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Friday March 8

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Saturday March 9

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Sunday March 10

Cars (2006)

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Wednesday March 13

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and Odesza

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Thursday March 14

Ocean Night Film Screening

Doors at 6:30 p.m. | \$3 | All ages

Friday March 15

Jackass: The Movie (2002)

Doors at 7:30 p.m. | \$5 | Rated R

Saturday March 16

The Bada Bing! Burlesque:
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Students penny-pinch per pound

Continued from page 1

their sandwich prices for each pound it weighs by weight. The J sells its sandwiches at \$3.50 per pound, the College Creek Marketplace at \$6.59 per pound and The Depot sells their sandwiches at \$7.05 per pound.

The University Center is a non-profit corporation that is controlled by the UC board of supervisors. In other words, HSU controls the University Center which is in charge of Dining Services. Part of the board is comprised of HSU administrators and a representation of the students. Though the University Center is a non-profit organization, it does gain small spoils that can be used for renovation and improvement projects.

As it turns out there is a specific group of people in charge of the actual pricing: Director of Dining Services Ron Rudebock and the managers for each dining area. Management has the ability to choose the prices of products. It can not choose the price out of thin air, it is supposed to collaborate with the director and use general guidelines to have similar prices

between the three dining halls.

Recently, collaboration was nonexistent according to Rudebock, "We need to find out what's going on with that because that's too large of a difference," he said. "I'm willing to accept the blame ... I'm in charge of Dining Services and I didn't get after my managers enough and ask what's going on."

In an email correspondence, Rudebock said it is difficult to catch everything, since there are more than 15,000 items in the system, but they do prioritize the most popular items first when comparing prices. He held a meeting with the managers of all three dining establishments and they decided to make the cash price the same for all the locations.

Rudebock might be taking the blame but little is known on how soon the prices of your sandwiches will change.

Eduardo Barragan may be contacted at thejack@humboldt.edu



COP BLOCKED

State of California

Nº 2

County of Humboldt

☒ City ☐ Town ☐ Township

of Arcata

Location: Humboldt State University

Date: Tues. Feb. 26

Description: 14:52

A subject was reported sleeping in a driveway on 17th Street.

It is probably not a bright idea to snooze where cars drive.

Location: Humboldt State University

Date: Tues. Feb. 26

Description: 16:18

Two male students were warned for climbing the trees between Van Matre Hall and the Music Building.

If someone cut the bottom row of branches UPD would not have to respond to various George of the Jungles almost every week.

State of California

Nº 2

County of Humboldt

☒ City ☐ Town ☐ Township

of Arcata

Location: Humboldt State University

Date: Sat. March 2

Description: 2:36

There were reports of subjects near the College Creek Maintenance Building with a possible bonfire.

Keep the bonfires at Mad River Beach, kids.

Location: Humboldt State University

Date: Sat. March 2

Description: 12:52

False alarm on a 911 hang up call when two male juveniles were admonished and left in the care of a grandparent.

Calling the cops on your babysitter does not work when it is your grandparent.

Compiled and written by N. Hunter Cresswell

Graphics by Ella Rathman and J. Daniel Fernandez

Corrections

From the Feb. 20 issue:

Page 12- Steve Sillett's name was spelled incorrectly.





Our office is located in

Gist Hall 227 at Humboldt State University,

1 Harpst Street, Arcata, CA, 95521

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2nd Place Best Infographic

2nd Place Best Photo Illustration

3rd Place General Excellence

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AS Update2-15-13

- Associated Students is sending seven students on an all-expenses paid trip to the California Higher Education Students Summit in Sacramento, April 6-8. CHESS teaches and encourages students to become change agents advocating for an affordable and quality system of public higher education. “[CHESS] really opens your eyes to the power of student advocates,” Jesse Hoskins, CSSA representative, said. “It’s an extremely empowering experience.” Any student interested should pick up an application in the A.S. Office, University Center South Lounge. Applications are due by 5 p.m. on Tuesday March 26.
- The California State University Academic Senate is reviewing a smoking ban. If approved, this ban will affect all CSU campuses. The ban includes all tobacco products like cigarettes and chewing tobacco. Students in opposition to a smoking ban should inform any A.S. representative. If a consensus is formed, a resolution challenging the ban may be written for Humboldt State.
- HSU will transition to block schedules beginning fall 2013. Due to conflicts faced by students in class scheduling, this resolution provides students with classes beginning on the hour and in two-hour blocks to eliminate overlapping classes. After the 2013/2014 school year, the schedules will be reevaluated for efficiency.
- A.S. presents the “Big Top Ball,” March 8 at 8 p.m.-midnight. Located in the Kate Buchanan Room and Karshner Lounge, the spring formal features cash prizes, food and beverages and DJ Spaceman Spliff. The Humboldt Circus will also perform. There will be a food drive at the door and the event is free for HSU students.
- A.S. election candidate packets will be made available March 11. For an informational brochure visit the A.S. Office, UC South Lounge.
- The Sustainable Living Arts and Music Festival will be held May 4 from 2 p.m.-midnight in collaboration with the Campus Center for Appropriate Technology May Day celebration. Featuring many activities including face painting, wreath making and live music, the S.L.A.M. Festival is free for HSU students and will be held at the CCAT house.
- The Associated Students meet bi-weekly in the UC South Lounge at 6 p.m..

Compiled by Alex Cloonan

Do you think smoking should be banned on campus? Why or why not?



Elizabeth McKenzie
art history, junior

“It’s never bothered me. I’m a smoker and its fine as long as its away from major walkways and doors. I don’t want to bother others.”



Kenneth Bracey
business management, senior

“I’m not a smoker and I don’t have a problem with other smokers.”



Jason Keyes
music, senior

“I would personally like a smoke free campus, but that’s just unrealistic.”

