Gist Hall 227.

### Where is this?



The following photo was taken somewhere on the Humboldt State campus. Do you know where? Email your answer to the jack@humboldt.edu with the subject "ATTN: Where is this?" Last week's photo was taken by the side of Redwood Hall.

### **HUMBOLDT JUMBOLDT**

created by Melissa Coleman

Rearrange the letters to form a word. Set aside the double underlined letters on the line below. Rearrange those letters when all words are solved to find this week's answer! Plurals and proper nouns are allowed.

See thelumberiack.org for answers

DASKEO	
NOPOHC	
SAHPSL	
TUTEGR	
ITMS	

"
,,

compiled by Ian Bradley

## Weekly Sudoku

	5	6		3		1		
			1	9	7	4		
							5	0
				4		1		2
9		4				8		5
2		48		1				
928	6		9		4			
		വ		7				
				8		6	7	

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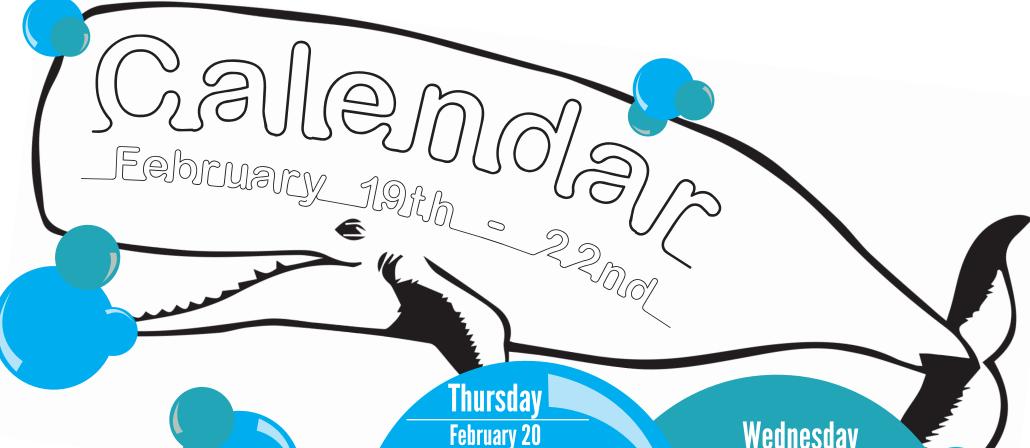
For more information, visit **conflict.uoregon.edu** or contact Tim Hicks, Program Director, at timhicks@uoregon.edu

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### **Friday** February 21

### **The Vagina Monologues**

Megan Johnson will direct this award-winning play directed by Eve Ensler. This play is based on Ensler's interviews with more than 200 women and promotes women's sexuality and strength.

North Coast Repertory Theatre 8-10p.m.

\$15 at the door, \$12 online pre-sales, \$10 seniors and students

### ond-year M.F.A. class will perform using acrobatics, music and movement to bring the story to life.

Dell'Arte International School of Physical Theatre

The Distance of the Moon

### Wednesday February 19

### "Whale Behavior Along the North Coast."

Dawn Goley will give a lecture about whale behavior along the North Coast. The lecture is free, but donations are accepted. **Humboldt Coastal Nature** Center

7-8p.m.

Free

### Saturday February 22 **Tanzanian Dinner Benefit**

A traditional Tanzanian dinner with entertainment from the Arcata Interfaith Gospel Choir and Taiko drumming. This fundraiser will provide scholarships for Redwood Coast Montessori students to attend the Montessori Model United Nations.

Manila Community Center 6-8:30p.m.

### Saturday February 22

### **HSU Centennial Beer Showcase**

At Siren's Song Tavern, Humboldt State's Centennial beers such as Six Rivers Tin Pants Ale, Mad River Hibiscus Centennial Ale, Redwood Curtain Centennial Ale will be featured.

Siren's Song Tavern in Eureka 7 p.m.

Free entry and appetizers. Beer is available for purchase at the bar.

Artwork & design by Maddy Rueda

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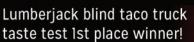


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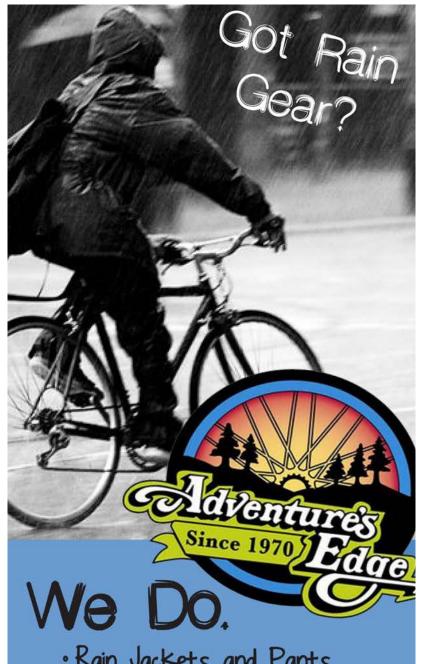


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