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Center offers support for LGBTQ+ community

The Eric Rofes Multicultural Queer Resource Center provides a safe space for the LGBTQ+ community



ERC Student Board of Directors.

Photo by Maia Wood

by Maia Wood

At Humboldt State the Eric Rofes Multicultural Queer Resource in the Warren House, room 53 provides a safe space, support and information for all students who are members of the LGBTQ+ communities. A safe space is a place or environment in which a person or category of people can feel

confident that they will not be exposed to discrimination, criticism, harassment or any other emotional or physical harm. The ERC was founded 10 years ago in honor of late HIV activist and professor Eric Rofes. Student and ERC Event Coordinator Kelsey Young said the center got its inspiration for its name from Rofes.

“We are not just called the LGBT Center,” Young said. “We have large focus on intersectionality and inclusivity.” The ERC is an associated student-funded organization that relies on the dedication of four students to put on the events and activities for the LGBTQ+ students on campus. “We have this because of

students,” Tai Parker, the ERC’s volunteer resource director said. The center is running as a club with hours that are centered around the student directors’ schedules. “We are very student driven,” Young said. “The university is slow on what LGBT needs are.”

SEE ERC ■ PAGE 3

Underachieving and over receiving

Lumberjacks score an additional \$1.1 million over other CSU’s

by Grace Caswell

HSU senate meeting brought attention to the challenges the university will be facing over the next six years. The Graduation Initiative (GI) for 2025 has the CSU system eyeing HSU. Recent University senate meetings show HSU has some major battles to win. Launched in 2016, GI 2025 looks to increase both student enrollment and retention by 10 % or double what it was originally. However, HSU was recently allotted more money than other CSUs despite the under performance. “HSU is 18 % below target enrollment,” Vice President for Academic Affairs Alexander Enyedi said. “However, HSU received a \$1.1 million increase to the base budget amount received last year.” Recently, \$436,000 from the GI 2025 funding has been directed to student employment at HSU. Following the housing crisis, faculty works on supporting students on a financial level in hopes of combating the steep housing situation. Armando Peña, an ethnic studies major and double minor, was one of only four students in the senate meeting’s



Graphic illustration by Amanda Schultz

crowd. Peña voiced his frustration towards the lack of student involvement and his disappointment in HSU. “The number one reason for low retention rates is alienation,” Peña said. “If students do not have a home, they do not want to invest in their community.” Currently, HSU is battling a statistical war after a 7 % decrease in applications, enrollment and the freshman class

population. “We have a retention rate goal of 80 %, which means 80 out of 100 students come back for next semester,” Enyedi said. “Currently, HSU is at 71 % (71 out of 100).” Beyond HSU, the community as a whole faces new change. Equity Arcata is a new involvement group consisting of local partnerships with a goal of racial equity. The group’s vision is to cre-

ate a community comprised of successful and racially diverse members who support one another, tag lined “Ourcata.” The recent updates in the Josiah Lawson case catalyzed the emergence of Equity Arcata, who felt compelled to respond to the community.

SEE GI 2025 ■ PAGE 3

New art show celebrates ITEPP and historic protests

“Ikyav, Pikyav” highlights efforts by native groups to reclaim power and sovereignty

by Jett Williams

In the 70s and 80s, local Native American tribes fought to protect their sacred religious sites from western expansion in the form of a road between the towns of Gasquet and Orleans. This fight is immortalized alongside 50 years of the Indian Tribal & Educational Personnel Program’s history in a new exhibit open until May 18th in the Goudi’ni Native American Arts Gallery, located on the ground floor of the BSS.

The exhibit, named “Ikyav, Pikyav” (or Making, Re-Making), pays homage and celebrates some of the ways that indigenous peoples have reclaimed their sovereignty and power in the modern world. Brittany Sheldon is the gallery director, she said the exhibit is important because it highlights the constant work that Native groups have done and are doing and also teaches people who were previously unaware of these efforts.

“A lot of the students here come from all over California, and I would guess that they don’t know much about this history,” Sheldon said. “We have a really powerful presence with the Native American Studies (NAS) department and ITEPP, and there’s a really important history of all the things that have gone on with Native American peoples.”

The first half of the exhibit celebrates ITEPP’s 50th anniversary as an organization. The group started as a grassroots organization focused on helping Native students who wished to become teachers, but slowly expanded to include students from a wide variety of interests.

Interactive photo murals are on display with a binder where former students and members can share memories about the photos. Several sashes decorated with traditional artwork and worn by graduating ITEPP members hang on stands, separating the two halves of the exhibit. Alumni Kathleen Brewer thought that the show was important given that HSU is built on native Wi-yot land.

SEE ITEPP ■ PAGE 3

Index

- News.....3
- Life & Arts...4
- Science.....8
- Comics.....9
- Sports.....10
- Opinion.....11



Page 6



Page 8



Page 11

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We strive to report with accuracy, honesty and originality.

We hold ourselves accountable for errors in our reporting.

We invite all readers to participate.

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Customer of the Week:

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786 9th St on the Arcata Plaza

Perfect stop after the bars!

ERC

FROM PAGE 1

HSU doesn't provide enough resources for LGBTQ+ students because there isn't an accurate numerical representation in the school.

While people can label their sexuality, there is not one set scale because sexuality is a spectrum. There's also the issue of safety. Not every student can express themselves openly because of the dangerous world we live in.

"We get many people who come to our events," Parker said. "But we can't force people to sign things because of safety and privacy of the participants."

Despite limited resources, the student directors work with other programs on campus and in the community like Open Door, the health center and the multicultural centers to provide the most resources and support possible.

April 22, kicks off the start of Queer Fest (aka Q-Fest) which is a week-long festival highlighting and celebrating everything Queer. Neesh Wells, the ERC's publicity and outreach director.

"Originally Q-Fest started as a film festival featuring different LGBTQ+ centered films," Wells said. "This year's focus is Taking Up Space, being queer folks and being comfortable in the spaces that we live in and building communities in those spaces."

During this week students can participate in focused discussions and activities surrounding the topic of taking



Photo by Maia Wood

A welcome sign taken from inside the Eric Rofes Multicultural Queer Resource Center located in Warren House 53.

“Whenever the door is open anyone is welcome to come in and we will do whatever we can to help them,”

— Kelsey Young
Student and ERC Event Coordinator

up space. There will also be art exhibits displaying work from LGBTQ+ artists.

The goal of Eric Rofes Multicultural Queer Resources Center is to create spaces for Humboldt States LGBTQ+

students and allies to be seen. The ERC hosts events and provides support groups, safe sex resources, information, a library and a safe space for all students. They are always looking for ideas for events.

"Whenever the door is open anyone is welcome to come in and we will do whatever we can to help them," Young said.

For more information on Q-Fest, the center hours, support group resources and

much more visit their website at erc.humboldt.edu.

Maia Wood may be contacted at thejack@humboldt.edu



Photo by Jett Williams

Sashes worn by ITEPP alumni show off the art styles of different native tribes.

ITEPP

FROM PAGE 1

"My favorite part was the ribbons, they were so intricate and beautiful," Brewer said. "It's great to see ITEPP get recognized."

The second half of the show was a collaborative effort with the special collection at the HSU library and several NAS classes over the last year to make the G-O Road story more publicly available. Audio interviews, old newspapers, pamphlets and journals from

local activists and artists tell the story of the Karuk, Yurok and Tolowa tribes working together to protect their sacred lands.