Compiled and photos by Kjell Dreher

On the edge of seventeen

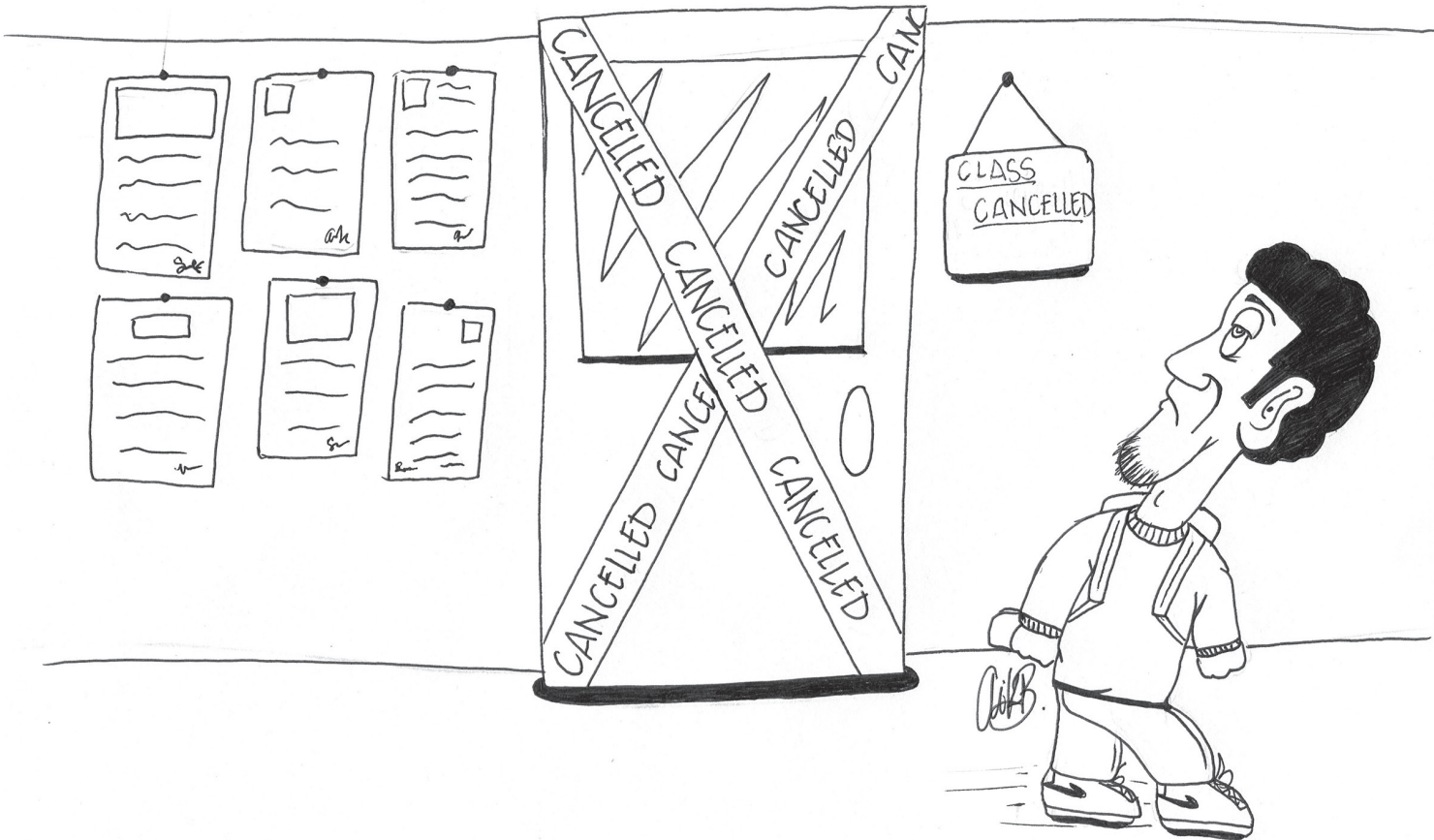


Illustration by Aizik Brown

by Diover Duario

As the price of tuition continues to climb, students find each unit more precious and the subsequent effects to some are evident. Units covered by federal financial aid dropped from 180 to 150 and the unit cap allowed for a semester reduced to 17. Students have to reconsider their fun classes for fear of wasting units on a class they do not need. Kevin Fraser, senior recreational administration major at Humboldt State, has been teaching the water polo class since 2012. This year he was forced to cancel the class due to low enrollment and he feels this is an effect of the lower unit cap. “I never thought it would just completely drop out like this because usually we get a lot of people to join the class, it was a shock,” Fraser said. Fourteen people need to register in order to have a complete water polo team. Usually Fraser gets between 20 and 25 applicants. This semester yielded seven. Fraser thinks the unit cap is the culprit, claiming

that because students are strained to prioritize required classes, they have fewer units to spend on fun physical education classes like water polo. “[The unit cap] puts a lot of pressure on a student,” Fraser said. “Freshmen must have a really hard time getting into classes to fulfill their degree.” Music Department Chair Brian Post reports similar hits taken this year to student enrollment in music programs. “It has affected not only music students but students in other disciplines who can no longer sign up for lessons and perform in ensembles,” Post said. “It’s a road block for students.” Stefan Flores is a freshman communications major at HSU who is wholly reliant on government financial. “There’s an exponential increase in the amount of tuition while at the same time there’s decay of the opportunities given by education,” Flores said. Students like Flores are those hit hardest by the lower unit caps. He fears they are forced to deny the explorative nature of college to join the frantic grab for general education courses. Flores expressed his concerns as a freshmen on

feeling that a lower unit cap could cause him and others to close the deal on their careers far before certainty. “Do I really wanna be a communication major? All that I know is that I really like to talk and I’m curious about the way people work. But what if that means sociology or psychology?” Flores said. “I already know so many freshmen on academic probation; I know a handful of sophomores who have already dropped out because they could not get through the monotony and it’s tragic,” Flores said. The process of taking general education courses takes a toll on students’ incentive to devote their time to studies not conducive to their major. Interim Registrar Clint Rebik could not be reached in person or over the phone for a comment and when sent an email he referred The Lumberjack to this website: <http://www.humboldt.edu/irp/>.

Diover Duario may be contacted at thejack@humboldt.edu



ASSOCIATED STUDENTS 2013 ELECTIONS 2014

ELECTION PACKETS AVAILABLE MONDAY, MARCH 11
ELECTION PACKETS DUE MONDAY, APRIL 8 BY 5:00PM
POSITIONS AVAILABLE

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PACKETS AVAILABLE AT THE A.S. OFFICE LOCATED IN THE UC SOUTH LOUNGE
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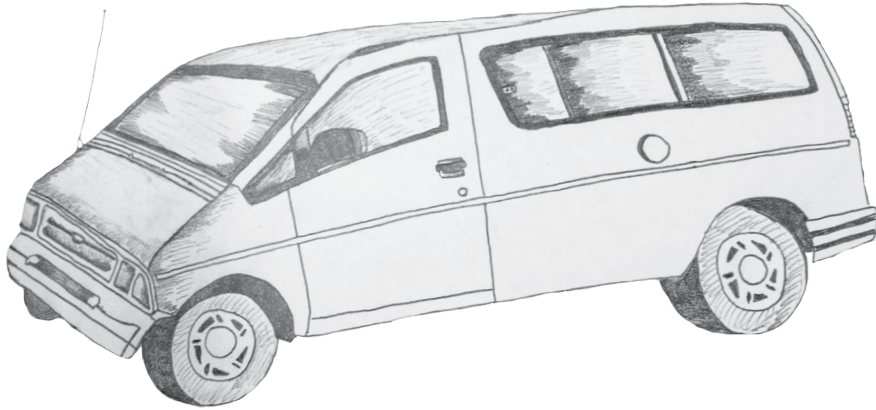
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Dude, where's my car?



New car pool service gets vote in March

by Kjell Dreher

Getting around Humboldt County might get a little easier this semester with the introduction of the new Zimride carpool service. Zimride is a nation-wide car pool service that uses social networks to create contacts and connections for people traveling to the same destinations through individual profiles. Brietta Linney, a senior environmental policy major, wrote the grant for the HSU Zimride and is heading the project. She took initiative after having less than thrilling experiences finding decent car companions when going home on weekends. “I have just had some really sketchy experiences on Craigslist,” Linney said. “One time I posted a ride to the Bay for \$30 and this guy only gave me ten dollars.” Linney looks to fix these issues by using Zimride for carpooling. All payments are made in advance with PayPal and users have to register through their site. This eliminates a lot of the risk with more anonymous rideshare forums like Craigslist.

CARPOOL

Ridesharing for everyone

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Jordan Void is a resident of Southern Humboldt. For him, it can take hours just to find a means of transportation to the Arcata-Eureka area. He is at the mercy of his friends for a ride most of the time, and even they are prone to bailing. “If you come from where I live, [transportation] can be hard to find. It’s insane,” Void said. If this service gets approved, it will be HSU’s first school-sponsored car pool service. Because of liability issues involved, HSU never supported any rideshare programs. Zimride signs the liabilities off to the account holder. This absolves the school of any legal issues they might have and allows them to officially endorse zimride. For students this means there is finally a reliable network to find other students to carpool with. Much like how Facebook was when it first started out, to contact others for a ride you have to register with a specific network. Once registered, it makes the whole Zimride network available, which includes schools like California State University, Chico and University of California, Santa Barbara. The California State University Long Beach Zimride program is in its third year. Elissa Thomas, a representative from the CSU Long Beach Department of Sustainable Transportation said, “[It has been] hugely successful ... I couldn’t recommend them highly enough.” The grant for Zimride is \$24,000 and came from the Humboldt Energy Independence Fund. This project has full support from Associated Students and they are now looking for support from the HSU student body. It goes up for vote on March 5 and if it gets approved HSU could get its own Zimride network in about four weeks.

Kjell Dreher may be contacted at thejack@humboldt.edu

Infographic by Ella Rathman
Illustration by Ryan Nakano

Sleep is for the weak-end

by Tori Thomas



For many students, pulling all-nighters is a normal way to survive college deadlines. However, this type of study technique can lower your concentration and have lasting negative effects on your health. You probably realize that all-nighters are not a good idea, but have you taken the time to think about the reasons behind it? Liz Aguayo, a junior business and accounting double major at Humboldt State, chooses to pull all-nighters on a weekly basis out of procrastination. But Aguayo believes studying late into the night is the best way to focus. “I have always worked best under pressure, and I do my best thinking in the middle of the night,” Aguayo said. Aguayo experiences the negative effects of late night studying. “I have health problems to begin with and the lack of sleep makes them worse. I miss many classes and always have to get notes from classmates on what I missed.” Aguayo still continues to pull all-nighters even though it has negative effects on her health. “I get better grades that way and it works best for my busy schedule.” Tina Cha, a junior psychology major, does not think all-nighters are worth the lack of sleep.

“I usually pull all-nighters twice a week and I feel like death the next morning,” Cha said, stating that it is difficult to concentrate in her classes the day after an all-nighter. Claire Faith, a sophomore community advocate in the HSU Canyon dorms learned many useful tips concerning time management and does not recommend staying up

order to be healthier,” Fluke said. “I prioritize my time and sleep is important for a healthy mind and body, so I try to get things done early so I am able to relax and sleep.” Whenever Fluke feels like she is getting sick she makes sure to sleep even more. JT Looney, a senior environmental science major and a former CA of the Creekview dorms has observed many students struggling to stay awake due to lack of sleep. “When I was a CA, I saw a lot of people who pulled all-nighters and they looked absolutely horrible the next day. Nobody enjoys an all-nighter,” Looney said. Looney recommends that students use a planner and make a schedule of what assignments they need to get done. “Students need to pace themselves and study earlier in the day. All-nighters end in exhaustion,” Looney said.

“I usually pull all-nighters twice a week and I feel like death the next morning.”

- Tina Cha,
junior, psychology major

late to study. “Your body was meant to sleep at night and studying in the light of day is so much easier,” Faith said. “In addition, students who pull all-nighters have next to none of the campus academic resources when they study late.” Junior art history major, Sorelle Fluke has never pulled an all-nighter. “I already don’t have a ton of energy; getting less sleep is bothersome. Sleep is necessary in

Cartoon by Kathy Jiang

Tori Thomas may be contacted at thejack@humboldt.edu

For more

midterm madness
see “Study smarter”

page
8



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Body builder

carries her own weight

by Lizzie Mitchell

Nobody will find Humboldt State student Regan Farmer standing in line at Don’s Donuts, ready to pay for a deluxe pizza bagel with a donut on the side.

When Farmer, a 21-year-old business accounting major, is not crunching numbers she is in the gym crunching her abs and lifting weights.

Why?

She is getting ready to compete in the Bikini Division of the National Physique Committee. The NPC organization breaks down the sport of bodybuilding into different competitions for its members.

The bikini division competition includes the more toned, lean body builders. Judges evaluate participants on their balance, shape and skin tone.

Farmer lifts weights six times a week and does 45 minutes of low impact cardio three to four times a week. Sometimes, she even gets up at 5 a.m. to begin her day. She does what she calls “split training,” where she focuses on specific muscles during different weight-training sessions.

“My favorite lift is probably squats,” Farmer said. “They make me really sore so it’s a nice reminder that they are actually doing something for me.”

Farmer’s friend Camille Goritt works out with Farmer sometimes and said Farmer really helps motivate and inspire her in the weight room.

“She is definitely my inspiration right now, Gorritt said. “She really knows what she’s doing. It’s awesome. I feel like I know more about fitness by going with her. She knows the exact technique and how to lift correctly.”

Farmer said she slowly started getting used to a healthier lifestyle even before she decided to enter the competition.

“You’ve just got to put yourself in the mind set,” Farmer said. “I didn’t just go cold turkey.”

I’ve been eating clean for about a year now so my body is used to it.”

Farmer avoids eating any processed foods. She mostly eats a basic diet of chicken, fish, vegetables and fruit. She also uses Whey Protein to supplement her muscle recovery. She said she misses eating sloppy joes, but feels used to her current eating habits and does what she can to avoid cheating.

“I think the hardest part is not eating dessert at night,” Farmer said. “But you can research on different alternatives that you can eat. I’ll have protein mixed with almond milk or unsweetened chocolate or something like that and it fixes my craving.”

Farmer’s roommate, Kaela Carson said that Farmer does a good job of staying consistent with her workout and diet routines.

“She is always on a strict schedule,” Carson said. “She plans her meals out for the whole week by cooking them at the start of the week and then dividing the food into containers based on weight, serving size and nutrition.”

Farmer said her fitness regimen helps her in more ways than just her physical appearance. She wants to keep fitness in her life to dedicate some of her time to work as a personal trainer.

“It makes me feel happier and I have more energy,” Farmer said. “I’ve really started looking at things that really matter in life. I see the kind of people that I want to be hanging around with and the people I want to keep in my life. So it’s more than just fitness.”

In addition to gaining more of a perspective on her life, Farmer also said that she has really learned about the importance of taking care of herself.