One standout visual piece from this part of the exhibit is a large banner created in the 1990s by local artist and activist Julien Lang. The banner says "Fixing the Earth" in bright red letters with the names of many native tribes collaged around the words, and was used by local native groups in multiple protests and demonstrations.

In the end, the road was blocked by the 1984 California Wilderness Act. An ear-

lier Supreme Court decision, however, set the precedent that native lands could not be considered religious grounds, making the victory bittersweet. Maury Juarez spent an hour perusing the exhibit, and described the amount of detailed information available as overwhelming.

"I'm taking my first NAS class this semester, and I didn't know much about the local indigenous struggles before that," Juarez said. "My favorite part was Julien Lang's talks on the land being alive."

This exhibit is equal parts art show and educational experience centered around the

efforts by native groups to reclaim their power and uplift those who seek an education at HSU.

"It's not like we're going to reach this point where everything is perfect and amazing. It's not the idea of a utopia," Sheldon said. "It's the idea of the constant regular work involved in claiming and reclaiming spaces and sovereignty."

"Ikyav, Pikyav" is open 12-5 p.m. Tuesday to Sunday and 12-7 p.m. Thursday and Friday.

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GI 2025

FROM PAGE 1

“People want accountability and transparency”

— Lizzie Phillips
Equity Arcata

Lizzie Phillips from Equity Arcata spoke about future plans to release a mobile app, which will allow the reporting of hate incidents and track unsafe patterns within the community.

"People want accountability and transparency in what's happening," Phillips said. "Equity Arcata wants holistic accountability and for people to feel safe."

Although HSU faces a mountain of challenges, the upward journey has already begun. GI 2025 set a goal for universities to have a six year graduation rate of 56 percent.

HSU has already risen that statistic from 46 percent to 52 percent. With improvement on the horizon, Vice President for Academic Affairs Alexander Enyedi believes HSU can overcome the odds.

"It was a reality in 2015, but we hit our enrollment target," Enyedi said. "I think we can reach the ostentatious goal of 7604 [students enrolled]."

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Photo Story: Student life at Humboldt State



Thank you
HSU
Students
for Participating!

Student Union Fee
Referendum

Choice	Votes	%
Yes	682	52.66
No	613	47.34

Number of voters: 1,295 | Percentage voted: 18.49



The Advanced Photojournalism class spent three weeks documenting student life on campus

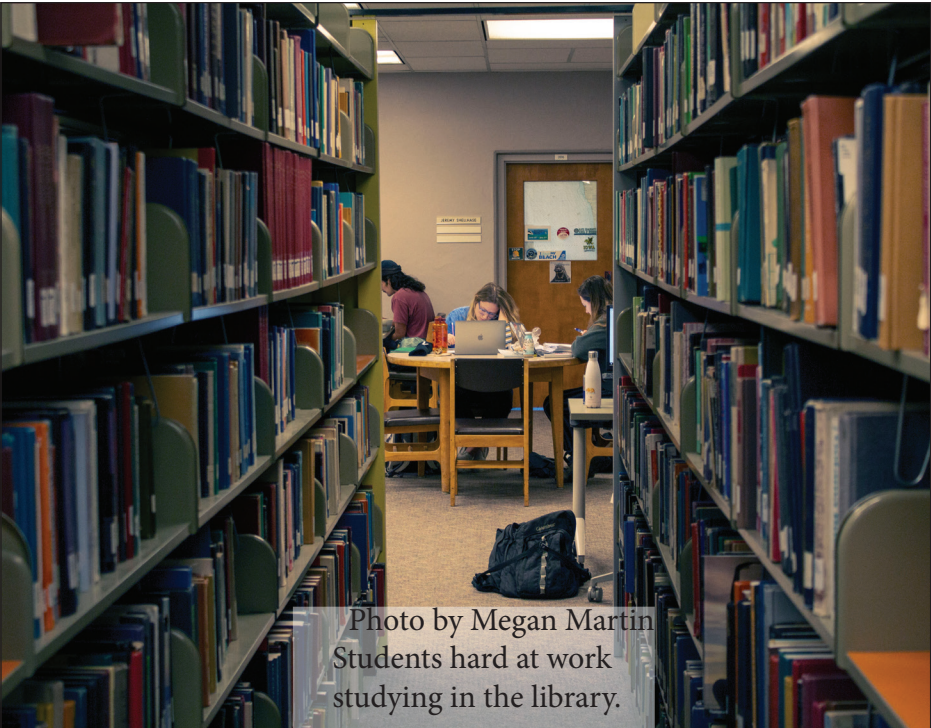


Photo by Megan Martin
Students hard at work studying in the library.



Photo by Megan Martin
Junior track athleteAshley Lahti sits on the grass on a sunny Humboldt day.

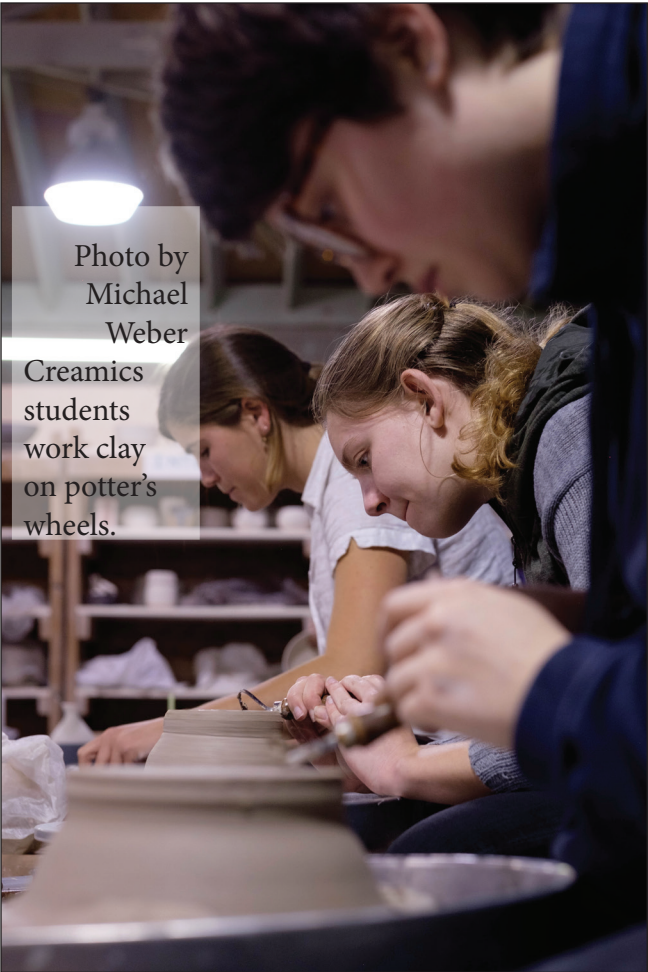



Photo by Michael Weber
Creamics students work clay on potter's wheels.



Photo by Kyra Skylark
Noah Weinstein, art double major filling, bricking, and sealing the HSU student soda kiln.




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BE A VOTER



Photo by Elliott Portillo
A student walks upstairs to the second floor of Founders Hall.