“Really, all you have is yourself,” Farmer said. “You’re not always going to have people there to hold your hand and talk to about things, so you really have to become your own best friend.”

Infographic by Ella Rathman
Photo by Henri Faust

Lizzie Mitchell may be contacted at thejack@humboldt.edu

SQUATS:	135 pounds	three sets of 10 repetitions
LEG PRESS:	315 pounds	four sets of 10 repetitions
BENCH:	95 pounds	four sets of five repetitions

Crunching the numbers

Regan Farmer’s weight-lifting statistics





THE GOOD, THE BAD AND THE UGLY

Gettin’ through the thick of it

Almost everyone loves a full head of hair. But once you travel below the beltline an internal debate might arise: To trim the bush, or not to trim the bush? That is the question.

Okay, some people can admit that the adventure when you reach down someone’s pants and discover what they’re pubic hair is like, can be an unexpected surprise. Good and bad.

“It [pubic hair] doesn’t bother me, but like I guess you could say I keep myself clean,” a 22-year-old Humboldt State student, who I’ll call Mariah, said. “It doesn’t bother me if my partner is clean or not clean.”

Whether we choose to trim pubic hair or not, it seems to be a personal preference and choice. I’ve seen guys who shaved hair off their ass. I’ve dated a guy who had a bigger bush than me.

Me, I keep it clean. It’s my own personal preference to get waxed. Shaving became too much. You can cut yourself or get ingrown hairs and last summer I started making enough money where I could afford a bikini wax. I went to Soul-to-Soul Salon and Spa in Arcata and got a Greekini — everything is waxed from front to back except for a “landing strip” of trimmed hair.

Guys and girls, can wax, shave or use hair removal creams. But, if it’s not for you, then don’t feel like you have to whack the weeds. Go all-natural. It’s your choice.

I think some people have images in their heads about un-trimmed pubic hair from movies like “Scary Movie.” In the 2000 film there’s a scene when the virgin character Cindy is about to have sex for the first time. Her boyfriend is about to go down on her and out pops a bush the size of a tree with cobwebs and flying, screeching bats. Talk about a scary image.

Pubic hair isn’t really like that. It might not be as soft as the hair on your head, but if people shower and are generally clean, then what’s so bad about a little pubic hair.

“I like when there’s a little bit of hair on a girl. It reminds me I’m with a woman,” an HSU student, who I’ll call Adam, said.

Ladies don’t worry if you do the full brazilian wax or shave all your hair off. Guys and girls dig that too. “Sometimes it is nice when a girl is all trimmed, her skin just feels good,” 20-year-old HSU student, Katie, said.

Gentlemen, if you are a ball waxer, bush shaver, or all-natural free flowing pubic hair kind of guy, it doesn’t matter. Seriously, people can do anything they want with their pubes. People even shave off or wax their hair and get vajazzles — little jewels glued around the pubic region. My friend got a male version of a vajazzle. He shaved his happy trail and got a row of jewels in the shape of an arrow pointing down to his dick. His boyfriend loved it.

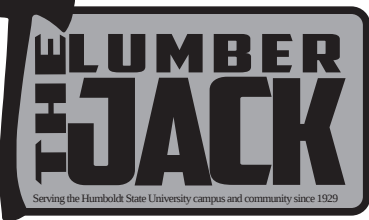
Lets promise each other to not fear pubic hair.

Wax it, shave it, grow it. It’s your decision if you want to mow your lawn or not.

Look in next week’s issue of The Lumberjack for “The Good, The Bad, and The Ugly: Anal Sex”. Send me questions and stories about sex at sextalkgbu@gmail.com or www.facebook.com/samgbu.5.

— S.A.M

Each week Sam will tackle a new sex related topic in The Lumberjack. To submit questions, personal experiences you’ve had with sex, dating and relationships or if there is something you want Sam to talk about, email her at sextalkgbu@gmail.com. Include your main topic, age, and gender in the subject line. Please include your name and phone number in the email; all submissions will remain anonymous unless specified.



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Marcy Burstiner

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The Lumberjack is a student-run newspaper that reports on the campus and community. We strive to report with accuracy, honesty, and originality. We hold ourselves accountable for errors in our reporting. We invite all readers to participate.

This is your newspaper.
Be a part of it.

The Lumberjack is a member of the California College Media Association. The Lumberjack is printed on recycled paper and published on Wednesdays during the school year. Views and contents of The Lumberjack are those of the author and not necessarily those of Humboldt State University. Unsigned editorials appearing in the Opinion section reflect a two-third majority opinion of the editorial staff. Opinions expressed in editorial content and columns are not necessarily those of Humboldt State University. Advertising material is published for informational purposes and is not constructed as an expressed or implied endorsement or verification of such commercial ventures of The Lumberjack, Associated Students, or Humboldt State University.

The American Dream

by Saryah Robinson

Remember when you were a child and somebody asked you what you wanted to be when you grew up? Personally, I wanted to be a NASCAR racer. I know, a little far-fetched if you think about it. When we were children we were so optimistic. We hardly accepted failure. This was the time in our lives when we sincerely believed in ourselves. We believed in the American Dream because it was instilled in our minds by our parents that we could be anything we wanted to be. We dreamed without limits.

The American Dream can be generally defined as living a prosperous and fulfilled life. As Americans when we consider the American Dream we think of being rich, but if you ask a foreigner what their idea of the American Dream is, you will most likely get an answer that has the words, “freedom, equality and opportunity.” The American people have changed the definition of the dream over time, defining it as a word that signifies the hope of becoming rich and prosperous.

Today we have moved away from the belief that anyone can achieve the American Dream. Bob Herbert, an op-ed journalist for The New York Times, wrote in his article, Hiding from Reality: “However you want to define the American Dream, there is not much of it that’s left anymore.”

First year student Nia MooreWeathers said, “the American Dream was more achievable when the economy was growing in the 20th century, but the American dream has changed its definition therefore it is different. It may not be the same for everyone.”

The idea of the American Dream has definitely changed over time. Today’s version of the “American Dream” was created during the time around the Great Depression of the 1930s. This was the time when people believed they could succeed from rags to riches. Nowadays, that idea has faded.

First-year student Dora Castillo said, “I feel like the American Dream for the most part is everyone wanting the same thing. They want to flourish and succeed in this country, but the only difference is that everybody wants to succeed in different things. I feel like nowadays especially in our economy it is hard to achieve anything. It’s even hard to achieve an education. Everything is about money.”

It is clear that people believe that the universal ideal of the American Dream is rather difficult to achieve since our economy is at a downfall; this is why people have become pessimistic about the American Dream. Personally I think achieving the rags to riches



American Dream is a one in a million, luck-based accomplishment that is nearly impossible. I believe the more resources and connections you have your chances of achieving your goals are higher, but that concept is based off of pure luck. The sad reality of the matter is that many people give up easily or accept the reality of the situation they are in. Everyone has said, “Dream as if you’ll live forever” but if you were to look at the lifestyles and goals people have, no one lives by that phrase. As college students, we all have similar goals. We want to get through school in order to someday have a secure career. A majority of us do not dream of becoming the next Bill Gates because we are realistic. People are aware of the hardships our country is facing; therefore we dream of what we know is an appropriate approach to the American Dream. It is sad that the Dream is not as optimistic as it was in history, but time changes everything.

Graphic by Maddy Rueda

Saryah Robinson may be contacted at
thejack@humboldt.edu

EDITORIAL

On Feb. 9, 40 Days for Life, an anti-abortion, organization gathered at the Eureka Six Rivers Planned Parenthood to protest the practice of abortion. The organization plans to stay camped out for 40 days and 40 nights – until March 24. The organization’s website says 40 Days for Life believes that prayer and fasting will end abortion.

Planned Parenthood does not just offer abortion services. It offers services people need at a low cost. It helps people who do not have health insurance and cannot afford medical care.

An article in the Huffington Post says that a majority of low-income women consider Planned Parenthood their primary health care provider and 73 percent of Planned Parenthood locations are in rural areas.

The Planned Parenthood website said it provides services for five million men, women and adolescents worldwide. Almost three million women and men visit Planned Parenthood each year and one in five women will visit a Planned Parenthood center in her lifetime.

About 80 percent of people who use Planned Parenthood are over the age of 20 and below the poverty line.

People go to Planned Parenthood for different reasons. Abortion services only make up 3 percent of what Planned Parenthood does. Its biggest service is contraception and sexually transmitted disease testing and treatment providing roughly 4.5 million tests and treatments for STDs. Planned Parenthood prevents up to 684,000 pregnancies.

Planned Parenthood also provides cancer screenings. It conducts around 585,000 Pap tests and almost 640,000 breast exams each year. This is a necessary service; it can save someone’s life.

Protesting Planned Parenthood will not stop abortion. Planned Parenthood reduces the number of unplanned pregnancies and possibly the amount of abortions that would happen without proper contraception.

Planned Parenthood is a necessity not just in this community – but in communities everywhere.



Members of the 40 Days for Life organization protest outside of the Eureka Planned Parenthood.

[Photo by Lashay Wesley

Piracy versus privacy

by *Helen Hwang*

Hackers, pirates and thieves beware; the Internet is now becoming a platform for potential conviction and unwarranted spying. Our ability to conveniently access information and entertainment is now minimal with the enactment of the Copyright Alert System this week. With the help of the major Internet Service Providers and the Center for Copyright Information, this measure not only inhibits our virtual freedom but creates a nuisance lurking behind every click.

CAS is an alert system that notifies an Internet subscriber when a user is sharing information through peer-to-peer networks, usually without the permission of the copyright owner, but cyberlockers, e-mail attachments and shared Dropbox folders are not included, according to Wired.

This hijacking of our browsers, as Wired refers to it, is just the beginning for ISPs, music and movie industries

to infiltrate our privacy and invade our virtual worlds. Even though the CCI claims that this campaign against piracy is just an “educational program,” which has been created to strike “casual pirates instead of heavy infringers,” it still has the time and the possibility to expand into something similar to the PATRIOT Act.

Under the CAS, the handful of ISPs that have tagged along on the cyberwatch ride, have produced their methods of enacting it.

Verizon has unveiled that they will first send users three notifications stating they have been “flagged for pirating content.” If the user continues to pirate, than they will be given notifications four and five, which forces them to watch an anti-piracy video by accepting the dialogue box that appears. Finally, if the user encounters a sixth alert, they will experience a slowing down of their Internet connection.

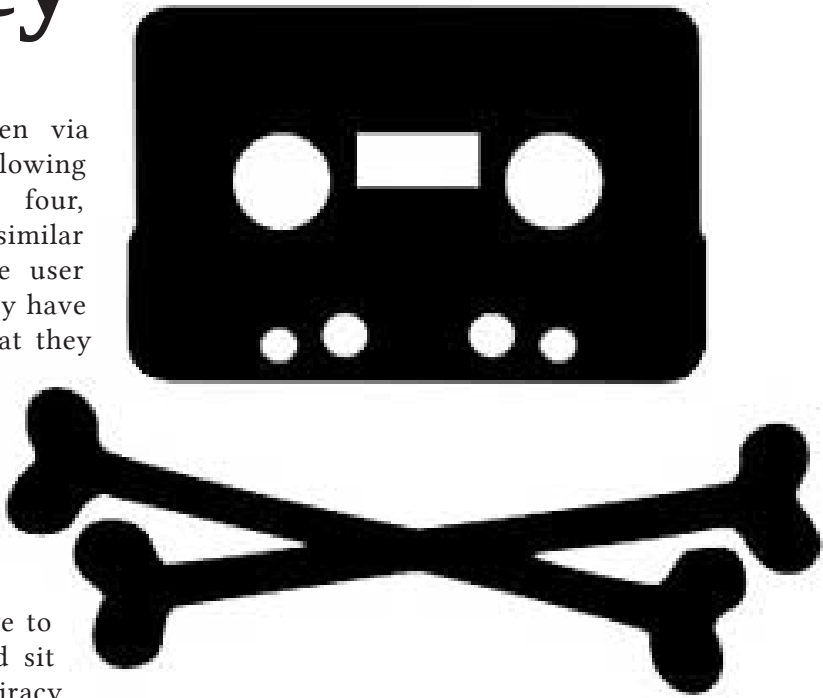
For Time Warner Cable subscribers, the first two

notices will be given via email. For the following alerts, three and four, they will contain a similar message but has the user acknowledge that they have been notified and that they agree to stop their illegal activities before they can access the web. For the fifth and sixth alerts, they will receive the same message but will have to call the provider and sit through an anti-piracy message before speaking to a representative that will allow them to re-access their Internet.

Cablevision declared that they will suspend a user’s service for 24 hours until the subscriber calls a representative.

AT&T and COMCAST have yet to present their models of infliction upon their subscribers.

Although subscribers are not subject to termination of service, the ISPs still hold the power to do so, if they



find increasing evidence to. The same applies to content owners too, and under the CAS, they are allowed to sue the infringer up to \$150,000.

This attempt to battle against the generation who grew up to the explosion of the World Wide Web is simply underestimating our abilities. Our generation is the generation who gave birth to Anonymous, Level Seven, Hackweiser and the variety of other tech savvy groups, who will develop

ways to outmaneuver CAS, like finding open Wi-Fi spots in libraries, cafes or hotel lobbies to continue our virtual biddings, because the CAS does not apply to them. The spurt of anti-piracy campaigns will only motivate the tech generation to become even wiser and create quicker alternative methods to avoid detection or attention.

— *Helen Hwang may be contacted at thejack@humboldt.edu*

The Lumberjack Submission Policy

Include “Attn: Letter” in the subject line for e-mail submissions.
Letters to the editor may not exceed 350 words.

**Send letters to the editor to
thejack@humboldt.edu**

Include “Attn: Letter” in the subject line for e-mail submissions.
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thejack@humboldt.edu**

Guest columns may not exceed 750 words.