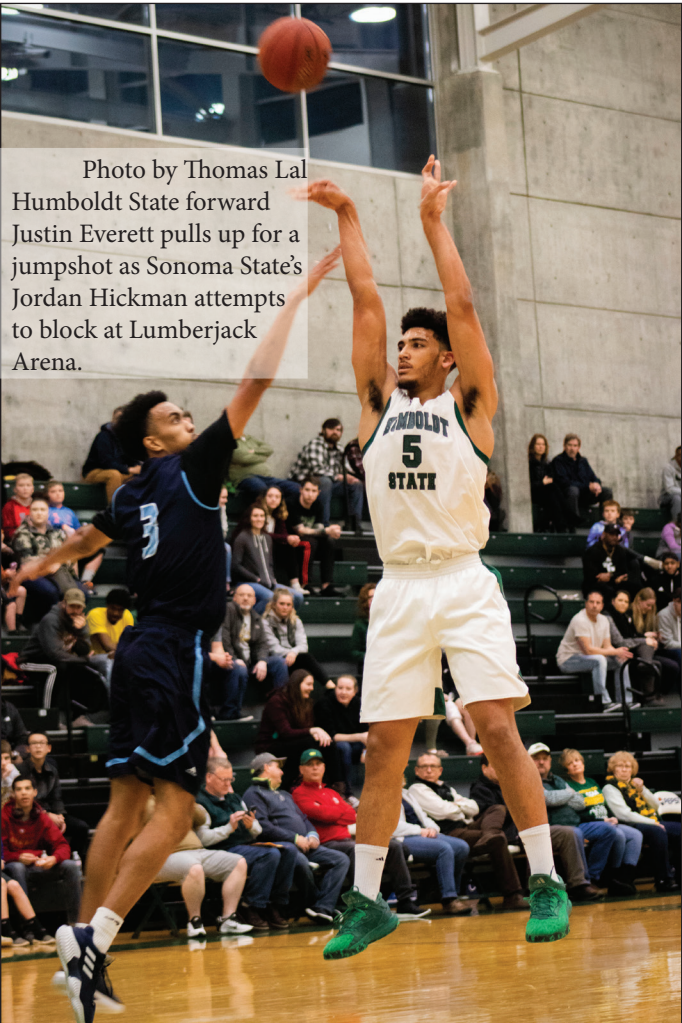


Photo by Thomas Lal
Humboldt State forward Justin Everett pulls up for a jumpshot as Sonoma State's Jordan Hickman attempts to block at Lumberjack Arena.

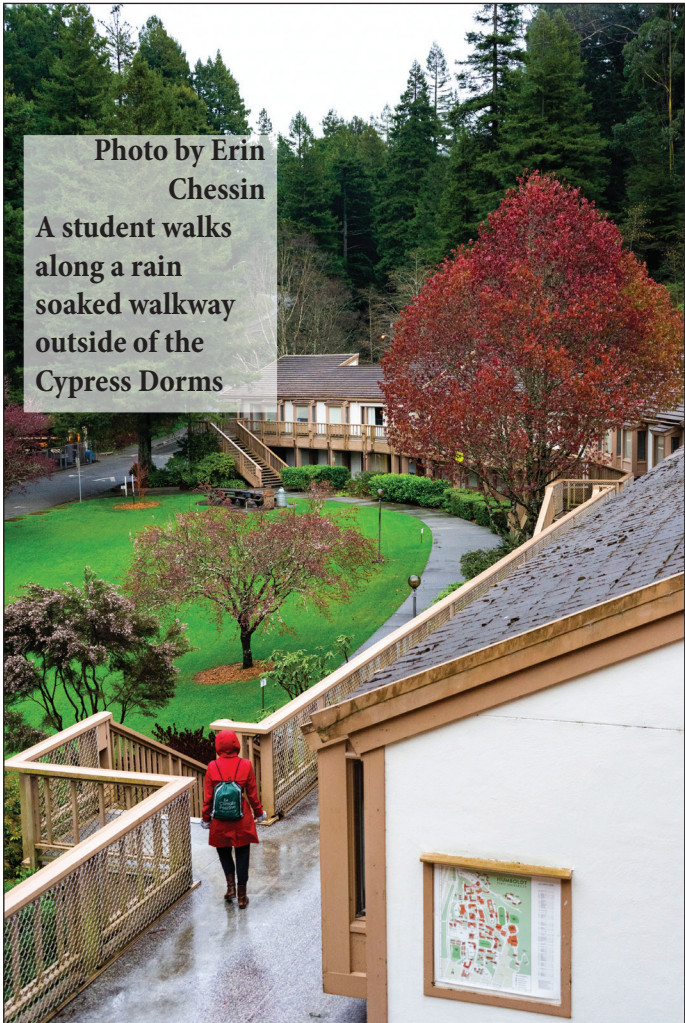


Photo by Erin Chessin
A student walks along a rain soaked walkway outside of the Cypress Dorms

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For the love of pets



A close up of Normal being held by store employee Michele Young

Photo by Skylar Gaven

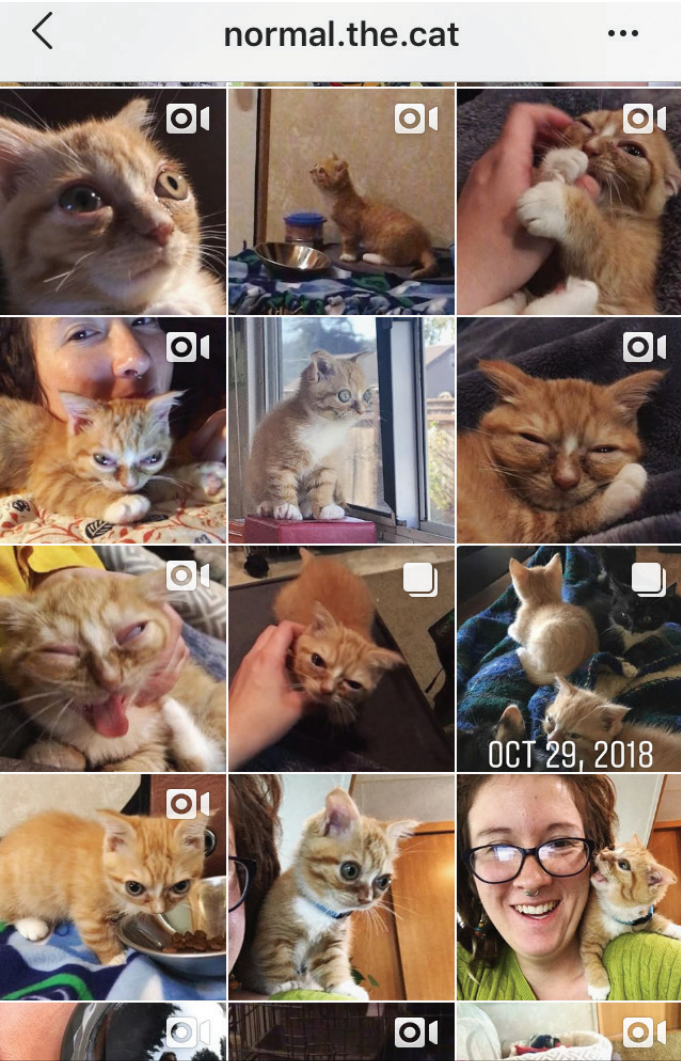
Fin N Feather Spring Fling brings in unique characters

by Skylar Gaven

Owner Miranda Turpine and her one of a kind kitten “Normal” made a special guest appearance at the Fin N Feather Spring Fling to check out great deals and friendly faces. Normal is an extraordinary cat born with a form of dwarfism. He’s eight months and weighs a staggering three pounds. Normal’s unique face seemed to sweep people off their feet Saturday afternoon, causing customers and even a few employees to gather around and shower him with affection. This isn’t the first time Turpine and Normal have visited the local pet shop, they happen to be regulars. This shop holds a special place in Turpine’s heart, without it she probably wouldn’t have laid eyes on her precious companion. The Fin N Feather is where Turpine met Normal and they have been happy together ever since. “I was buying supplies for my reptiles and I met him and I fell in love,” Turpine said. “If it weren’t for the Fin N Feather I would have never met him.”