We also welcome cartoons, spoof articles and other items.

Include your name, telephone number, city of residence and affiliation with relevant campus or community organizations.

HSU students: Include your major, area of emphasis and class standing.

New contributors may be given preference over returning contributors.

**Send submissions to the
Opinion Editor,
Rebecca Gallegos,
at rmg83@humboldt.edu**

**All submissions must be received by 4 p.m. the Friday
preceding publication.**

All letters and columns may be edited for grammar, spelling, and clarity.
We reserve the right to edit pieces that contain libel, slander, hate or discriminatory speech and pieces that may incite violence.

Study Smarter

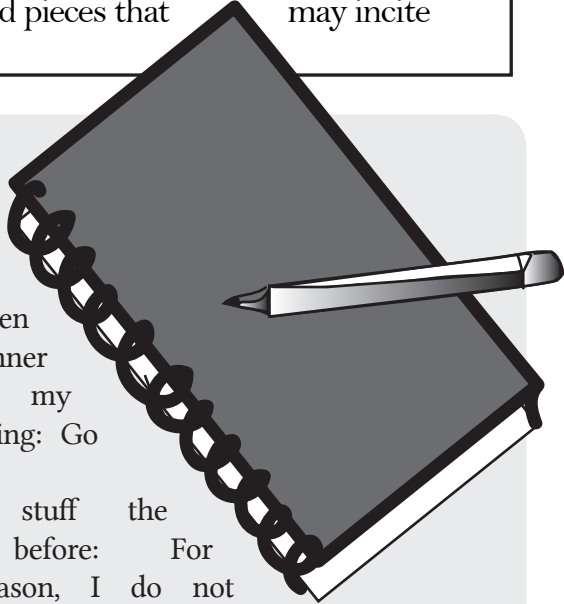
by *Sally Kiefer*

I did not start college as an organized person. It took me a few years of making myself suffer from disorganization to learn that it is easier to be somewhat organized. This is one of the biggest things I learned from school. (Class of 2013, woot!)

- Aim for perfect attendance: Unless you have the flu or a cold, then stay home for a few days and keep your germs away from everyone else. Going to school everyday almost guarantees you will know what is going on in class and will do well.
- Set up your study space: I was a bed-studier my whole life. I survived high school and part of college this way. I made the bed, so it was a nice place to lay everything out, and reclined into studiousness. Then I heard studying in bed is bad for people who get insomnia. In my pursuit of the ideal sleep conditions, I discovered an invention called ... the desk. I file important papers in a file cabinet. My books have a permanent place to be stacked.
- Get a planner: I never wanted to be a planner-person, but they seriously work. I cannot remember dates five minutes after they are announced. I used to waste a lot of energy

- stressed-out trying to remember when things were due or tests were happening. A quick reference to the planner is all it takes. I am now so lazy in my organization (irony), I write down other daily tasks I need to accomplish. Stop worrying about trying to remember and just do it.
- Ration out reading: No more last-minute speed-reading of 100 pages for me! I have a reading schedule in this notorious planner of mine. For each day I write in how many pages of which book to read: ten pages of one book, 15 of another, and 20 of the other, for example.
- Do the opposite of procrastination: Even if it just means 20 minutes of research, or serious thought while washing dishes. I no longer end up with a week of all-nighters before midterms and finals because I refuse to make myself suffer that way. In all reality, it takes two weeks to write an average-length essay. It takes two weeks to study for an exam, at least an hour a day, to be relaxed and get a good grade.
- Sleep. Have a regular bedtime and your body will thank you. You will be smarter, healthier and happier. Maybe some people can live on five hours of sleep a night. That is not me. I really love to stay up late, but

- now I listen to the inner mom in my head saying: Go to bed.
- Prepare stuff the night before: For some reason, I do not like to think about this kind of stuff in the morning. I put all my needed items in my backpack and find something to wear, the night before. For a while I used a coffee maker with an alarm on it and would wake up to fresh coffee. Win. But now I drink tea, so I set up my tea to be made and all I have to do is add boiling water and go.
- Eat well: Stay away from sugar and processed food. Eat soup; soup is a super food. Drink lots of water. Be kind to yourself and sit down and enjoy your meals in a relaxed way.
- Decompress. Try meditating, yoga, walking. Watch some funny videos. We live near a redwood forest and forested dunes. Visit them. Sing or dance or do whatever it is that makes you feel alive. Amen!



— *Sally Kiefer may be contacted at thejack@humboldt.edu*

Downhill daredevils stay street smart

Continued from page 1

incredibly important to Rabe, Hanson and Coon.

“I consider being safe a part of having fun,” Hanson said. “I don’t personally feel like I’m having fun when I feel like I’m about to die.”

Hanson advocates the use of helmets

while riding and also encourages other protective gear. Slide gloves and knee pads are important in shielding the body from the asphalt, he said. Hanson also wears a reflective vest when riding at night.

Helmets are the most important piece of equipment a skater can own Hanson said, although a conscious and aware

mind also has a huge impact upon a skater. A skater needs to be mentally present when cruising down the road, he said. A skater needs to be mindful of traffic and pedestrians.

“It’s about getting your mind completely in tune with your body,” Coon said. “It puts into perspective that you’re playing a dangerous game.”

Even when taking the utmost precautions, accidents can still happen.

A skateboarder was hit by a car on Friday, March 1 around 3 p.m. on Laurel Drive in between the Theatre Arts building and Gist Hall.

The skater was evaluated by paramedics at the scene and refused treatment according to University Police. An investigation is currently being done to determine which party was at fault.

Rabe reminisces about his past injuries.

“I’ve busted the back of my head open. I almost busted my shin. I had to use a cane for two months. I’ve blown out my right shoulder four or five times and I’ve dislocated my left shoulder three times,” Rabe said.

After multiple wipeouts he has no regrets.

“It’s totally worth it,” Rabe said. “You just have to have fun with it.”

Alex Cloonan may be contacted at thejack@humboldt.edu



Tyler Hanson, Kurtis Derow, Brandon Rabe | Photo by Aaron Selig

Chairman of the boards

Humboldt State’s Rollin Richmond becomes the chair of the CCAA

by Kjell Dreher

There is a change in leadership for the California Collegiate Athletic Association, the conference Humboldt State’s sports teams play in. New commissioner Mike Matthews came in and took the lead after Robert Hiebert announced his retirement last July.

HSU’s Director of Athletics Dan Collen said the duty to appoint the new commissioner falls on the head of the Presidents/Chancellors board, which is comprised of the 12 schools that participate in the CCAA. Usually, each year a new president of the group is rotated out, but this year they changed the protocol.

Normally the position is simply rotated out amongst the chairs in the group, but, “Rollin was elected this last year,” Collen said.

This change came as way of getting participation from anybody who really wanted the position, instead of just getting it by default. Richmond volunteered his name for the position and the board elected him as chairman.

With a recommendation from the executive committee, the presidents group

decided on Matthews as commissioner.