Normal has brought so much joy into Turpine’s life she could never picture it without him. “He is the best cat I could’ve ever dreamed of,” Turpine said. “I cannot imagine life without him at this point. Like seriously it makes me want to cry thinking about not having him in my life. He is such a precious cat and he gets along with my dogs as well.” With a heart so pure and his adorable quirks it’d be almost impossible to not fall in love with Normal. Turpine said that Normal is very playful, and that he’ll keep himself entertained for hours. “He’s very affectionate and he’ll sleep on my head,” Turpine said. “Every morning he’ll walk all over my face. He just has so much love to give.” Turpine, like many others heard about the twenty percent discount on all items in the store and decided to stock up on supplies. Another happy customer like Argie Muñoz had her hands full of cat food and other treats for her furry friends back home. “I live in the neighborhood

and (my dog) needed food anyway so I already bought one small bag of food for him,” Muñoz said. “My cat was running out of food so I was like, ‘I should come back with my car and buy actual food for her too.’” All day the shop was busy with cheerful pet owners and little kids along with their parents checking out a wide variety of dazzling fish, fascinating reptiles, colorful birds, and friendly pets walking around the shop. A warm welcome was given to all who entered by Fin N Feather employee Ginger Casanova. She was more than happy to announce that this was Fin N Feather’s second year hosting their Spring Fling. The Sequoia Humane Society partnered with Fin N Feather and offered microchips, as well as training tips from Holly’s Hounds, and raffle prizes with proceeds being donated Court Appointed Special Advocates (CASA). “We have raffle prizes going on and all the proceeds from the tickets go to CASA,” Casanova said. “We have the Sequoia Humane Society micro-



A screenshot of Normal’s Instagram page

chipping, vendors, goody bags for everybody, it’s a big deal.” If you missed the Spring Fling don’t worry there will be a next time as it is an annual event, and Fin N Feather is always looking for ways to cater to pet owners and locals. Also if you want to see more of Normal follow his Instagram account at “normal.the.cat.”

Skylar Gaven may be contacted at thejack@humboldt.edu

Cafe con Chisme

by Silvia Alfonso

As Spanish music played softly in the background, the aura at LCAE was comfortable and cozy. There were drinks and snacks available, and the table at the center felt welcoming to anyone who came in. The purpose of having an event like “Cafe con Chisme” is to create a safe space for students. Cafe con Chisme is held weekly in the Latinx Center for Academic Excellence (LCAE). There is never a set topic for discussion and the space is 100 percent free speech. It’s these kinds of spaces that make students feel the most comfortable on campus. A plate of pan dulce was placed at the center of the table and more food was served along the back wall. Students sat at the round table and started their discussion of the week. Business major Melissa Pallares, attends Cafe con Chisme weekly. “I love feeling comfortable enough to express ourselves and I love the respect in the room,” Pallares said.

The discussions tend to have no particular format. People are encouraged to open up about anything they are willing to talk about, this can vary from lighter topics to very heartfelt and deep discussions. Samantha Garcia, is an environmental studies major and frequent attendee of Cafe con Chisme. “I think that when you come together and see that you share experiences with some people that you never would’ve thought, there’s something super valuable in that,” Garcia said. Cafe con Chisme takes place every Friday at 3 p.m., allowing students to easily meet together after classes are done. Victoria Nazario is a psychology and journalism major at HSU. “I think it’s cool to provide this safe space where people feel comfortable to communicate,” Nazario said.

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Enjoy chatting with other students over a warm drink



The small corner in the LCAE where students can relax and destress from schoolwork.

Photo by Amanda Schultz

"Give 'til it hurts"



A community member recieves a tattoo while helping local shelter animals. Photo by Silvia Alfonso

Sangha Tattoo Studio holds fundraiser for Companion Animal Foundation

by Silvia Alfonso

Sangha Tattoo Studio is used to stinging people with tattoo guns. Yet over the week-end Sangha hosted Paws for a Cause, a fundraiser for the Companion Animal Foundation where there was an array of tattoo designs that correlated with pets or animals. The Companion Animal Foundation (CAF) is a non-profit organization that helps with adoptable animals around Humboldt County that are at risk of euthanasia. They

have two thrift store locations in Sunny Brae and in Blue Lake. All money made goes directly towards rescuing and caring for animals until they find a permanent home. Sangha usually opens their doors at noon, but for this special event people started lining up two hours before the tattoo shop opened. The shop gave the option of getting a piercing or a tattoo, but the tattoos had to be from the set of designs already laid out by the artists. "There is such an overwhelming support of the com-

munity that it just brings tears to my eyes," Jamie Myers, one of the board members of CAF, said. CAF holds events like Paws for a Cause which give more opportunities for people to give what they can to the foundation. CAF was fundraising for a mobile van that volunteers and workers could use to bring vets to people. They want to take a resource that not everyone has access to and bring that to the community. "People get here and really want to support CAF, they just

want to contribute and love to give what they can," Sarah Henricksen, the special events coordinator for CAF, said. Henricksen said that this same event was held a few years ago, but this turn out was three times more than the first. "The best part is seeing the animals find loving homes," CAF volunteer Beth Wilson said. The event hosted by Sangha was more than just getting tattoos. People took this opportunity to donate every penny to CAF. Towards the back of

the shop, there was food and drinks that could be purchased by the people waiting their turns for a tattoo. People sat, waited and intermingled over beer or any of the available food. Along with the food, people were able to get their pet a name tag as well. There was a chance to donate money at every corner of the tattoo shop. "I have not gotten a tattoo but now I'm tempted," Wilson said.

Silvia Alfonso may be contacted at thejack@humboldt.edu

A breath of fresh jazz



The Basement jazz club and lounge H Street entrance. Photo by Megan Bender

Arcata's re-imagined jazz club and lounge

by Megan Bender

Arcata's re-imagined jazz club and lounge The Basement is introducing Potpourri Wednesdays, an open format music night where anything goes. Kicking off the new tradition on April 10 at 8 p.m. is Ghost Train, a Humboldt county band that features a R&B, funk and soul sound with a hint of rock 'n' roll. "We receive so many amazing demo tapes and links to amazing musicians that fall outside the jazz genre," Basement Manager Toby Tullis said. "Saying 'No' just to stay

true to our Jazz roots began to feel wrong." Potpourri is more than a mixture of dried petals and spices you put in your living room. Potpourri also represents a medley of music, and that's exactly what The Basement is after. In the spirit of medleys, The Basement is open to booking everything from poetry readings to hard rock. The night serves as a viable platform to the many artists in the Humboldt community. "We really want to be surprised by the types of acts that are out there," Tullis said. Once home to Abruzzi's Italian Dining, The Basement has returned the bottom level of the Jacoby Storehouse to its original purpose: a music

venue. Eventually, in collaboration with the Plaza Grill, the Basement will feature Dinner and a Show nights. "That being said, the process of transformation from one dramatic identity to another does take time and we are excited about making individual changes over a long amount of time," Tullis said. "We want people to see the details as they evolve and be aware of them as they happen." The Basement has been open since around August of last year. Typically, the Basement is open Thursdays and Fridays from 5 p.m. to 10 p.m. On Saturdays the venue opens up at 6 p.m. but stays open till 11 p.m. They feature local jazz and lounge style bands such as the

Front Ear Trio, Julie Froblom, the Duncan Burgess Trio, The Paula Jones Band and more. Saxophone player of the Front Ear Trio Russ Thallheimer said the Basement is the kind of venue he's been waiting for in Arcata. "You can go listen to music but you can also order a drink without having to yell at the bartender," Thallheimer said. "It's the vibe a lot of places attempt to pull off but the Basement succeeds." The Basement offers the perfect start to a night out. All small plates offered at the The Basement range from \$4 to \$15 and their specialty cocktails are a flat rate of \$12. Bottles of red and white wine are offered for \$16. For the first two hours of business the Basement of-

fers a sizzling happy hour. Because of its musical roots, The Basement offers amazing acoustics at a volume that doesn't overwhelm conversation. Whether you're there to get lost in the music or enjoy your company, the Basement has the right vibe. "From the ashes rise the Phoenix," Tullis said. "It was time for this space to be re-imagined and we found the inspiration in the roots that this was a music venue long before it was an Italian restaurant." For more information please visit the Basement website at thebasementarcata.com

Megan Bender may be contacted at thejack@humboldt.edu

April showers bring May flowers

Don't forget to stop and smell the rosemary

by Collin Slavey

Humboldt State's campus is painted every color of the rainbow as flowers bloom to beckon in spring

This past week flowers on Humboldt State's campus have come into full bloom.

Rhododendron, azalea, coltsfoot and more plants have begun flowering. Flowers' sweet smelling perfume waft across campus, attracting a host of pollinators and people to their petals. Our biologists are on a buzz researching flowers on campus.

Stefani Brandt is one such biologist. Brandt teaches plant taxonomy on campus, the branch of science concerned with classification of organisms. She said flowers serve one function: sex.

"Flowers have evolved to be the perfect fix for their pollinators," Brandt said. "If no pollinator showed up, there would be no flowers. The flower uses scent, color and shape to attract pollinators that spread sperm and pollen from one flower to the egg of another. Once fertilized, every flower produces a fruit."

Casey Albarran is a co-director for CCAT and a biology student who is investigating Petasites frigidus var. palmatus, otherwise known as Arctic

sweet coltsfoot. Albarran is working with Michael Messlet to learn about what pollinates the mysterious plant. Together they are hoping to discover what pollinates the plants.

"Petasites is a complicated plant," Albarran said. "It is dioecious, meaning there are male plants and female plants. It is native to this region and there is not much we know about it. We'll check on it for ten minutes at a time and try to learn what pollinates it."

Albarran said the research group has already began collecting pollinators. Some flies and bumblebees have been captured to be studied. Keep an eye out on campus for pollinators like the bumblebee and treat them nicely. Those bumblebees are responsible for making sure the beautiful flowers come back year after year.

Biologists keep track of when flowers bloom each year. Phenology is the study of periodic life cycle events such as a plant's first flower. These life cycle events are often sensitive to climate and temperature and are used as indicators for climate changes.

Our grounds crew takes care of plants on campus as they grow and change. Skye Freitas prunes the campus trees to prepare them for flowering. Freitas cuts away dead branches and shapes trees to help the tree thrive. She said she enjoys working with plants every day. Since

the bloom has happened on campus, Freitas is more than happy to take care of the plant life. "It never feels like I'm actually working," Freitas said. "It's very therapeutic to work with the trees. I get to help make sure all the nutrients get to the right place."

Petasites, however, is not waiting for Freitas to visit. It displays its white flowers, beckoning pollinators to its petals. Albarran and his team monitor the plant as pollinators begin to fly towards it, landing on the flower in search of Petasites sweet nectar. In due time the plant shall be fertilized to create fruit, restarting its life cycle so it may live on to flower another day.

"There are over 300,000 species of angiosperms, flowering plants, in the world," Brandt said. "There are probably over a hundred on campus. There is a reason they smell good and look pretty."

Collin Slavey may be contacted at thejack@humboldt.edu



The flowers of an Arctic colts foot. Photo by Collin Slavey

Let that yellow mellow

Toilet flushing has a larger impact on the environment than you may think

by Cosette McCave

Toilet flushing has a larger impact on the environment than you may think

Many homes across the country have a motto, "If it's yellow let it mellow, if it's brown flush it down." This saying encourages water conservation when it comes to flushing the toilet.

The amount of water a toilet uses depends on how old it is. If your toilet was made before 1982, then it could be using anywhere from five to seven gallons of water each flush. Newer toilets use about two gallons per flush. The average person flushes about five times each day. That is 10 gallons of water thrown out every day.

You can check how much water your toilet uses by looking at the little block right behind the seat or under the tank lid, or you can check for the year in the tank of the toilet which could give you a good idea of how much it is using.

Flushing can also be very dirty. Each flush can spew water as far as six feet. That could reach your toothbrush! So letting the yellow mellow may help you avoid having your toothbrush become more covered in germs.

Saving your flush also saves water. Water usage is projected to increase by 55% from 2000 to 2050. This increase creates problems as 21 of 37 aquifers across India and China, and the U.S. and France are draining at an alarming rate. CA is a good

example of overuse of water. The state's aquifers receded about 16 trillion acre-feet per year. That caused CA to have 1,900 wells dry up from 2011-2016. Letting the yellow mellow could have helped save some of that water.

Each time you flush your yellow down the toilet, it's like flushing three tenths of a cent with it. This adds up to about \$10.95 per year. You can save \$7.66 each year by letting the yellow mellow. Not only does saving your flush save water, but it also

saves money.

If you were to flush every third time you used the restroom, you would be saving about six gallons of water each day. That means more clean water for drinking, or showering, or even future flushing.