“It’s really exciting,” Matthews said. “I think it will be a lot of fun.”

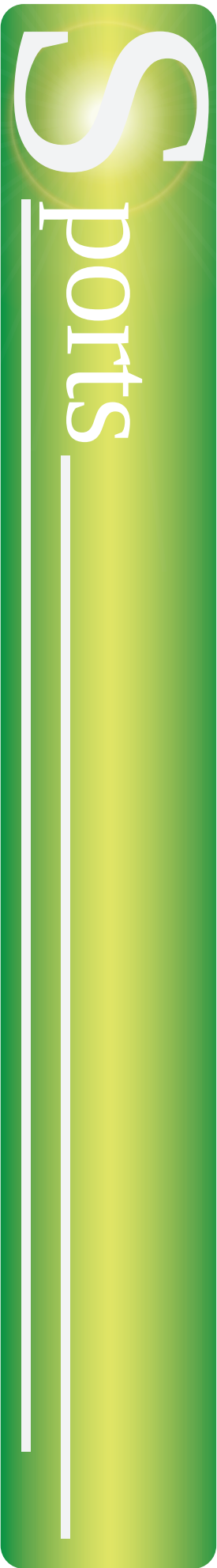
Since Matthews graduated from college in 1978 he has consistently worked in sports. Matthews’ career has taken him all across California. From his start at St. Mary’s

the Commissioner, and, of course, good student athletes who stand out,” Richmond said in the email.

Kjell Dreher may be contacted at thejack@humboldt.edu



Humboldt State president Rollin Richmond is interviewed during a basketball game. Richmond is the current Chair of the California Collegiate Athletic Association. | Photo by Sebastian Hedberg



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See online for “A roller-coaster season”



Darren Turpin (senior forward) poses with family and assistant coach Carl Nash on senior night at Lumberjack Arena on March 1, 2013. | Aaron Selig

Picking up the pieces

Women’s basketball team lose emotional game to Cal State LA, future hall of famer’s last game

by Diover Duario

The Humboldt State women’s basketball season came to an end after an emotional 76-70 loss on Friday.

The loss against California State University Los Angeles marked the last game for senior guards Caitlin Richards and Lisa Petty. Richards put up 11 points on the night including three crucial three-pointers while Petty racked up a blistering game-high score of 30 points to add to her prolific collegiate career.

Petty’s 30 points brings her final tally to 1,331 career points, second all-time in HSU women’s basketball history. Her 530 total points for the season is third best for a single season ever — enough to earn her All-Conference first team honors for the California Collegiate Athletic Association for the third year in a row.

“I was crying before the game and... I could barely see out of my eyes,” Petty said when asked if she expected such a strong outcome.

The women’s basketball team finished with a 6-16 in the CCAA and 10-18 overall.

“They’re a good basketball team, I think we did a good job hanging with them,” Richards said.



Most of the game consisted of Cal State LA playing keep away with a tough HSU squad that refused to fold.

The Lumberjacks never regained the lead after losing it 10 minutes into the game but they were never out of reach until the final seconds.

Joddie Gleason, the head coach of the team, spoke in a press conference after the game.

“They answered every run that we had,” Gleason said.

The Lumberjacks lost four straight games entering the final game at home against Cal State LA.

Tessondra Williams, the leading scorer in the CCAA, posted 22 points as the Lumberjacks faced a team with depth and plenty to play for, a home playoff game.

As the HSU Hall of Fame buzz resounded, Petty remained humbled as she tried to digest the magnitude of her accomplishments.

“It’s overwhelming,” Petty said. “It’s something you can brag to your kids about, that their mom was a baller when she was younger.”

The impending loss of Petty and Richards weighed as heavily on the team as it did for them. It was evident in the stands and most of all the locker room where there was not a dry eye in sight.

“Right now [we’re] definitely thinking about our graduating seniors, finishing the season well for them, and honoring all the work that they’ve put it,” Gleason said.

While the departure of players of Petty and Richards’ caliber will be felt after the tears have gone, the graduating veterans have nothing but hope for the team’s future prospective leaders.

“There’s some older people juniors, sophomores; I feel would do a great job and even some of the freshmen have a little pep in their step,” Petty said.

A tough stretch and bidding farewell to both veterans and friends could be damaging for a locker room especially when one of them is a future hall of famer. But penitence was far from the team’s mind.

“We’re not ready to be done,” Gleason said.


— Diover Duario may be contacted at thejack@humboldt.edu

Humboldt State Scoreboard

HSU SOFTBALL

Chico State

Humboldt State




March 2, 2013 @ 11 a.m.

HSU SOFTBALL

Chico State

Humboldt State



March 2, 2013 @ 1 p.m.

UPCOMING EVENTS

Friday, March 8

Softball vs Cal State Monterey Bay 12 p.m.
- Arcata, Calif.

Softball vs Cal State Monterey Bay 2 p.m.
- Arcata, Calif.

Saturday, March 9

Men’s Track & Field vs Humboldt Invite 10 a.m.
- Arcata, Calif.

Women’s Track & Field vs Humboldt Invite 10 a.m.
- Arcata, Calif.

Softball vs Cal State Monterey Bay 11 a.m.
- Arcata, Calif.

Softball vs Cal State Monterey Bay 1 p.m.
- Arcata, Calif.

Infographic by Ella Rathman and Maddy Rueda

March 06. 2013

Weekly Events

Thursday
March 7

Human Rights Commission Meeting
Humboldt County Courthouse, conference room
825 Fifth St., Eureka
5 p.m.

Annual International Latino Film Festival
Minor Theater
6 p.m.
\$6

Teach English Abroad
Career Center, Nelson Hall West, 232
4 p.m.

Clothing Swap
Hosted by Associated Students and the Waste Reduction and Resource Awareness Program
University Center South Lounge
10 a.m.-5 p.m.

Sustainable Futures Speaker Series
Nicholas Lam of U.C. Berkeley presents, "Let There Be (Clean) Light: How Kerosene Lighting in Developing Countries Is Contributing to Climate Warming and the Global Disease Burden."
BSS 166
5:30-7 p.m.

Friday
March 8

Arts! Arcata
Arcata Plaza
6-9 p.m.

Saturday
March 9

The Perilous Plunge
Community members don costumes and jump into Humboldt Bay to raise money for the Discovery Museum.
Discovery Museum
517 Third St., Eureka
11 a.m.

Tenth Annual Women of Color Conference Against Slavery
This year's conference will focus on human trafficking, featuring keynote speaker Rosario Dowling of California Against Slavery and a screening of the film "Very Young Girls."
Presented by the Gamma Alpha Omega Sorority.
Gist Hall Theater, room 218
10 a.m.-2 p.m.

Totally Radical '80s Dance Party
Hosted by Y.E.S. House
Goodwin Forum
8 p.m.-midnight
\$3 presale/ \$5 at the door

Ongoing

Feb. 28-March 2,
March 7-9
at 7:30 p.m.
March 3 and 10 at 2 p.m.