Cosette McCave may be contacted at thejack@humboldt.edu



Graphic illustration by Amanda Schultz

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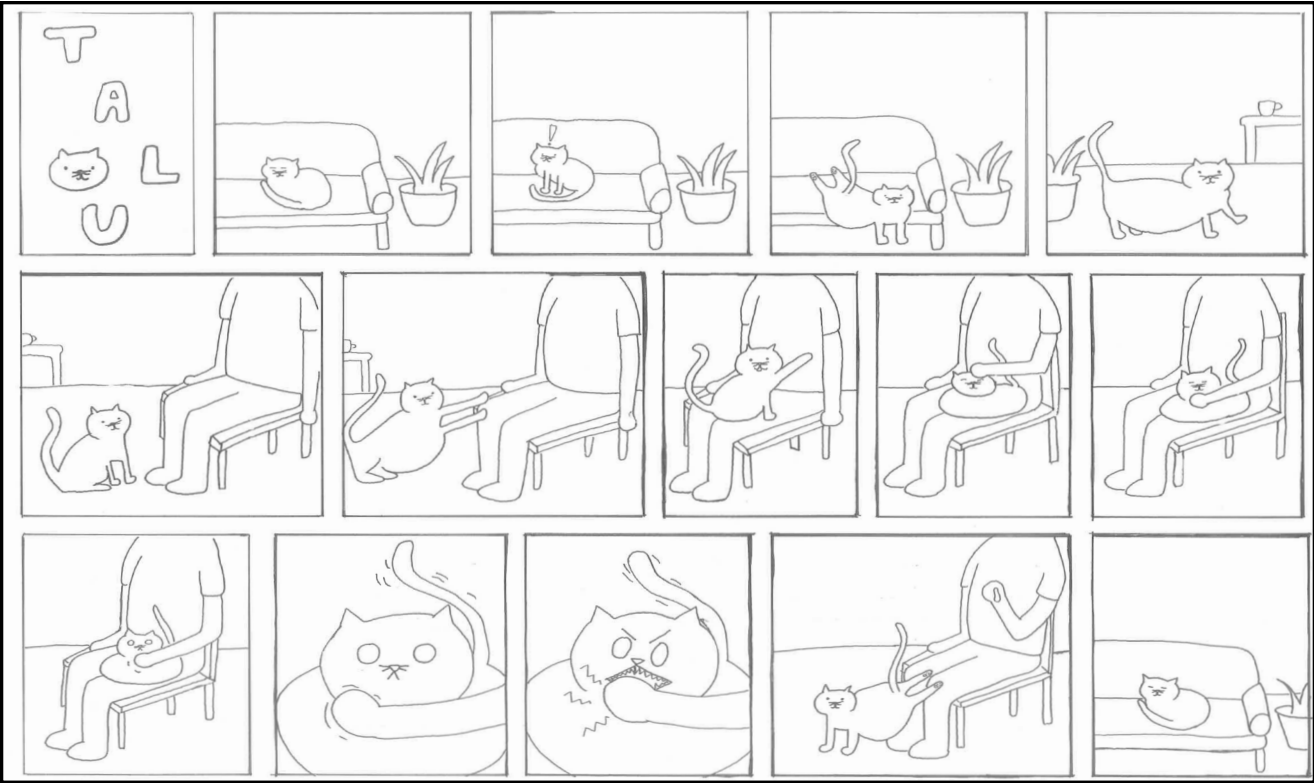
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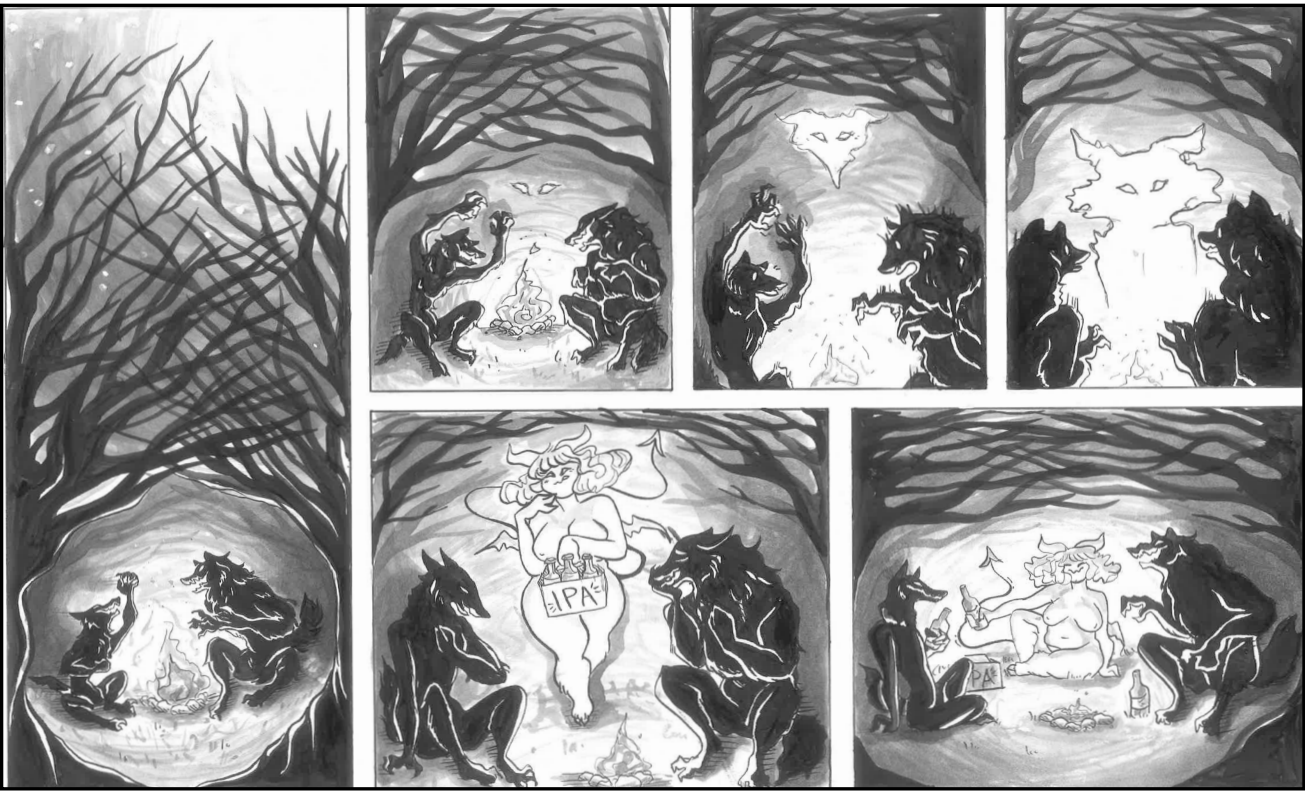
Chelsea Jensen



Lavender Torres



Brandy Jones



Alexis Arancibia



Jacks softball continues late-season streak

HSU softball beats Dominican University 3-2 and 10-9 in two exciting games

by Liam Warner

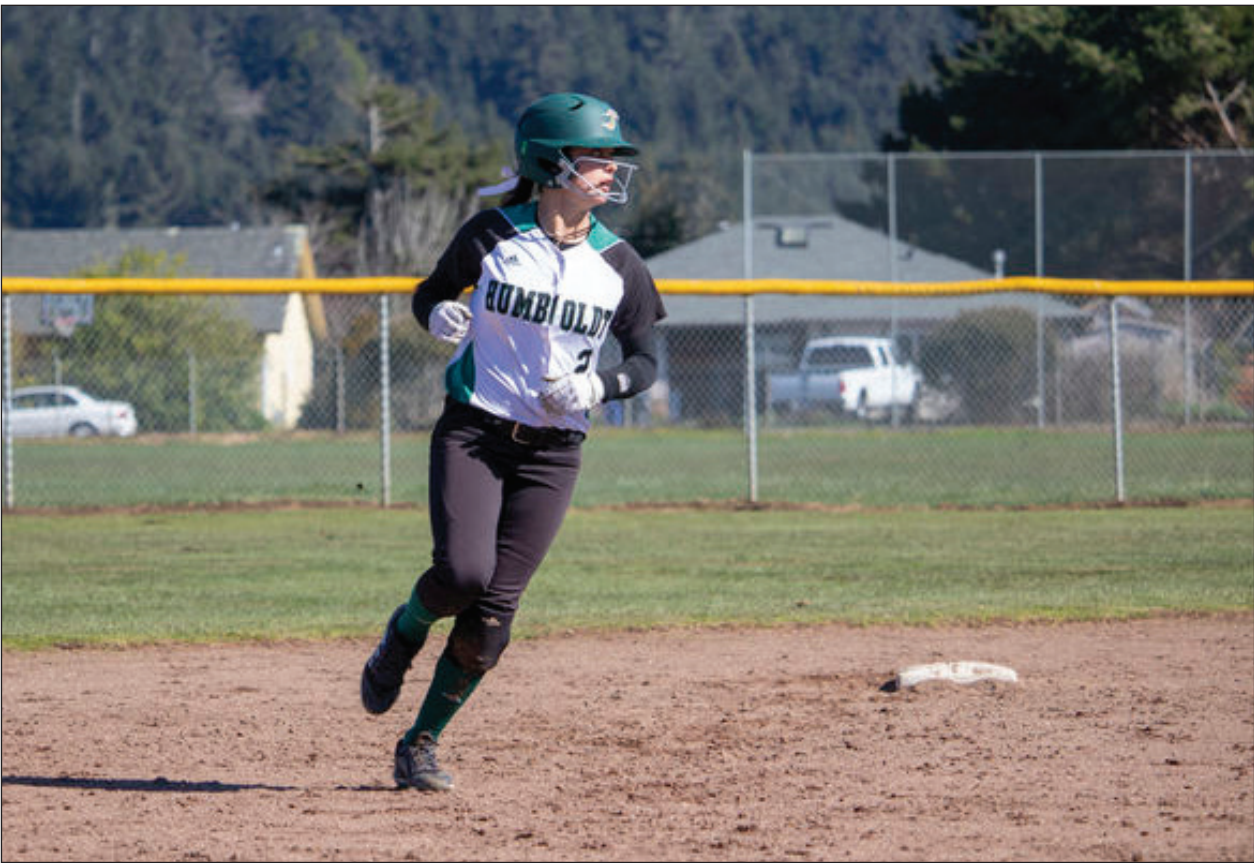
It was a road doubleheader for the Humboldt State softball team that felt like a home game as Lumberjack fans packed Penguin Field in San Rafael. Powered by the chants of “let’s go Jacks!” and “Huuumboldt” the Jacks were able to take both games against the Dominican University Penguins by scores of 3-2 and 10-9.

Sunday’s games were a doubleheader that any softball fan (or even a casual supporter) would love. The opener was a pitcher’s duel that stayed deadlocked until the last moments. Game two became an emotional rollercoaster. Both offenses trading runs and multiple lead changes between innings.

The first game of the doubleheader started with the Jacks jumping out to an early lead. Third baseman Haley Suter ripped a line drive single into left field and gave the Jacks the 1-0 lead in the second inning. The Jacks needed more offense in the fourth inning and Mariah Tovar delivered with an RBI single. Tovar’s 24th RBI this season tied the game at two.

In the fifth and sixth innings, the pitchers took over. Jacks pitcher Jasmine Hill and Penguins pitcher Lauren Persi held the bats scoreless. They battled, trying to keep their offense in position to win the game late.

The top of the seventh inning and the Jacks looked for the go-ahead run. Freshman shortstop Maddie Allen stayed patient and drew a four-pitch walk.



Outfielder Lauren Lipe scored in the fourth from Mariah Tovar’s single to tie the game at three. Photo by Matt Shiffler

“It makes you smile knowing they are going to fight no matter how the season is going or what happened in their last at-bat,”

— Shelli Sarchett
Head Coach

While on first Allen darted for second base getting the steal and put herself into scoring position. The steal was key because second basemen and the team hits leader Danica Grier stepped to the plate. Grier worked herself into a 2-1 count and then hit a screaming line drive towards left field. Penguin left fielder Karitza Reyes looked helplessly up

into the Bay Area sun as the ball bumped off of the end of her glove and bounced into the wall. This seventh inning run became the deciding factor and the Jacks took game one, 3-2.

“She left a fat pitch hanging over the plate and I drove it into a spot in deep left field,” Grier said.

Game two proved to be a game that makes any pitcher

wake up in a cold sweat. Several lead changes and the bats started hot. Dominican took an early 2-0 lead in the first, and then HSU would strike back with two runs in the second inning and three runs in the third with help from Haley Suter. Suter knocked in two runners in off her double that bounced in the left-center gap. At the end of the third, the

Jacks held the lead 5-2. Dominican didn’t back down, in the fourth inning Peyton Mott hit a two-run home run to left field and Mady Christensen hit an RBI double to tie the game 5-5. Dominican would add three more runs in the 6th to make the score 8-5 in favor of the Penguins. But these Jacks were not out of the fight. In the top of the seventh and three outs away from losing a tough game, the offense exploded for five runs. Illa Haley hit a two-RBI double and then the go-ahead run scored on a passed ball with Hanna Holland at the plate that got past Penguin catcher Alexis Chinchilla. The Jacks would storm back and take a 10-8 lead going into the final frame. Closing out the game would not prove to be easy for Jacks pitcher Lexee Sheiring as she allowed two singles, a walk, and a run. Sheiring eventually settled in, sealed the game, and closed the series. Her final pitch forced a fly out to center field and the Jacks won a stressful 10-9 game.

“We have struggled a bit this year, so every win is awesome, and it felt good to be a major part of it,” outfielder Hanna Holland said.

The Jacks are currently on a four-game winning streak, improving their record to 15-23. Their next games are this Friday and Saturday back home in Arcata vs. Cal State San Marcos.

Liam Warner may be contacted at thejack@humboldt.edu

How to become a Humboldt surfer in 5 “easy” steps

Complete all these steps and you will truly understand the never-ending pursuit for something that could be better

by Weston Lazarus

In five easy steps, you can live out your life long fantasy of becoming a surfer in Humboldt County. Before devoting your life to these exaggerated guidelines, remember that surfing is based purely around enjoyment and that everyone has their own definition of surfing because everyone surfs for their own reasons. Surfing has a long history, so please always remember to be respectful of the history, the ocean and to all others enjoying it. Let us begin.

Step 1

First head to Craigslist and look for an old surfboard and wetsuit, preferably sold together by a sketchy, but nice mid-50’s man named Rusty who came up to Humboldt 20 years ago to, as he says, “Escape the so-cal crowd bro.” Get ready to haggle, because there’s no way you’re spending over \$80 for what he calls a “vintage” wetsuit and his magic wand from the 80s. Once the purchase is complete, he will enrich you with far-fetched stories of 25 foot Camel Rock, and when he paddled the jetty alone when it was 60 feet. Make sure to smile, nod and be respectful, because you have just been privileged enough to have a conversation with your future self.

Step 2

The next step is to convert your life to surfing. Do this by purchasing roof racks



Graphic illustration by Amanda Schultz

for your car, start wearing sunglasses everywhere you go, stop cutting your hair and most importantly, change up your whole wardrobe to surf attire. If you manage to come out looking anything like Jeff Spicoli from “Fast Times at Ridgemont High,” you’re in the clear, ready to mingle and surf where you like.

Step 3

You’re going to need to find a friend or a local who surfs. So for the third step, you should get back in contact with Ol’ Rusty and see if he has any buddies who would be able to show you around. Of course, he won’t, because he may have never surfed in the first place. So move on and head to Moonstone to look for some friends. You’re

looking for someone your age or a little older who has experience. Finding someone with the ability to shame you into constantly trying to surf better is a plus. They should be, for lack of a better word, an asshole. He, or she, will become your surfing confidant, as they will know how little you know about surfing while promoting you as someone who’s been surfing their whole life. Once you find your Bodhi from Point Break, you will then be able to experience the big storm.