"Hater"
Presented by the Humboldt State theatre department.
Moliere's famous comedy critiquing the vanity of society gets an updated look in this modern adaptation.

Gist Hall Theater
\$10 general admission/\$8 students and seniors

Tuesday
March 10

Finding Last-Minute Internships at Home
Career Center, Nelson Hall West, 232
4 p.m.

Dolores Huerta Keynote
F.R.E.E. hosts Dolores Huerta, who will speak and hold a Q and A discussion.
Van Duzer Theatre
7 p.m.

"Viva La Causa"
F.R.E.E. hosts a film screening of "Viva La Causa," which memorializes the 1960s labor protests led by Cesar Chavez. A Q and A with Dolores Huerta will follow the movie.
Van Duzer Theatre
3 p.m.

Puzzles section



Last week's winners:
Where's Rollin?: **Dylan Schertz**
Where is this?: **Ben Kaplan-Good**

You won a \$5 gift certificate to Arcata Scoop. Pick up your prize in our office in Gist Hall 227.

Where is this?

The following photo was taken somewhere on the Humboldt State campus. Do you know where? Email your answer to thejack@humboldt.edu with the subject "ATTN: Where is this?"

Last week's photo was taken inside the dome in the greenhouse.



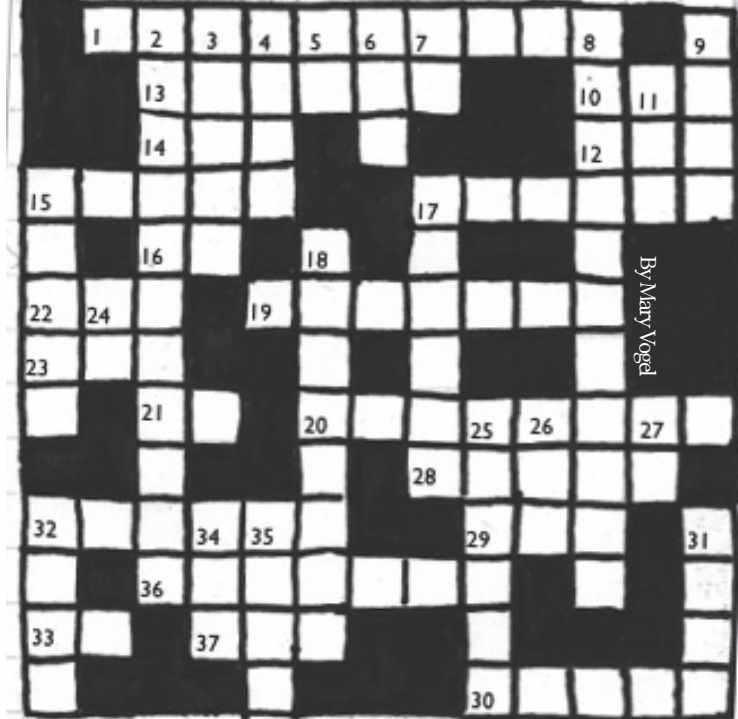
Where's Rollin?

It is hard enough to find Humboldt State President Rollin Richmond in real life ... but can you find him in The Lumberjack? Cartoon Rollin is hidden somewhere in the paper. If you find him, email the answer to thejack@humboldt.edu with the subject "ATTN:Where's Rollin?"

Winners will be picked by a lottery system and announced along with the prize in next week's edition.

the Crossword Puzzle

Drop off your completed puzzle (with your name!) in our box at Gist Hall 108 for chance to win our weekly prize. The prize for this week will be free admission for the winner and one guest to a KRFH event of the person's choosing. Winners will be contacted by KRFH mgmt. Please provide your full name for a chance to win.



- Across**
1. Mexican cocktails
 10. not con
 12. a music genre
 13. poor partner to the prince
 14. abbr. this might gross you out sometimes
 15. _____ to fame
 16. removing large molecules and ions from a sol.
 17. make sure to get enough whole _____
 19. a girl named Myrtle was often found doing this
 20. big reason for why last week at school was so stressful
 21. abbr. intro. to a parenthetical statemen
 22. abbr. an uncomfortable infection
 23. a comp. of the tryptamine family
 28. you probably have one on your bed
 29. a sub. in school
 30. reproductive structure
 32. you might wear one in the rain
 33. ___jack to find an automobile
 36. something that belongs to Charlie Brown's dog is
 37. one of Wynken's counterparts

- Down**
2. phantoms
 3. a popular way to hear music
 4. largest island in Micronesia
 5. above the standard-level classes in h.s.
 6. opposite of green
 7. chemical symbol
 8. the best part of this time of school year
 9. these give flavor and stability to a certain beverage
 11. past-tense of something faster than walking
 15. oil and jokes can
 17. organs that make gametes
 18. controversial Absinthe ingredient
 24. symbol that identifies a specific prod. or service
 25. a good paper has
 26. moray is a type
 27. abbr. larger than a hill
 31. many people like when they go on this
 32. you can swallow one whole
 34. abbr. news channel founded in 1980
 35. the hand of a famous pirate

Weekly Sudoku

Difficulty: rudimentary

				2		6	3	
3	1	7		8		2		5
	5		9	3	1	7		
			2		4	3	5	9
9	3		7		8		2	6
6	2	4	3		9			
		8	1	4	2		6	
4		2		9		5	1	7
		3		7				

HUMBOLDT JUMBOLDT

by Melissa Coleman

Rearrange the letters to form a word. Set aside the double underlined letters on the line below. Rearrange those letters when all words are solved to find this week's answer! Plurals allowed, no proper nouns though final answer may be a proper noun. [answers at thelumberjack.org](#)

RODJF _ _ _ _ _
SWAFI _ _ _ _ _
RRROE _ _ _ _ _
YIPZP _ _ _ _ _
GWANT _ _ _ _ _



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Thursdays • 5:00-7:00 pm • "J" Mezzanine Level

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- Emergency Contraception
- Condoms & other supplies

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Spotlight

Brothers United

by Aaron Selig and J. Daniel Fernandez



| Photo by Aaron Selig

From the Humboldt State Clubs' page:
"Brothers United (BU) is a community based, cultural club here at HSU. BU was formed in the intent to unite mainly brothers of color but welcome anyone willing to join. We are a club dedicated to community service, unity, brotherhood, and aim to enrich ourselves as one, culturally, socially, politically and intellectually. Brothers United, BU, Unity."

On Saturday morning, May 2, Humboldt State University club Brothers United distributed trash bags to fellow members at the Library Circle for a campus-wide clean up.
"We always do community service off campus, but there is not much community service at HSU," council member Nathan Agurs said.
The 24-year-old sociology major called the trash pick up day a social event that brings club members together, "We're all coming together for a purpose. HSU has given us a lot of opportunities just to be us and we wanted to give something back."

Club president Evan Petillo, senior journalism major said, "The club throws parties and social events for students, does community service on and off campus, and volunteers with the Boys and Girls Club of Eureka."



| Photo by Aaron Selig

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