Step 4

This step is all about patience. You must stick with it. Just because people told you surfing is fun and easy doesn’t mean you’re going to be good at it. Surfing is something

many devote their lives to, not as a profession, but for the never-ending search of the same feeling. So make sure to know your place and don’t screw it up for everybody else. Unless you’re a freak, you’re going to suck at first. Stay calm, take advice, and be prepared to embarrass yourself. It’s going to take at least a year of surfing once or twice a week for you not to suck and feel embarrassed. So embrace the year of suck and gather knowledge about spots, surfboards, sneaker waves and the Humboldt coastline. Always be on the lookout for more old surfboards and wetsuits. Keep one thing in mind during this step. You should go on every wave that you can no matter the size or shape, go, as long as you’re not cutting someone off. Pull

into closeouts, throw yourself over the falls, go through the washing machine and meet Johnny hold down. Try and have fun doing it because more waves always equal more practice. Just make sure you’re safe and not alone, like Rusty when he paddled 45 foot Camel Rock alone back in ‘85

Step 5

The final step is to buy an 80s conversion van during your senior year and drop out a semester before graduation, because hey, you can always go back when there’s no surf. Only once you obtain the van will you truly understand what it means to be a surfer in Humboldt County. The world is now yours. You’re free to roam and surf where you like with the ability to tell others you really have goals, knowing you can go back to school for a semester and graduate.

Surfing is a beautiful activity, hobby, sport or whatever you want to call it. Please remember everyone starts surfing at different skill levels and takes their necessary steps to get better, so who’s to say that these five steps couldn’t work for you.

Weston Lazarus may be contacted at thejack@humboldt.edu

Editorial: Joe needs to start a-Biden by the law

Joe Biden is being a creepy old white man, and he needs to stop

by Editorial Board

There’s something we need to talk about...Joe Biden being a creepy old white man. Some old men are for some reason allowed to be handsy or touchy with women and little kids and they get away with it. Is this okay?

This is something that we definitely need to talk about. Growing up we are around elderly people of different genders and races. But, it’s sad to say that some elderly men have exhibited inappropriate behavior in the past, present and may do so in the future.

We as editors stand with those who have experienced uncomfortable touching of the shoulders or inappropriate conversation from old men and women. However, being as they are elderly and they are supposed to have the respect of the community, it is a struggle when dealing with whether or not one should share how they feel about the situation.



Graphic illustration by Amanda Schultz

Now with the whole Joe Biden situation we have to decide whether or not we believe that his actions are appropriate. We have to look at the context of the situation. If there was a family event, then it may be okay for hugs and maybe kisses on the cheek.

However, if you are at a professional or political event then you should probably stick to handshakes.

In some videos posted on YouTube Joe Biden is seen taking pictures with senators and their families. When the families would pose to take

pictures with Biden, he would specifically ask for the young girls in the family to come and stand next to him in the photo.

While they were getting ready for the photo Biden is seen time and time again touching their hair and some-

times he is seen whispering something in their ear. It is clear that these little girls in the video are uncomfortable.

In another video while somebody is giving a speech Joe Biden is standing behind the man’s wife with his hands on her shoulders and whispering something in her ear. Once again inappropriate... Not to mention, when the husband turns around to acknowledge his wife in the speech, Biden quickly puts his hands behind his back and steps away as if he knows that he is overstepping his boundaries.

Whether or not these situations were all intentional or not, there needs to be a standard for situations like these. On behalf of The Lumberjack’s Editorial Staff, we believe that personal space is important and should be respected. If you ever find yourself questioning whether or not something is appropriate just play it safe! Be professional and respect their space.

Editorial Board may be contacted at thejack@humboldt.edu

Opinion: The future of plastic is hemp

The cannabis industry is adding to the plastic pollution epidemic through the numerous layers of required yet redundant cannabis packaging

by Chelsea Wood

Packaging is ingrained in our lives in some form or another. Whether it’s packaging for food, mail orders or gadgets it’s all very excessive and often made from non-recyclable plastics. Another contributor to the plethora and plight of plastic packaging pollution is pot.

The cannabis industry is adding to the plastic pollution epidemic that’s choking our planet with chemicals and micro-plastics through the numerous layers of required yet redundant cannabis packaging.

If you’re 21 and up, chances are you’ve tried legal marijuana in California, whether it’s from a dispensary or elsewhere. Have you ever noticed the amount of packaging a couple buds requires?



Graphic illustration by Amanda Schultz

The January 2018 enactment of Proposition 64, the Adult Use of Marijuana Act, brought new regulations on the way dispensaries must package their products. Child-proof resealable bags and prescription pill-like bottle caps have been implemented in addition to individual cannabis cultivator and distributor packaging.

Unfortunately, aspects of waste weren’t considered in the packaging portion of Prop 64.

All the layers of brand and protective packaging are an immense and detrimental waste, but an alternative may save the day, if only used ubiquitously.

That alternative, hemp-made plastics.

Hemp plastics are non-toxic, biodegradable, durable and versatile. There are even food and pharmaceutical-grade hemp plastics out in the market.

Hemp itself is a variant of the Cannabaceae family, which houses the psychoactive Sativa and Indica plants as well as the low-THC-producing Cannabis Ruderalis.

The main difference hemp has over cannabis is, of course, the lack of cannabinoids like THC and CBD. These cannabinoids are what make Cannabis Sativa and Indica drug-producing plants, whereas hemp isn’t valued

for psychoactivity and medicinal aspects since it has none.

Hemp is still highly practical. Like its THC-containing cousins, hemp grows relatively quickly and can be harvested for use after four months. In comparison to the cultivation of cotton, hemp needs about 50 percent less water to grow.

When it comes to the decomposition of hemp plastics versus traditional plastics, there’s no competition. It takes an average plastic bottle roughly 450 years to decompose whereas hemp plastic can biodegrade within six months, given the proper

environment.

Hemp has long been a valued production plant as it’s fibers are strong and can create fabric, paper and concrete.

Industrial hemp has woven itself in and out of the United States’ history since the Colonial Era when citizens were legally required to cultivate hemp as part of war efforts.

The U.S. government previously recognized hemp as distinctly different than marijuana. However, since the Controlled Substance Act of 1970, industrial hemp has substantially withered. While it’s still used for small scale production, it isn’t

being used to its full potential.

Plastics from hemp can make anything from homes, cars, toys, electronics and cosmetics. The opportunities for hemp plastics don’t end at cannabis dispensaries. Why can’t hemp-made plastic be the new plastic?

If one tiny portion of our oil use is diverted away from the production of traditional plastics and replaced with hemp the reverberation of that change can make a sizable impact to prevent further plastic pollution.

Chelsea Wood may be contacted at thejack@humboldt.edu

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Wednesday, April 10th

Activism Through Creative Writing
5:00 pm - 6:00 pm
Library Fishbowl

Thursday, April 11th

Financial Literacy Workshop
4:00 p.m. - 6:00 pm
LIB 317

Thursday, April 11th

Tax Time Tips
5:00 - 5:50 pm
LIB 205

Friday, April 12th

National Day of Silence

Monday, April 15th

Humboldt Int'l Film Festival
7:00 pm - 8:30 pm
GH 218

Tuesday, April 16th

MCC 25th Anniversary Gala
6:00 - 8:00 pm
KBR

